12-12-1991

Banner News

Janene Hale

Brian Phelps

Jason DeBoom

Chad Elsberry

Follow this and additional works at: http://openspace.dmacc.edu/banner_news

Recommended Citation
Hale, Janene; Phelps, Brian; DeBoom, Jason; and Elsberry, Chad, "Banner News" (1991). Banner News. 373.
http://openspace.dmacc.edu/banner_news/373

This Book is brought to you for free and open access by the Student Work at Open SPACE @ DMACC. It has been accepted for inclusion in Banner News by an authorized administrator of Open SPACE @ DMACC. For more information, please contact rsfunke@dmacc.edu.
Speakers tell of personal experiences with depression

By JANENE HALE
Staff Writer

Once again Dr. Robert Taylor’s Abnormal Psychology class hosted some guest speakers. The discussion was about depression and related topics, Wednesday, Nov. 27. There were five people on the panel. Each of them gave summaries of their illnesses and how their lives were affected. Though the cases for each individual were very different, there were similarities presented.

The most voiced point was the public’s distorted perception of the mentally ill. These arc functioning people not unlike you or your neighbor. Some need help understanding their personal differences because of their specific illness. Another problem agreed to by most was the health care professionals quick decision to medicate a client.

"Medications is a temporary fix given on a hit and miss system to relieve symptoms," agreed the panelists.

Certain medications work well for some, though it takes time to find the right ones. Others prefer to learn about their illness and work through it naturally. This method usually requires willing listeners and a support system, which leads us to another problem.

The panelists agreed that there is a lack of health care professionals who have time or are willing to listen to their problems. All agreed that it helps a great deal to be able to talk it out.

Sudidal thoughts and/or misunderstood aggression was mentioned in most cases. One panelist said she would be moved to believe and get help for a person who spoke of suicide. Having been there herself, she felt that those who do speak of it are reaching out for help. Suicide is a desperate, extreme attempt to stop the pain.

Class members commented this discussion was a valuable one. The speakers were openly honest and the experiences varied. Depression is an important topic for discussion as it effects so many people at one point in time in their lives, or another. Read on for more about depression.

For some people, the holidays bring depression instead of joy. There may be incongruency between what one really feels and what one is suppose to feel. Not all families sip hot chocolate and sing by the fire. In reality, tension, stress and sadness may be overwhelming for some. Here are a few things to think about to help avoid those feelings.

- Don’t overdue. Setting your expectations too high could bring a let down. Take time out to daydream or soak in a warm bubble bath.
- Use exercise to give yourself a boost of energy or to relieve tension. Take a walk in the crisp air or swim in an indoor pool.
- Another tip for lessening holiday depression is to help other people. There are many opportunities available for doing this around holiday time and it may lift your spirit and self esteem.
- If the holidays get you down, one important thing to remember is that you are not alone.

Rotaract is active

By JANENE HALE
Staff Writer

The Rotaract Club has been busy. There was a table set up for the Great American Smoke Out. Buttons, balloons, and stickers were all part of the plan to get people thinking about giving up their smoking habit.

A bake sale was planned to raise money for Boone Campus scholarships. After a delay due to weather, it got under way in the Wal-Mart lobby. A canned food drive was under way before Thanksgiving and the pop can tab container is still in place for collecting those.

Always looking for ways to help others, the Rotaract Club is staying busy.

What are your plans for Christmas break?

By BRIAN PHELPS
Staff Writer

As semester break draws near, people are making plans for Christmas, New Year’s Eve, and New Year’s Day, as well as the rest of the break. Recently, Boone Campus students and instructors were asked what they plan to do before the start of the spring semester here at DMACC.

Here are their responses.

Todd Tilley: I’m gonna be partying hardcore.

Mike Waterbury: I’ll be working my butt off for some extra money.

Suzzy Strom: I’ll be partying.

Donna Sego: I am going to stay home with my kids and go crazy.

Donna Meinecke: I will be busy baking and cleaning house.

