

5-3-1979

## Banner News

Linda Ensley

Gordon Onukogu

Don Opperman

Vicki Edwards

Diana Uthe

*See next page for additional authors*

Follow this and additional works at: [http://openspace.dmacc.edu/banner\\_news](http://openspace.dmacc.edu/banner_news)

---

### Recommended Citation

Ensley, Linda; Onukogu, Gordon; Opperman, Don; Edwards, Vicki; Uthe, Diana; Vest, Jeff; Ebert, Bill; and Grieman, Cheryl, "Banner News" (1979). *Banner News*. 311.  
[http://openspace.dmacc.edu/banner\\_news/311](http://openspace.dmacc.edu/banner_news/311)

This Book is brought to you for free and open access by the Student Work at Open SPACE @ DMACC. It has been accepted for inclusion in Banner News by an authorized administrator of Open SPACE @ DMACC. For more information, please contact [rsfunke@dmacc.edu](mailto:rsfunke@dmacc.edu).

---

**Authors**

Linda Ensley, Gordon Onukogu, Don Opperman, Vicki Edwards, Diana Uthe, Jeff Vest, Bill Ebert, and Cheryl Grieman

# THE BEAR FACTS

EVERY STUDENT'S CHERISHED COMPANION

**des moines area  
community college**

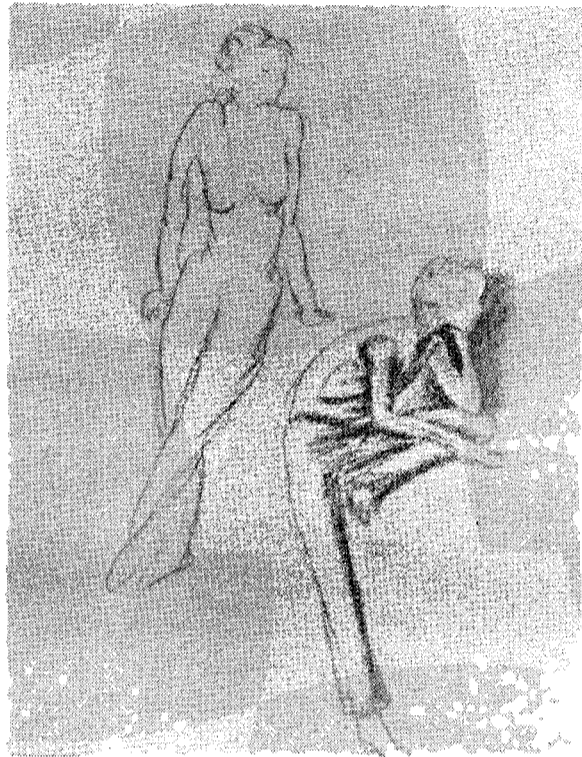
**Boone Campus**

Volume 6

Issue 8

May 3, 1979

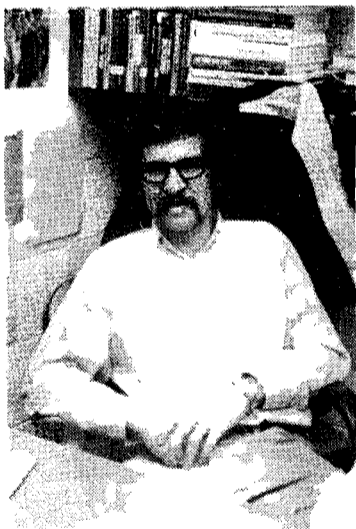
Who's on first? Page 16



Whose Child is This?  
Page 14



Who's Responsible for This?  
Page 12

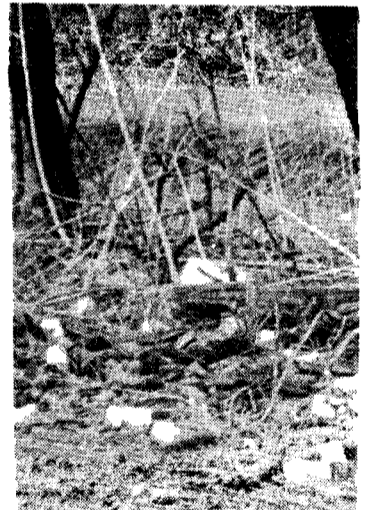


What is  
this man  
talking  
about?  
Page 12

**PLUS:**

The People's Energy Plan	Page 2
Cults on Campus	Page 2
It's Party Time!	Page 7
Health Survey	Page 8
Vietnam Veterans Week	Page 8
Let's Jog!	Page 13
1979 Fall Schedule	Page 19

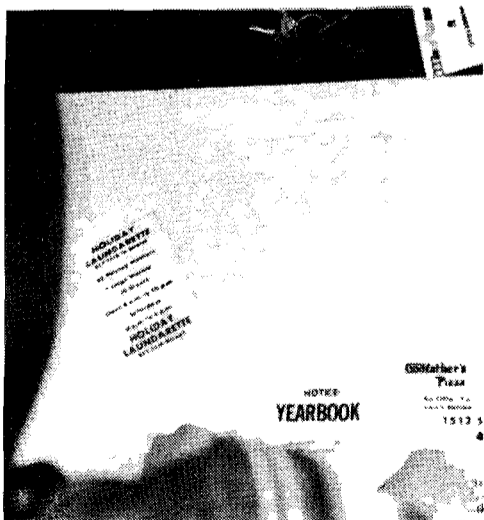
Does this  
scene  
look  
familiar?  
Page 3



Music Soothes the Savage  
Beasts on Pages 7 and 9



What is this person doing?  
Pages 10 and 11



Why are these people  
dancing? Pages 4 - 6

# To The Editor...

DEAR EDITOR:

To Whom It May Concern:

As the year closes to an end, three problems enter my thoughts and maybe they will be answered.

I have three questions (complaints) I would like to ask:

(1). I'm a student who lives across the campus in the campus apartments. I'm enrolled in tennis and am charged \$5.00 for a towel fee. I don't use the showers in the school because I jog a while and then go back to my apartment to shower. My question is: Why should I pay \$5.00 for a towel and locker fee when I don't even use them? Can I pay just a locker fee? If I don't pay I don't get my grades or transcripts to transfer.

(2). Some friends and I were playing tennis on the college courts when a high school coach (I believe) told us we had to leave because a high school tennis tournament had to be played there. The problem is: Who's courts are those, the college or the high school? I paid my activity fee to use campus recreation facilities.

Maybe my friends are right when they call Boone Junior College - Boone Junior High.

(3). Is there any way to get lights for the tennis courts? If not maybe Mr. Liepa and I or a couple other's could rig up a solar energizer to produce some light on the subject.

Don Opperman  
Lib. Arts I

## The People's Energy Plan

The Institute for Ecological Policies, a public affairs advocacy group based in Fairfax, Virginia, today announced the launching of a major initiative aimed at developing alternatives to current energy policy. The Institute will coordinate the development of "People's Energy Plans" at the county level throughout the U.S. The plans, focusing on local renewable resources as an alternative to nuclear power, will later be assembled into a national plan.

IEP director Jim Benson stated, "The U.S. Department of Energy holds back solar power while pushing nuclear power. It took Congress two years of squabbling to pass the National Energy Plan, which raises prices and further enriches the giant energy companies. People want to be

### Bear Facts STAFF

- Co-Editors. . . . .Diana M. Uthe
- . . . . .Linda M. Ensley
- Sports Editor . . . . .Don Opperman
- Ad. Manager . . . . .Vicki Edwards
- Photographers . . . . .Linda M. Ensley
- . . . . .Vicki Edwards
- Intramurals . . . . .Bill Ebert
- Reporters . . . . .Helen Costello
- . . . . .Gordon Onukogu
- Contributor . . . . .Jeff Vest

heard about their desire for clean, safe, affordable energy. We are going to send President Carter and the Congress a message; the People's Energy Plan." Benson urged all those interested to contact the Institute.

According to Benson, the Institute has prepared a non-technical guide with simple instructions on how to perform the county energy studies. Each county study will estimate 1)current energy use, 2)the potential for energy conservation, and 3)the potential for renewable resources such as solar and wind power. Low energy alternatives for agriculture, business, home, industry and transportation will be explored.

The project, to be coordinated out of the Institute's Washington, D.C. office, is designed to educate people about decisions which directly affect them, Benson said. "Simple, small-scale, local technologies are democratic. Complex, large-scale technologies, such as nuclear power, are not. They are forced on us from above. People no longer trust government and utility companies in these decisions. Individuals want to regain control over their own lives."

The Institute plans a national convention, once all 50 states have People's Energy Plans. Federal, state and local officials will be presented with the plans, backed by "an active constituency of many thousands," said Benson.

"We cannot wait for the government to come up with this kind of plan. If we want it, we have to do it ourselves. We want to begin to make the various levels of government responsive to our needs, not to the needs of special interests," Benson said.

He continued, "The Plan will be assembled by volunteers from all walks of life: activists, architects, homemakers, students, planners, retired people." To help coordinate the 3,000 working groups, regional and state coordinators are being selected.

\*\*\*\*\*  
The People's Energy Plan Guide is available for \$5.00 (include name of county and phone number) from the Institute for Ecological Policies, 9208 Christopher St., Fairfax, Virginia 22031.  
\*\*\*\*\*

## Cults on Campus

"Unethical" cults "have infiltrated almost every campus in the country" to such an extent that if "your child is in college or high school, the chances are good that sometime this year, he or she will be approached by a cult recruiter," recently asserted a survey article on cults in the current (May) issue of LADIES' HOME JOURNAL.

In the JOURNAL article:  
\* Cult researcher Flo Conway asserted, "Almost all the groups who are recruiting on campus don't identify themselves." She cited the Reverend Sun Myung Moon's Unification Church which often enlists new "Moonies" through CARP, its Collegiate Association for the Research of Principles organization. "They have centers on or near just about every campus in every state of the union," claims Ms. Conway, who spent four years investigating cults for a book. "They present themselves as a campus social club. People are drawn into the Moonie movement and will be there three or four weeks before they even realize that CARP is part of the Moon organization. By that time, they have become so trapped by mind control techniques that they really no longer have the free will to break out."

\*Dr. Margaret Thaler Singer, a noted authority on cults, stated, "One of the largest and most established cults in the U.S. today uses almost line-by-line 'thought reform' techniques that were used by North Koreans on United Nations prisoners during the Korean War. While cults don't threaten to execute you, that is not necessary, because social and psychological persuasion techniques are far more effective," the University of California psychiatry professor said.

\* Ms. Conway also revealed, "In our research, we came across numerous reports of cults that were arming themselves. Two of the larger organizations we found have been given instructions by their leaders that in case of what they consider to be blasphemy by outsiders, they should try to kill those people. And if they are unable to do so, they should kill themselves."

In the article, Dr. Singer urged that cults be legally mandated to fully describe their identity and the nature of their activities before approaching schools or communities.

The psychiatrist asserted in the JOURNAL: "The whole question of the First Amendment and what it does and doesn't protect bears closer examination as the result of the cults. Many of our most prominent legal philosophers are already beginning to take a look at the issues involved and are considering what are the legal rights of families within our society."

"If unethical cults are permitted to proliferate unchecked," Dr. Singer stated, "more families could be threatened and we would have more people accepting totalistic and totalitarian methods of group living without being aware of exactly what they are involved in."

- BREAKDOWN OF WHICH CULTS ARE RECRUITING ON WHICH CAMPUSES**
- University of Arizona, Tucson: Divine Light Mission, Children of God
  - University of California, Berkeley: Unification Church, The Christ Family, Eckankar, Hare Krishna
  - University of California, Los Angeles: Unification Church, Eckankar, The Tony and Susan Alamo Foundation, Eckankar
  - San Francisco City College: Unification Church
  - San Francisco State College: Unification Church, Hare Krishna
  - Stanford University, California: Unification Church
  - University of Southern California, Los Angeles: Unification Church, The Tony and Susan Alamo Foundation
  - University of Colorado, Boulder: Unification Church, Hare Krishna, Divine Light Mission
  - University of Southern Colorado, Pueblo: Divine Light Mission
  - University of Georgia, Athens: The Farm
  - University of Hawaii, Honolulu: Unification Church, Children of God, Divine Light Mission, Hare Krishna
  - University of Idaho, Moscow: Divine Light Mission
  - University of Illinois, Urbana: Unification Church
  - Northwestern University, Evanston, Ill.: Unification Church
  - Tulane University, New Orleans, La.: Unification Church
  - Boston University, Massachusetts: Unification Church
  - University of Michigan, Ann Arbor: Unification Church
  - University of Minnesota, Minneapolis: Unification Church
  - University of Nebraska, Lincoln: Unification Church
  - University of Nevada, Reno: Divine Light Mission
  - University of New Mexico, Albuquerque: Divine Light Mission
  - Cornell University, Ithaca, N.Y.: Unification Church
  - University of Toledo, Ohio: Church of Scientology
  - Ohio State University, Columbus: Unification Church
  - University of Oregon, Eugene: The No Name Group, Unification Church, Summit Lighthouse, Brother John
  - University of Pennsylvania, Philadelphia: Unification Church, Hare Krishna, Divine Light Mission
  - University of Tennessee, Knoxville: The Farm
  - University of Texas, Austin: Children of God
  - University of Houston, Texas: Children of God
  - University of Texas, San Antonio: Children of God
  - University of Utah, Salt Lake City: Divine Light Mission
  - University of Washington, Seattle: The No Name Group
  - Hare Krishna, Divine Light Mission, The Way, Unification Church
  - Washington State University, Pullman: Unification Church, The Walk Society, Church of Scientology
  - University of West Virginia, Morgantown: Unification Church
  - University of Wisconsin, Madison: Unification Church

Editor's note: This article was sent to us from the LADIES' HOME JOURNAL NEWS CHARTER from New York, New York.



