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Banner News

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"What are you feeling now?" The counselor leaned forward ready to scratch her pen against her paper. "Nothing," I said. "I feel absolutely nothing." Depression is a mental illness, which can be caused by the chemical imbalance in the brain. Nathaniel Wade, psychology professor, said in the clinical sense, depression is a syndrome marked by certain symptoms, such as loss of interest, sadness, sleep difficulties and more. "Formally, somebody would be diagnosed through a clinical interview with someone who is trained to diagnose depression and they would look for those symptoms," Wade said. "Sadness would be a description of an emotion or feeling that everybody has at some point in their life." Sadness also does not contain factors of suicide or self harm, while it is often seen in depression. It doesn't take the duration or persistence that depression does. Sadness also does not dominate a person's life, the way that depression does. "Sadness is not usually accompanied by a sense of hopelessness," said Dr. Carver Nebbe, a psychiatrist at Thelen Student Health Center. Nebbe explains that depression can be a family trait or caused by lifestyle choices. Wade said if someone is predisposed to be depressed or have depression, different events can trigger the feeling of depression, such as a criticism, rejection, a difficult time of life, an accident or traumatic experience, time of year or smaller events that are particularly important to a person. "I think a lot of times people will think people who are depressed just need to snap out of it, or that there is a sense of will that they're not using," Wade said. "That [people with depression] are choosing to feel down. That is not true with depression at all." Wade said the importance of being open about depression can be life changing. If a family member or friend is depressed, they should seek help. If a friend is feeling depressed, they should talk about it and seek help. By Sarah Muller Staff Writer

"I was numb": Reporter tells her story

EDITOR’S NOTE: This story originally appeared in the Iowa State Daily on Jan. 15. It is reprinted with permission. The reporter, Sarah Muller, is a student at ISU and DMACC. She works for the Daily and the Banner News.

By Sarah Muller Staff Writer

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DMACC offers Spring Europe trip
EF College Study Tour is offering a 20-day trip to London, Norman-
This trip is an extraordinary chance to see so many of the sites and
museums of the Second World War and the Holocaust with a very inter-
esting group of travelers.
Any adult DMACC student, other college student, or commu-
nity member may sign up, and please consider traveling with a friend
or family member. DMACC History Professor and WWII Author Dr.
Lisa Ossian will lead and coordinate this unique tour.
The travelers leave Des Moines on Sun., May 10th and return on
Fri., May 22nd or Sat., May 30th. (depending on return flight schedules)
2015. Payment arrangements are made with EF College Study Tours
and these may be monthly or periodic installments.
This is an all inclusive tour:
roundtrip international airfare, ho-
tels, half the meals, tour buses, night ferry excursion, train fares, tour
guides, museum entrance fees, and travel insurance.
For more information, contact Lisa Ossian at (515) 964-5688.

Help stock campus pantry
As the semester begins, please consider helping restock the
 campus food pantry.
Current needs include:
- Canned vegetables
- Canned fruit/Dried fruit/
Applesauce
- Rice
- Peanut butter
- Jam/jelly
- Dried beans
- Salad dressing/croutons
- Boxed cereal
- Bread/Muffin mix
- Oils (vegetable, olive, etc.)
- Toilet paper
- Bath soap and shampoo

Please drop off donations to
Erin Neumann, Room 124
Janine Martin’s office (Room 122).
All donations are greatly ap-
ciated. The food pantry is avail-
able to any student who might
need assistance. If a student has a
more significant need for food/re-
sources than a visit to our campus
food pantry can assist with, please
contact Erin Neumann, eaneu-
mann@dmacc.edu.

Childcare and Transportation help
A program called Iowa New
Offers choices for assistance in
childcare and transportation for qualifying single parents and
displaced homemakers (single, divorced, widowed or spouse
disabled.) For information, con-
act Erin Neumann, Room 124,
eaneumann@dmacc.edu. Or call
515-433-5037.

Writing Center open
Writing Center consultants are available to help with any
writing assignment, during any part of the writing process. With
their experience in different types of writing (technical to creative
writing) and a broad range of life
experience (journalism, firefight-
ng, novel writing, Hawaiian cul-
ture, literature, and veterans af-
fairs), you're sure to find someone
that "gets you." Stop by any time
during our hours. No appoint-
ments are necessary for this free
service. For more information,
contact Krystal Hering, WC coor-
dinator, khering@dmac.edu. Or
visit http://go.dmacc.edu/writingcenter/.
Hours: Boone Campus
Room 170, Monday-Friday from
9:00 a.m.-12:00 p.m. and 1:00
p.m.-3:00 p.m.; Hunziker Center
(look for signs for our location),
Monday-Thursday 4:30-6 p.m.