Col Nguyen: I’ll be kicking back drinking beer.

Jeremy Kach: I’m going home of Jefferson.

Chad Estberry: I’ll be working part time and enjoying the time off from school by making snow angels.

Jill Barkhart: I am going to spend lots of time with my daughter, enjoy all the good food and go to Texas for some fun in the sun.

Janene Hale: I’m going to party, maybe even have a New Year’s Eve party.

Kathy Sprague: I have to work the whole break.

Ken Baker: I’m going to have Christmas with my family.

Linda Thede: I am going to do lots of shopping.

John Greene: I’m going to be working and hanging out with all of my friends.

Nick Boothby: I will be drinking heavily with my friends.

Tereasa Nutt: I will be partying and spending Christmas with my parents.

Brian Phelps: I will be enjoying lots of rest and relaxation. I might even go to work for a little while. Who knows?

Whatever you are doing over break make sure you have fun but, be careful and stay safe. Have very happy holidays. See you January 17 for spring semester!

Letters to the editor

The Bear Facts staff welcomes signed Letters to the Editor, which will be run on the Commentary page. If there is a subject on your mind that you would like to comment on, leave a letter in The Bear Facts mailbox in the main offices.

Please include your name, age and area of study.
**STUDENT LIFE**

**Attention Poets**

$12,000 in prizes will be awarded this year to over 250 poets in the North American Open Poetry Contest sponsored by the National Library of Poetry.

The deadline for the contest is December 31, 1991. The contest is open to everyone and entry is FREE. Any poet, whether previously published or not, can be a winner. Every poem entered also has a chance to be published in a deluxe, hardbound anthology.

To enter, send ONE original poem, any subject and any style, to the National Library of Poetry, 11419 Cronridge Dr., P.O. Box 704-PN, Owings Mills, MD 21117. The poem should be no more than 20 lines, and the poet’s name and address should appear on the top of the page. Entries must be postmarked by December 31, 1991.


**Becker performs on campus**

Tom Becker, a classical, jazz and improvisational guitarist, held a one-hour performance Nov. 20 in the Boone Campus auditorium.

Becker presented a varied program that appealed to a captivated audience.

Becker performs on acoustic and electric guitars combining the elements of classical discipline with jazz and improvisational composition.

He received formal guitar training at Boston's world renowned Berklee College of Music.

His visit was sponsored by the Boone Campus SAB and the Iowa Acts Council.

**Lost and found**

Attention all students. There is a Lost and Found located in the Administration Center.

Any student who has lost an item on campus should check with the Lost and Found.

**Book buyback Dec. 13-18**

The Boone Campus fall semester textbook buyback will be held Dec. 13-18, according to Doris Wickman, bookstore manager. Here are the dates and specific times you may sell your books:

- **Friday, Dec. 13** — 8 a.m. to 4:30 p.m.
- **Monday, Dec. 16** — 8 a.m. to 6 p.m.
- **Tuesday, Dec. 17** — 8 a.m. to 6 p.m.
- **Wednesday, Dec. 18** — 8 a.m. to 3 p.m.

Textbooks eligible for returns may be brought to the bookstore during those times. The bookstore will pay 60% of the new book price for the books listed below.

For quantities that exceed the number of books needed, or for titles not listed, a wholesaler will be present to make purchases. Wholesale prices are based on national demands, resale value, and condition of the book.

Please note that some books may not be bought back either by the bookstore or the wholesaler.

Here are the books the Boone Campus bookstore will purchase. They are listed by author, title, edition, date, publisher, quantity and buyback amount.

**LIFE**

**PRL sells candy bars**

By JOHI ...EENE

PRL members are real busy this month.

Beginning Nov. 21, they are going to begin selling candy bars. There will be two different kinds, plain and peanut. Cost is $1 a piece. Proceeds will be for PRL expenses and sending members on trips and conventions. PRL members will be going around the campus to sell the candy bars.
**STUDENT LIFE**

**What is your Christmas wish?**

By JASON DEBOOM
Staff Writer

Recently several Boone campus students were asked, “What is your Christmas wish?”

