11-8-2000

Banner News

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Recommended Citation
Thamke, Michele; Davis, Arthur; Fuentes, Rosie; Cunningham, Kim; Fleming, Patrick; Manken, Jeremiah; Martino, Jane; King, Karol; Alberts, Kevin; Anderson, Scott; McCane, Melanie; Heimbaugh, Sadie M.; Lauritsen, Jensie; Rinker, Matthew; and Forrester, Aaron, "Banner News" (2000). Banner News. 92.
https://openspace.dmacc.edu/banner_news/92

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U.S. Veterans retained our freedoms

Michele Thamke
Bear Facts Staff

At 11 a.m. Nov. 11, 1918, the world rejoiced and celebrated. After four years of bitter war, an armistice was signed. The “war to end all wars” was over.

Jan LaVille, Boone Campus English Instructor recalled, “When I was in elementary school, I remember our whole school would stop whatever we were doing at 11 a.m. on Nov. 11, to honor the war’s end by standing and facing east, the direction the armistice was signed. Eleven-eleven was significant even to children.”

Remembering the sacrifices that men and women made during World War I, Nov. 11, 1919, was set aside as Armistice Day in the United States, in order to ensure a lasting peace. Parades occurred nationwide and WWI veteran made speeches.

In 1938, twenty years after the armistice was signed, Congress voted Armistice Day a federal holiday. One year later, World War II began a bloody struggle. More than 400,000 American soldiers died in WWII.

To pay tribute and honor to all who served in American Wars, a proposal was made to change Armistice Day to Veterans Day. In 1954, President Eisenhower signed a bill proclaiming Nov. 11 as Veterans Day. In 1968, the recognition date of Veterans Day was changed to the fourth Monday in October. However, because Nov. 11 was so significant to American history, the recognition date was reverted back to its original date of Nov. 11 in 1978.

While Americans still give thanks for the peace of Veterans Day, after the United States’ involvement in the Vietnam War, the emphasis on holidays has shifted. There are fewer military parades and ceremonies. Families who have lost sons and daughters in wars turn their thoughts more toward peace and the avoidance of future wars.

Jim Dix, U.S. Navy

Dix’s brother served in the Navy, as a fighter pilot, who crashed in December 1944 and was then discharged. Dix’s brother has received a disability pension from the government since 1944.

Over fifty years have passed since Dix has been out of the Navy. In regards to reunions with other veterans, Dix said, “We never have gotten together. We all tried to put that time aside and just go back to our peacetime lives.”

Dix and his wife, Bettie, are retired and live in New Providence. Their peacetime lives include having two children and four grandchildren.

Dave Dirksen, U.S. Navy

Dirksen also served in the Navy. He enlisted and served during the early happenings of the Vietnam War. Dirksen’s tour was at the height of the Cold War. Dirksen said, “Everyone was always sort of at the ready with all sorts of intelligence gathering going on.”

Dirksen thinks that the service and serving in a military capacity was a great place to grow up. Dirksen said, “Few 18-year-olds are ready to make long-term decisions about career, college or relationships. The service preoccupies your time and your thoughts and gives you something meaningful to do.” Since he served four years in the Navy, Dirksen got the GI bill to go to college and chose to attend Iowa State in the late ‘60s and early ‘70s.

Dirksen believes that serving is a privilege. Dirksen said, “Serving during your late teens gives you a chance to put something back into a system that is the best system of government in the world.” Few people realize how privileged we are. Being thrust into a system of service provides the opportunity for ordinary people with ordinary skills to be able to perform at extraordinary levels.”

Dirksen talked about how he felt knowing others were counting on him. “It’s amazing what happens to your thinking when you know 60-100 other people are depending on you to do your job so their lives are as safe as they can be in the situation you’re in. Peer pressure works to a positive good. Being responsible to others makes you grow up. Self-serving attitudes fall fast.”

Dirksen, and his wife Bev, lives in Iowa Falls. Dirksen owns an investment company and his wife is a mental health nurse for five counties. They have two children and one grandson.