Program Transfer
Have you heard about the
University-College Transfer Pro-
gram at DMACC? If not, check
out the following website at
https://go.dmacc.edu/uc/t/Programs/
welcome.aspx. The goal is to
help you transfer your two-year
degree and prepare you for the
four-year college of your choice.

Free money for school
Have you done farm work in
the last two years? If so, contact
Carrie at Proteus Inc. 515-271-
5306 ext. 129

Graduating Spring 2015?
You must submit a gradu-
ating application to receive your
degree, diploma or certificate.
Information and Applica-
tions are available online at
dmacc.edu - https://go.dmacc.
edu/handbook/graduation/
Pages/application.aspx

If you are a Summer 2015
graduate and plan on walking
at the Annual Commencement
Ceremony, please submit the
application graduation by Febru-
ary 2, 2015.

Honors seeks applicants
The DMACC Honors Pro-
gram is seeking highly motivat-
ated students to apply for honors.
There are openings for current
DMACC students who want to
challenge themselves and gradu-
ate from the Honors Program.
If you have completed one
level English and one college-
level math class or are
currently enrolled, will have com-
pleted a minimum of nine (9) col-
lege credits and fewer than fifty
(50) credits at the end of a sum-
mmer with a cumulative GPA of 3.5 or
higher, you are eligible to become a
DMACC Honors Student.
To read more about Honors
banternews@dmacc.edu
and submit an application, go to
dmacc.edu/honors and get started
on your way to a rewarding, chal-
 lenging educational opportunity.

Phi Theta Kappa
Phi Theta Kappa is the Inter-
national Honor Society for two-
year colleges. PTK will host sev-
eral informational meetings on
the Boone Campus. Students are
invited to attend to find out more
about your PTK. For more infor-
mation, contact Nancy Woods,
nawoods@dmacc.edu, 515-433-
5061. Or Stacy Ameling, slam-
ing@dmac.edu, 515-433-5089.

Netherlands contest
As part of DMACC's celebra-
tion of the Netherlands during the
2014-2015 academic year, there is
a contest in which each of three
persons will win two tickets to the
Netherlands Gourmet Dinner on
Thursday, April 23, 2015.

REDOUT!
On Saturday, February 7th, DMACC is
teaming up with the American Heart Asso-
ciation to host a REDOUT basketball game.
Support our REDOUT Event by donat-
ing $10 and receive a REDOUT t-shirt
to wear to the game.
Stop by the Courter Center to make
your donation and get your REDOUT
t-shirt then wear your t-shirt to the REDOUT game on Feb. 7 when
DMACC faces off against Iowa Lakes CC-Women's game at 1:00pm.
Foundation Scholarships available
If you are a DMACC student enrolled in 6 credit hours or more and have a
2.00 GPA, don't miss out on this great opportunity!
The following DMACC Foundation Scholarship applications are
now available on the DMACC Website:
Summer 2015: Application Deadline is 3/13/15 @ 4 p.m.,
Central Standard Time.
Fall 2015: Application Deadline is 4/24/15 @ 4 p.m.,
Central Standard Time.
*IF you would like to apply for both a Summer AND a Fall schol-
arsship, PLEASE only complete one application & make sure to mark
both the "Summer" and the "Fall" boxes to indicate which semester
you are applying for.
These scholarships may be applied toward charges for tuition,
fees, and/or book charges at DMACC for the semester for which the
award is given.
To learn about the specific award criteria and to apply online,
visit: https://go.dmacc.edu/foundation/Pages/district-wide-schol-
arship.aspx.
If you have any questions, please contact Sue Rardin, Financial
Aid Specialist-Scholarships at 515-965-7179 or via email at sgrardin@ dmacc.edu.
Meet student Brian Berg

By Megan Olson
Staff Writer

Brian Berg recently transferred from Iowa State University to DMACC.

“I came to DMACC because I thought I would like the atmosphere here more. Iowa State is very large. DMACC is more personable and I like that.”

Berg transferred to DMACC to continue to pursue a business degree.

“It’s cool because all my credits transfer so I don’t have to retake any classes,” he says.

Berg is from the small town of Keota, Iowa. He graduated with 16 other classmastes.

In high school, Berg played basketball and baseball. The basketball team won their conference every year throughout Berg’s career.

His family owns a farm of crops and pigs. Berg is a very hard worker. He helped his dad all through high school and still goes home when needed to help his family out.