These potentially refreshing nature shots were taken right off Old Highway 30 by the river. Unfortunately, this scene is not uncommon throughout the county.



Photography by Linda Ensley

## ...but you CAN help...

by Linda Ensley

It's such a lovely day. No clouds in the sky; the air is so warm, but not yet hot and muggy; you find yourself compelled to go out for a walk in your favorite woods, by your favorite stream, with your favorite person. You pack a small picnic lunch and set out to enjoy that clean, fresh, springtime air. After hiking back to that special spot, you find you're not the first to be there. How do you know? From the beer cans and Hardee's wrappers on the ground, of course. Kinda makes you sick, doesn't it?

A one-person effort to clean up this man-made mess feels as futile as it is. But, if you could just get a group of friends together...

Well, guess what's happening on Saturday, May 5th from 8:00 A.M. until noon... Not only do you have the opportunity to get together with a few other people to help clean up the area, you have a chance to get together with the entire state of Iowa to help clean up the mess we have all contributed in making! The Great Iowa Clean-Up is a one shot effort to do a little spring cleaning while also making Iowans aware of the Bottle bill which will be going into effect May 1st for liquor bottles and July 1st for the other beverage containers.

The Bottle bill has been a source of confusion for many, and will undoubtedly continue as such until it's been in effect for a while. Essentially, it states that there will be a refundable deposit of not less than 5¢ apiece required on all beverage cans and bottles. It is hoped that this measure, along with prohibiting the sale of snap-top cans in Iowa, will allow people to see the velvety green of Iowa instead of having their eyes met with the glare off aluminum cans. In an attempt to cut down on the confusion, all bottles and cans will be stamped with a refund value.

In the Boone area, all the volunteers for the Clean-Up are being requested to meet at the Boone High School (7th and Crawford) around 8:00 A.M. Saturday morning. Volunteers are badly needed, along with some people with pickups to help haul the trash. Although the State did send up some plastic trash bags, the demand is hoped to far exceed the supply, and people are urged to bring a couple bags to put garbage in. The trash, which will be divided into cans and bottles, and paper, will be taken to the Department of Transportation building across from the airport, where ALCOA Aluminum will pick up the cans for recycling. It is believed ALCOA may make a contribution to some charitable organization from the proceeds of the clean-up. Some church organizations are planning to cash in the cans and bottles they collect for their own purposes, also. Additional help is also hopefully coming from the Boy Scouts, 4-H, and the Boone Junior College.

If you don't live around Boone, there are also centers at the Madrid school, United Community, and Ogden. Everyone is encouraged to pick up around their own area if they can't help in any other area if they can't help on any of the other routes. Because of safety reasons, children under ten are not considered a good risk, and those over the age of ten must have a state release form signed. More information is available from the State's watts line number (1-800-532-1114), or locally from Tom or Gloria Walters in Boone at 432-3286.

May should be a beautiful time of year to get out and enjoy that Iowa home-grown air, so get some friends together with a pickup and give up Bugs Bunny and Superman for one day. You'll be amazed at the difference you can make--and proud, too.



### What ever happened to... "Lo and Behold"?

by Gordon Onukogu

The play "Lo and Behold" has been cancelled. Asking Mr. Schaeffer why, he said, "The play I selected had a cast of eight that required five males and three females. Only three boys were interested in being in the play so the play was rewritten to enable the females to take two of the male parts and the play was casted this way. The students' schedules, coupled with their class schedules, were keeping the cast members so busy it made rehearsal impossible except for one night a week after Easter vacation."

He also mentioned, "I decided not to fight the uphill battle because of lack of turning up people interested in participating."

According to Mr. Schaeffer, this is the second time a casted play has been cancelled. However, he has scheduled a three act play for the fall.

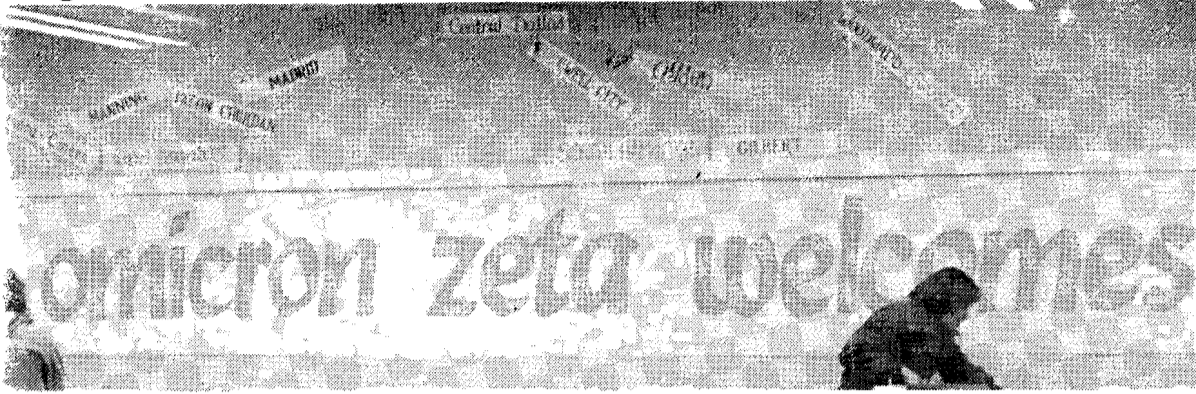
**HAWKEYE SAVINGS**

**AND LOAN ASSOCIATION**

**Home Office - Boone**

**432-1220**

**LET US SHOW YOU SOME INTEREST**



This banner welcomed the high schoolers in the lounge. Refreshments were spread out on a table to curb those "tense tummy tremors" produced by the contests.

## Phi Beta Lambda Opens Career Doors to High Schoolers

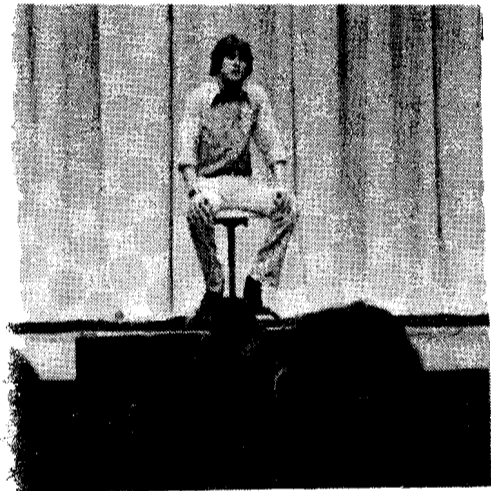
The Eighth Annual Omicron Zeta Business Career Workshop was held on April 5, 1979 at the Boone Campus of Des Moines Area Community College. The workshop was sponsored for approximately 250 high school students by the Omicron Zeta Chapter of Phi Beta Lambda, which is a national business fraternity.

The following 17 schools attended the workshop: Boone High School, Boxholm-Grand Community, Central Dallas, Gilbert, Grand Junction-East Greene, Guthrie Center, Jewell-South Hamilton, Madrid, Manilla, Manning, Nevada, Ogden, Paton Churdan, Panora-Linden, Rockwell City, Scranton, and Woodward-Granger. The workshop was designed to allow students to compete against each other in business mathematics, bookkeeping, beginning shorthand, advanced shorthand, beginning typing, and advanced typing.

During the morning refreshments were served in the student center. A musical program was presented by Boone Campus students under the direction of Jan Betten.

The contest results were revealed at the Awards Assembly at 1:00 p.m. in the college auditorium. Mr. Doug Baldus, President of the local Phi Beta Lambda Chapter, served as Master of Ceremonies. Mr. Don Chapman, Advisory Committee member, Boone Campus, gave the welcome.

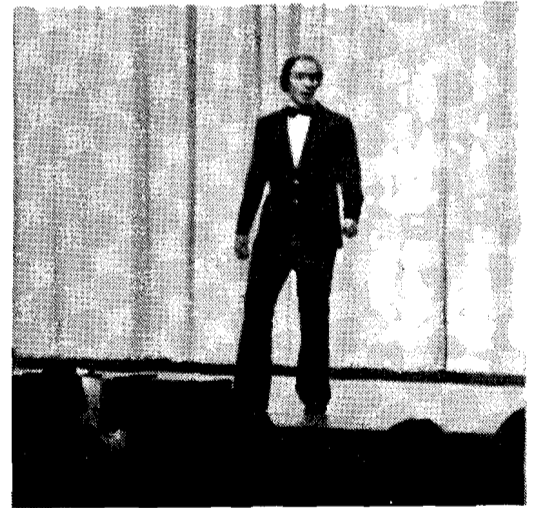
Awards were given as follows:



While the Omicron Zetas were busy correcting all those tests (above), the chorus members were putting on a show for everyone in the auditorium (left and below).

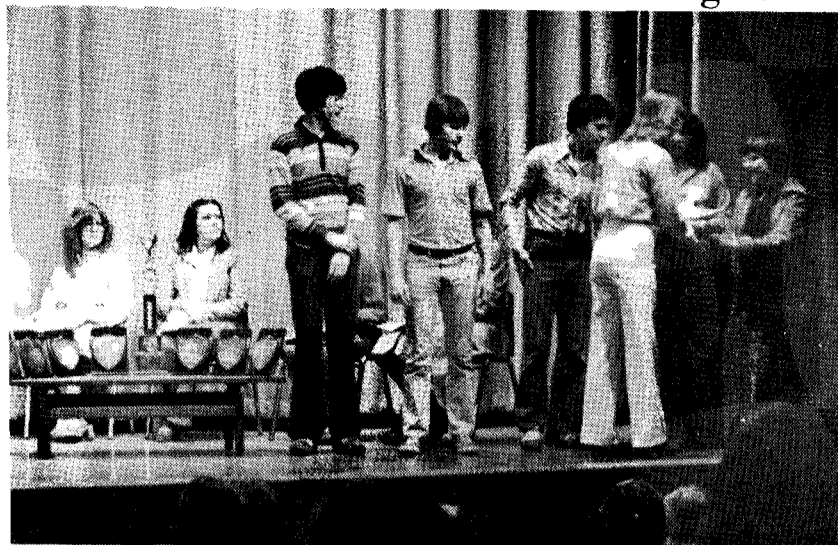


Will this correcting never end???????





The award presentation was finally underway. Awards were announced by the Omicron Zeta members.