Dave Dirksen served over two years in the United States Navy during WWII. He joined the Navy in March 1944 to August 1946. He joined the Navy when he was turning 17. Dix served on the USS Yosemite AD19, which was a destroyer tender in the American fleet.

Although Dix did not see any action during the war, he was affected most from the service by growing up in a hurry. His brother was a fighter pilot, who crashed in March 1944. He was hospitalized until December 1944 and was then discharged. Dix’s brother has received a disability pension from the government since 1944.

Over fifty years have passed since Dix served during the time period of the Vietnam War. Kelly did not realize how they were being observed during the conflicts.

Vern Hinderaker, U.S. Army

Hinderaker was drafted in 1966 and re-enlisted in the Army following his initial service. Hinderaker served in WWII, and came very close to serving in Korea as well. Hinderaker said, “There were some things that happened that I won’t ever talk about with another person.”

Hinderaker has been out of the service for over fifty years, and does not care to reminisce. He said, “I am very glad I was in the Army and I don’t ever think about it.”

In response to Veteran’s Day, Hinderaker said, “Serving our country doesn’t affect you as much until you lose a brother or son for that reason.”

Hinderaker and his wife Mary, live and work in Iowa Falls. Hinderaker worked on building bridges for thirty years, then retired. After realizing he was bored, he came out of retirement to work at the same place his wife works at.

W. Lloyd, U.S. Navy

Lloyd was drafted, served during the Vietnam War, and served during the Cold War. He joined the Navy in 1963. Lloyd’s tour was at the height of the Vietnam War. He said, “We sat off the coast outside North Vietnam. It was amazing what we could see. We could see fish, porpoises and watched activity through the periscope with the idea they didn’t realize how they were being observed. It was amazing what we could hear, as water is a very good sound conductor.”

Lloyd has been out of the Navy for over fifty years, and does not care to reminisce. He said, “Some vets want to talk about the war, I don’t. My brother served at the same time and place I did, and we never talked about it.”

In response to Veteran’s Day, Lloyd said, “I am very glad I was in the Army and I don’t ever think about it.”

Lloyd has no contact with fellow servicemen. He said, “The rule is, ‘You’re just passing through.'”

Bruce Kelly, U.S. Army

Bruce Kelly, Boone Campus political science instructor, served over two and a half years in the Army from 1969-1972. While he served, plans for student housing on hold

Arthur Davis
Bear Facts Staff

Housing at DMACC Boone appeared to be a possibility last spring semester. The deal had been struck between DMACC and Joann McDonald fell apart this fall. DMACC asked to be released from the contract with McDonald so that they may pursue other builders.

It was a troubled courtship between DMACC and McDonald. Negotiations were always ongoing and brought no fruition to the current housing situation other than a land lease.

Darrell Roberts, Vice President of Business Services stated, “The college was obliged to honor the contract and had every intention to do so.” The city of Boone had also made a contract with McDonald that had a specific start date. McDonald decided this start date, but McDonald failed to meet that date so the city backed out. The city had promised McDonald a three-year tax abatement and would build the sewer line.

When asked why the college does not build the housing, Roberts said, “This is something that the college feels would be better handled by the private sector. The operating costs of housing at Boone would then come from the general fund. As a management decision we feel that students not living in student housing should not have to pay for students that are.”

Continued on page 3

The Voice of the DMACC Boone Campus
Serving the Community Since 1956

Nov 8, 2000

Volume 46, Issue 5

‘The Bear Facts’ is the student-run newspaper of DMACC Boone Campus
Phi Beta Lambda members attend state fall leadership conference

Beta Shultz, President of PBL, said, "The conference was fun even though it was 'work' for me as a state officer. I enjoyed conducting a workshop a lot more than I ever thought I would."