Along with helping his dad Berg also has a business of his own. He collects scrap metal from people who are wanting to clean up their land. He collects the metal and takes it in for money. It has been going very well for him and he hopes to keep collecting.

One of Berg’s favorite things to do is go to the Iowa State men’s basketball games. He has season tickets and enjoys watching his Cyclones play. He tries to make it to most games with his friends.

Berg hopes to graduate in 2017. He enjoys DMACC and is looking forward to finishing his last two years here.

Community college to create fracking degree program

(TNS)

A southwestern Illinois community college has received the go-ahead to create a petroleum drilling technology or fracking program.

Lincoln Trail College in Robinson, Ill., will enroll its first students this fall. The college petitioned the state for the degree and received approval this month.

“We are very rich in oil in this part of the state,” Lincoln Trail College President Kathryn Harris said last week. “The degree will focus on new ways and technologies to extract oil. We want to be ready when the oil boom comes to southern Illinois.”

It has been two months since Illinois approved and enacted rules for high-volume oil and gas drilling. Denver-based Strata-X Energy is the only company that has registered with the Illinois Department of Natural Resources, but it has not formally applied for high-volume drilling.

Traditional drilling technology has long been used by companies to drill into shale rock and retrieve oil or gas using a high-pressure mixture of water and chemicals.

The current drop in oil prices has led to layoffs in some regions of the country, and Harris said low prices could affect the job market.

“I prefer we be dependent on our own oil over foreign oil,” she said. “It’s hard to make money when the price has dropped.”

Despite the plunge in prices, the extraction field is expected to grow domestically, according to the Illinois Department of Employment Security. It predicts a 23.2 percent increase for oil and gas roustabouts, or oil rig personnel, a 23.6 percent increase for drill operators and a 24.1 percent increase for derrick operators through 2022.

“There’s a huge need for petroleum workers, and we can’t fill them fast enough,” said Robert Conn, former dean of instruction at Lincoln Trail College and current dean of instruction at Wabash Valley College in Mount Carmel, Ill. “The price in oil fluctuates so much. Anything can happen, that’s the interesting thing. The economy will push fracking here. This is just a little hiccup to try to slow down U.S. production.”

Dr. Bill Eustes, an associate professor at the Colorado School of Mines, said Tuesday that job growth is likely to increase as older professionals retire. Eustes teaches subjects related to petroleum engineering.

“When you look at the 1980s, when the market collapsed, a lot of people were laid off and not many companies were hiring,” Eustes said. “That left a gap between us older folks and younger people. We call it the big crew change. A lot of us are retiring.

Who is going to take our place?”

Harris said Lincoln Trail College had a petroleum drilling technology program about 35 years ago when the first big oil boom hit. The original program slowly dissolved after qualified graduates saturated the market and companies stopped hiring.

“We couldn’t get our graduates jobs,” Harris said. “The program failed. When we saw there was a possibility of an oil boom coming to southern Illinois, we wanted to bring our program back.”

A study by the American Petroleum Institute found that the oil and gas industry has created $100 billion to Illinois’ economy, or about 5 percent of the total economy, each year.

The new program will focus on technological advancements. Harris said that college officials used a community college in Ohio as a template for program curriculum.

“We are hoping to have a full class of 20,” Harris said. “I am very excited. We are hoping students will like and choose this option.”
Learning to cope takes time

Nine criteria used to diagnose depression

-Feeling down or depressed
-Lack of motivation
-Irregular sleep
-Low energy
-Lack of appetite
-Feeling slow or scattered
-Difficulty concentrating
-Feeling low self-esteem
-Harmful thoughts

Magnetic pulses battle depression

Transcranial magnetic stimulation is a technology used to treat patients with depression who don’t respond to medications. The device uses electromagnetic pulses to stimulate nerve cells in the brain. The pulses are similar in strength to magnetic resonance imaging (MRI) and target key mood activity areas in the brain that are underactive. Repeated treatments may produce antidepressant effects.

How treatment works

A treatment takes about 35 minutes, administered five days a week for up to six weeks.

1. The patient, who remains awake and alert throughout the process, reclines in a treatment chair. A small curved device containing the magnetic coil rests on the patient’s head.

2. The device delivers magnetic pulses, which induce small electric currents in the left prefrontal cortex of the brain, the area that regulates cognitive, emotional and behavioral functioning.

3. The signals hit the resting brain cells or neurons in that area. The neurons depolarize, becoming more positively charged or activated. They release neurotransmitters that travel along pathways to the brain’s limbic system, structures that are thought to control emotions and behavioral patterns.

