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Banner News

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THE BEARFACTS

VOLUME XXII

DES MOINES AREA COMMUNITY COLLEGE

BOONE CAMPUS

November 30, 1992



Charles Kent, Horticulture students sells plants to Boone campus students.

Horticulture Club Colors Our World

Walking through the halls on a Friday can be a frustrating experience for most students. The weekend is coming and you've got big plans for the evening and you really do not want to be here. But last Friday was the exception to the rule. Our fellow DMACC students from Ankeny brightened our day by coming up to Boone to have their plant sale.

The Ankeny Horticulture Club was here to sell their course work to the students and to make a Friday seem not so bad. "All of the plants here, we grow in class to gain experience in the growing and raising of different plant types. We use the money we raise to send students on a class trip. Last year we went to Minneapolis and this year we hope to send people to St. Louis," said Charles Kent, the club salesperson.

Along with selling the wares at Boone, they go to the Urban campus and also sell at their own campus, Ankeny. In conjunction with the holidays, the club also decorates the Ruan Center in Des Moines.

The Horticulture Club plans to be back in the month of December to have one more sale before the holidays. Among the regular plants they had this time, they plan to bring more cyclamen and hanging baskets because they are such big sellers. So if you are in the buying mood around Christmas time or need something to just make the holidays seem just a little greener (since there is very little green left in the wallet), keep your eye open for the next sale.

Retired Teacher Donates \$25,000

By Penni Kuhl Staff Writer

The Boone DMACC campus has a new scholarship program thanks to the \$25,000 donation of a long-time Boone resident.

Mr. Harold Cunningham is a retired physics teacher who worked for nearly thirty years at the Boone Junior College, (formerly located in the now Boone High School). This ninety-two year old gentleman had this bequest in his will until a recent discussion with his daughter's lawyer. The lawyer recommended Cunningham present the gift to the college now, so he could enjoy the good effects of his donation. "I hope to meet some of the students who receive these scholarship awards."

Mr. Cunningham doesn't necessarily want these monies to go to the brightest students or those with the greatest finan-

CONTINUED ON DAGE 12



Harold Cunningham, retired Physics teacher, hopes to meet scholarship recipients

COMMENTARY

Madonna Promotes

By Robert Plumb Staff Writer

Madonna's newest public spectacle in her book SEX will offend a certain segment of the population. Others will find the images emblazoned on each of the slick pages, prurient, salacious, provocative, and just down right delightful! I obviously fall into one of these categories.

SEX can be seen just about anywhere you look now a days. As a matter of fact, a good deal of the substance of the book can be seen in Levis ads, Calvin Kline ads, and to a lesser degree most of the bath soap ads.

The aforementioned examples are even more explicitly shown on cable TV in many of our larger cities as X-rated movies. Also available to the public are movie houses and bookstores, which offer much more explicitly detailed photographs of the same likeness and poses as shown in Madonna's book.

The upset over the Des Moines Public Library buying a copy of Madonna's book SEX was supposedly caused by the fear that it would be paid for by taxes. The price of the book is totally insignificant to the larger picture though. It was simply a cry of indignation from that small group whose ear-shattering loudness can distort an object so far out of proportion that in order to shut them up we surrender our rights as free citizens!

Safeguards, for restricting the viewing age, can be easily set in place by establishments offering the book for sale. More importantly, parents can see to it that their under 18 children understand what the photographs represent in SEX.

Forbidding the sale of SEX will stop neither the dangers nor the pleasures of sex anymore than forbidding the sale of drugs and alcohol to minors keeps them from getting these item. We need to reorder our priorities to match the lifestyles of the twentieth and the twenty-first centuries and be more concerned that our children are prepared to face the more demanding rigors of living in the real world.

I can't see any clear or present danger in this book. Please, don't tell me it should be banned or burned.

SEX

SEX

SEX

By Scott Olson and Duanna Vinchattle Staff Writers

Sex, Sex, Sex. Before viewing Madonna's supposed "book", we had a very slanted view concerning the merit and quality of its contents. After viewing this pornographic collage of Madonna's so-called fantasies and dreams we still believe that this parallels the technical and ethic merits of such great literary magazines like Cherry or S & M Weekly.

The "book" itself is a masterpiece as far as its form and the artistic value when ignoring the content. The photography, layout, print and font selection are so uniquely and creatively done that it almost makes you forget you are looking at an expensive pornomag.

As journalists, we are very much in favor of Freedom of the Press and Speech. We are not advocating to ban this book from shelves nor let material of this nature be published. But, what we do feel is that there is a place for materials to be and not to be. We do not feel that Madonna's "book" is appropriate for public display or sale. The content of this book, be it fiction or reality, is paralleled only to the paraphanalia found in adult book stores and XXX movie houses in most towns. We feel that the only place this book should be purchased or viewed for a price is between the "Barbie" blow-up doll and the "Forty and One Swing Set."

Editor's Note:

We would like to thank the student that brought the Madonna "SEX" book to school so that we could examine it for our Point -- Counterpoint.

Do You Feel the DMACC Library Should Get Madonna's Book "SEX"?



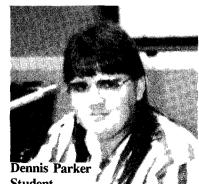
Librarian
"I have examined Madonna's book and read unfavorable reviews in the New York Times. While I have bought controversial titles in the past, this particular book does not appear to support our curriculum needs."



"Yes, because it is not the responsibility of the school to decide what is right or wrong!"



"Yes, censorship should be banned. If you can legally burn the flag, you should be able to look at Sex."



Student
"Yes, this country is becoming less free. Mainly because of censorship and the moral majority. Art is free and should remain free."

Text and Photos By Duanna Vinchattle



Lorie Lingner Student

"No, I think pornographic material should be restricted to adult book stores."

COMMENTARY

Editorial

Parking. . .



Photo by Linda Smit

Round Three

Once upon a time there were 600 students going to a brand new campus in Boone, but the times have changed and the parking lots are full to the brim because so many students attend DMACC. Although the parking lots were expanded, there still seems to be a real problem with finding a parking space. Maybe the board of directors should have a meeting about 9:00 a.m. in the north parking lot and see first hand the need for more parking.

Have you noticed the newest game in town? It's called "The Warm Car Shuffle." The object of the game is to lie in wait, unnoticed, in the parking lot with engine running until some lucky student with a close space leaves. Then, it's a race to see who makes the best two wheeled turn in the lot and wins the space. The loser then either gives up and parks in the east lot students affectionately named "Boonedocks" or go back and wait for the next round of the game to begin.