The first night of the conference was a general session, followed by workshops. Some of the workshops available were leadership, business attire and etiquette, parliamentary procedure, chapter building, and business ethics. Friday night ended with a casino night for all the members. Early Saturday morning was another general session and tour of the Principal Financial Building in downtown Des Moines. Members then came back to the campus and had a luncheon with keynote speaker Skip Lemoine. Shultz concluded, "Overall, the conference was great!"

PBL members who attended the conference were Shultz, Kim Cunningham, Rosie Fuentes, Nikki Scott, Marie Dostal, Nancy Thomas, and adviser Linda Plueger.

A number of other colleges attended the conference including host campus DMACC Urban, Wartburg College, University of Northern Iowa, Upper Iowa University, Clinton Community College, Mt. Saint Clair College, and Northwestern College.

PBL members visit Eastern Star nursing home

DMACC BOONE CAMPUS—Phi Beta Lambda members went to the Eastern Star Masonic Nursing Home on Oct. 25 to distribute Halloween candy bags to the elderly. While there they had a chance to visit with the residents and also take a few pictures with them. Most of the residents don't get out too often, so they really appreciated the visit, PBL member Roxie Raulston said. "It made us feel good to know we've brightened someone's day by showing a little act of kindness."

PTK agrees to host regional conference

Four students and one faculty advisor from the Tau Phi Chapter of Phi Theta Kappa attended a Leadership Conference in Des Moines on Oct. 27 and 28, at the DMACC Urban Campus.

DMACC BOONE CAMPUS—Phi Beta Lambda members attended the PBL State Fall Leadership Conference in Des Moines on Oct. 27 and 28, at the DMACC Urban Campus.

Students and adviser attend leadership conference in Peosta, Iowa. From Left to Right: Connie Colle, Fiona Cheong, Mitzi Schoening, Nancy Woods.
Murder on the Run
Nov. 10 & 11 at 8 p.m.
Boone Campus Theater
Tickets are $5 at the door or free with a student library card.

Veterans
Continued from page 1

not see any action. Kelly had basic training in Ft. Leonard Wood, MO and from there went through Vietnamese language training in California. He went through security training in Texas, as well as being an interpreter, translator and voice interpreter.

Kelly found serving in the military to be an interesting job and liked getting to travel. Almost thirty years following his stint in the service, Kelly does not have contact with fellow servicemen.

In response to layman's view of the Vietnam War, Kelly said, "People's typical concept of the Vietnam War is that servicemen and women had an experience equal to Oliver Stone's interpretation. The reality was that a small number of soldiers actually participated in combat."

The U.S. Home front
Jan LaVille, Army wife-Air Force sister
LaVille had three brothers in the Air Force during the Vietnam War. Her former husband, and father of their one-month old baby girl, was drafted. LaVille said, "When we considered going to Canada to avoid the possible consequences, we decided it wouldn't be fair that our little girl not get to grow up in America and enjoy the privileges we had had, so he served in Vietnam. It was a very scary year for a young wife and devoted sister. I always respect Veteran's Day and try to remind students of what it means."

Our Freedoms
As citizens of the United States, we have many freedoms people of other countries do not have. We have the power to choose, state our thoughts and ideas and to move freely within our country. We have the right to protest, vote and purchase our homes.

These luxuries came with a price. United States military men and women, as U.S. soldiers, left the soil of their own country to save the solid ground we walk on today. Their actions forever changed their and their families' lives. Many soldiers paid for our freedom with their lives. As United States Citizens, we owe gratitude to those who fought for our country.

Nov. 11 is now recognized as a day to pay tribute to and honor all American soldiers who served our country in the Armed Forces.

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**From Behind the Chair**

**New fall and winter trends**

Michele Thamke  
**Bear Facts Staff**

Many styles with strong shapes stand out this fall and winter. Feminine locks emphasize color and the 70's style. Look for the side and tucked behind the ears is very manly. Styles with strong shapes stand out hot this season. Hair color trends are deep, moines. Hair stylists and barbers are required to attend eight hours of continuing education every two years to renew their licenses.