4. Blood flow and glucose metabolism increase in the stimulated regions, which is thought to result in improved mood.

Help is available at DMACC/Boone

Visit https://go.dmacc.edu/boone/Pages/studentservices.aspx for more information. According to the website, professional counseling services are provided to students by the college to assist with academic and personal problems. Counselors can help with decision-making, working through a crisis, and making referrals.

Reach the Boone Campus Student Services office at 800-362-2127 (number 3 on the menu) or 515-432-7203.
NFL: Deflategate probe to last past Super Bowl

By Sam Farmer
Los Angeles Times (TNS)

In its first public statement about the so-called Deflategate situation—the allegations that the New England Patriots played with deflated footballs against Indianapolis in the AFC championship game—the NFL said Friday that it has launched a formal probe and “will fully investigate this matter without compromise or delay.”

Leading the investigation, which began Sunday night, are Jeff Pash, the league’s top lawyer, and Ted Wells, who conducted the Miami Dolphins bullying investigation last year.

By all indications, the investigation will probably be conducted over a period of weeks, not days, and it’s unlikely the league will do anything that will disrupt the Feb. 1 Super Bowl between New England and Seattle.

In announcing the investigation, the league provided cover for the Patriots, who can now say “I can’t comment on an ongoing investigation” when asked questions about football inflation next week during the build-up to the Super Bowl.

In its statement, the NFL said: “Our office has been conducting an investigation as to whether the footballs used in last Sunday’s AFC Championship game complied with the specifications used in the game, and physical evidence. We have retained Renaissance Associates, an investigatory firm with sophisticated forensic expertise to assist in reviewing electronic and video information.

“The playing rules are intended to protect the fairness and integrity of our games. We take seriously claims that those rules have been violated and will fully investigate this matter without compromise or delay. The investigation is ongoing,”... will be thorough and objective, and

Iowa Central Community College (ICCC) outscored the DMACC men’s basketball team handed Iowa Central Community College (ICCC) an 84-74 loss January 24 at the DMACC gymnasium.

Freshman Kiana Peterson of Madison scored 13 points for the Bears and sophomore Tiana Thompson of Tama had 11 points as DMACC improved to 14-7 overall and 3-2 in the Iowa Community College Athletic Conference (ICCAC). DMACC led throughout the game, including 47-36 at halftime. The game was tied at 69 at the end of regulation and at 76 at the end of the first overtime. Sophomores Jon Fuqua of Mywood, III, and Aarias Austin of Gunrnee, III, led DMACC with 19 points apiece. Sophomores Jamar Hurdle of Milwaukee, Wis., and Trey Sampson of Cedar Rapids scored 17 and 15 points respectively and freshman Paris Collins of San Antonio, Texas, had 12 points.

ICCC had a 4-42 advantage on the boards with Fuqua and Hurdle grabbing nine rebounds apiece to lead the Bears. Collins had eight rebounds and Austin had six rebounds and 10 assists. Collins led DMACC in steals with four.

DMACC travels to Cedar Rapids on Jan. 28 to face Kirkwood Community College (KCC). The Eagles are 16-4 overall and are tied with DMACC for first place in the ICCAC. KCC is ranked 12th in NJCAA Division II.

Women beat ICCC, 84-74

Freshman London Vais of Adair led three players in double figures with 22 points as the DMACC women’s basketball team handed Iowa Central Community College (ICCC) an 84-74 loss January 24 at the DMACC gymnasium.

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DMACC Sports Calendar

Jan. 28: Women’s Basketball vs. Kirkwood, Cedar Rapids 5:30 p.m.
Jan. 28: Men’s Basketball vs. Kirkwood, Cedar Rapids 7:30 p.m.
Jan. 31: Women’s Basketball vs. Ellsworth* 1 p.m.
Jan. 31: Men’s Basketball vs. Ellsworth* 3 p.m.
Feb. 2: Women’s Basketball vs. Marshalltown, Marshalltown 5 p.m.
Feb. 7: Women’s Basketball vs. Iowa Lakes* 1 p.m.
Feb. 7: Men’s Basketball vs. Iowa Lakes* 3 p.m.
Feb. 11: Women’s Basketball vs. NIACC, Mason City 5:30 p.m.
Feb. 11: Men’s Basketball vs. NIACC, Mason City 7:30 p.m.