There are of course some people who think they need two spaces to park in. Do they need a "crash" course entitled Parking 101 or are they just discourteous. Speaking of discourteous, how about the folks who are parking in the handicapped spaces? The ones who do have permits, (for their wives, uncles, or their Great Aunt Fanny) think that entitles them to park in the spaces provided for those who truly need them. Shame on you! Maybe it's time to count the spaces and count the students' cars that are sitting everywhere out of necessity and add on to the parking lots.

In an interview with Dean Philips, the handicapped parking was discussed. Philips said, "Maybe we need more handicap spaces." To help in this effort, he needs some help from the students. If you are disabled and have a current parking permit, please sign the sheet on the Bear Facts door room 210, so the needs of the students and staff will be known and the proper steps can be taken to add more spaces. Although handicap parking was doubled over the summer in the back lot, there is still a need.

Confessions of the Old Codger



By The Old Codger

Recently I took time out from studying at home (Will my instructors please take note) to read an article in the *Des Moines Sunday Register* on what they claimed to be an attitude of sexism still extant at Iowa State University. In the article, "School Sexism Criticized," it said that there is still a sexist attitude among the teachers of the school and, indeed, in many of Iowa's institutes of higher learning!

Well, anything smacking of sexism catches my interest IM-MEDIATELY (if not right away) so I did some snooping around our little institute to see if I could find any evidence of what the article was talking about. I'm glad to say I didn't find any such thing among the teachers. However, I sure see a lot of sexism going on around the halls and in the lounge and sometimes, believe it or not, even in that toxic filled room called the Smoker's Lounge!

I see it in the parking lot. I see it in the lunch line. I see it rearing its ugly head on the grassy areas and even sometimes in the library. It's all over the place! But, I digress (I do like that word). I was talking about the article wasn't I? Oh, yes, I cannot find any of our teachers being guilty of what the article accused some of the instructors elsewhere of. I will say that once in a while I run into a teacher or two with an attitude, but it's not a sexist one!

Coming from the generation where women didn't fight in wars, where mom stayed home to tend to the house, dad and the

kids (but not necessarily in that order); where mom controlled the money, shopping habits, dressing habits, drinking habits and almost all our other habits. I'm proud of our present day woman-kind! They still make those little sounds of cooing when you do something they expected you to do in the

first place. They continue to cast those glances your way when they want to lure you somewhere right in the middle of studying for the big test. They even still wear those thought-provoking clothes that accentuate the body language they speak to you in.

I don't believe the women of

1992 are any different from the women of 1942, 1952, 1962 or any other era. They've just matured in their development to where it's now possible for them to be what they want to be without feeling guilty about it. That's not to say I haven't met some really hairy-chested females in my time, it's just saying once the woman lifted the foot of the man in her life off her neck, she was able to lift her head to see where she wanted to go and who she was. So, yes, there is a sexist attitude (it's alive and well). And yes, it is underground. But, the women of today are smart enough to realize that's where it should be...BURIED!

Don't get me wrong! I'm a sexist, I'm a male chauvinist, I'm a husband twice over...I was born in 1939, if those will do for excuses! (I'm remembering when my oldest daughter brought home the first boy she thought was her boy-friend. I can still hear her words of pleading to me, "Now, Dad, please

behave while he's here. Don't embarrass him!" Him? What about me? My little untarnished angel in the clutches of that dirty lecher! (He was 11, as I recall.) See? By the way, my pure, sweet, little angel is married now to a Mr. Clean. That's what the FBI report said, anyway.

20000000

Shifting the needle of contention to another vein...I heard a person say, the other day, that "Smokers don't have any rights!" Whoa there? And woe to the horse you rode in on! Seems to me I heard the same thing said about the Jews, the Blacks, the Women, The Boat-

People, and countless others over the years. Even if We are becoming an extinct species We still have rights (they're becoming fewer and fewer) but, we do have them, nevertheless. We have the right to light up when we want (even if it's in a smoke-filled, ghetto environment.) We have the right to inhale as deeply as we want (even if it fills our lungs with toxins, hardens our arteries, and coats the vessels leading to our hearts.)

We still have the right to exhale the smoke into the atmosphere, knowing it will go out into the vacuum of space through the hole in the ozone over the South Pole (which we didn't create in the first place by smoking.) You non-smokers seem to forget that the Framers of our Constitution guaranteed us the right to Life, Liberty and the Pursuit of Happiness (a.k., a dying) not to mention the fact that the vast majority of those men were tobacco farmers!

-

Well, we're all waiting to see how, what, when and with

whom (teachers take note of the use of whom) the team of Clinton and Gore will set up government. Presitending Clinton has been so careful of how he releases news to the public lately one would think he didn't win the election after all. (Hope I don't sound too disgruntled!) But, he did win. And the continents didn't shift, the sky didn't fill with atomic waste, we're still in debt but looking forward to a Spend-filled Christmas.

By the way, I'm still looking for that condom machine I know is hidden around here. Let's see, I've checked the Learning Center... Next stop the Nurses Quarters!. Well, those are the ruminations of the Old Codger for this issue. P.S. Any letter-to-the-editor should be addressed to the Bear Facts and not to me personally. I have enough trouble staying awake reading the course books I have now! LATER, DUDES! (AND DUDESES)

ONCAMPUS

Computer Composition Comes to Campus

By Scott Olson Staff Writer

Have you ever had problems writing papers? If so, DMACC has the course for you: Computer Composition. Computer Composition is a Composition I course in all respects, except it is taught with the aid of computers. Instructors for the course, Jan LaVille and Martha Griffith, stated they are both excited about teaching this particular program.

This course is actually a student's dream because the computer helps you acquire a topic and then helps you develop the program through different sections. Any time you have a

question about what to do, you ask the computer for help, and it gives you the page numbers in the actual text as reference.

The course itself uses the St. Martin's Guide as a text, but has two programs which are used in conjunction with the text. The programs are Mindwriter, which helps explore new topics and ideas, and Descante, which is a peer-editing program that helps the students analyze drafts during the revision stages of compositional writing.

This computer course has no requirements except for general typing skills. The computer tasks themselves are not that difficult to learn, so even a



person with poor computer skill can complete this course with little extra learning. The class itself is still new, so some students are unaware of the definite benefits it can offer them.

The program can be accessed by any student through any terminal at the Boone campus. All you have to do is log into the computer and use the soft ware menu to access the program. If this interests you at

all, you are encouraged to use the program on a trial basis and see how user-friendly it can be, and how helpful it is in writing any type of paper.