BUSINESS MATHEMATICS (Presented by Jane Onken of Carroll)

Scott Rothfus, Woodward-Granger	First
Duane Jolivette, South Hamilton	Second
Clark Groves, Boone	Third
Dianna Ranger, Nevada	Fourth
Barb Geisler, Paton Churdan	Fifth

BOOKKEEPING/ACCOUNTING (Presented by Connie Bargloff of Boone)

Becky Mattke, Nevada	First
Bonnie Weller, Manning	Second
Lori Johnson, Boone	Third
Julie Shaw, Nevada	Fourth
Mindy Cannell, Nevada	Fifth

BEGINNING SHORTHAND (Presented by Janeen Erickson of Nevada)

Debbie Cheek, Nevada	First
Rhonda Middleton, Guthrie Center	Second
Jackie Gilley, East Greene	Third
Cindy Hart, Woodward-Granger	Fourth
Karen North, South Hamilton	Fifth

ADVANCED SHORTHAND (Presented by Rose Dorr of Boone)

Debbie Reitz, Boone	First
Patty Boetel, Nevada	Second
Karen Barr, Scranton	Third
Shari Criswell, Woodward-Granger	Fourth
Janet Rohe, Manning	Fifth

BEGINNING TYPEWRITING (Presented by Josanne Niemand of Boone)

Karen Abrahamson, Grand Community	First
Keely Gunnink, Boone	Second
Diane Paymer, Panora-Linden	Third
Vicki Bangs, Gilbert	Fourth
Monique Rivas, Panora-Linden	Fifth

ADVANCED TYPING (Presented by Barb Erickson of Jewell)

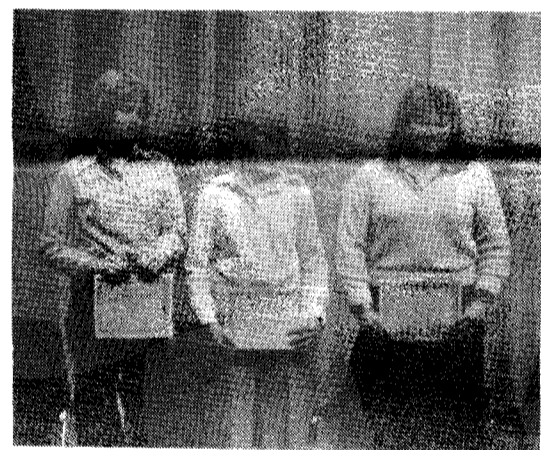
Karen Klocke, Rockwell City	First
Marianne Coulter, Panora-Linden	Second
Jana Christensen, Scranton	Third
Christy Stewart, Boone	Fourth
Janet Rohe, Manning	Fifth

BUSINESS MACHINES (Presented by Rhoda Raulston of Boone)

Annette Barber, Gilbert	First
Nancy Corrick, Panora-Linden	Second
Carl Barr, South Hamilton	Third
Debbie Lobaugh, Nevada	Fourth
Joyce Carter, Boone	Fifth

The team scores were as follows:(Points)

1st Place	Nevada H.S.	37
2nd Place	Boone H.S.	31
3rd Place	Panora-Linden H.S.	20
4th Place	Woodward-Granger H.S.	18
5th Place	Gilbert High School	TIE 13
	South Hamilton H.S.	13



...continued on page 6



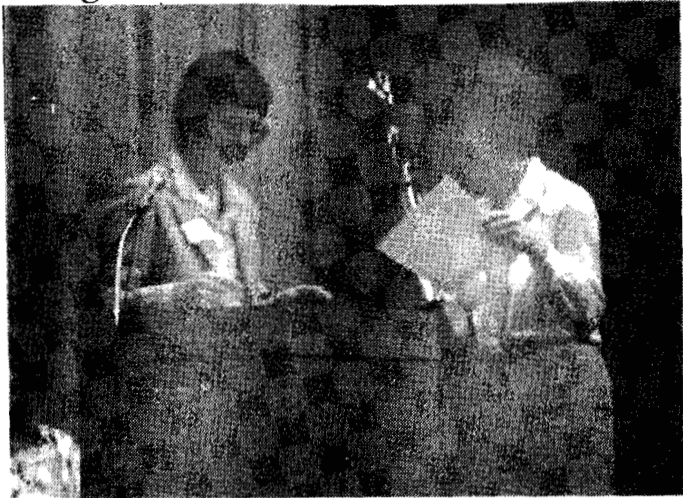
Many of the high schoolers had a shining moment of glory as their names were called and the awards were presented to them.



...and the chorus tipped their hats to all...

Photography by Linda Easley





Above: Bette Anderson presented Sue Schumacher of Nevada with the traveling trophy.



Rose Dorr receiving her award for placing first in the Executive Secretary competitive event at the State PBL Conference held in Orange City, Iowa, earlier in the quarter. Rose will compete in the same event at the National Conference in New Orleans in early July, 1979.

continued from page 5

A traveling trophy is awarded to the school with the most points. Students who placed in the top five earned points to add to their total school score. A traveling trophy was presented by Bette Anderson of Vale, to Ms. Sue Schumacher of Nevada High School.

The Omicron Zeta Scholarships were given by Mr. Don Chapman to the following students: Joyce Carter of Boone, Jackie Gilley of East Greene, and Joline Hilpiper of Minburn. All three students will be enrolling in one of the Office Occupations Programs at DMACC, Boone Campus, during the 1979-80 school year.

Mr. Doug Baldus summarized the workshop and thanked the schools and guests for helping to make this workshop a success.

The following businesses and organizations contributed services and goods for the workshop: Boone Chamber of Commerce, The Boone News Republican; Godfather's; Hardee's; Dairy Queen; Merit Baking Company; and Pizza Hut.



Sheri Hagen, Bette Anderson and Lois Carran deep in thought concerning who Omicron Zeta Chapter of Boone Campus should support for state PBL Vice-President (above).



Left: Debbie Peterson, Sue Casotti, and Arlan Kasausen at the pre-general session meeting, discussing Omicron Zeta Chapter's choices for state offices.



Above: Doug Baldus, Becky Barstad, Colleen Hammen, Tammy Wilson, and Bette Anderson, Boone's Parliamentary Procedure team, receiving their award at the evening banquet.

## STUDENTS

**\$2,000 Additional Assistance**

OR

**\$1,500 Cash**

**LEONARD SPRINGER  
IOWA NATIONAL GUARD**

432-6351 8 - 4:30  
432-3093 AFTER 5:00

## Merit Baking Company

Bakers of



**Home Style Cookies**





# RECORDS IN REVIEW

by Don Opperman

## Cheap Trick--Live at Budokan

"The hottest band in the land," so said the Rolling Stone magazine of the group "Cheap Trick". the group Cheap Trick. But which land? Japan, or the ol' U.S. of A.?

Cheap Trick has released their live album after a full year since they gave the concert in April of '78 in Budokan, Japan.

I have mixed emotions about the group:

1. Their previous recorded "in studio" albums were great.

2. The live album is good if you've never seen them in concert.

But to me, Cheap Trick is one of the top rock and roll bands in the country. With the zany Rick Nielson (writer of music and lyrics of almost all the songs), Bun E. Carlos (drummer who uses 3 foot drumsticks on occasions--all drum solos), Robin Zander (the blond rhythm guitarist and lead singer of the band) and Tom Peterson (the 12-stringed bass player).

The funny thing about the album is Zander speaking the titles of the songs very slowly before they start playing.

As I said before, to really enjoy this album is to go see them live!

## The Doobie Brothers--Minute by Minute

Well the Doobies did it again. They manage to put singles and albums at the top of the charts each and every time. The question is: why shouldn't they? They are too good to put down.

Minute by Minute, their new album, can be put in the same category as their two previous albums--Taking It To The Streets and Living On The Fault Line--due in large part to the lead vocals of Micheal McDonald. McDonald (keyboards, synthesizers, and vocals) is heard on the two pop chart hits--"What a Fool Believes" and "Minute By Minute" which

he also co-wrote. But McDonald gets competition from the voice of Pat Simmons who writes his own songs for the album and is remembered as the original voice of the Doobies.

Rhythm on the album keeps it moving throughout for everyone to enjoy.

"Don't Stop to Watch the Wheels" sounds instrumentally like one of their old hits called "Evil Woman"; and "Sweet Feelin'" has a James Taylor sounding touch to it. "Streamer Lane Breakdown" is all instrumental and sounds like the theme of Bonnie and Clyde, but with a touch of Charlie Daniels or Marshall Tucker mixed in.

Although the Doobies are breaking up to do other things they still plan to stay on with the group. But to remember them would be to get their latest album and not wait another Minute.

## JUDUS PRIESTS - Hell Bent For Leather

Recipe: guitar of Van Halen  
drums of Nazareth  
bass of Alice Cooper

a dash of Led Zeppelin

a cup of ACDC

throw in some Montrose, Uriah Heep,

Thin Lizzy, Kiss

Cook: Ted Nugent

Salt: Charles Manson

Pepper: Jimi Henedrix

serve it to the devil

But seriously folks, true the band plays some pretty mean rock n' roll by today's standards, but songs like Before the Dawn, show that the Priests can do things people would think otherwise.

Before the Dawn is the only really different mellower song on the album but don't give up. They definitely don't play pre-programmed disco, and wouldn't warm up for Andy Williams because they have their own style --

# It's PARTY-TIME

by Vicki Edwards

So you say you are tired of doing the same old things all the time. You say there is never anything going on. You say one week is pretty much the same as another. You say you want something to do?!

May I make a suggestion? Come to the annual pig roast on Wednesday, May 9th. There will plenty going on. The Student Senate will be roasting two pigs and there will also be baked beans, potato chips, and soda pop to chow down on. And, for those of you who like to indulge, there will be four kegs of beer. We will also be able to get in some exercise with some volleyball and whiffleball being planned.

The festivities start at 5:00 p.m. at the Episcopal Center with eating and drinking ending around 9:00.

At that time, the band "Buckeye" will start playing at the Moose. They will end at 12:30 which gives you a whole lot of dancing time. For those of you who wish to continue your indulgence, there will be more kegs at the Moose.

The best attraction of the evening is its price. Everything is free. So students, faculty, alumni, and guests, don't forget to come out and party down on May 9th.

something like dynamite. Yes, you've heard greats such as Perry Como, Eddie Arnold and the ol' pea-picker himself, Tennessee Earnie Ford record songs off this album such as: Delivering the Goods, Rock Forever, Hell Bent For Leather, Take On the World, Burnin' Up, Killing Machine, Running Wild, Evil Fantasies and who can forget when we sang along with Mitch on: The Green Manalishi (with the two pronged crown. I'll give it a 7 out of 10 of course.

More record reviews on page 18

## John Deere Sales, Service and Parts



## Brooks Equipment Inc.

New Highway 30 West  
and Montana Street  
Boone, Iowa

## Ted's Car Wash

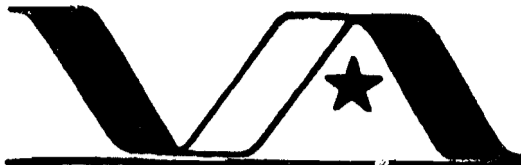
10th and Greene

Open 24 Hours

at

## Ted's Car Wash

They Fight Dirty



# NEWS RELEASE

## VETERANS ADMINISTRATION

INFORMATION SERVICE-88SP, 200 FEDERAL BUILDING  
FORT SNELLING, ST. PAUL, MN 55111 - 612-725-4300

Veterans Administration chief Max Cleland has urged the nation's editors to take a leading role in paying tribute to the nation's Vietnam veterans--"a special group of American patriots" who have all too often been slighted or ignored by their fellow citizens.

Speaking to members of the National Newspaper Association at their Hyatt Regency Hotel annual meeting, Cleland said "Vietnam Veterans Week," from May 28 to June 3, "will be a one-time opportunity for the people of the United States to put aside their convictions about the war itself and pay tribute to the people who were called upon to fight it."

He told the editors that "the veterans of the Vietnam war never had a ticker-tape parade. They were not often considered heroes. In fact, by many they were considered co-conspirators in some terrible escapade with sinister undertones."

"No wonder today they are 'silent' veterans, usually neither visible nor willing to openly discuss the war. No wonder so many of them feel confused, or even guilty."

But he said the special week, authorized by Congress and proclaimed by President Carter, represents "a chance to balance the scales for nine million veterans who are due our respect--who often wonder if they are second-class veterans."

Cleland, a triple amputee who recovered from multiple hand grenade wounds in Vietnam to become the first veteran of that conflict to head the VA, said Vietnam veterans have been denied, because of a lack of recognition and respect, the deep satisfaction of have done a great service for their country.

"These veterans served their country with full measure of valor during the Vietnam war. They served with bravery fully equal to that of Americans who served in other wars."

"Yet, they are a different group of veterans--one beset by some lingering problems, and by an uncertainty that their service was just. You just don't hear much about them unless it's negative."

Cleland told the editors that many Vietnam-era veterans suffer psychological scars that are different from those experienced in other wars--a difference he and many medical authorities believe was caused by the unusual nature of the war and the fact that it was unpopular among many Americans at home.

Despite the expanded medical and counseling assistance VA seeks to provide for Vietnam veterans, Cleland said "there is one problem which government alone simply cannot address--importantly, what it did to our fellow citizens who served during that era."

"We as a nation have a moral debt to pay," he reminded the editors, "and you can certainly help. In fact, without the help of the media we will not be able to pay it."



© by the Chicago Tribune  
World Rights Reserved

RUSSELL MYERS

Contact nearest VA office  
(check your phone book) or  
a local veterans group.

# Feelin' Fine

Editor's note: In a previous edition of "The Bear Facts", part one of Dr. Keith Sehnert's Health Hazard Appraisal was given. The test consists of three parts and is designed to allow you to compare your actual age with your medical age and stimulate your thinking about self-help and preventive medicine as health suggestions. Part two of the Appraisal should be kept with results of part one. Part two and three follow in this issue.

### Rules:

If uncertain, leave blank. Place scores (in parenthesis) on lines provided, total column and subtract lower numbers from the higher to find the total for each section.