*denotes home game at Boone

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Follow the Bears at
www.dmacc.edu/athletics

DMACC Banner News 5 in x 8 in color - Term 4.indd   1
DMACC led throughout the game, including 47-36 at halftime. The Bears shot 47 percent, hitting 31 of 66 field goal attempts, including six of nine shots from beyond the three-point arc. Nine of Thompson’s 11 points came on threes as she made three of four attempts. DMACC had a 55-36 advantage in rebounding, including 16 offensive rebounds. Freshman Cassie Geopfert of Sioux City led the Bears with nine rebounds and also contributed seven points and seven assists. Thompson and sophomores Latasha Harmon of Milwaukee, Wis., and Chelsea Anderson of Gowerie had seven rebounds apiece. Thompson and Anderson also finished with three assists apiece.

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Amanda Betz, Editor-in-Chief
albette@dmacc.edu
Welcome back, Everyone!
It’s been a busy start to a new semester, and I’m excited to spend another semester in the newsroom.

I know you’re all busy with classes, but we are in need of your help here at Banner News.

We need your pictures, opinions, and student news! Send them to us at bannernews@dmacc.edu and show us how your year is going. We’ll think about what’s happening around campus.

Are you happy to only have Subway as our only food choice on campus? No? Then tell us! Did you attend something cool? Maybe the STEM Summer Research Opportunities for Undergraduates last week? We want to know how it went. Did you find opportunities to help your college career along? What did you do during your winter break? Did you work? Personally, I enjoyed not doing any homework and sleeping in on those freezing, snowy, negative 30 degrees below zero days.

I am not the only staffer from last semester to return. Megan and Sarah are both back this semester, and bringing you great stories from our campus, and continuing to introduce us to students, staff, and resources.

I hope you’re all having a great beginning to your semester, and I can’t wait to see what the new semester brings.

Tell us what you think!
Submit a letter to the editor or your own opinion column to bannernews@dmacc.edu
Submissions must be:
-DMACC student or locally related
-Well informed (souces cited)
-Approximately 500-700 words

1.28.2015
Page 6

From the Editor

Opinion

Social media, friend or foe?

by Sarah Muller
Staff Writer

He has a new girlfriend! Look her up on Facebook. Did you see what that girl tweeted? She totally subtweeted you. That selfie is so edited, it doesn’t even look like her anymore. I refuse to like his Instagram post of them together. I can’t believe they posted that video on their Snapchat account. We went to high school together, does that mean I can’t swipe right?

If you can relate to any of the previous scenarios, you might be diagnosed with Compulsive Social Media Disorder (CSMD). This illness is very contagious, especially in those who befrend typical white girls and form as early as at 11-15 years old, otherwise known as tweens or teenagers. Some signs of contagion is excessive hashtagging, memorization of filter names and perfecting the selfie light. The only cure of this disease is to cancel all social media websites or burn smartphones, computers or any technology that can reach the world wide web.

Now that we have had a good laugh, we can look at the reality of social media. The internet can arguably be the most influential technological advancement to hit mankind. With the internet we are free to communicate with each other in large groups, email, instant messengers such as MSN were introduced.

Before we knew it, we were writing on walls, sending snaps, tweeting at each other, stumbling, instantgramming, swiping right or left and as uncomfortable as it is, people even dared to poke. The craziest thing about all of us being involved in a different virtual world. While this might seem like a stretch, the internet is almost like some mystical place; it can be world, or invisible dimension, but strangely enough it’s all taking place around us.

As this development has taken root here on earth, we have managed to further cater to it’s need. Social media feeds off of peoples attention and once you join it’s a leache. The more often you check to see if someone may make social media appear as a negative, I do see the positives. I do even, Twitter, Instagram. Facebook, Snapchat, etc accounts. I enjoy keeping up with my friends as they travel or go through life, and sharing my own experiences as well.

However, something that does not belong in social media dictionaries and is beginning to disappear from humans is ‘tone’. Due to all words being typed out and read, one person could send it as a joke and the person receiving it could read it as an insulting spark. These sparks can start a fire all due to a misunderstanding.

Now, thanks to applications such as Yik Yak, we can contribute our opinions anonymously, with no fear of how people will receive our message or who we may wound with our sharp tongues, or should I say fingers since everything is available on our phones now. It’s like a suspense movie moe every time you建成后 someone for moe to mess up slightly so they can pull out their phones and be the first to post something.

Publicly, we have no problem insulting people. How often do we see a photo of someone who may be considered overweight on social media with some nasty caption or video dancing that isn’t as cool as others. Those are just the examples that involve strangers, what if someone posted something of you with one of those captions in an attempt to mock you. Some people enjoy seeing their time commenting on photos, videos, and status just being straight up awful to others for no reason.

As famously quoted in Spierd, “with great power comes great responsibility.” As soon as one signs up for a social media outlet, they are given power, now how we are we going to use that power to societies benefit. We as people have a responsibility to not let social media has the opportunity to let our humanity flourish or slowly disappear.