These were their responses:

**Sean Dowling:** The price of living to go down and anything that is electronic.

**Brian Pepper:** For my girlfriend to be my fiancée.

**Jason DeBoom:** For a sweet little girl to rock my world.

**Brenda Kinsey:** I want it to snow for a change.

--

**Bear Facts has Christmas party**

The Bear Facts staff had a Christmas party during its last scheduled class time, Tuesday, Dec. 10 from 11-2.

Staffers each brought Christmas goodies, sandwiches, munchies and beverages to enjoy while doing the layout work in this last issue of the semester.

Attending were: Carie Berning, photographer; Jeff Craigmille, Jason DeBoom, Chad Elsberry, John Greene, Robin Nelson, Brian Phelps, and Darcy Reynolds, reporters; Janene Hale, advertising; Shannon Hayes, athletics; and Jill Burlhart, adviser.

The group enjoyed socializing and talking about their plans for Christmas break.

**Students undeterred in pursuit of sex**

BLOOMINGTON, Ind. (CPS)—According to a recent study by the Kinsey Institute for Sex Research at Indiana University, students these days are anything but starved for sex.

Yep, the study shows—stop the presses!—that most students on college campuses are having lots of sex these days.

A survey of 651 undergraduate men and women showed that 81 percent of the men and 75 percent of the women were not virgins; that the average age for both sexes’ first sexual experience was 17, and that students spend an average of two nights a week with their sexual partners.

The study also showed that 50 percent of the men and 36 percent of the women had sex with someone they just met and that, on average, students had two one-night stands in 1990.

---

**DMACC - BOONE CAMPUS 1991-92**

**WOMEN’S BASKETBALL SCHEDULE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Site</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 14 (S)</td>
<td>Iowa Central C.C.</td>
<td>Home</td>
<td>6:00</td>
</tr>
<tr>
<td>Jan. 15 (W)</td>
<td>Simpson J.V.</td>
<td>Away</td>
<td>6:00</td>
</tr>
<tr>
<td></td>
<td>Faith Baptist College</td>
<td>Away</td>
<td>7:00</td>
</tr>
<tr>
<td></td>
<td>Waldorf</td>
<td>Away</td>
<td>6:15</td>
</tr>
<tr>
<td></td>
<td>Ellsworth</td>
<td>Home</td>
<td>6:00</td>
</tr>
<tr>
<td></td>
<td>Creston</td>
<td>Home</td>
<td>6:00</td>
</tr>
<tr>
<td>Feb. 5 (W)</td>
<td>Reames</td>
<td>Home</td>
<td>6:00</td>
</tr>
<tr>
<td></td>
<td>N.I.A.C.C.</td>
<td>Home</td>
<td>6:00</td>
</tr>
<tr>
<td></td>
<td>Kirkwood</td>
<td>Away</td>
<td>6:00</td>
</tr>
<tr>
<td></td>
<td>Creston</td>
<td>Away</td>
<td>8:00</td>
</tr>
<tr>
<td></td>
<td>Waldorf-Homecoming</td>
<td>Home</td>
<td>2:00</td>
</tr>
<tr>
<td></td>
<td>Marshalltown</td>
<td>Away</td>
<td>6:00</td>
</tr>
<tr>
<td></td>
<td>Central College J.V.</td>
<td>Home</td>
<td>6:00</td>
</tr>
<tr>
<td></td>
<td>Faith Baptist College</td>
<td>Home</td>
<td>6:00</td>
</tr>
<tr>
<td></td>
<td>Iowa Central C.C.</td>
<td>Away</td>
<td>5:30</td>
</tr>
</tbody>
</table>

**NEW! PHONE TUTOR!**

1-800-362-2127
432-7203
(ask for Boone Campus Learning Center)
M-Th 5-8 p.m.