### Part II Life-style and Family or Social History

- |   |   |   |       |       |
|---|---|---|-------|-------|
| 1. Disposition. Exceptionally good natured, easy going (-3); average (0); extremely tense and nervous most of the time (+6).  | + | - | _____ | _____ |
| 2. Exercise. Physically active employment or sedentary job with well-planned exercise program (-12); sedentary with moderate regular exercise (0); sedentary work, no exercise program (+12). |   |   | _____ | _____ |

3. Home environment. Unusually pleasant, better than average family life (-6); average (0); unusual tension, family strife common (+9).

4. Job satisfaction. Above average (-3); average (0); discontented (+6).

5. Exposure to air pollution. Substantial (+9).

6. Smoking habits. Nonsmoker (-6); occasion (0); moderate, regularly smoking 20 cigarettes, 5 cigars or 5 pipefuls (+12); heavy smoking 40 or more cigarettes daily (+24); marijuana frequent (+24).

7. Alcohol habits. None or seldom (-6); moderate with less than 2 beers or 8 oz. wine or 2 oz. whiskey or hard liquor daily (+6); heavy, with more than above (+24).

8. Eating habits. Drink skim or low fat milk only (-3); eat much bulky food (-3); heavy meat (3 times a day) eater (+6); over 2 pats butter daily (+6); over 4 cups coffee/tea/cola daily (+6); usually add salt at table (+6).

9. Auto driving. Regularly less than 20,000 miles annually and always wear seat belt (-3); regularly less than 20,000 but belt not always worn (0); more than 20,000 (+12).

10. Drug habits. Use of street drugs (+36).

continued on page 9

## NOTICE!

# YEARBOOK

Graduates of 1980--  
Join the yearbook staff  
next year!

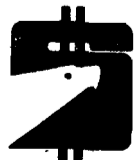
**FIRST** Yearbook in the  
**HISTORY** of DMACC

since 1975

## Citizens National Bank



724 Story Street  
Boone, Iowa 50036



A Member of  
**Hawkeye Bancorporation**  
A Registered Bank Holding Company

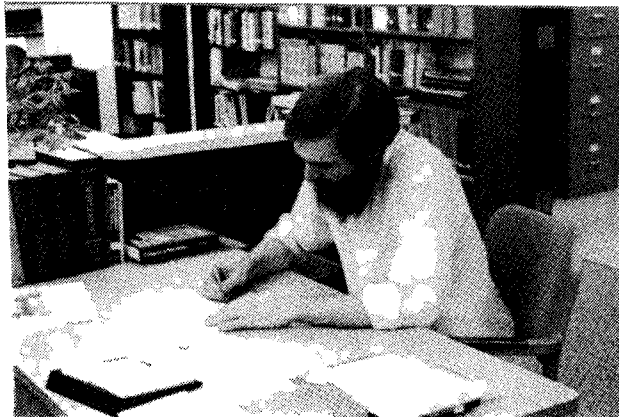
**MEMBER FDIC**

# MUSIC... In The Library?!!

by Vicki Edwards



Music can also block out the distractions of daily life, making it easier to study.



Our librarian, Chuck Lakin, hard at work.

Photography by Vicki Edwards

"What kind of music do you like?" This is a question which is almost always asked in any kind of social situation. If you are anything like me, that can be a difficult question to answer. There are so many different types of music, it is sometimes hard to answer with an "I like rock" or "I'm into jazz". Depending on my moods, my musical tastes range anywhere from some mellow Chuck Mangione, to some foot stompin' Willie Nelson, to some Rolling Stones' rock 'n roll.

If you want a place you can go to listen to these types of music (as well as many others), check out the library. Most students are not aware that they have access to an excellent album selection, as well as a Dual turntable to listen to them on.

I talked to our librarian, Chuck Lakin, to find out what kinds of music are available. He showed me a sample of the earliest music in the library which is Middle and Far-Eastern music from before the 1200's. It is contained in a set of albums called "The History of Music". Also included are descriptions and illustrations of the country's culture and of the instruments used in the music. This set includes music all the way to the 1950's.

If you enjoy Brahms, Beethoven, Bach, or any of the other classical composers, you will be sure to find what you like

best. Classical music is arranged by the era during which the music was written, such as Romantic, or Baroque.

There is also a wide selection in other categories. What Chuck has done in selecting albums is to pick music in each category which will give a basic introduction to that type of music.

When Chuck first started as librarian, there was no such organization to the albums. They were kept behind the counter where, of course, students did not have access to them. They were not categorized; when they were bought, a number was put on them and they were organized in that way. Also, there was not a wide selection of the latest music, or a turntable. Chuck wanted to make the system more usable so he put the albums on shelves, bought a turntable, and organized the music by era (for classical), and by the different categories. His purpose in doing all this was "to make available various types of music and make it enjoyable".

If you enjoy jazz, folk music of the world, G&W, musicals, current popular; or if you have never really listened to different kinds of music, take advantage of the opportunity to do so.

Music soothes the savage beast (or so they say), and it can be particularly relaxing after a full day of classes to slip on the headphones and let the Beatles and their White Album take you away...

## Feelin' Fine

continued from page 8

### Family Social History

1. Father. If alive and over 68 yrs; for each 5 yrs. above 68 (—3); if alive and under 68 or dead after age 68 (0); if dead of medical causes (not accident) before 68 (+3).
2. Mother. If alive and over 73 yrs.; for each 5 yrs. above 73 (—3); if alive under 68 or dead after age 68 (0); if dead of medical causes (not accident) before 73 (+3).
3. Marital status. If married (0); unmarried and over 40 (+6).
4. Home location. Large city (+6); suburb (0); farm or small town (—3).

### Life-style and History Totals

### Part III For Women Only

1. Family history of breast cancer in mother or sisters (+6).
2. Examines breasts monthly (—6).
3. Yearly breast exam by physician (—6).
4. Pap smear yearly (—6).

### Part III Total

### Calculations

Enter totals from Part I

Part II

Part III

Totals

Chart Total (+ or —)

Enter current age here

Divide chart total by 12, and enter + or — figure here.

Add or subtract above figure from your current age to find...YOUR MEDICAL AGE.

## Come To All Star For Your Sports Needs

- Action Sports Apparel
- Athletic Equipment & Shoes with such brands as: Converse - Hush Puppies Interwoven - Wigwam
- Hunting & Fishing Supplies
- See our Line of Polar Guard Vests Hollofil Jackets

See Our Line  
of Knit/Caps in a Rainbow  
of Colors



Paul and Carol Ouverson, Owners

808 Seventh Street  
Boone, Iowa 50036

Telephone:  
515-432-8393

This is the  
ARMY



The Army is offering  
a \$3000 bonus to  
new ARMOR recruits.

Contact your local  
Army recruiter now.

Contact: Dutch Eyman

Call Collect: 232-1334, in Ames

# We Put It All Together!

by Diana Uthe



Above: Vicki studies a layout.



Above: Linda succumbs to the pressures of the upcoming deadline.

Below: With the deadline coming up more quickly than anyone cares to notice, Gordon works on getting the articles typed to print.



Everyone has heard of Confucius. But, does everyone know that he gets his information from that great BEAR in the sky? That's right! Confucius reads the Bear Facts, that thrice-quarterly publication from the Home of the BEARS.

## BUSY CUBS

Who labors long hours so that you (yes, YOU!), can have the privilege (opportunity?), of reading this publication? Presently, the staff is made up of approximately eight persons and one advisor, all of whom will be listed later in this article. (I say "approximately" because it is sometimes hard to tell who is working for the paper and who is working against it. But the present staff is now beginning to detect a "Dropper" even when the advisor has not received a drop slip from the individual; not receiving any more articles and failure of said individual to show his/her fact at a publication meeting is a sure sign this person has mysteriously lost interest in supporting his/her college newspaper.)

Why did I say "Busy CUBS" as a sub-head? Did I mean BEAR CUBS, or novice reporters? I'd like to make this perfectly clear (to borrow a phrase from Nixon), both of the above definitions apply here. We're Boone BEARS eager to take pen in hand and lend time to this social institution of ours.

This is a learning experience. (The general public will never know if we are really making mistakes, or if we are

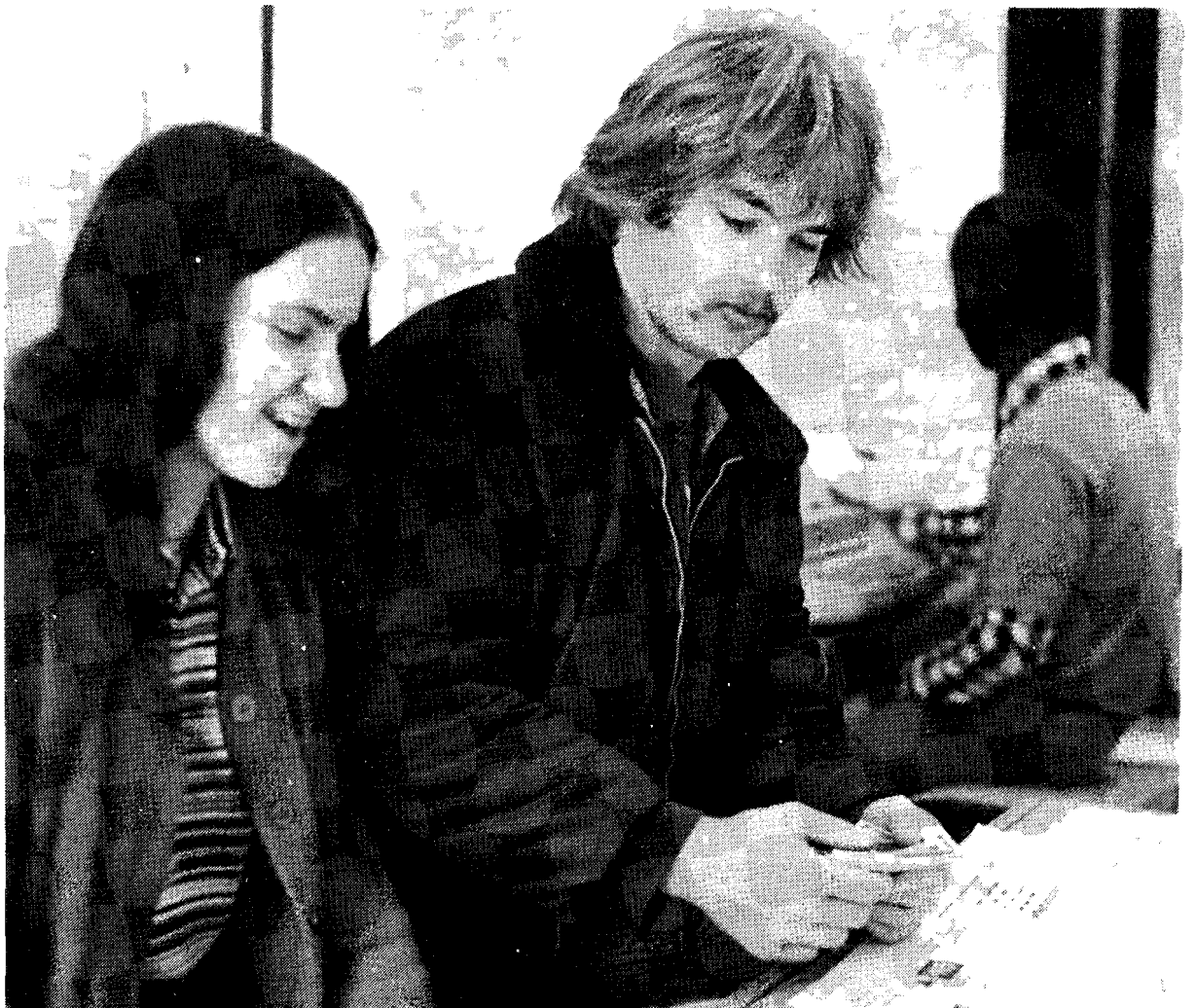
purposefully leaving room for improvement!) Actually, it's difficult to judge talent, but it's not hard to judge time and equipment. As far as time goes (no pup intended), we can only meet once a week because Ankeny's publication productions class meets only once a week. It could expedite our efforts to get together more often. The equipment used is minimal; we have paper, scissors, rulers, felt-tip pens, and glue sticks--all of which keep disappearing.

## CHALLENGE

Rumor has it that a number of people roaming these hallways of J.C. were on their high school newspaper staff, but refuse to contribute to their college publication. BUT NEXT YEAR, (Hear Ye! Hear Ye!) the freshmen and sophomores will have a chance to be on the Bear Facts and/or the YEARBOOK staff(s). If you'd like to see something new that we didn't try this year, then step forward and DO it! (To quote something I've used earlier this year, "I wondered why someone didn't do something, then I realize that I am someone".)

## PROFILES

Linda M. Ensley consented to take over the position of a resigning co-editor this quarter. She has a knack for journalism, as she is also one of our photographers. (Ask Linda just how many hours it involves when you're a co-editor and photographer.)