Boone Campus Bookstore Buyback Begins Monday December 24

BOOK KEY	AUTHOR	TITLE, EDITION, FUBLISHER, DATE	QTY	PRICE
ADLUNDO04	ADLER	UNDER HUMAN COMM, 41H, HBJ, 90	50	15.75
AXESTI1003	AXELROD	ST. MARTIN'S GDE WRTNB, 3RD, STM	50	14.65
ASHLAW011	ASHCROFT	LAW FOR BUSINESS, 11TH, SW, 92	7	22.95
BAINDSOOS	BAIN	NORT INTRO LITE S/E, 5TH, NORT, 91	15	15.00
BERCALO02	BERKEY	CALCULUS, 2ND, HBJ, B9	7	29.25
BERLANCO2	BERKIN	LAND OF PROMISE, 2ND, SF	3	26.10
BOOCDB006	BODNE	CONT BUSINESS, 6TH, HBJ, 90	10	27.75
BURCOL 001	BURNER	COLLEGE HIST US, BENJ,91	20	9,00
C001NT006	COON	INTRO PSYCHOLOGY, ATH, WEST, 92	75	27.00
CODINT106	COON	INTRO PSYCHOLOGY SG, 6TH, WEST, 92	7	8.70
DAVPRE001	DAVIDSON	PRE-ALGEBRA, PH	3	21.00
DUNC01012	DUNCAN	COLLEGE KEYBOG 1-50, 12TH, SW, 91	20	14.65
FOXHUMO04	FOX	HUMAN PHYSIOLOGY, 4TH, WCB, 92	25	31.15
GR I PHY 0 0 1	GRIFFITH	PHYSIC FOR EVERYDAY, WCB. 92	10	25.50
HACWRIO02	HACKER	WRITER'S REF, 2ND, STM, 92	75	11.25
JANCHAAGO3	JANDA	CHALLENGE OF DEMOCRACY, 3RD, RM, 92	20	27.45
JORHUMO05	JORDAN	HUMAN MOSAIC, STH. HC. 90	1.5	20.90
KAMMUSQQ5	KAMIEN	MUSIC AN APPREC, STH, MCG, 92	10	18.60
LIAFINO04	LIAL	FINITE MATH, 4TH, HC, 89	20	30.00
EOOMUHGAM	MADER	HUMAN BIOL, 3RD, WCB, 91	12	24.00
MCDENGO01	MCDOUGAL	ENGLISH 10, DRANGE LEVEL, MCD	3	19.35
MCKHI1004	MCKAY	HIST WEST SOC VI, 4TH, HM, 90	12	19.80
MILEMA007	MILLER	ECON TODAY-MACRO, 7TH, NC, 91	20	21.40
MILEMI007	MILLER	ECON TODAY-HICRO, 7TH, HC, 91	20	21.40
COOTNI BUD	DUELETTE	INTRO GEN ORG BIOCHEM, 3RD, MAC, 92	25	30.40
PELMICO05	PELCZAR	MICRODIOLOGY, 5TH, MCG, 84	10	37.75
PERHISO01	PERRY	HISTORY OF THE WORLD, HM		28.00
PETCOR002	FETERS	CORTEI PETERS CTD, 2ND, 6MG, 87	15	9.60
PREARTOO4	PREBLE	ART FORMS, 41H, HC, 68	20	24.60
RUSGU 1802	RUST	GDE ANAT & PHYS, 2ND, SW. 86	25	7.80
SHECR4001	SHELLY	COMP CONCIMIERO DBASE, SW, 92	とい	27.00
SIGL1F001	SIGELMAN	LIFE SPAN HUM DEV, WADS, 91	50	27.40
SMITRIO05	SHITH	TRIG COLL STUD, 5TH, WADS, 90	9	26.65
TORPRHOOM	FORTORA	PRIN HUNAN ANAT, 61H, HC, 91	15	33.00
WALPRIO05	WALGENBACH	PRINC ACCTING, SIH, HBJ, 90	200	\$1.50
WILPROOF	WILKES	FROF DEV DYNAM, 4TH, HBJ. 71	10	
MOLINVOOS				24.70

Loss of Affection Affects All

By Cheryl Lingelbach Staff Writer

On November 12, Dr. Richard A Osing spoke to the staff and some students on *How To Love & Be Loved*. Dr. Osing is a well-known authority on marriage and family counselling. He has been practicing for 34 years, and has been a counselor since 1986 at the Neuropsychiatric Clinic in lowa City, lowa.

He spent several years as Executive Director of Foundation Illinois, a crisis-intervention program for runaway children, suicide intervention, and spouse and child abuse; also as Executive Director of the Council on Aging, dealing with assessment and intervention for the elderly and their families.

Dr. Osing's professional training includes under-graduate and graduate degrees from Concordia College and Concordia Seminary in St. Louis, Missouri and post-graduate courses in his field from several colleges and universities, as well as extensive clinical training.



Dr. Richard A. Osing, speaks on nourishing relationships, on November 12.

In today's society the rate for divorces are of great concern. There are 3,200 new divorces everyday, which will effect 1,000,000 children.

With the remarriage of 1,300 couples everyday, by the year 2000 the typical family will be a "remarried family". The cause for this? The inability to

know how to love and be loved. The solution? Learn how to have a caring and equally satisfying relationship.

What is a loving relationship? One in which two people mutually invest in each other to meet specific needs. Osing stated, "I believe, the key values about marriage for the 1990s are enduring, intimate and equal."
Of these three values, however, only the first is really traditional. So traditional that, in fact, there are people today who believe that since we are living in a culture which practices serial monogamy (one spouse at a time but more than one over a

lifetime) even this traditional value is on the way to being discarded.

Osing remarked, "I believe that human beings are among the

pair bonded of the earth's species. And I believe the best interests of children are served by growing up in families that are stable and loving. So count me among those who believe that enduring is a value we will continue to place on marriage. But I also believe that endurance will not be the core value, that most core value, that most core value, that most crucial value which must be at least partially fulfilled in order for a marriage to be considered endurable."

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OFF CAMPUS

Nocturnal

Excursions

D.A. Nixon Guest Writer

When I started reading murder mysteries just before going to sleep, my husband built a wooden box to put our one sharp kitchen knife in and he put a padlock on the box. He said he was doing it "just in case", but every night when he locked up the knife, he kept the key and hid it in a place where I wouldn't find it.

I didn't have to ask why. I have this little problem.

It started when I was about 10 years old. I was dressed in my school uniform, no differently from any other day. I smelled the eggs and bacon cooking. Then out of the corner of my eye, I noticed the heap of broken glass right inside the living room. Something in my memory startled me. Did I know something about it? No, it was just my imagination. Then why did I have this weird feeling? I sat through breakfast, slightly embarrassed, knowing that I knew something about the

My husband made a lock box for the sharp kitchen knives.

broken lamp, but what?

Bridget said, under her breath, "Well, it's one less thing we gotta dust", but Mom and Dad couldn't figure out how it had happened and even though I thought I might have been responsible, I offered no clue.