Help in:
High school chemistry, finite math, algebra, basic math, basic English.

Here's The Most Expensive Hat You'll Ever Pay For!

We are very much aware of the value of a college education. We also are aware of the cost.

See one of our officers soon about your education. That expensive hat may be cheaper than you think.

Citizens National Bank
724 Story Street • Boone, Iowa • 515-432-7611
725 Shakespeare • Stratford, Iowa 50249 • 515-838-2426
Member FDIC and Hawkeye Bancorporation®
FAX NUMBER • 515-432-9915

**FINAL EXAM SCHEDULE**

Thursday, December 12, 1991 (Tuesday/Thursday classes)

<table>
<thead>
<tr>
<th>Class Time</th>
<th>Exam Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30-7:15</td>
<td>6:30-8:15</td>
</tr>
<tr>
<td>9:45-11:05</td>
<td>9:45-11:45</td>
</tr>
<tr>
<td>12:15-2:15</td>
<td>12:15-2:15</td>
</tr>
<tr>
<td>4:00-5:15</td>
<td>4:00-5:15</td>
</tr>
</tbody>
</table>

Friday, Dec. 13, 1991 (Monday/Wednesday/Friday, or more classes)

<table>
<thead>
<tr>
<th>Class Time</th>
<th>Exam Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30-7:15</td>
<td>7:00-9:15</td>
</tr>
<tr>
<td>9:45-11:05</td>
<td>9:45-11:45</td>
</tr>
<tr>
<td>11:15-12:15</td>
<td>11:15-12:15</td>
</tr>
<tr>
<td>12:30-2:30</td>
<td>2:30-4:30</td>
</tr>
<tr>
<td>3:30-5:30</td>
<td>3:30-5:30</td>
</tr>
</tbody>
</table>

Monday, Dec. 16, 1991 (Monday/Wednesday/Friday, or more classes)

<table>
<thead>
<tr>
<th>Class Time</th>
<th>Exam Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-9:30</td>
<td>8:30-10:15</td>
</tr>
<tr>
<td>10:30-12:15</td>
<td>10:30-12:15</td>
</tr>
<tr>
<td>12:30-2:30</td>
<td>12:30-2:30</td>
</tr>
<tr>
<td>2:30-4:30</td>
<td>2:30-4:30</td>
</tr>
<tr>
<td>3:30-5:30</td>
<td>3:30-5:30</td>
</tr>
</tbody>
</table>

Tuesday, December 17, 1991 (Tuesday/Thursday classes)

<table>
<thead>
<tr>
<th>Class Time</th>
<th>Exam Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-10:15</td>
<td>8:30-10:15</td>
</tr>
<tr>
<td>10:30-12:15</td>
<td>10:30-12:15</td>
</tr>
<tr>
<td>12:30-2:30</td>
<td>12:30-2:30</td>
</tr>
<tr>
<td>2:30-4:30</td>
<td>2:30-4:30</td>
</tr>
<tr>
<td>3:30-5:30</td>
<td>3:30-5:30</td>
</tr>
</tbody>
</table>

Evening/Saturday classes will have their finals at the day and time of the final regular class meeting.
Scenes from *South Pacific*

—Bear Facts photos

Taking bows are Leroy Peterson and Kahla Jackson.

Bill Grieser, Sonny Welder and Don Riemenschneider.

Mike Terwilliger gets chewed out in the radio shack.

“Pa Pa” Leroy Peterson, Tyler Grieser, and Lyndsay Koolstra.
Terwilliger during the Thanksgiving Follies are the Sailors and Women's

Mike Koch doing his low bass solo.

Here is another dramatic office scene.

Red Bishop mesmerizes sailors singing Bali Ha'i.

babes and Bills flaunt it during the Honeybun scene.

gotta get one of those!
**COMMENTARY**

**Duke for president? I think not**

By CHAD ELSBERRY  
Staff Writer

In the first issue of the Bear Facts this semester, the question of discrimination was brought up. Students were asked if they thought discrimination existed in and around central Iowa and/or the State of Iowa. Everyone felt very strongly that it does exist here. In addition, no particular group was clearly defined as the object of this kind of treatment.