A distributing company organizes the Bear show, and every manufacturer they sell product from is represented. Eight manufacturers were at this particular hair show, each represented by a platform artist. These artists range in ages from mid-twenties to late sixties. They sport the newest trends in hair, makeup, clothing and body piercings.

While continuing education hours are mandatory, most hairstylists and barbers are there to learn how to create the best look possible on their clients. Most attend many more than the required eight hours in the two-year period between Licenses.

However, trends aren't for everyone. Try something new that complements you! If blue eye shadow and copper highlight isn't you, the classic looks will always be in style. As always, any questions or requests, contact me at Bear Facts.

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**The Sounds of Music**

Patrick Fleming  
**Bear Facts Staff**

The story of the "girl group" sound, which reached its commercial peak in the early to mid-60s and regained success in the late 90s, is not just the story of women performers. More than any other style of rock music, it was the product of healthy relationships between songwriters, producers, and performers.

The songwriter would write a great song, example Carole King and Gerry Coffin's "Will You Still Love Me Tomorrow." Then they would give the song to some producer, most likely Phil Spector. Spector would assemble professional musicians to record the song while one of his many girl groups waited in the wings to record the vocals. On this particular song, the Shirelles were chosen. It was a song like this one that influenced everyone from the Beatles to the Rolling Stones. I will admit that I, too, have been inspired by the likeness of the girl groups of the world, even the new ones, including the Spice Girls! How many groups have changed the world like they did? Well I know it sounds corny but they're great! GIRL POWER!

I would also like to share my top five favorite "Girl Group" albums of all time!

1. **Back to Mono**—A collection of songs from the studio of Phil Spector. A 4 cd box set with such great songs as "I Love How You Love Me" and "Then He Kissed Me."

2. **The Supremes Anthology**—by the Supremes. The queens of the girl groups with these 25 classics, including, "One Day We'll Be Together," and "Baby Love."

3. **The Best of Girl Groups Vol. 1 and 2**—by various artists. This is just a true collection of hits by various artists ranging from Lesley Gore to the Chiffons.

4. **The Shirelles Anthology**—by the Shirelles. A great mix of R&B sound with rock. The Shirelles had the songwriting tandem of King and Coffin working for them, and hey, it just works. The anthology includes songs like "Soldier Boy" and "Dedicated to the One I Love."

5. **Spice**—by the Spice Girls. Girl Power at its finest. The first time I saw the video for the song, "Wannabe," I said to myself that won't last. Boy, was I wrong, and I think we are all kind of glad I was! Songs on Spice include "2 Become 1" and "Say You'll Be There."

As always, thanks for tuning—comments wheatlord1@yahoo.com

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Arthur Davis  
Bear Facts Staff

Want to get credit for a course that you may be enrolled in or have not taken yet? Most students would love that, but there is a catch. You have to take a test, and this test is not easy. An opportunity offered at all DMACC campuses is a Challenge Test. Some students offer a test out and some do not. The list of Challenge exams changes constantly.

To take one of these exams, a student must be enrolled at DMACC. Students are not required to be full-time but must have completed a total of twelve credit hours before credit is recorded on transcripts. At Boone DMACC, the person to start with is Jimmy Silberhorn in the Academic Achievement Center (AAC). The student and Silberhorn discuss what exams are available, and she will explain what is required. The student then must fill out a form and get a signature from the instructor. Next, Boone campus counselor, George Silberhorn, signs off for the registrar and will assess if there are any fees. If the student is registered in the course, there is no fee for the test, but if the student is not in the course, the student must pay half of the course fee. This test must be taken by midterm if the student is in the course, but can be done at anytime if not enrolled in the course.

The next person to get a signature from Vicki Lauzon, who signs off when the fee has been paid or verifies that the student is in the course. Then J. Silberhorn will sign the form. The last thing that she and the student will discuss is when to take the exam.