Months later one mysterious night, someone set the table with

breakfast dishes. Whoever it was even poured the corn flakes and milk. Mom figured it was us kids. My brothers and sisters thought it was the Friendly Ghost, trying to save us work. I sat quietly with the feeling. I knew something about it, but I didn't know how.

Not too long after that I woke up one night in the kitch-

I must be going crazy. Now my parents will send me away.

en, standing on my sister's high chair balancing bowls in one hand and glasses in another. I was so scared. I quickly put everything away. I couldn't get back to my bed fast enough. The warmth and security of my quilt felt good because once I was back in bed, I was sage again. I thought "I must be going crazy." Now my parents will send me away. I had to make myself quit it. I couldn't let my parents find out. The morning didn't come fast enough. I had to find a way that I couldn't get out of my room at night. I didn't share my new discovery with my brothers and sisters. They would just use it to blackmail

I was in charge of taking the trash out and the solution to my problem occurred to me while I was doing my morning chore. I gathered up several Campbell soup and green bean cans and cleaned them with the water hose behind the barn. I then found some old twine to fasten them together. I decided to tie the cans together and hang them

on the inside of my bedroom door. When I opened it, the sounds of the cans would surely wake me up.

That night I put my device to work. I also placed a chair weighted with my school books in front of the bedroom door. It became my nightly ritual. Before I went to bed, I also set my alarm fifteen minutes earlier than what my mom did, so I would be able to hide my cans in a drawer.

My mom never came upstairs. But I didn't want to take any chances. How did I know I wasn't crazy? I didn't have to worry about my brothers and sisters finding out. It was an unwritten rule that no one was

By then I knew the name for my condition and knew that it was called "sleep walking"

allowed in anyone else's room. Violating this rule gave a person a right to beat the living crap out of a brother or sister. It was a rule everyone learned young.

I continued this all the way through junior high and high school. Several times I was awakened by the sounds of cans hitting the door, or I tripped on that chair blocking my exit.

By then I knew the name for my condition and knew that it was called "sleepwalking", but who wants to admit at that age they are something less than perfect.

My system worked until I was eighteen when I moved out of my parents' home and started my job at the Woodward State Hospital-School. I rented a small house in Perry. I was an adult now. I had no need to do a childlike thing like "sleepwalk."

One day after working sixteen hours, an afternoon shift and then a night shift, I found myself in my car in my driveway. The roar of the engine must have been what woke me. It was 2:00 o'clock in the afternoon and I was dressed in my

underwear. What could I do? I thought fast. I looked around, crossed my arms at my chest, and ran as fast as I could, praying no one would see me go into my house. Inside my heart returned to where it was supposed to be, though my face was still a deep red. I slowly made my way to the curtains and quickly glanced between them, checking to see if the two teenage boys who lived next door were at home. Thank God they were gone. From then on, I locked my car, kept my keys in my purse, and hid my purse in a place where I hoped I wouldn't find it if I was asleep and on the

move. Additionally, I put two more locks on the door. Anyway, I never found myself outside again.

Time passed. Sometimes I woke in different rooms than I went to sleep in. Usually I woke up when I ran into something or tripped. After I got married, my sleepwalking seemed to decrease for awhile.

Then the children started to arrive at three year intervals. Working full time, staying up with a new born, getting up at 4:00 in the morning, hauling the kids to the sitter was taking its toll, and I wasn't getting enough sleep.

I would wake up in the morning and find that during the night I had taken a dirty diaper off the baby, but forgot to put a clean one on. Had I started sleepwalking again? A couple of times I woke up to find six to eight baby bottles filled with Pepsi in the refrigerator! One morning I couldn't find the bread in the drawer and later when I opened the oven, I found twelve untoasted grilled cheese sandwiches. I also waxed the kitchen floor with Crisco cooking oil. Once after cashing a check, I hid a hundred dollar bill while sleeping. As soon as I found it missing, I knew I had done something with it and I had a strong suspicion I had flushed it down the toilet.

By this time, I had figured out what my sleepwalking nights had in common. They happened when I had less than five hours of sleep, when I was under stress and needed the sleep the most.

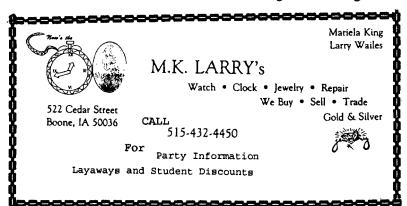
It was deer season, December, 1985. My husband's buddies were all nestled in our kids' beds and the kids were camped out in the living room. I had just finished making ham

I woke up in bed with my husband's hunting buddy.

sandwiches for the big hunt the next day.

Later I woke up and was yelling at my husband that he was hogging the blankets when it dawned on me that this hairy guy wasn't my husband. I was in bed with his hunting buddy and best friend! I quietly got out, thinking all the way "if I am going to have a heart attack, it would be now", so I hurried just a bit faster. I got in my room, sat on the edge of the bed, and tried to get my breathing under control. I debated telling my husband, secretly hoping that his friend was too drunk to wake up and remember it. Just in case he wasn't, I thought I had better tell Paul before morning. So I quietly and very gently told him that I accidentally, while sleepwalking ended up in bed with his best friend. Being used to my nightly roaming, he just laughed and said, "You woke me up to tell me that. What else is new?" I could hear him telling his friend the next day and both of them laughing about

He thought it was even funnier when he found out a month later that I was pregnant with our fourth child. He has told my sleepwalking stories to everyone, but there is a different side. There are some nights, especially after we have a fight or argument, when I can tell he is debating whether he wants to actually go to sleep in the same house as I. To get even with him about his storytelling, I started reading several murder novels, always at night. This made Paul quite nervous. Just to be safe, he made the wooden lock box. I didn't have to ask why. He feared the worst. I just laughed!



Fall '92 Bear Facts

Staff

Dale Butterfield; age 24; Graphics Editor; major, Pre-Construction Engineering. "I came to Iowa from Montana and started DMACC as a warm-up for I S.U. I didn't plan on joining The Bear Facts, but I got "drasted" against my will."

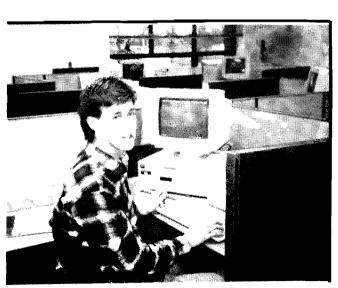


Cheryl Lingelbach; Advertising Editor; major, Medical Office Technology. "I am very interested in selling advertising for a paper someday. That's why I enjoy working on The Bear Facts. "



Jan LaVille, Advisor. "I'm very pleased with the progress The Bear Facts staff has made this semester. Only we know how really far we've come since September. Bear Facts is a great opportunity to get involved in thinking about our world-DMACC, Boone, Iowa, USA, the World! Our daily communication intra staff and our bi-weekly communication with our readers helps us all ask questions about life around us.