Above: Getting a consensus of opinion on the layout may be good journalism, but Diana and Don find it's not always the easiest way to go.

Diana M. Uthe holds the other half of the editorship responsibilities. What can I say? If you added up all the problems a college newspaper could possibly have, I've seen the Bear Facts suffer through them all. I've seen old things go, new things come, and other things remain the same. It's been a long year, but we made it through; and we had some fun and learned things in the process. The last issued will be a yearbook-type edition. Have a great summer!

Vicki Edwards is a photographer and B.F. Advertising Manager. Vicki's enthusiasm for photography just bubbles over. She consented to be the ad. manager for Spring Quarter when the previous ad. manager suddenly dropped.

Don Opperman consented to be the new sports editor after we twisted his arms behind his back, held a gun to his head, explained that we would put a contract on his head if he didn't do it, and pointed out that there was no one else left for the job. Don is a good-natured kind of guy (even if he is a little strange) who always gets things in on time. Well, almost always.

Bill Ebert has been helping out by writing up the intramural articles. He really helps out in a big way.

Gordon Onukogu is our reporter. He is new to the staff this year, and he is doing a commendable job.

Jeff Vest has been writing the Christian articles for the Bear Facts. Not only is he dedicated to his cause, but he has always been the first one to hand in an article for each issue.

Bob Person has been advisor for this paper all year. He has tried to help solve any problem we've come across.

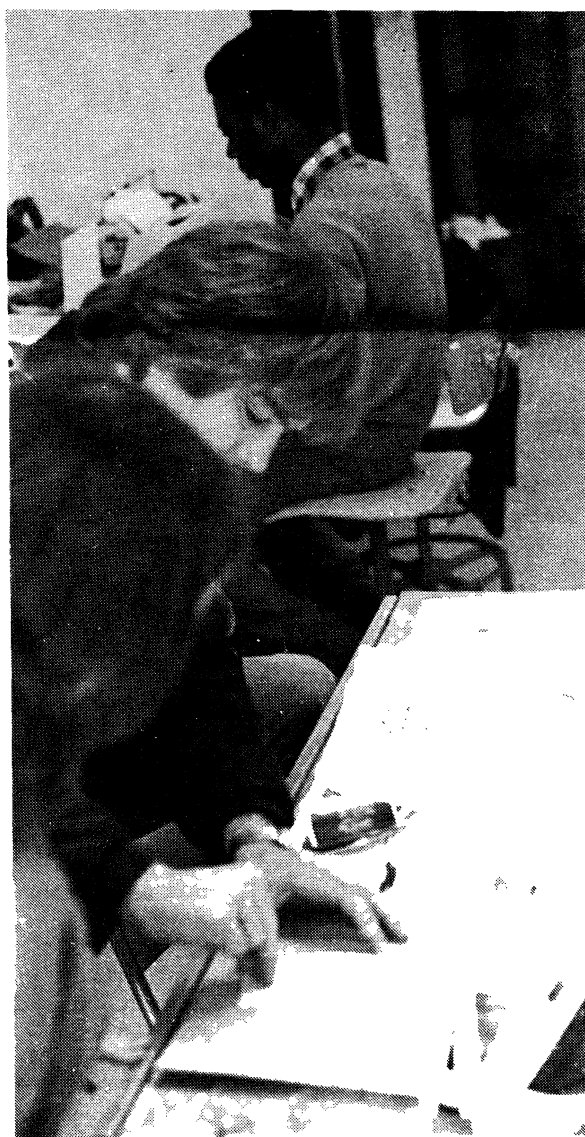
If a paper doesn't have teamwork behind it, it has nothing. When the paper is late, no one single individual is to blame. The staff would like to thank everyone who has helped out in any way, by typing, loaning cars to go pick up the paper, taking pictures, etc. We'd especially like to thank the ladies in the front office who have done a lot of our typing--including this article!

Did you notice there are no interviews in this article? That's because of the numero uno rule in journalism: Meet your deadlines! (And when a dead line comes, "...you go with what ya got..")

And now my (our) story is all told.



Above: Linda and Diana pour over a border book, choosing what will go into the next issue.



Above: There's never a dull moment in the newspaper layout room.

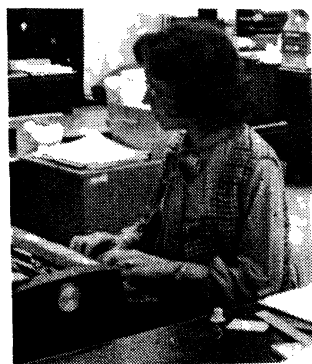


Below: Jeff Vest is one of our regular contributors.



Above: Making corrections is an essential part of working on the paper, and Vicki finds plenty to keep her busy.

I love the paper;  
I think it's swell.  
On that certain morning,  
I run pell well  
To get my copy  
And read each line.  
The stories and columns  
I think are fine.  
I laugh at the jokes;  
I read about the lads;  
I take all the news;  
I take up all the rads.  
When I praise the paper,  
I scorn those who laugh.  
I'm really most loyal--  
I'm on the staff.



Right: Bob Person, our fearless leader, okays a tabloid page.



Left: Without the help of the secretaries, this issue never would have made deadline.



## Art and Jo Meyers

by Gordon Onukogu

In a recent interview with the art director, Jo Meyers, she discussed her aims in the art program.

"DMACC is not an art school. The program is just a place for students to come and enrich their lives in making and doing art work. It helps students in putting together a portfolio to enable them to enter into a four year college."

"Most of the students take it for fun or to make up Humanities requirements," she said. "Art is fun work. It takes time but it is fulfilling when the student makes a very good art work, she explained.

Asking her what she enjoys, she said, "I enjoy working with varieties of students. It is satisfying to see a student who has had no formal background in art growing in art." She also appealed to the management to provide her with larger tables and more facilities for the department.

"Students also want more courses in the arts added to the present existing, the arts added to the existing ones; and there is going to be a sink next year in the classroom for the students to wash brushes," she said.

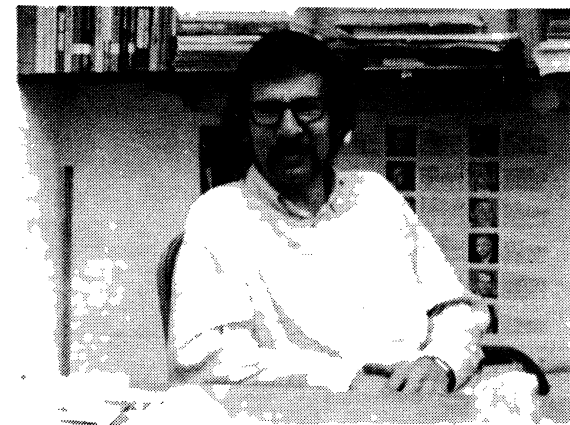
Emphasizing that art is for everyone to enjoy, she stated, "Art is music; it is drawing and painting; it is theatre; and it is open to everyone interested who wants to spend some time creating."

"I don't like students to come to class and play around. Everyone has the potential to become creative."

Art is interesting, very creative, and time consuming. It is, in fact, open to each and every one of us who has that creative talent or desire to learn.



Charcoal drawings in this issue by Gurmeher Kaur, courtesy of Jo Meyers.



to avoid any sport which involved a lot of physical contact.

Up until four years ago, John was running to keep fit; then he decided to run in a marathon. When he first started, his goal was to finish a marathon in 3 1/2 hours; which he easily did in his first one, which was the Kansas Relays in 1975.

As he continued to run, his goals kept changing. His next goal was to break three hours which he did in his 4th marathon with a time of 2 hours, 53 minutes.

After reaching this goal, he set his sights on running the Boston Marathon. To qualify, a runner in his age category must break three hours. Last year was the first year he ran in Boston and he finished with a time of 2:48:27.

Then, in the fall, he finished a marathon in LaCrosse, Wis. with a time of 2:46:14, and so decided to go back to Boston again this year.

He trained for 14 weeks, running on an average of between 90 and 100 miles a week. Most of his running was done in the country; however, on some days, John would run from the school to his home in Ames. All of this seems like a lot of miles (at least to me); but, considering Boston is 26 miles, 385 yards (as are all marathons), it is a reasonable amount of training time for his personal goals.

In the marathon, John placed 822 out of thousands of entries. He belongs to The Iowa Prairie Track Club and there were eleven members, besides John, who also ran in Boston. Out of 120 teams, they placed 4th, coming in right behind a club from England and in front of a club from Japan. Only the top three finishing times from each club are counted in the total scores.

So what marathons are next for John Liepa? Late this spring he is

cont. on pg. 20

## Running and John Liepa

by Vicki Edwards

We have a member of the faculty here at DMACC who is a jogging and running enthusiast.


John Liepa started jogging after a serious knee injury occurred while playing rugby at Iowa State. He wanted to continue exercising but wanted

**DAIRY SWEET**  
Lunch Specials

**5 Hamburgers & 1 lb. Fries '3"**  
**10 Hamburgers & 2 lbs. Fries '6"**

**ROAST BEEF DINNERS**  
**HAM DINNERS CHICKEN DINNERS**

Owners:  
**Marvin & Annalee Stone**



**432-2436**



2216  
East Marnie Eisenhower

**DMACC BOOKSTORE**

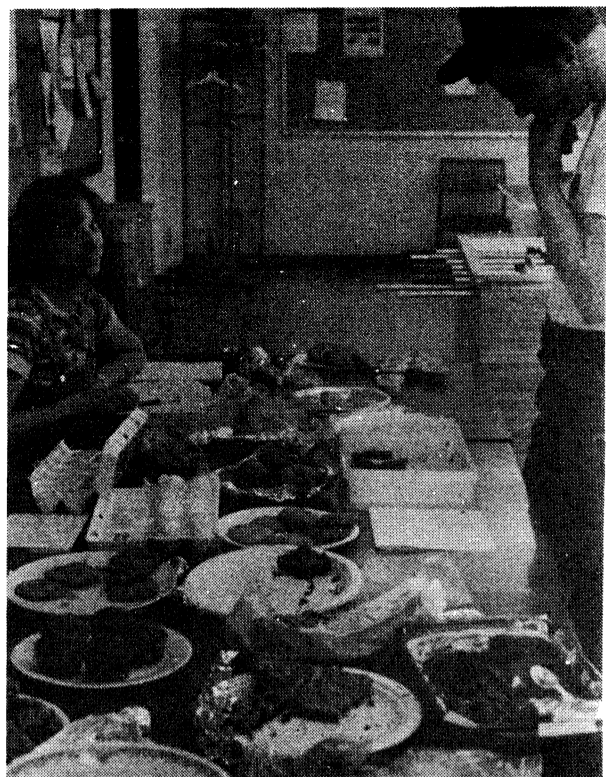
**Book Bags & Back Packs**

**Memo Pads - New T-Shirts**

**Watches - Mugs**

**Special Shelf Of T-Shirts**

10 Percent Off On All T-Shirts & Jackets 'Til End Of Quarter



Photography by Linda Ensley

On April 23, 1979 the lounge was filled with the unexpected sight of cookies and brownies and pies and hard-boiled eggs and granola and carmelcorn and all sorts of goodies not normally found in the Vend-O-Matics. The nursing students had finally come to our rescue.

A bake sale was held by the first and third quarter Nursing Students United from about 11:00am to 2:00pm. It was a great relief from the food normally available.

The Iowa State Daily, some time ago, did a facetious research on how many people do what:

The population of the country is 160 million, but there are 62 million over 60 years of age, leaving 93 million to do the work. People under 21 total 54 million, which leaves 44 million to do the work.

Then there are 21 million who are employed by the government and that leaves 23 million to do the work. Ten million are in the armed forces, leaving 13 million to do the work. Deduct 12,800,000, the number in State and City offices, and that leaves 200,000 to do the work. There are 126 thousand in hospitals, insane asylums, etc., and that leaves 64 thousand to do the work.

But 52 thousand of those are bums or others who will not work so that leaves 12 thousand to do the work.

Now, it may interest you to know that there are 11,998 people in jail so that leaves just two people to do all the work. And that's you and me, brother, and I'm getting tired of doing everything myself.

# Jogging for Fitness

by Jeff Vest

We are experiencing a renewed interest in physical fitness in America today, and running seems to be the activity gaining the most popularity. Running, as a means of exercise, does not require much equipment and can be done almost anywhere at anytime. It can also be a very enjoyable and relaxing way to fitness, if done properly.

The greatest fallacy about running is that it must hurt and cause you to grimace with pain in order to do any good. A number of tests have been conducted, however, which disprove this theory. These tests have shown that for the beginning runner, the most conducive way to overall conditioning is through submaximal exercise, which maintains a sufficient oxygen supply - commonly called aerobic exercise. In other words, if you train at a long, slow, easy pace you will actually improve more rapidly than if you start out hard and try to wear yourself out every time.