Next time you log into any social account, consider what you want to spend your time doing, you may never be able to allow your mind to take in, and how you will contribute to the online world.

College tracking data to boost graduation rates

(TNS) When Anderea Nattiel goes in for a session with her college adviser at Georgia State University, there are no secrets.

A detailed computer profile provides information about every class taken and every grade earned by Nattiel during her time at the school, as well as her academic history at the school she attended before transferring. If the junior sociology major withdraws from a class, forgets to take a prerequisite or doesn’t register for enough credit hours to keep her on track for graduation, her adviser receives an alert and summons Nattiel.

When Renick moved into the vice provost office six years ago, he realized there were deeper challenges for Georgia State’s students. The college has a nonwhite population of slightly more than 54 percent and a slightly less than 60 percent of the college’s roughly 32,000 students receive federal needs-based Pell Grants, Renick said.

“We knew our approach had to be different because of our population,” he said.

In a recent piece in The New York Times, Renick noted that for social science students, particularly low-income students, there is a need to complete college expeditiously. If they run out of financial aid, “they’re dropping out and they’re dropping out with debt and no college degree,” he said. “We’re giving them at least a fighting chance.”

To better help students, Georgia State began using its collected historical data on grades and student outcomes to predict which students may be more prone to wrong classes.

The data collection led to the use of a Web-based tracking system of more than 700 items that alerts advisers when students have gotten off track.

Last year, the system showed that 2,000 students had signed up for the wrong classes.

Having the kind of intensive advising that Georgia State does can be a bit disconcerting at first, but it is generally appreciated.

Nattiel, the better counselor, received five awards from academic associations, and President Barack Obama visited the school in November during the White House’s college opportunity summit.

Call it Big Brother for college students.

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“This is about what is going to be good for them, what will help them be successful,” said Lindsey Fiftid, one of Georgia State’s roughly 70 advisers for students such as Nattiel.

With about two years of school left, Nattiel has mapped out her class schedule with Fiftid’s guidance through graduation.

To get these kinds of outcomes, Georgia State ramped up its advising staff, with each adviser responsible for about 300 students, down from almost 1,000 a couple of years ago.

Other colleges within the state are also looking toward some form of advising and data analytics similar to Georgia State’s. The work is key to the state’s Complete College America initiative, launched by Gov. Nathan Deal three years ago with the goal of increasing the number of college graduates in the state by 2020.

Georgia State’s intervention work has yielded tangible gains. Although state funding has declined and the number of economically disadvantaged students has increased, the college has seen a rise in its graduation rates for students who earned their degrees within six years, including those for minority students.

Ten years ago, Georgia State’s graduation rate hovered around 32 percent. It increased to almost 54 percent in 2008, approaching the national six-year rate of 59 percent reported by the National Center for Education Statistics.

The college also ranks as the highest in the nation in the number of bachelor’s degrees awarded to black students.

“The major successes have not been with programs aimed at certifying 100 percent of students,” said Renick, who has set a graduation goal of 60 percent. “It’s an issue of the problems, not people.”
by Sarah Miller
Staff Writer
Hoodie Allen

Naming himself as a Woody Allen wannabe, 21-year-old Brooklyn boy broke rap stereotypes by entering the game with fellow white rappers G-Eazy and Mac Miller. His 2012 hit “No Inte-
ruption” can be heard at any house party. He’s made anoth-
er big splash in 2014 with his album “People Keep Talking.” With collaborations with artists such as Taylor Swift, Allen is part of a new wave called “All About Him,” he is hitting top charts again. In his music, Hoodie isn’t afraid to show a new side of hip hop. He’sTrading Trunk, a box he founded on the truth of the entertainment in-
dustry. Completely independent, Hoodie Allen has been doing this for five years with no label to hold him back, we can expect nothing less from him in the future.

Ryan Weaver

The 22-year-old California native caught the attention of many artists such as Charlie XCX when “Octahate” debut solo track was released last summer. Last fall her EP “Prom-
ise” cement the song, setting up for a full album yet to come. Weaver combines independent women’s styles with pop-rock genre and in results gets a spicy music mix.

Ella Henderson

This Brit is living proof that it's a dream come true. “It’s just a more ‘high-end’ store if you’d like to put it that way,” said John Duvoisin, the Brooklyn boy who’s willing to buy and the girl behind his beard grooming oils. Duvoisin, a blogger and author of a book titled “The Art of Manli-

ness.” He said that the trend is coming in because of celebrity men such as Moonshine. The trend is driven by entrepreneurs and artisanal stuff that is geared towards men. Some of it is cool, and some of it is just en vogue.