Brad Gutz, 21, Arts & Entertalnment Editor; major, Journalism with Advertising

"Hello, I'm Brad Gutz, pronounced differently than guts. I'm from Palmer, Ia. I am a writer for the DMACC paper. I enjoy listening to music, playing basketball, and hanging out. "



Linda Smith, Lay-out Editor; Associa paste just like Betty Lou now I can put paper to you.



ATTENTION DMACC STUE

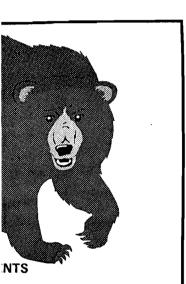
Do you want a class that sign up for JNAD 123--New All staff positions are oper editors, layout personnel, p business), copy editors, r sports, entertainment, et coordinators.



Scott Olson; age 22; Business Manager "I came to Boone to adjust to school wo The Bear Facts staff because I though



of Science. "I've always liked to cut and y talents to better use and help bring this



eally makes you think? If so, spaper Production (3 credits). each semester: Supervising eduction staff (advertising and porters (general assignment, .), photographers, graphics



major, Public Relations and Morketing, in hopes of returning to I.S.U. I joined it would be fun. NOT! Just kidding



Rose Zimmerle, Copy Editor; No major. "After 24 years 1 came to college to realize my dream of getting away from my kids. Unfortunately they came with me. I will be majoring in Sociology at ISU."



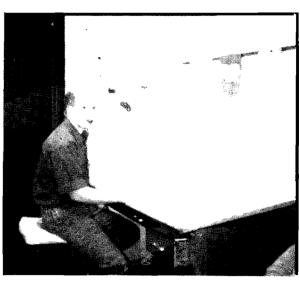
Robert Plumb; Reporter; major, Accounting Specialist. "Life is to tive!"



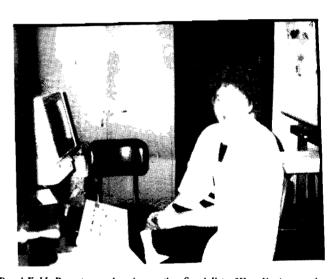
Melinda Baker, Reporter; major, Journalism. "I've really enjoyed working on staff this semester. Journalism is a great way to broaden your horizons.



Duanna Vinchattle, Editor-In-Chief; Medical Office Technology. "Journalism is not my major, but I really like it



Bill Zimmerle, 19, Staff Writer; No major. "Hi, I'm Bill Zimmerle. I'm a Marine Biology Major and will be transferring to The University of Virgin Island in a year or two."



Penni Kuhl; Reporter; major, Accounting Specialist. "Hey, I'm just a volunteer. I wanted to continue developing my writing skills and it's been challenging working from a journalistic stand point."



Steve Scheideman; age 24; Photographer; No major. "I'm taking classes at DMACC before returning to ISU. I offered to help out with photography and Duanna roped me into working more."

OFF CAMPUS

Watch Out For Old Man Winter



Staff Writer

Snow, snow, snow. A driver's nightmare is to see the forecast of snow, ice, or sleet before getting in the car. Most people view the weather with caution when considering driving, but people do not actually prepare for the inevitable, being stranded.

Like most people, I drive no matter what the weather is like and rarely heed a weather or traffic warning due to the elements; but not this year. I realized that, like most DMACC students, I drive back and forth to Boone and then drive to work, and I need to prepare for that one time when I might get stranded.

So I called the Iowa Department of Transportation to see what information they could provide me with to ensure my safety.

I spoke with Dawn Schafferty about precautions you and I can take to help us through the winter months. "The most important thing to remember is to listen to the radio or television for dangerous conditions and pay attention. The biggest reason why people do get stranded is due to disregard of warnings about poor driving conditions".

Like most people, I think to myself, "I can drive in this stuff. No problem!". With this thought in mind, I asked what precautions can be taken ahead of time if I am going to drive. "Make sure your car is ready for the winter months, with good winter tires or tires with a fair amount of tread, proper amounts of anti-freeze, and a strong battery," she replied.

Another thing the Department of Transportation recommends is a winter survival kit to be kept in the car at all times.

With this kit, you are ensuring yourself the necessities needed to wait for assistance. In this kit, the following items should be found.

- 1. Two white candles: these are for heat, light, and for the melting of snow for water.
- 2. Waterproof matches
- 3. One empty tin can: for melting snow
- 4. Non-perishable food that will not freeze easily: candybars, chips, etc...
- 5. A.M./F.M. radio (fresh batteries)
- 6. Flashlight (also with fresh batteries)
- 7. Spare batteries just incase you forget to check
- 8. Blankets
- 9. Two towels: these are to be placed in your window when cracked to provide fresh air without direct wind contact.
- 10. Shovel, salt, and flattened cardboard: these will help you

get your car out and clear the area around your muffler.

- 11. Either a "distress sign" to put in your window or colored fabric or plastic to be displayed on the front and back of vehicle.

 12. A simple first-aid kit
- 13. A magazine, or book, to take up time and keep your mind off of the situation

A good thing to remember when your car is stranded is to not leave your car to get help. If you leave your vehicle, you are less likely to be found by someone, and endangering your life. The best thing to do is to mark your vehicle for help and wait for the authorities to rescue you.

While waiting for help, it is best not to run your vehicle constantly but at fifteen minute intervals to save fuel while still providing some heat. Remain active, and try to keep awake at all times. Try taking off and

putting on clothes in layers so as not to overheat and sweat, but allowing yourself flexibility in the vehicle. Another thing to stay away from is alcohol consumption. The alcohol in the blood stream causes your heart

rate and blood pressure to decrease. This in turn causes your body temperature to drop which can increase your chances of hyporthermia.

All of these things are to help people survive if their vehicle becomes stranded during bad weather. The best way to

survive is to heed the warnings of forecasters and State Patrols and not drive when conditions are poor. But if you do decide to venture out, be sure to have a winter safety kit and follow these basic instructions.

KDLS-AM (11310) Perry KDLS-FM (101.7) Jefferson KAIB-FM (99.3) Boone

Get the Scoop

Tune to These Stations

KWBG-AM (1590) Boone KEZT-FM (104) Ames KCIM-AM (1380) Carroll

Lack of Knowledge Can Be Deadly

By Brad Gutz Staff Writer

It's the holiday season again and that means people, many of them college students, will be traveling the highways going to and from college. These days the roads aren't safe, considering what happened to Tammy Zywicki, former Grinnell College student. Zywicki was abducted along Interstate 80 in Illinois after having car troubles. She was missing for more than a week when her body was found with multiple stab wounds in Southern Missouri.