If the student passes the exam, the student will get full credit. A "T" will appear on the student's transcripts showing that the exam was passed for credit. If the student fails the exam cannot be taken again. This is a one-shot deal. These exams are not meant to be easy. If the student fails the exam and is enrolled in the class, the student can still finish the course for credit. Completing the course is acceptable; however, the student must pay full price for the course.

Another set of exams offered at DMACC is the Language Placement Exams. These are handled in the same manner as a Challenge Test. The difference with these is that you must still take a course at the level this exam would dictate. Example: A student takes the exam for Spanish and finds that Spanish 102 is the appropriate course level. If the student gets a B- or higher, the student would get credit for both Spanish 102 and 101.

According to J. Silberhorn, these tests are not easy and a student must be fluent in a language to take the exam. If students fail, they cannot go back and take that exam again and they are out the money if not enrolled in the class.

Meet the staff

Aaron Forrester  
Hometown: Bettendorf
Age: 20
Year and status at DMACC: Full-time, first year
Number of credits this semester: 16
Major: Undecided
A class you would recommend to others: Intro to College. "I've never taken it, but I hear it's great."
Where you are working during school: For a staging company with varying hours.
What you do for fun: Play disc golf, ski, listen to music and go to concerts.

The section of the newspaper you read first: Front page
Event in history you wish you could have reported: "The Big Bang or however the universe started. Then, we wouldn't have to argue about what our kids should be taught."

Michele Thamke  
Title: Copy Editor
Hometown: Radcliffe. Currently live in Story City and Iowa Falls
Age: 21
Year and status at DMACC: Full-time sophomore
Number of credits this semester: 18
Major: Secondary Education; history major with English minor or major
Class you would recommend to others: Psych 108 with Jane Martino. "I really love writing for the Bear Facts! It's a great creative outlet, and I've met a lot of nice people."
Where you work during school: Fridays and Saturdays in a salon in Iowa Falls, and in a nursing home student clay a week washing wheelchairs. Both jobs equal 23-25 hours a week.
What you do for fun: Read, swim, hang out with friends. "I love watching movies, ranging from Ben Hur to Yours, Mine and Ours to Dumb and Dumber."
The section of the newspaper you read first: The front page. Then flip to the comics to summer down.
The event in history you wish you reported: The role of women setting the Texas territory.
Fall offers most for nature seekers at Ledges

Jeremiah Manken
Contributing Writer

Ledges State Park is a wonderful place to enjoy the outdoors. With over 17 miles of walking trails, the park offers a new place to walk each visit. The Ledges has prairies, woodlands, and clearings. A hiker can see a variety of different trees while walking, like oak, hickory, maple, and basswood trees. Some of the plants found here are hog peanut, maidenhair fern, tick trefoil, meadow rue, and Virginia creeper. Other unusual plants found here are leatherwood, walking fern, showy orchids, reindeer lichen, liverworts, and several species of mosses. A sign states "The Ledges is one of Iowa's most popular state parks that attracts millions of people since it became a state park in 1924." The trails enable the hikers to go up and down steep slopes that lead to scenic overlooks of the river or over the sandstone cliffs. One of the signs says: "Hikers are not to walk and climb on the sandstone, because walking on it will cause it to erode and ruin the sandstone for future hikers."

It's difficult to get to the start of many of the trails because of road construction and the rebuilding of a couple of bridges. While driving down the roads in Ledges, drivers can be surrounded by trees at some sites on the road. In other areas there is nothing but grass on both sides of the road. Walkers during the day may hear the roaring of the bulldozer working on the bridges. If walkers are too close to the construction, they may not be able to see as many wild animals because of the roaring of the bulldozer.