Several guidelines should be followed by the beginning runner. First of all, a medical check-up is necessary if you are over approximately 35 or if there are any possible health problems. Also, proper running shoes are important. These can be purchased at any sporting goods store for about \$30-\$35. Average tennis shoes should not be used since they do not have the proper foot supports for running.

A warm-up period is necessary before any running workout. This could include calisthenics, stretching exercises, or very light jogging. You can vary this according to your individual preference. The actual workout should be started very slowly. Do not overestimate your ability by starting out too fast or you will quickly become discouraged when you collapse after 220 yards.

It is important to learn pace judgment from the very beginning. A good rule of thumb for aerobic training is to check your heart rate periodically. After you have jogged just a short distance, stop jogging and begin to walk, checking your heart rate after 90 seconds of walking. If your heart rate is below 120 b.p.m., you are alright and can resume jogging. Do

this in succession until your heart rate does not return to below 120 b.p.m. after the 90 second walking period. When the heart rate does not return to this level, the workout should be stopped. If your heart rate never returns to below 120 b.p.m. within 90 seconds, then you are not in condition to jog and should start out by only walking.

By following these rules, you will soon be able to gauge your own body and know at what pace and how long your workouts should be. The objective in this type of fitness training is to maintain a heart rate which is higher than normal but below strenuous levels. This type of work is most beneficial for strengthening the heart muscle. It also allows you to gradually progress in your exercise program, whether you are doing it to lose weight, to run for competition, or just to run for enjoyment.

The final part of every workout should include a warm-down period. This is important to keep the muscles from tightening and also to lessen the chances of bleeding becoming pooled in the legs causing you to become light headed or faint. Any type of movement, especially walking, works well.

When you hear of competitive runners training at seemingly inhumane intensity, always keep in mind that they have been running for possibly years. Also, the intensity training is necessary for their bodies to prepare for the strain of competition. The average person, however, does not need strenuous workout sessions to enjoy a productive level of physical conditioning.

**HOLIDAY  
LAUNDARETTE  
917-11th In Boone**

**22 Maytag Washers**

**1 Large Washer  
10 Dryers**

**Open 8 a.m. to 10 p.m.**

**Saturdays**

**8 a.m. to 6 p.m.**

**HOLIDAY  
LAUNDARETTE  
917-11th Street**

**Imperial Lanes  
313 W. 3RD.**

**432-6820**

**OPEN BOWLING EVERY AFTERNOON  
Saturdays Until Midnight**

# A Day At The Park

by Vicki Edwards



Above: Jim Ballantyne helps to even out the weight on the teeter-totter.

Were you outside Saturday? The sky was an intense, deep blue with billowy, white clouds making it a beautiful day. I was outside and so were a whole bunch of other people.

The Group Processes class chose, as an end of the quarter class project, to take some kids to enjoy the day.

The kids ranged in age from 2 years to 6 years and go to day-care at Ray's building blocks which is at the Catholic school.

The Group Processes class is a soc. class in which students study how and why members of a group interact.

For their project, they discussed a few different things they could do as a group. A couple of the ideas were; painting an elderly lady's house, or canoeing, but they finally decided on the day-care.

I tried to show some of the fun the kids had. By the end of the morning, the adults were pretty worn out.



Above: Laurie Miller and Kathy Wesely supervise the slide.



Above: Louise Kluckman and Josephine Rvok help the kids reach a new high.



Above: The kids take their turn and give Louise a push.

Below: Sarah (right) and Tracey enjoy the sunshine.



Photography by Vicki Edwards



Above: "I want on and they won't stop." Gerry Schelle tries to solve the dilemma.

## Graduating This Year?

For many years BUENA VISTA COLLEGE has been providing the services which serve the needs of Community College graduates who wish to transfer to a four-year college. We are a leader in attracting Community College graduates because we offer

### A SOUND

**ACADEMIC PROGRAM**

**CAREER PLACEMENT**

**FINANCIAL ASSISTANCE**

For more information contact:

Admissions Office



Storm Lake, Iowa 50588  
Ph. 712-749-2235

## STARK - WELIN

Funeral Directors

Paul Stark 432-2363

Harold Welin 432-1240

James C. Blanshan 432-5044

Bruce Conlin 432-8331

If no answer call: 432-4550



This Page Is Sponsored By  
**Hardee's In The Interest  
 Of DMACC Intramural &  
 Campus Recreation Programs**

# HARDEE'S



## Intermural Activities

by Bill Ebert

### The Tug-of-War is Coming!

The intermural tug-of-war will be held Wednesday, May 16 at 4:45 P.M. Each team must have at least 2 girls and cannot weigh more than 1,050 pounds total. There will be a weigh-in at the gym Tuesday, May 15. All team members must weigh in. No spikes of any type may be worn.

The winners of the double elimination contest will be rewarded with a steak supper. The second place team will get hamburgers.

Sunday, May 6	5:00 PM	2 vs. 3
	6:00 PM	5 vs. 1
		4/Bye
Tuesday, May 8	5:00 PM	4 vs. 1
	6:00 PM	2 vs. 5
		3/Bye
Wednesday, May 9	5:00 PM	3 vs. 5
	6:00 PM	4 vs. 2
		1/Bye
Sunday, May 13	Rain date	
Monday, May 14	5:00 PM	1 vs. 2
	6:00 PM	3 vs. 4
		5/Bye
Tuesday, May 16	5:00 PM	5 vs. 4
	6:00 PM	1 vs. 3
		2/Bye
Wednesday, May 16	5:00 PM	2 vs. 3
	6:00 PM	5 vs. 1
		4/Bye

Thursday, May 17	Rain date	
Sunday, May 20	5:00 PM	4 vs. 1
	6:00 PM	2 vs. 5
		3/Bye
Monday, May 21	5:00 PM	3 vs. 5
	6:00 PM	4 vs. 2
		1/Bye

- Team #1: Rec's--coached by Ray Gallo  
 Team #2: Magnum Force--  
 Team #3: Rec's--Ray Gallo, captain  
 Team #4: Magnum Force--Jim Ballantyne, captain  
 Team #5: Captain--Bill Ebert  
 Team #6: Captain--Chris Johnson  
 Team #7: Captain--Craig Williamson

In the first slow-pitch game this season, Team #1 defeated Team #3 19-8. For the winning team, Kelly Harper had 3 hits and Rich Evans and Ray Gallo had 2 hits each. For the losing team, Rock Byriel was the leading hitter.

### Slow Pitch Softball Schedule

Intermural Slow-Pitch Softball Schedule

Date	Time	Teams
Wednesday, May 2	5:00 PM	
Wednesday, May 2	5:00 PM	5 vs. 4
	6:00 PM	1 vs. 3
		2/Bye

It's Spring and no one should miss a chance to hunt for those lovely gifts from Mother Nature--the Spring Wildflowers. If for some reason you find you don't have enough time to make it out to the woods, here's your chance to go flower hunting. The flowers can be found right-side-up, upside-down, and at the diagonals in any direction. Good luck.

A E S I N N O I L E C N A D S U A

H R S L A E S S N A M O L O S W D I  
 Y E F H I N E D W H S L I D R A N S  
 O X A R Y N H D O M K T A T N I V P  
 B U T T E R C U P N E I X D L E O R  
 I D A S I S E K N W A P E H S H G I  
 N Y L I L R E G I T L L B R W D F N  
 H C L O V E R T F U I U U L E P D G  
 K T P I H I B Y S O W P G I E L O B  
 T R O S T E S R N X S E W T T E G E  
 H O Y R I I N A E D A H F R W L T A  
 N W A L A L A O R G Z T A B I X O U  
 F H S D H O M E B E A N N S L L S O T  
 E T I A Z P H K P I A I W O L J T Y  
 O O C E L P C W P N S K G O I F H Z  
 Z O I F E N T S I T D C E D A B V G  
 H T N H A Z U H L Y O A T R M O I C  
 D I S M T W D I S O V J M O B I O H  
 I H K U A N O E S C H S H O G N L T  
 W A T I E H I N Y M A C I T A P E H  
 L S H L A T H C D E I P Y R I U T U  
 T A E L P P A Y A M Z L H B I R L Y  
 J O E I G U R A L Y I A T L T O G O  
 N F L R I F S W N L H Z E B O I S A  
 L I J T S O C O L U M B I N E X C B

- |                     |                |
|---------------------|----------------|
| Shepherd's purse    | Iris           |
| Trillium            | Tiger lily     |
| Dogtooth violet     | Clover         |
| Solomon's seal      | Columbine      |
| Hepatica            | Bloodroot      |
| Jack-in-the-pulpit  | Buttercup      |
| Toothwort           | Dandelion      |
| Dutchman's breeches | Daisy          |
| Phlox               | Ginger         |
| Spring beauty       | Hyacinth       |
| Sweet William       | Lady's Slipper |
| May Apple           |                |

NOTE: All Instructors are requested to follow this schedule. Any deviations should be approved through the appropriate department director. Instructors should consult department directors if their classes don't appear to be recognized in this schedule.

MONDAY, MAY 21, 1979  
 Monday-Wednesday-Friday classes (or more, including Monday-Tuesday-Thursday-Friday classes) that begin at the following class times will have the following exam schedule:

Class Time	Exam Time
8 & 9 am.....	8 - 10 am
10 am.....	10 - 12 noon
12 & 12:10.....	12 - 2 pm
2:10 pm.....	2 - 4 pm

TUESDAY, MAY 22, 1979  
 Tuesday-Thursday classes that begin at the following times will have the following exam schedule:

Class Time	Exam Time
8 & 9 am.....	8 - 10 am
9:30 & 10:00am.....	10 - 12 noon
11 am.....	12 - 2 pm
12:10, 12:30 & 1:10.....	2 - 4 pm
2:10 pm.....	4 - 6 pm

WEDNESDAY, MAY 23  
 W-T-F classes (or more, including W-T-Th-F classes) that begin at the following times will have the following exam schedule:

#### FINAL EXAM SCHEDULE Arts and Sciences Spring, 1979

Class Time	Exam Time
7 am.....	7 - 9 am
9 & 9:30.....	9 - 11 am
11 am.....	11 - 1 pm
1 & 1:10 pm.....	1 - 3 pm

Classes that meet after 3:00 pm will have final exams on the last night of class. See schedule below:

- M-W---- night classes will hold regular classes on May 21 and give finals on May 23
- T-T--- night classes will hold finals on May 22
- M----- night class finals on May 21
- T----- night class finals on May 22
- W---- night class finals on May 23
- TH--- night class finals on May 17
- S- Saturday class finals on May 19



Above: Kayla Dixon, Cheryl Greiman (#2), Terri Davisson, and Lynda Byerly show what teamwork will produce--another out for the other team.  
Below: Terri and Lynda work together to get an out at first.



There is a sport at DMACC which has not been given the attention it deserves here in Boone. It's a relatively new sport, being in only its second year. It is not really given a lot of encouragement in only its second year. With a non-existent recruiting program and no tempting scholarships, its survival has been dependant only on the enthusiasm of its participants and spectators. Eleven women, along with Coach Larry Hughes who gets help from Patti Long, put in a lot of effort, time, and sweat to do the best they can to give DMACC at Boone a Women's Softball team we can be proud of.

With a season severely hampered by the presence of a lot of snow and mud on the field, the women finally got their games going on April 18th with a double-header against Ellsworth. Using the first game as more of a season opener warmup, the girls went on in the second game to nail Ellsworth. One gets the incorrect impression that spectators aren't really wanted by the lack of any stands at the field the girls must play at (even though Memorial

The Story of...

# The Girls and The Diamond

by Linda Ensley and Cheryl Grieman

Field, the site for the boys' home games, comes complete with a place for fans to sit and watch the game). The crowd that was there, however, was very vocal in their support for the girls.

The talent making up the girls team is strong. Many placed on All-Conference and All-State Teams.

Pitcher Kayla Dixon is a sophomore from Boone. Placing All-Conference honorable mention, she is majoring in Liberal Arts and plans to go to Iowa State after graduation.

Catcher Kelly Harper is from Adel. A sophomore Recreation major, Kelly has received both All-Conference and All-State honors.

First baseman Cheryl Greiman from Nevada is a sophomore in Elementary Education. Her plans include going to UNI this fall.

On second base and outfield is Sara Hilton. She is a Liberal Arts sophomore from Ames.

From Calamus comes third baseman Terri Davisson. This All-Conference player



Above: Coach Hughes discusses the game with one of the umpires.  
Below: Terri Davisson tags Ellsworth at third base.