It would be wise for everyone to take some extra measures before and while traveling. Before starting your trip, you should have your car looked at by a qualified mechanic. Always carry a paper and pencil in the vehicle and have a winter safety kit along. Pre-plan your route and make sure others know exactly what route you're taking, and your expected time of arrival. While driving, take a well-traveled route. Stop and make phone calls at designated check-points along the way. If possible, try not to travel alone. Carry a sign in your car saving SEND HELP! If you do have car trouble, pull completely off the road, open the hood, lock the doors, put up your send help

sign in a window, and stay in your car. If you must leave your car, write down the date and time, what you were wearing, the direction you were heading and your intended destination. If you leave with someone you know, write down the name and address of the person or persons you left with, the license number of their vehicle, and the number of occupants and their description.

For more information and your own travel package, contact the Ames Chamber of Commerce, the I.S.U. Department of Public Safety, the City of Ames Police Department, Gamma Phi Beta Sorority, or Commercial Plastic Packaging Inc.



Rambling Rose

It snowed! I thought it was great. I watched with bated breath as every snow flake hit the pavement. After all, it was cold, really cold! Maybe so cold the roads would get icy. Like many students, I drive quite a distance to Boone. You know, if the roads get icy, I'm staying home (Oh sure, as I've mentioned before, I only have a Corsica, but I still don't want it to go into a ditch--especially if I'm in it!).

Come on, every person reading this knows we act just like third graders when it starts to snow, "Are we having school?" Little noses pressed up against the windows, praying for at least a few inches--not nec-

essarily a blizzard, just enough to have a good reason <u>not</u> to go to classes. Sure, we're mature, responsible adults, but who can resist sitting at home veggingout to Oprah or MTV?

ONCAMPUS

Study -- Stress -- Semester Tests

Finals Schedule

Tuesday, December 15, 1992 (Tuesday/Thursday classes)

Class T	ime		Exam time	
11:15 a.m~12:40	p.m		8:00-10:15 a.m. 10:30 a.m12:45 pm 1:003:15 p.m.	
Wed. Dec. 16, 199	2 (Monday/Wedne	sday/Friday,	or more classes)	
Class T	ime		Exam Time	
10:10-11:05 12:201:15 2:303:25	a.m		8:00-10:15 a.m. 10:30 a.m12:45 pm 1:003:15 p.m. 3:305:45 p.m. 3:305:45 p.m.	ì
Thursday, December	r 17, 1992 (Tue	sday/Thursday	classes)	
Class 3	ime		Exam Time	
			6:308:45 a.m.	

9:4011:05	a.m.		-	-			-		6:308:45 a.m. 9:0011:15 a.m. 11:30 a.m1:45 p.m.
									2:004:15 p.m.

Friday, Dec. 18, 1992 (Monday/Wednesday/Friday, or more classes)

Cless line									Exam line
6:557:50 a.	m								7:009:15 a.m.
9:0510:00 a.	m	-		-	-			-	9:3011:45 a.m.
11:15 a.m12:10 p.	m		-	٠	-		٠	-	12:00 - 2:15 p.m.
									2:304:45 p.m.
3 - 3 5 - 4 - 3 0 75	m			_		_			3:305-45 p m

Evening/Saturday classes will have their finals at the day and time of the final regular class meeting.

JOIN THE EXCITEMENT



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By Rose Zimmerle Staff Writer

Thanksgiving is over and there are only 15 days left until this semester is history. With that sigh of refief, also comes the realization that finals are just around the corner. There's no need to worry. With the help of a few simple techniques, you do have a fighting chance at that A.

Professor Claude Olney of Arizona State University has devised a way to help you "make the grade." His video tape, Where There's a Will-There's an A, can make the difference. Since the video is rather expensive to purchase, Bear Facts has compiled a few of Professor Olney's suggestions to make you a more productive student and test-taker.

1. APPEARANCE COUNTS: Sloppy work can get a lower grade than neat work. Use a word processor whenever possible. It is easier to revise, and you are able to justify the right margins. If you must write your papers out by hand, use an erasable pen to avoid crossed out words. Remember--NEAT-NESS COUNTS!

2. PERFECT TERM PA-PERS: Your paper is compared to every other persons in your class, so once again--appearance counts. The appearance and content are equally important. If you have a problem with term papers, offer to edit the paper of a friend--you will notice your own mistakes faster if you are in the practice of noticing other's mistakes.

3. EXTRA CREDIT: Make extra credit mandatory. Always do extra credit. If you haven't done any extra credit up til now and you are a bit concerned about your grade, ask

your professor if you might be able to do some extra credit--it could be the difference betwen an A and a B.

- 4. PRETEST YOURSELF: Save your old exams and use them to study for the final. As you read your text, make up your own test questions. Make questions out of the chapter and section headings.
- 5. BECOME AN EXPERT TEST TAKER: In essays-volume pays. Break your thoughts into short paragraphs. Use an erasable pen, neatness

raises grades. When there are fill in the blank questions--answer every question, even if you don't think you know the answer. Sometimes you get lucky! Take your time, stay until the end--use the whole period to take the test. The instructor may begin to explain the questions near the end of the period. If the questions are multiple choice, eliminate the answers you know are wrong, then if you are still unsure--take an educated quess. Generally, trust your first instinct when dealing with multiple choice questions; "hunches" are based on informa-

tion stored in your brain.

6. PREPARE FOR YOUR TESTS: A simple four step process can help you become more prepared for your tests. First, tense up, then relax and release the tension. Second, recapture a joyful learning experience. By doing this you will "con" yourself into a more confident frame of mind. Third, imagine success, not only in this test, but in all your academic endeavors. Finally, use positive affirmations: I'm going to ace this test...I'm going to turn in an A paper.

7. POSITIVE AFFIRMA-TIONS: Convince yourself that you are able to learn. "See" yourself getting an A in your classes. Use your imagination!

8. STAY MENTALLY, PHY-SICALLY AND SPIRITUALLY FIT: Eating the right food and getting the right vitamins can greatly increase your memory.

These are just a few of Professor Olney's techniques. Some of them may sound a little far-fetched, but they may work if you give them a shot.