If one needs a more accessible trail, there is one located here. Walkers can even drive to the start of the Lost Lake Nature Trail, but they must walk one half a mile to get to the Lost Lake. This trail is good for children, elderly, and individuals with disabilities, because the trail is wider and very flat. Walkers can see many types of wildlife from this trail. There are even plaques along the trail showing pictures of different types of animals and plants, but many of these have been broken by careless visitors. Many types of small birds, deer, squirrels, chipmunks, ducks, geese, insects, and various other animals are visible from the trail. There is a wonderful overlook of the Des Moines River located on this trail. It's over 100-foot straight down to the river. If walkers are quiet and lucky enough, they might kick up a sleeping deer. Walking on the trails in the fall, visitors can see many leaves and nuts falling beside them. With this dry hot summer and fall of 2000, the Lost Lake has no water in it, so there are no wild animals in or around it. This lake is actually just a very small pond, which doesn't even have very much water in it in a wet season.

The sandbars along the river may reveal some ancient Indian artifacts like arrowheads from the tribes of Sauk, Fox, Mesquakie, and Sioux Indians that used to inhabit this area. This fall the river is so low there is more sandbar to walk on to look for arrowheads.

At Ledges campers can also stay at one of the 94 different camping sites. There are modern showers, restrooms, and play-grounds around the camping area. Campers will have to pay $12 for a camping site with electricity and $9 for non-electric and hike-in sites. In the fall there are not many campers during the week. The park is also a great place to have a picnic with many different picnic areas located throughout the park. Picnickers can reserve a shelter for a small fee to picnic inside out of the rain and wind. These shelters have restrooms and picnic tables in the building.

The fall offers walkers, hikers, and campers the best view of all seasons. The trees are turning colors and many of the small animals are looking around for food to store for the winter. Hikers will be able to see more animals running around and walkers will be able to watch leaves and nuts fall off the trees. The weather is not too hot or cold for the campers. The other seasons have other things to offer too, but fall offers the most for people who really enjoy the outdoors.

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FEATURE
Nov 8, 2000

Upper entrance to Ledges State Park, commonly used by campers.
Nicotine may push teens into depression

According to the USA Today article by Marilyn Elias, one study suggests that smoking doesn't just endanger teens' physical health; it can promote major depression, possibly through the impact of nicotine on youthful brains.

In 1999, 35% of U.S. high school boys and an equal percentage of girls smoked. These numbers are up from 27% of girls and 28% of boys in 1991.

An estimated 15% to 20% of teens suffer major depression at some time during adolescence.

Scientists have assumed that there is a link between smoking and teen depression because depressed teens may start smoking to cope with life.

But for many, the reverse may be true. Among mentally healthy teens, smokers are nearly four times as likely as non-smokers to develop depression within a year's time, the study shows. However, when the study accounted for other factors that can affect smoking rates, kids depressed at the start were no more likely than the non-depressed to smoke at least a pack a week after a year.

"Smoking could be causing depression through effects on the brain we don't understand yet, and other kids may use cigarettes to treat depression," says Linda Pederson, an expert on teen smoking at the federal Office on Smoking and Health.

Recent evidence that antidepressants help adults quit smoking raises the possibility that "there's a common pathway" in the nervous system causing both nicotine addiction and depression states Goodman.

As always, there is a need for more research to clarify the link between teen cigarette smoking and depression.

The Doctor Is In

Dr. Jane Martino
Contributing Writer

How stressful is your life today?
Take a minute to take inventory by asking yourself the following questions:

Can you concentrate? Are you experiencing chronic, pervasive feelings of anxiety? Do you suffer from sudden bursts of energy or feel increasingly tired and restless? Are you experiencing increased appetite or loss of appetite? How are the less healthy habits in life; are you experiencing increased smoking/chewing or chain smoking? Is there increased intake of alcohol or other drugs?

How you answered these questions is directly related to stress in your life. If stress is visible in your current life, then it may be a good idea to take some action steps before the semester becomes more stressful.

First goal
The first goal is to take care of one's health. In a study done by Matarazzo, 1984, behavioral immunogens and pathogenesis in health and illness were the focus. According to studies by B.L. Hammonds & C.J. Scheirer (Eds) focusing on Psychology and Health, Washington, D.C.: American Psychological Association, 543, people who do the following are healthier and live longer. Check out which ones apply for you.