Retro men’s styles are hip again on other retailers and a bit more mainstream.

For a generation, men’s retail has been geared toward technol-

ogy and sports. But with slim-cut suits finding their way back into the closet. It’s practical for the girl to wear the items for as long as she’d like (no tags included). Once you receive your tote, you can wear the items for as long as you’d like to return it. What’s coming online, but I opted to keep it a surprise. I registered on Le Tote, nicknamed the “Netflix of Fashion,” is ideal for a 20-something who doesn’t have hours to shop but craves arotating closet. It’s practical for the girl who wants to buy and the guy who’s never ready to commit. In theory, it’s dream come true.

In reality, the underwhelming select leaves something to be desired.

TIME UP FRONT: New-

bies should set aside a good chunk of time for asking questions and Le Tote. Upon signing up, the site guided me through a laundry list of questions about my size and style preferences. Next, I scanned through dozens of items – tops, skirts, dresses, jewelry and scarves – and indicated what I liked. If you’re not careful here, you could end up with something you don’t want, as this is the pool the stylists draw from. Admittedly, I registered on my lunch break and didn’t give this part my undivided attention. But before I knew it, my first tote was on its way. You can peek at what’s coming online now; but I opted to keep it a surprise.

UNBOXED: Despite my lack of patience, my first tote didn’t disappoint. I received a Splendid box, BB Dakota sweater, I The Way cardigan, Gilded Age beaded scarf and Adia Kibur stud earrings. I was pleasantly surprised by the brands I recognized and intrigued by the ones I didn’t. I logged onto my account to check the value of each item, just to I’d) know the consequences of falling deeply in love with anything (sometimes I’m practical like that).

The mentioned earlier, Le Tote members get a discount on every item. It was reassuring to know that the most expensive item in my tote, a red Splendid blazer, was $84, marked down from $108. An investment? Sure. Out of my price range? Nope. I tried everything on and de-
termined what I’d test drive for-
ther. That’s the other thing about Le Tote: It’s smart to have a game plan. I knew I wanted to return the tote fairly quickly in order to get at least two shipments out of my monthly fee.

The sizes were all accurate and the quality of everything was high with tops and jewelry. I wore what I wanted, decided against keeping any of it, packaged it up in the prepaid envelope (no cleaning necessary) and shipped it back.

SECOND TIME AROUND: That night, I logged onto my account and decided to clean up “My Closet,” where Le Tote stores all those items you favored at the beginning of the process. I scanned the new arrivals section, added a few more. As of my list and removed the stuff I hastily liked on day one. Within three days I received an email that my next shipment was on its way. This time, I took a look at what was coming before it ar-

rived.

Le Tote, nicknamed the “Netflix of Fashion,” is ideal for a 20-something who doesn’t have hours to shop but craves a rotating closet. It’s practical for the girl who wants to buy and the guy who’s never ready to commit. In theory, it’s dream come true.

“Working-class guys don’t have any things a man can do to feel good about himself better than getting a haircut, a shave and getting his shoes shined,” Duvoisin said.

The revival of beards is a reaction to the “metrosexual” movement of the mid-2000s, he said. Then men’s barbershops took off in popular-

ity when the economy tanked in 2008, and a simpler haircutting service was needed.

While not being completely con-
sistent with their release dates, they made a big impact in 2014 with their songs “Real.” Flyt’s

“Le Tote, how well does it really work?”

Second Time Around: read the review in your account. You can return anything you don’t like (no tags included).

Shut,” and my personal favorite “Desire.” With a voice to match any girl’s heart, lead singer Olly Alexander guides the band to the spotlight in 2015. Misterswive 0 to 100 real quick, describes this band better than Drake. Only releasing an EP Misterswive dominated the app Vine, with their catchy tune “Reflections,” but this time the band has opened for Twenty One Pilots, American Authors, and other well-known staples. Their song “Vegabond” was even featured as the intro to MTV’s Series Finding Carter. Bland music lines between pop and indie the trio dominated performances with their strong unique form of music.

The one fault I found with Le Tote is their selection. If you’re looking for fall trends or items that aren’t geared toward authentic stuff, and it’s also men wanting to feel like men,” Weaver said. “They want to differentiate themselves from women.”

Le Tote and Ginger & Baker have opened Art of Shaving locations at two Florida Mall and Mall at Millenia. “We are starting to see the trend is coming in because of celebrity men such as Moonshine. The trend is driven by entrepreneurs and artisanal stuff that is geared towards men. Some of it is cool, and some of it is just en vogue.