S A D A T P E L F L O R D C R E T E A R E A A G I O R U B L E C L A N R E A L A B A C I O R D C R U B L E C L A N R E A L L M A R V E L T O Y A C I D E S D I T H E R S L L M A R A R I V I M G R A B O U S A R I V I M G R A B T I L E B E G I N M O M S S L E N D E R T A P A C L O N T I N K E R G R E E R G A R S O N A V A R A N I A L E E T O P A Z A G O G L I V E E P O D E M E S H L T F M R A K F S

To Reduce the Stress of Finals

1-800-IAM-NUTZ

- 10. Eat a hot fudge sundae, if stress is extreme--eat two.
- 9. Trace your hand print on construction paper, cut out, and give copies to your friends.
- 8. Knit an afghan for your grandmother.
- 7. Watch any movie that stars Lorenzo Lamas. This will not only reduce stress, but it is also a great sleep inducer.
- 6. Contemplate your navel for 15 minutes.
- 5. Inhale deeply, hold your breath, then slowly exhale. CAUTION: under no circumstances hold your breath for more than 10 minutes!
- 4. Sit by the river and watch the water turn to ice.
- 3. Say "Hello" to your favorite houseplant and wait for a reply. If the plant responds, call 1-800-IAM-NUTZ.
- 2. Count the leaves on any tree of your choice (if leaves are not available--count the branches).

AND THE NUMBER ONE WAY TO REDUCE THE STRESS OF FINALS...

1. Hibernate until December 19 (preferably with a friend)!

STUDENT LIFE

SUICIDE--The Cry For Help

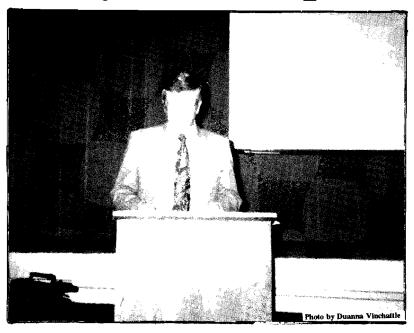
By Bear Facts Staff Writers

"Hurting people need OK people to help them in their lives," said Dr. Jan Dale, a noted psychologist from Ames, who spoke in the Boone Campus auditorium to about 300 people on Wednesday, September 18, 1992. His topic was suicide prevention.

Dale discussed several ways people can become aware of a potential suicide among friends and colleagues. Signs he said to look for were depression, lack of energy, lack of drive, suppressed anger, withdrawal, a change in sleep habits, slipping grades, and comments of general lack of self worth.

With input from the DMACC student body and staff, the assembled group came up with some possible causes for suicide: divorce, loss of loved ones, a major illness, tragedy to friends or family, arrest, or a combination of happenings leading to a feeling of failure.

According to Dale, there are



Dr. Jan Dale, Psychologist, speaks on Suicide Prevention and Identification, to students and faculty on November 18.

some things you can do to help a potential suicide victim: 1) Ask them if they are all right; 2) Be quiet and listen to them. Take them to lunch and let them talk; 3) Ask them if they are thinking of suicide; and 4) Ask them if they will go see someone to talk about their feelings. In addition, Dale urged listeners to take away their means of suicide. Ask them if they have a gun. Tell friends or family to become aware of the impending danger, and as a last resort, call the police.

Dale was with the Central Mowa Mental Health Center for 20 years. Currently he is in private practice in Ames.

BRIEFS

BY LINDA SMITH STAFF WRITER

A pre-enrollment workshop was held November 17. The evening workshop was sponsored by Project Self-support and the Displaced Homemakers Center.

The twenty one people who attended learned about some of the major areas of

study DMACC offers.

The workshop also offered assistance and answered questions about financial aid and registration counseling. Current students also spoke to the group about their experiences and offered support to the prospective students.

Maggie Stone is the coordinator for Project Self-support and the Displaced Homemakers Office at Boone. Another seminar is planned for the spring.

Scholarships Available

by Linda Smith Staff Writer

While the semester is starting to wind down, and the pressure is building toward finals, students are thinking about spring class schedules and classes that are already starting to fill. The question that remains concerns the "M" word. Where do students get the money for all the tuition, books and everything else that going to school requires.

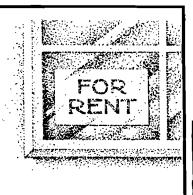
One thing students might consider are the scholarships available. These monies come from a variety of sources with applications for the asking. Some of the available resources are: The Connie Allen Memorial Fund, Louise R. Noun Assistance Fund by the Chrysalis Foundation, The Lue B. McLain Trust, and the Soroptimist Club of Ames. There is another \$1,000 scholarship being provided by the Department of Forestry at I.S.U. for a transfer student to their department. All the funds have deadlines and restrictions for use. For more complete information on scholarships listed and a list of other funds available, contact the office and set an appointment with Rich Finnestead.

Warm Your Heart

N.O.W. (National Organization For Women) Ames/I.S.U. Chapter wishes everyone a holiday without abuse or violence. Unfortunately some women and children will be spending their holiday season at the Assault Care Center Extending Shelter and Support (A.C.E.S.S.)

A women's first step to surviving. These women and children and other economical depressed families are in need of assistance this holiday season.

These families need toys for their children and clothes, contributions of non-perishable food and personal items such as shampoo, toothpaste will be greatly appreciated. A lot of students contributing a little will make your holiday more joyous and will make a big difference for these families. Please bring your items for contribution to Boone DMACC N.O.W. Holiday Drive Box. N.O.W. in cooperation with A.C.E.S.S. and the Story County Christmas closet will distribute to economical depressed families.



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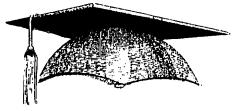
Dianc Miller The Livery, 806 7th St. Boone 432-5363 1-800-952-7806





American Family Mutual Insurance Company Madison, WI 53783 Editor's Note: In an earlier article on Rich Karpin the call letters at the radio station where he announces were incorrect. They should have said KFGQ, 1260 AM or 99.3 FM. We regret the error.

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DNCAMPUS

THE Crossword

By William Canine



- 14 Where Minos
- ruled 15 Scope 16 Kind of fee
- 17 Minsk money 18 Family group 19 Old Sp. coln
- 20 Loose robe 21 "Mash" name 24 Prodigy 26 Plaything 27 15th of March
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- Ben Adhem 39 Sub-continent dress 40 Energy
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- DOWN
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CROSSWORD

ANSWERS

On Page 9

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Jan Mallas, Owner Chery Mohrman, Owner Alinda Lager, Stylist

Writing For Dollars

By Robert Plumb Staff Writer

There is a Creative Writing Contest going on right now (for those of you who haven't heard.) You can win money, money, money for just sitting down at a typewriter and thinking up a story then sending it to:

DMACC Creative Writing Con-

c/o R. W. Chapman, Contest Coordinator

Sciences and Humanities Dept. Building #2 Ankeny Campu 2006 S. Ankeny Blvd Ankeny, Iowa 50021

The Student Action Board in Ankeny is providing two writer scholarships as prizes. One will go to the Best Overall Writer in the amount of \$250 from S.A.B. (see above for meaning of initials) and another prize in the amount of \$250 from The Ankeny Campus Foundation. TOTAL of \$500!