1. Get seven to eight hours of sleep a night
2. Am currently at or near the ideal weight for my height
3. Never smoked cigarettes
4. Use alcohol moderately or not at all
5. Get regular physical exercise
6. Eat breakfast almost every day
7. Never or rarely eat between meals

Men who engage in all seven listed health practices had a death rate almost four times lower than men who engage in zero to three practices. Women who engage in all seven practices had a death rate almost two times lower than women who engage in zero to three practices. The first 5 characteristics are the most predictive.

Second goal
The second goal is to organize one's life. Do you use a calendar and "to-do" list to structure what needs to be accomplished? Are your daily activities working toward help them with real world goals? Do you need to take a study skills class or talk with staff in the AAC about how to improve your study habits?

Last goal
Finally, the goal is to take time to play. Do you remember how to make a paper airplane? What is the last time you went for a picnic or strolled through a park? People who have healthy recreational activities have a key to healthy stress management.

SAC decides on pizza feed

The Student Action Council (SAC) decided upon a Pizza Feed that will be on Nov. 15 from 11 a.m. until gone. The council also decided to help with PBL and Ractot Christmas tree decision. SAC Members will volunteer their time to help and agreed to donate $100.

Another item that the council talked about is wanting to raffle off a grocery cart full of food so that they can put more money in the SAC coffers.

The Student Action Committee (SAC) met on Nov. 6. In attendance were President Tracy Shaw, At-Large members Jodi Daigh, Heather Behn, and Jill Dubbuck.

The Doctor Is In

Dr. Jane Martino
Contributing Writer

How stressful is your life today?
Take a minute to take inventory by asking yourself the following questions:

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Another item that the council talked about is wanting to raffle off a grocery cart full of food so that they can put more money in the SAC coffers.

The Student Action Committee (SAC) met on Nov. 6. In attendance were President Tracy Shaw, At-Large members Jodi Daigh, Heather Behn, and Jill Dubbuck.
Bears volleyball team stunned

Kevin Alberts
Bear Facts Staff

DMACC Bears volleyball team went to the conference tournament at SWCC on Nov. 2-3. The Bears' first game was against NIACC. This was a team they had beaten twice this season, so the Bears were quite confident. NIACC had other ideas and came out and played like never before. The Bears were stunned at how NIACC played and continued to play. NIACC upset the Bears were stunned at how NIACC played the conference tournament at SWCC on Nov. 2-3. so the Bears were quite

Coach Lori Slight said, “We underestimated the NIACC team, and they just played flawless volleyball. I have never seen them play that well. It's not that we didn't play well, they just played better than us. We were stunned after the game not knowing where this team came from.”

The next game was against Kirkwood and the Bears had to refocus and concentrate on beating Kirkwood in three games.

Coach Slight said, "I felt lucky, and through the whole season the girls put in 110% and I am pleased with the kids. I couldn't have asked for anything more. We had a lot of injuries, and the girls had to play in different positions all season long. I think they did a good job."

Coach Slight also would like to thank everyone for this year's support. She said, "The team has worked really hard this season. Advancing to the finals where Alberts. Milton threw the ball over the backboard where it hit the wall then the floor and came up in front of the basket where he took it up for the dunk. Milton also amazed the crowd with a 360-degree dunk. Star threw the ball in the air and then went up and dunked it home. Williams connected for one dunk. The last participant, Coplin, connected with two dunks, which he shot from just behind the free-throw line.

Advancing to the finals where Alberts, Milton, and Colwell. Alberts was unable to connect on his dunk attempt while Milton again connected with a 360-degree dunk. Colwell dunked the ball over a fellow Bear, Mislav Parlov. Fans' applause determined Milton the winner. The game's second half was back and forth with the white team in the lead. The white had a 21-20 lead when they finally put the black away by going on a 11-2 run to make the score 32-22. The teams continued to battle, but the white team would take the game 43-28. The game's high scorer was Colwell with 16 points. Other high scorers were Star 13 points. Milton 8 points, and Jamal Jackson and Williams with 6 points each.