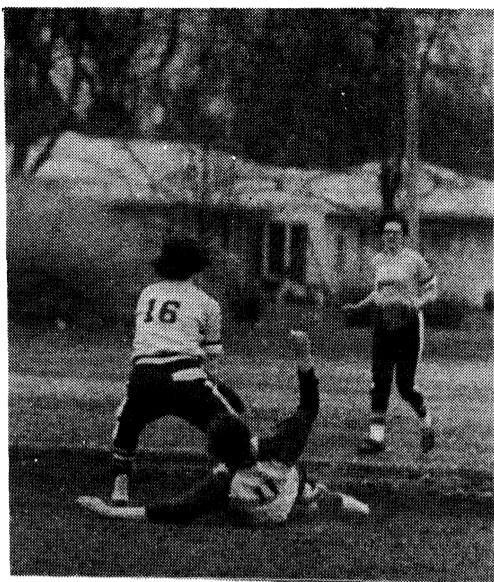


Left: Kayla Dixon whollops another one.  
Above: Everyone wants in the game.



Jill Miller is called out (right), but gets her revenge on a high fly to the outfield (below).





Kelly Harper makes a slide into second base (left), but Umpire Abrahamson calls her out. (right).



is a freshman in Bookkeeping and Accounting.

Lynda Byerly, from Ballard, is our freshman shortsop. She is majoring in Pre-Med.

South Hamilton's Jill Miller plays centerfield. In high school, this Liberal Arts sophomore was on the first team All-Conference and third team in the All-State competition.

Cindy Rothfolk from Manning is in the outfield. She is a sophomore in Recreation with plans to transfer to UNI in the fall.

Joy Hildreth hails from Rockwell City where she was an All-Conference pitcher. A freshman in the Secretarial program, Joy plays in the outfield and pitches.

Bonnie Hervey, formerly a pitcher for the Tri-County High School, can be found on second base here. She is a freshman in Recreation.

Janet Reiser is a freshman Recreation major from Denison. Janet, who received an All-State honorable mention, can be found in the outfield.

Hopefully now everyone is a little bit better acquainted with our Women's Softball team and the experience and talent behind it. All you have to do now is come to the games and see them in action. Tentitively, their schedule is:

- May 3 Mason City Home 3:00
- 7 Fort Dodge Home 3:00
- 10 Region XI Finals
- 11 Finals place and time to be announced

With the large amount of rescheduling that has been necessary this spring, it would be a good idea to check with the office or players for an up-to-the-minute schedule of games and times.

See you at the diamond!



## Put in Record



Above: It's a long stretch, but Cheryl Greiman has the situation firmly in hand. Jill Miller shows she knows how to use the strategy of bunting, (far left), along with making the outfields work (left).

Photography by Linda Ensley



### KWBG'S ROCK 1590

Much More Music Radio

Monday Thru Saturday Nights

6 Till 10

Rock 1590 Plays More Of Your Music

More Of The Time

Call The DJ, Make Requests Or

Dedications, 432-1590

### KWBG'S ROCK 1590

1590 On Your AM Radio Dial

### BOONE STATE BANK & TRUST

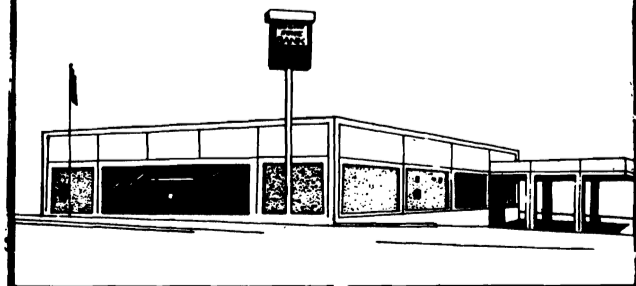
716 8th Street

Boone, Iowa

TELEPHONE: 432-6200



MEMBER F.D.I.C.



**THIS PAGE  
IS A SERVICE  
OF THE  
PICNIC DISCO N' DELI  
704 ALLEN**



**THE PICNIC DISCO N' DELI  
WELCOMES YOU TO OUR  
TUESDAY COLLEGE NIGHT  
FREE ADMISSION  
\*1<sup>50</sup> Beer Pitchers  
704 Allen - Downtown Boone**

Record reviews continued from page 7

**Journey -- Evolution**

The fifth album from the group out of the San Francisco area. Let's get it straight, just cuz they're from San Francisco I don't know if they're gay or not, all I know is that they play dynamite music.

The group at first reminded me of TOTO but they're too experienced to be grouped in that category. Journey also not only looks experienced but sound diamond tipped tuned due to the vocals of Steve Perry. Perry has the tenor voice that can hit the high notes but is smooth not gravel toned like many rock groups.

You can tell Journey worked very hard in producing this album because of the acoustics. Lead guitarist, Neal Schon, provides excellent delivery as well as Gregg Rolie on keyboards, Ross Valory on bass, and Steve Smith on drums and percussion.

Just the Same Way is the song being recognized by the radio world now but any song could make an entry in the charts.

Daydream is the song that actually gives you the feeling of being in your own daily fantasy land. Smooth and mellow, but not like the rest of the album.

Journey and Look Into the Future, Next, to find the Evolution of Infinity.

**Bad Company - Desolation Angels**

It's been two years since Bad Company came out with an album and they came out with a smash.

From #55 to #5 in three weeks on the charts, Bad Company is winning fans with hit songs as Rock 'n' Roll Fantasy, and Gone, Gone, Gone.

I think the reason is because Bad Company has the rhythm of good vocals ahead of loud steel guitar background music.

Good lyrics that tell a story are always a hit and you'll never catch these guys yelling "Y.M.C.A." or something like "Moose. Lodge. of Boone."

Lonely for Your Love is an Atlanta Rhythm Section sounding piece with a different set of vocals.

Other favorites on this album and possible singles would be Oh Atlanta and Rhythm Machine because of their attention grabbing rhythm, something important to stay alive in the music business.



These reviews are solely my own. I will review any album of:

- EXAMPLES: the Blues - B.B. King, Robert Johnson, etc.  
the Big Bands - Glen Miller, the Dorsey's, etc.  
the Classics - Beethoven, Mozart, etc.  
Country Western, Rock - Willie Nelson, Linda Ronstat, etc.  
Soul - Earth Wind & Fire, Commodores, Al Green, etc.

Instrumentalists: Herbie Hancock, Chick Corea, etc.  
Brass: Chuck Margione, Maynard Ferguson, etc.  
But NO DISCO: Villiage People, Instant Funk, etc., because it's a insult to people's intelligence

## Iowa Guaranteed Student Loan Program

### WHAT ARE GUARANTEED STUDENT LOANS

Guaranteed student loans enable eligible students at eligible colleges, universities, vocational and technical schools to pay their educational expenses while enrolled. Iowa guaranteed student loans are made by eligible lenders and are guaranteed by the Iowa College Aid Commission (ICAC).

### WHO IS ELIGIBLE

- An Iowa student must be:
- \* A citizen of the United States attending an eligible educational institution; or
  - \* A permanent resident alien attending an eligible educational institution located in the United States; and
  - \* Accepted for enrollment or is enrolled as at least a half-time student; and
  - \* In good standing and making satisfactory progress.

The student must be either a resident of Iowa or attending an Iowa educational institution.

### HOW MUCH MAY A STUDENT BORROW

An undergraduate student may borrow up to \$2,500 per academic year. A graduate student may borrow up to \$5,000 per academic year. Total aggregate guaranteed student loans may not exceed \$7,500 for undergraduate studies or \$15,000 for combined graduate and undergraduate studies. The lender always determines the final amount of the loan, however, in no case may the loan exceed the difference between the estimated cost of education shown on the application minus other financial aid benefit available to the student.

### WHO IS ELIGIBLE FOR INTEREST BENEFITS

Every student is automatically eligible for the federal government to pay all the interest on the loan while the student is enrolled in school, during the grace period and during periods of authorized deferment. However, a student may elect to pay his/her own interest.

### WHAT ARE THE RATES AND TERMS OF LOANS

Arrangements for repayment must be made within 3 months after graduation or withdrawal. Repayment must begin within the tenth month after graduation or cessation of at least half-time enrollment. The repayment must be completed within 10 years. The annual percentage rate is 7% simple.

### HOW TO APPLY FOR A STUDENT LOAN

Obtain the guaranteed student loan application from a participating lender, an eligible school or from ICAC. Complete part A of the application. Submit the application to the school financial aid office. The school will return the application to the student. Take the application to a participating lender. If the lender agrees to make the loan, the lender will submit the application to ICAC for guarantee approval. Upon approval, the lender will require the student to sign a promissory note.

### WHEN TO APPLY FOR A STUDENT LOAN

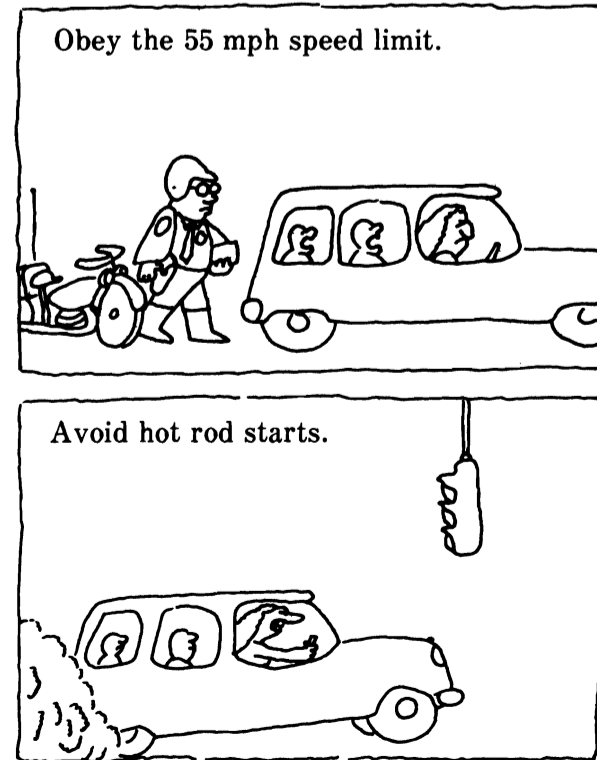
A student loan should be the last resource for a student who needs financial assistance to attend school. The school financial aid office can help a student in first applying for the many federal and state gift aid (non-repayable) programs. These programs may reduce or eliminate the need to go into debt in order to obtain an education. Only after exploring these programs should a student apply for an Iowa Guaranteed Student Loan. Processing normally requires 2 weeks from the date the completed application is submitted to the lender.

### FOR MORE INFORMATION, WRITE TO:

Iowa College Aid Commission  
Guaranteed Student Loan Program  
904 Grand Avenue  
Des Moines, Iowa 50309  
(515) 281-8537



## HOW TO GET BETTER MILEAGE FROM YOUR CAR...



Fall Quarter 1979

# ARTS AND SCIENCES SCHEDULE

Sept. 6 - Nov. 21, 1979

BOONE CAMPUS  
Des Moines Area Community College  
1125 Hancock Drive  
Boone, Iowa 50036