Runner-up Best Writer will receive at least \$125 (and maybe another \$125 if another donor can be found). But, read on to find the really interesting part about the CASH! Cash awards will be as follows:

\$100 for best story \$100 for best poem \$50 for runner-up in each of

these two categories PLUS award-winning entries will be published in DMACC's creative writing magazine, EXPRES-SIONS!

You need to submit your manuscripts by MIDNIGHT. MONDAY, DECEMBER 7, 1992, though, to qualify for any of these prizes. Several people from our school have already submitted their works and are

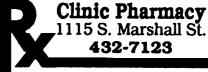
hoping to glome onto all that money and prestige. So, hurry!

You must submit at least three (3) original manuscripts but can send in five (5) if you feel ambitious and want a better chance to win. DON'T WAIT UNTIL THE LAST MINUTE TO DO THIS THOUGH! For more information see one of the Comp teachers right away.

They have a pretty pink piece of paper with all the rules and fine print on who, how, where, when, why and so forth.

There is a disclaimer you have to submit with your works that goes like this: "The following pieces of writing are solely my own work. I am currenily a student at DMACC. I do not object to the publication of my writing if it is properly acknowledged.

This is a wonderful opportunity for those of you who have been wanting to be recognized for your talents in writing and especially good for you who are just plain greedy and want the money.



Medical Associates Pharmacy

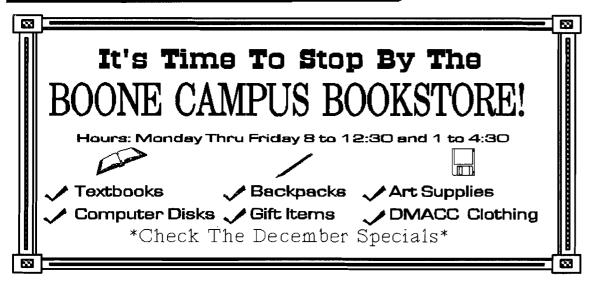
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STUDENT LIFE

CLUB NEWS



By Karen Coons PBL Reporter

PBL is on the move with activities for the holidays. The following activities have taken place in November or are as planned.

Raffle-there will be more than 25 prizes available, there is still time to get a ticket. Only \$1.00 each.

PBL and Rotaract collected canned goods and sacks for the local food bank. Thanks to everyone who contributed.

PBL plans to adopt a family. A family will be adopted through the Salvation Army.

A bake sale was held on November 23, many students and staff enjoyed all the crafts and goodies.



Phone 432-8044

9 A M = 12 A M

Sunday -Thrusday

9 A M - 2 A M Friday - Saturday

Open Late 7 Days A Week



By Dale Butterfield Staff Writer

Well time to update everyone on what has been going on with the Rotoract Club. Since the last article, we've done many things, both in the community and in the school.

One of the bigger projects we've done was roller skating with the River Valley residents and watching Mr. McNair "boogie" around on skates.

We also held a bake sale and a turkey raffle in which the profits all benefitted the scholarship fund for some lucky DMACC student.

The Great American Smokeout information table was a great success, and the collection of paper sacks for the Boone County Food Pantry is helping out considerably.

One of our future activities includes joining with the Rotary Club of Boone in assisting the Salvation Army in their annual Christmas time bell-ringing expedition. There are many more ideas still being "processed."

So, keep an eye out for other club activities and don't be afraid to get involved. We welcome anyone who enjoys helping other people.

CONTINUED FROM DAGE I

Teacher Donates Money

cial need. Although he is leaving it up to the college to decide who receives the scholarships, perhaps his one personal guideline is an enthusiasm for physics.

The gift is in the form of a \$25,000 CD that will earn 8% interest (or \$2,000) annually. From the interest, scholarships will be awarded each fall and spring semester. The selection committee and award guidelines have yet to be determined.

Auto Program Wins Award

A special awards ceremony was held to celebrate the automotive programs at Des Moines Area Community College being named one of the 10 outstanding vocational-technical programs in the nation. DMACC will receive the Secretary's Award for Outstanding Vocational-Technical Education Programs from the U.S. Department of Education.

These programs include:
Auto Mechanics Technology,
General Motors Automotive
Service Educational Program
(GM-ASEP), Ford Automotive
Student Service Educational
Training program (Ford ASSET), General Motors Training
Center Operation, Ford Phase II
Outreach Training Program and
automotive after-market in-service training.

Maggie Stone - - - Outstanding Alumnus

A Des Moines Area Community College Boone Campus graduate was recently named an Outstanding Alumnus. Maggie Stone, RR 5, Boone, was recognized by the DMACC Alumni Association at a recent gourmet dinner.

Stone graduated from DMA-CC's Liberal Arts program in 1966. She served as a caseworker for the Department of Human Services in Boone County for 12 years. She has been employed at the DMACC Boone Campus as the Project Self Support/Displaced Homemaker Coordinator since 1987.

In this position, she counsels women--most of whom are lowincome, single, divorced or widowed--as to career direction and financial assistance. "I have personally observed students continuing to attend our campus solely because of her emotional support and arrangements for financial assistance," said Kriss Philips, Dean of the DMACC Boone Campus.

Stone has also organized Rezoomers, a club for returning adult students, and numerous workshops to help these students make the transition to college life and the work place.

Outstanding Alumni Awards were also presented to the following: Phylliss Henry, 1911 Pleasant St., Des Moines; Sheila Manley, 1062 38th St., Des Moines; Marty Mease of Kansas City; Richard Peddicord, 1423 4th St., Perry; and terry Penniman, 417 NW Westwood, Ankeny.

"Read, Think, Dream"

Advice for Children's Book Week

By Melinda Baker Staff Writer

Children's Book Week has been celebrated nationally since 1919. In 1945 the American Booksellers Association gave rights to the week to the Children's Book Council. Involvement in Children's Book Week which is held November 16-22 has grown steadily since the beginning.

DMACC instructor, Martha Griffiths, who teaches Children's Literature 124 is very active in the project and is at this time working on next year's theme. Griffith, as an adult, could not emphasize how im-

portant it is to "read"--it sets a good example.

When Fredric Melcher created the week in 1919 he simply hoped it would encourage parents to supply excellent literature in the home and that children would then be more motivated to read.

Now Children's Book Week is celebrated on a much larger level with many educational institutions backing it. Boone campus for instance hosts a display as well as around one hundred children's books.

Student parents might want to stop into the library to check out this year's theme "Read, Think, Dream."

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