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Los Angeles Times Daily Crossword Puzzle
Edited by Rich Norris and Joyce Lewis

ACROSS
1. Patagonia mountains
3. 80s., economically
5. Horseplayer's partner
6. Prejudice
8. Perry in court
9. Island near Curaçao
10. Making a bid
11. Conrad classic
12. Guard that barks
13. Big __ Country:
14. Kit Kat Club
15. Valuable violin,
16. Genesis or Valuable violin,
17. Like the 1990s
18. Approximately
19. 2,000 pounds
20. Concert pianist
21. Geared toward
22. One-to-one
23. Indian melodies
24. Prejudice
25. Prejudice
26. Undergraduate
27. Dean's email suffix
28. Japanese sash
29. Scottish hillside
30. Back of a flipped
31. Uncooked
32. Greek messenger
33. Detective's
34. Geeks
35. Drama weight-
36. Greek messenger
37. Songbird
38. Film lover's TV
39. Corn serving
40. Hardly roomy, as
41. EPA-banned
42. Preordain
43. "It'll never
44. Most uptight
45. Roger who broke
46. Four Interstates
47. Many a Punjabi
48. Prior to, in poems
49. Guacamole fruit
50. Goldman __:
51. New employee
52. New employee
53. "Please stop that"
54. Insurance covers
55. Sunshine cracker
56. Clearasil target
57. Pince-__ glasses
58. Clic Stic pen
59. Woodwind quintet
60. Pince-__ glasses

DOWN
1. Musical set at the
2. "Take me out to
3. A friend can
4. Make necessary changes.
5. Game of the gods
6. Parking lot fillers
7. Kit Cat Club
8. Kit Kat Club
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Saturday's Puzzle Solved

By Clement McKay

4 A Doll's House
5 Tear gas weapon
6 Horseplayer's
7 "A Doll's House"
8 It'll never
9 Convention pin-
10 Geeks
11 Margaret Mead
12 Horseplayer's
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Submit your reviews to

Your horoscope this week

(TNS)

Aries (March 21-April 19)
Take advantage of related buzz at work. A quick response may be required. A friend can get further than you. Get creative! You're up to the task. Listen carefully, and pick up the subtle inuendoes. Avoid confrontation. Charm skeptics.

Taurus (April 20-May 20)

Gemini (May 21-June 20)
Conclude an old arrangement. Let the metamorphosis happen naturally. Take leadership, and do what needs to get done. Family members offer support. Be careful not to overspend impulsively. Take care when testing a theory. Things may not work as planned.

Cancer (June 21-July 22)
Things could get uncomfortable. Find peaceful surroundings for best results. Think over consequences and consider details in your planning. Weed encouragement and advice from afar. It's good for the family, do it. Don't fund a fantasy.

Leo (July 23-Aug. 22)
Support friends and be supported. Avoid squabbles about love and money, although these topics may be hard to avoid. A confrontation or misunderstanding provides a hurdle in a group project. Keep your actions practical, rather than whimsical.

Virgo (Aug. 23-Sept. 22)
Remember to consult with your partner, and avoid an argument at work. Review financial details privately. Keep digging and find the missing clue. Clean up a mess and finish an important job before you take off.

Libra (Sept. 23-Oct. 22)
Throw yourself into a project. Think and move fast. Make future plans, even if money's tight. Charm your way around a problem. Be confident in your own abilities. Make sure you have the facts. Discover an error. Keep costs down.

Scorpio (Oct. 23-Nov. 21)
Your fame travels far and wide. Continue to work within the system respectfully. A confrontation could change things. Proceed with caution. More study is required. Angry words can get expensive. Don't make assumptions. Be efficient, not destructive.

Sagittarius (Nov. 22-Dec. 21)
Work takes precedence. Take advice from somebody who's trying to give it to you. It's a good time for transformations. Leave your money in the bank. Get out and exercise! Play with a friend and blow off steam.

Capricorn (Dec. 22-Jan. 19)
Work conditions are favorable over the long term, but could present breakdowns or errors now. Don't be hasty. Cultivate compassion for others. Find out what the team thinks. You lack total agreement. Discipline is required. Your suspicions get confirmed.

Aquarius (Jan. 20-Feb. 18)
Take action now for a possibility that could pay in the future. In a temporary setback, keep a secret and your patience. Hold out for what you want. Write up goals. Consider consequences. Friends help you go the distance.

Pisces (Feb. 19-March 20)
Handle a home repair to last. Avoid frills or unnecessary features. Find a great deal. Sort and organize, but don't hide your housemate's stuff or risk an outburst. Passions are close to the surface. Careful planning pays.