Telephone: 515-432-7203

DEPT:CRS:SECT	COURSE TITLE	CREDIT	TIME FROM - TO	DAYS	ROOM	INSTRUCTOR	DEPT:CRS:SECT	COURSE TITLE	CREDIT	TIME FROM - TO	DAYS	ROOM	INSTRUCTOR
<b>ANTHROPOLOGY</b>							<b>ENGLISH</b>						
ANTH:101:8000	Cultural Anthropology	3	1:10-2:00pm	MWF	206	Abbott, C.E.	ENGL:90:8155	Study Skills	3	9:30-10:50am	TTH	104	Powers, D.B.
<b>ART</b>							<b>ENGLISH</b>						
ART:101:8015	Art Appreciation	3	6:00-9:00pm	T	204	Myers, C.J.	ENGL:91:8156	Developmental Reading	3	10:00-10:50am	MWF	104	Powers, D.B.
ART:102:8016	Fundamentals of Drawing I	3	1:10-4:00pm	MW	204	Myers, C.J.	ENGL:92:8157	English Fundamentals	3	9:00-9:50am	MWF	103	Schaeffer, C.
ART:103:8017	Fundamentals of Drawing II	3	1:10-4:00pm	MW	204	Myers, C.J.	ENGL:93:8158	College Preparatory Writing	3	8:00-8:50am	MWF	204	Powers, D.B.
<b>BIOLOGY</b>							<b>ENGLISH</b>						
BIOL:101:8030	Principles of Biology	4	9:00-9:50am	MWF	208	Johnson, H.	ENGL:94:8159	English for Bilingual Students I	3	1:10-2:00pm	MTWTFH	210	Powers, D.B.
BIOL:101	Principles of Biology (Lab)	0	9:00-10:50am	TH	208	Johnson, H.	ENGL:95:8160	English for Bilingual Students II	3	1:10-2:00pm	MTWTFH	210	Powers, D.B.
BIOL:101:8031	Principles of Biology	4	1:10-2:00pm	MWF	208	Johnson, H.	ENGL:96:8161	English for Bilingual Students III	3	1:10-2:00pm	MTWTFH	210	Powers, D.B.
BIOL:101	Principles of Biology (Lab)	0	1:10-3:00pm	TH	208	Johnson, H.	ENGL:110:8162	Composition I	3	8:00-8:50am	MWF	203	Hamilton, V.
BIOL:101:8032	Principles of Biology	4	7:00-8:30pm	MW	208	Johnson, H.	ENGL:110:8163	Composition I	3	9:00-9:50am	MWF	202	Berge, W.R.
BIOL:101	Principles of Biology (Lab)	0	7:00-8:30pm	MW	208	Johnson, H.	ENGL:110:8164	Composition I	3	12:10-1:30pm	TTH	201	Staff
BIOL:108:8033	Environmental Biology	4	8:30-9:30am	MTWF	208	Ryan, B.R.	ENGL:110:8165	Composition I	3	12:10-1:00pm	MWF	202	Hamilton, V.
BIOL:111:8034	Survey of Anatomy & Physiology	5	11:00-11:50am	MWF	208	Ryan, B.R.	ENGL:110:8166	Composition I	3	1:10-2:00pm	MWF	203	Berge, W.R.
BIOL:111	Survey of Anatomy & Physiology (Lab)	0	11:00-12:50pm	TTH	208	Ryan, B.R.	ENGL:110:8167	Composition I	3	7:00-10:00pm	TH	206	Staff
<b>BUSINESS ADMINISTRATION</b>							<b>ENGINEERING</b>						
BSAD:101:8045	Introduction to Business	3	8:00-8:50am	MWF	205	Smith, J.S.	ENGR:108:8175	Methods of Engineering Computations	2	10:00-10:50am	TTH	210	Girvan, R.F.
BSAD:101:8046	Introduction to Business	3	7:00-10:00pm	T	205	Smith, J.S.	<b>GEOGRAPHY</b>						
BSAD:103:8047	Principles of Accounting I	4	10:00-10:50am	MTWTFH	201	Smith, J.S.	GE06:121:8215	Introduction to Geography	3	7:00-10:00pm	W	205	Ryan, B.R.
BSAD:103:8048	Principles of Accounting I	4	11:00-11:50am	MTWTFH	201	Smith, J.S.	<b>HEALTH</b>						
BSAD:114:8049	Intermediate Accounting	4	12:00-12:50pm	MTWF	103	Smith, J.S.	HLTH:101:8255	Personal & Community Health	3	10:00-10:50am	MWF	208	Ryan, B.R.
BSAD:121:8050	Business Statistics	5	9:00-9:50am	MTWTFH	205	Staff	<b>HISTORY</b>						
BSAD:123:8051	Economics I	3	8:00-8:50am	MWF	202	Liepa, J.	HIST:104:8230	U.S. History Beginning to 1840	4	9:00-9:50am	MTWTFH	206	Liepa, J.
BSAD:123:8052	Economics I	3	12:40-2:00pm	TTH	203	Liepa, J.	HIST:109:8231	Iowa History	3	1:10-2:00pm	MWF	202	Liepa, J.
<b>CHEMISTRY</b>							<b>HUMAN SERVICES</b>						
CHEM:102:8065	General Chemistry I	4	12:10-1:30pm	TTH	204	Alexander, C.	HMSR:203:8270	Interviewing & Interpersonal Relationships	3	7:00-10:00pm	M	205	Staff
CHEM:102	General Chemistry I (Lab)	0	2:10-4:00pm	T	213	Alexander, C.	HMSR:202	Human Services Observation & Study	3	1:00-4:00pm	T	Urban Campus	
CHEM:106:8066	General & Inorganic Chemistry I	4	11:00-11:50am	MWF	204	Alexander, C.	<b>LITERATURE</b>						
CHEM:106	General & Inorganic Chemistry I(Lab)	0	2:10-4:00pm	M	213	Alexander, C.	LITR:101:8320	Introduction to Literature	3	10:00-10:50am	MWF	203	Hamilton, V.R.
<b>COMMUNITY JOURNALISM</b>							<b>MATHEMATICS</b>						
CJNL:101:8080	Introduction to Mass Communications	3	12:10-1:00pm	MWF	204	Person, R.E.	MATH:95:8335	College Arithmetic	3	9:00-9:50am	MWF	204	Alexander, C.
CJNL:109:8081	Publications Production	1	12:10-1:00pm	TH	103	Person, R.E.	MATH:103:8336	Intermediate Algebra	5	10:00-11:00am	MTWTFH	205	Alexander, C.
<b>CRIMINAL JUSTICE</b>							<b>MEDIA TECHNOLOGY</b>						
CRJU:101:8110	Intro. to Criminal Justice Systems	3	7:00-10:00pm	TH	205	Wallace, H.N.	MDIA:102:8355	Principles of Photography	3	6:00-8:00pm	W	206	Person, R.E.
<b>EDUCATION</b>							<b>MUSIC</b>						
EDUC:101:8140	Introduction to Education	3	10:30-11:50am	TTH	202	Staff	MDIA:102	Principles of Photography (Lab)	0	8:00-10:00pm	W	206	Person, R.E.
							<b>MUSIC</b>						
							MUSI:101:8370 Music Appreciation						
							MUSI:102:8371 Choir						
							MUSI:103:8372 Voice						
							MUSI:108:8373 Piano						

continued on page 20

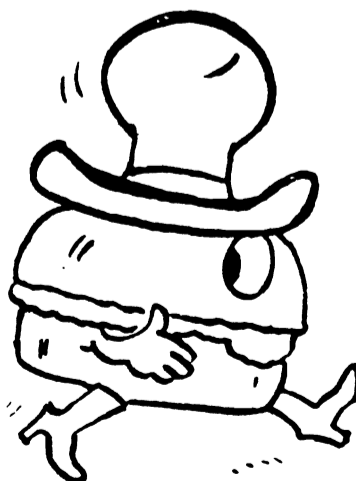
**Professional  
Photographic  
Service**

**Weddings  
Portraits**

**Bob E. Person**  
432-1786

901 1/2 West Third  
Boone, Iowa 50036

**Arctic  
Circle**



**Downtown  
Boone**

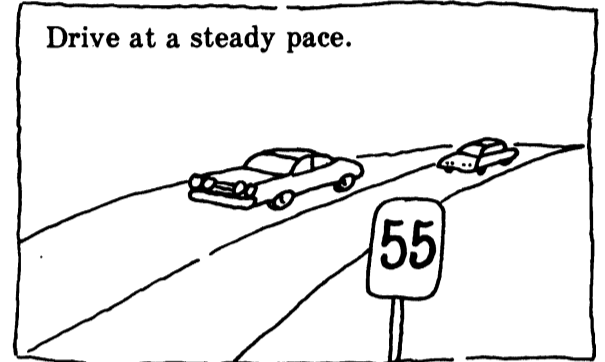
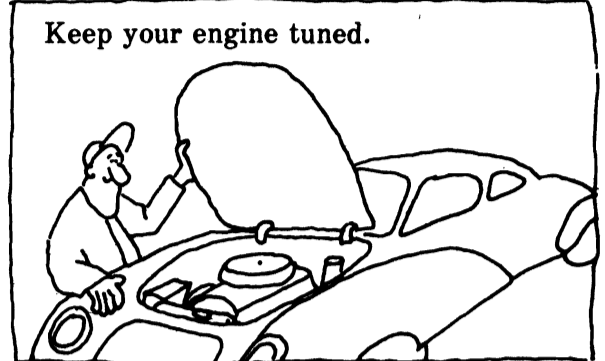
**COUPON SPECIAL**  
**Buy 1 Ranchburger**  
**At Regular Price,**  
**Get One Free.**  
**Hurry - Offer Expires**  
**May 11, 1979**

**This Ad Must Be  
Presented At  
Time Of Order For  
This Special.**

continued from page 19

DEPT:CRS:SECT	COURSE TITLE	TIME FROM - TO	DAYS	ROOM	INSTRUCTOR
<b>PHYSICAL EDUCATION</b>					
PHYE:103:8390	Touch Football	1 10:00-10:50am	TTH	Gym	Hughes, L.W.
PHYE:107:8391	Tennis	1 9:00-9:50am	TTH	Gym	Hughes, L.W.
PHYE:107:8392	Tennis	1 10:00-10:50am	MW	Gym	Hughes, L.W.
PHYE:111:8393	Bowling	1 11:00-11:50am	MW	Gym	Hughes, L.W.
PHYE:112:8394	Golf	1 11:00-11:50am	TTH	Gym	Hughes, L.W.
PHYE:113:8395	Swimming	1 A R R A N G E D		Gym	Hughes, L.W.
PHYE:123:8396	First Aid	3 5:00-8:00pm	T	203	Chamberlain, M
PHYE:199:8397	Special Topics: Sports Officiating	3 7:00-10:00pm	W	203	Hughes, L.W.
<b>PHYSICAL SCIENCE</b>					
PHYS:104:8400	College Physics I	4 11:00-11:50am	MWF	210	Girvan, R.F.
PHYS:104	College Physics I (Lab)	0 11:00-12:50pm	T	210	Girvan, R.F.
PHYS:107:8401	Classical Physics I	5 9:00-9:50am	MWF	210	Girvan, R.F.
PHYS:107	Classical Physics I (Lab)	0 8:00-9:50am	TTH	210	Girvan, R.F.
<b>POLITICAL SCIENCE</b>					
POLS:111:8415	American National Government	3 11:00-11:50am	MWF	205	Liepa, J.
<b>PSYCHOLOGY</b>					
PSYC:101:8430	General Psychology	5 8:00-8:50am	MTWTF	206	Pio, C. M.
PSYC:101:8431	General Psychology	5 12:10-1:00pm	MTWTF	206	Pio, C. M.
PSYC:106:8432	Human Relations	3 10:00-10:50am	MWF	206	Staff
PSYC:111:8433	Human Sexuality	3 7:00-10:00pm	TH	206	Pio, C. M.
<b>RECREATIONAL LEADERSHIP SPECIALIST</b>					
RECR:101:8450	Introduction to Recreation Services	3 10:00-10:50am	MWF	210	Alley, L.W.
RECR:103:8451	Social Recreation	3 1:10-2:00pm	MWF	101N	Alley, L.W.
RECR:104:8452	Group Leadership	3 6:00-9:00pm	M	206	Benson, C.H.
RECR:192:8453	Supervised Field Experience II	12 A R R A N G E D			Alley, L.W.
<b>SOCIOLOGY</b>					
SOCI:101:8465	Introduction to Sociology	3 9:00-9:50am	MWF	203	Abbott, C.E.
SOCI:101:8466	Introduction to Sociology	3 7:00-10:00pm	T	206	Abbott, C.E.
SOCI:113:8467	Social Issues	3 10:00-11:20am	TTH	206	Abbott, C.E.
SOCI:113:8468	Social Issues	3 11:00-11:50pm	MWF	206	Abbott, C.E.
<b>SPEECH</b>					
SPCH:101:8480	Fundamentals of Speech	3 8:00-8:50am	MWF	101N	Schaeffer, C.
SPCH:101:8481	Fundamentals of Speech	3 10:00-10:50am	MWF	101N	Schaeffer, C.
SPCH:101:8482	Fundamentals of Speech	3 11:00-11:50am	MWF	101N	Schaeffer, C.
SPCH:101:8483	Fundamentals of Speech	3 10:30-11:50am	TTH	101N	Schaeffer, C.

## MORE WAYS TO GET BETTER MILEAGE FROM YOUR CAR...



Liepa; cont. from pg. 12

running in a marathon in Winnipeg, Canada; and he has some short races planned for this summer. He usually tries to run two or three good marathons a year.

John's purpose in running is not for the competition or the thrill of winning. He does it mainly for the relaxation, exercise, and the therapeutic value it provides. Most of his running is done in the country, which gives him a chance to get away from such things as noise pollution and the general hustle-bustle of every day life.

With the emphasis nowadays on physical fitness, it would be an excellent idea if more of us would get out and follow John Liepa's example.

## ENERGY.

# We can't afford to waste it.

## The Colonial House

Home Cooked Foods & Pastries

821 Keeler St.

Boone

432-8472

OUR MOTTO:  
CLEANLINESS  
GOOD FOOD  
SERVICE

Chuck & Bette Wilson



## Godfather's Pizza



An Offer You  
Can't Refuse

1512 South Marshall  
432-5573

For Lunch Or  
Anytime  
You Want  
The Best

## BE AT HOME AWAY FROM HOME



Campus View Apartments  
Across from Campus

Write Manager  
Campus View Apartments,  
1130 Hancock Drive  
for information and reservations.

Phone 432-8452.  
Mgr. Kris Gunterman