Following are a couple of the responses from the article I'm referring to:

Harriet Simmons: Everyone is discriminated against. People who can communicate and express themselves are discriminated against less than those who do not know how.

Monica Jacobsma: I don’t think people discriminate against one particular group. They just discriminate against anyone different from themselves.

I’m bringing this up because of the recent announcement by David Duke in which he expressed his intentions to seek the Republican party’s nomination for the presidency next year.

Most Americans looked at Duke’s defeat in the Louisiana Governor’s race as the end of the story. Unfortunately, Duke is back.

David Duke will not win the nomination, but that doesn’t mean he will lose, either. In the Louisiana race, Duke received over 600,000 votes. Fortunately, those votes fell short of what he needed to win the election. However, the fact that Duke, a former Ku Klux Klan leader, received such support should be alarming.

David Duke says he is a changed man, yet most of the evidence points to the contrary. For instance, less than four years ago Duke was reported to have been distributing Nazi propaganda from his office. But maybe we should ignore the evidence and believe him at his word. After all, why would a former Grand Wizard of the KKK lie to us?

The threat of David Duke is not a political one. No, the threat of David Duke is more important than politics. The real threat rests in the propaganda and hatred which will be furthered by this situation.

Many people would like to trivialize the KKK and other extremist groups, but the reality of our society must be addressed. I’m not saying a majority of Americans believe in such groups, but I feel, as many others do, there is an undercurrent of discrimination which exists in our country.

Hopefully, the Duke campaign will unknowingly bring about a forum of intelligent and enlightened discussion on human relations issues. If such an examination of these issues takes place, then maybe something positive will result from Duke’s campaign. However, one thing is clear, it is up to us to decide what we want to have happen.

By JANENE HALE  
Staff Writer

When you take on a play you are to suit certain functions. This is done through auditions where a cast is chosen. The same challenge lies before everyone who commits their time to a play, a way to play, and that is to make it come alive. The cast, those actually on stage, hold much of the responsibility for being the visual medium of communication. Lines must be memorized, dance steps learned, and facial expressions fit the many actions. The larger the cast, the more time and practice is needed to tighten things up. Yet, there is much crucial work that goes on besides what one sees as the finished product.

First through auditions, a cast must be singled out and chosen. This takes time, patience and big decisions.

Next the set must be designed to accommodate scenes in limited space. It must be built just right to suit certain functions. This requires innovative ideas, imagination, substitute, and sometimes every last available minute. A few great minds together can do wonders with simplicity, little product or support.

Costumes must be decided upon and procured or created, as do props. In these areas just a few of the perfect items can bring out reality in a play. Uniforms must fit the time period and the wearer. Period piece must be found, some of which may be antique and rare.

Music has to be studied and practiced in the right keys and tempo to match the scenes, which is of paramount importance in a musical. Pitches must be taught to those who don’t have the musical background or the ear for it.

Curtain pullers, lighting people, hairdressers, and makeup artists all play important parts in theatre. A play could not “open” without curtain pullers. The stars would not shine without the technical lighting. Actors and actresses would not bring out the authenticity that hair styles and make-up lend.

She speaks about being part of South Pacific

By JANENE HALE  
Staff Writer

When you take on a play you are to suit certain functions. This is done through auditions where a cast is chosen. The same challenge lies before everyone who commits their time to a play, a way to play, and that is to make it come alive. The cast, those actually on stage, hold much of the responsibility for being the visual medium of communication. Lines must be memorized, dance steps learned, and facial expressions fit the many actions. The larger the cast, the more time and practice is needed to tighten things up. Yet, there is much crucial work that goes on besides what one sees as the finished product.

First through auditions, a cast must be singled out and chosen. This takes time, patience and big decisions.

Next the set must be designed to accommodate scenes in limited space. It must be built just right to suit certain functions. This requires innovative ideas, imagination, substitute, and sometimes every last available minute. A few great minds together can do wonders with simplicity, little product or support.

Costumes must be decided upon and procured or created, as do props. In these areas just a few of the perfect items can bring out reality in a play. Uniforms must fit the time period and the wearer. Period piece must be found, some of which may be antique and rare.

Music has to be studied and practiced in the right keys and tempo to match the scenes, which is of paramount importance in a musical. Pitches must be taught to those who don’t have the musical background or the ear for it.

Curtain pullers, lighting people, hairdressers, and makeup artists all play important parts in theatre. A play could not “open” without curtain pullers. The stars would not shine without the technical lighting. Actors and actresses would not bring out the authenticity that hair styles and make-up lend.

Next the set must be designed to accommodate scenes in limited space. It must be built just right to suit certain functions. This requires innovative ideas, imagination, substitute, and sometimes every last available minute. A few great minds together can do wonders with simplicity, little product or support.

Costumes must be decided upon and procured or created, as do props. In these areas just a few of the perfect items can bring out reality in a play. Uniforms must fit the time period and the wearer. Period piece must be found, some of which may be antique and rare.

Music has to be studied and practiced in the right keys and tempo to match the scenes, which is of paramount importance in a musical. Pitches must be taught to those who don’t have the musical background or the ear for it.

Curtain pullers, lighting people, hairdressers, and makeup artists all play important parts in theatre. A play could not “open” without curtain pullers. The stars would not shine without the technical lighting. Actors and actresses would not bring out the authenticity that hair styles and make-up lend.
Students hand out buttons, balloons, and stickers at Great American Smokeout booth sponsored by Rotaract, Thursday, Nov. 21.

A piece of Boone Campus history was found when the stage was cleared off for the showing of South Pacific!
Self determination for women

By JANENE HALE
Staff Writer

Baker and Thompson are affiliated with ACCESS, an assault care center extending shelter and support through a 24 hour crisis line. For more information on the women's self defense work shop call Bob Baker at 232-4985 or Bob Thompson at 432-7909. Both Baker and Thompson hold black belts in different types of martial arts. They made the point that while martial arts teach self-defense, none taught how to handle an attack from a reclining position. The class they teach includes practical moves and self determination for women.

If you're looking for another class to round out your spring semester schedule, the Journalism Department has some great offerings for you! Here is a brief synopsis of what you can expect from each of these four classes. All will transfer as electives.

COMING EVENTS

By BRIAN PHELPS
Staff Writer

THURSDAY, DEC. 12
- Last Thursday night class (final exam).
- Last Tuesday/Thursday night class (final exam).

THURSDAY, DEC. 12 or TUESDAY, DEC. 17
- Last Tuesday/Thursday class (final exam).

FRIDAY, DEC. 13
- Monday, DEC. 16
- Last Monday/Wednesday/Friday or more classes (final exam).

SATURDAY, DEC. 14
- Last Saturday class (final exam).

MONDAY, DEC. 16
- Last Monday/Wednesday night class (final exam).

TUESDAY, DEC. 17
- End of semester at DMACC Boone Campus.

TUESDAY, DEC. 24 thru WEDNESDAY, JAN. 1
- DMACC offices closed.
- DMACC spring classes begin at DMACC Boone Campus.

You can get there from here

Our fully accredited, evening, college completion program offers area adults the opportunity to complete a Bachelor of Arts degree in several business, education and human services areas. Six eight-week terms are scheduled each year. A full time student attends only two nights a week and completes a year's worth of college in 10 months.

Enrollment requirements are an A.A. degree or 60 semester hours of college transferable credit with an acceptable grade point average.

Complete your Bachelor of Arts Degree at Buena Vista College

Fort Dodge Center - 330 Ave. M, Fort Dodge, Iowa 50501
1 (800) 798-4881 (515) 576-4881