The Bears came out firing against Kirkwood and had an early 7-3 lead. It was a close game, and the game went point for point until Kirkwood stepped up and delivered. Kirkwood won the first game 16-14 in a nail biter. In the next two games, Kirkwood dominated the Bears. The Bears had one last game, and it was against Waldorf. The Bears won in three straight sets.

Coach Slight said, "I felt lucky, and through the whole season the girls put in 110% and I am pleased with the kids. I couldn't have asked for anything more. We had a lot of injuries, and the girls had to play in different positions all season long. I think they did a good job."

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Women's basketball opens season with decisive victory

Scott Anderson
Bear Facts Staff

"Tough defense and timely shots propelled the DMACC women basketball team into a 63-55 victory over the Grand View JV.

"It is a very good start to our season," said Coach Bob Terrones. "The women have been working very hard to prepare for this game."

Grand View took the first lead with a three-point basket, but the Bears went on a 7-0 run to take a 7-3 lead that they wouldn't relinquish. Grand View cut the lead to 10-9, but the Bears answered with a 9-0 run to push the lead to 10 at 19-9. The teams battled back and forth, but the Bears wen1 on a run to push the lead to nine and out of reach for Grand View.

Leading the Bears in scoring were Gourley with 18 points, Kain with 17, and Markuson finished with 11 points and 10 rebounds. Lisa Obrecht also had 8 rebounds for the Bears.

The Bears defense forced Grand View into many turnovers. Another key for the Bears was their ability to get to the free throw line. The Bears made more free throws (13) than Grand View attempted (11).

"We knew we had scorers, but our defensive intensity won this game," said Terrones. "We mixed our defenses and it confused Grand View."

The DMACC men used a tough, unremitting defense and great shooting from the field to pull away from a tough Grand View team 83-60.

"Grand View played well and controlled the tempo early on," said Coach Orv Salmon. "We were able to get on a run and pull away."

Grand View got on top early with two free throws, but the Bears came right back to take the lead on a three-point basket by Darnell Star. The teams then traded baskets until Grand View went on a mini 7-2 run to take a one-point lead. The Bears came right back and took the lead on a basket by Brian Berkey. With the score 17-16 the Bears went on an 8-0 run fueled by back to back dunks.

The first dunk was from Edwin Coplin with the assist from Jamal Jackson, and the second dunk was by Shelton Colwell with the assist from Berkey. Grand View again battled back to tie the game at 28. The Bears went on a 6-2 run to take a four-point lead into halftime.

The beginning of the second half saw both teams trading baskets, but the Bears never lost the lead. The Bears finally got the lead up to ten. Grand View again tried to mount a comeback by going on a 10-2 run to get within two points at 51-49. The Bear again built the lead up to 9 at 60-51. Grand View came back with a three to get within 60-54 but that would be as close as they would get. The Bear put the game away by outscoring Grand View 23-6 the rest of the way, including scoring 12 straight points while holding Grand View scoreless for the last five minutes of the game to win 83-60.

The leading scorer for the Bears was Colwell with 26 points. Star added 16 points and had a team high 6 rebounds. Jackson scored 15 points and had a team high 7 assists. Rich Borgos scored 12 points and had 5 assists.

"The defense really picked it up at the end," said Salmon. "It was our first game, so they were a little tight, but it is still a young team, and we will learn from this."

Upcoming Home Basketball Schedule

Nov. 8 MBB/WBB vs North Central
Nov. 21 MBB/WBB vs Riverland

Men's basketball finish strong in rout of Grand View

Scott Anderson
Bear Facts Staff

The women's basketball team opened the season with a decisive victory against Grand View JV on Fri. 3, 2000.
Relationships skyrocket phone company stock

Melanie McCane
Bear Facts Staff

Like many college students, I am currently in a long distance relationship with my boyfriend Jesse, who is studying abroad in London for the semester. Before he left in September, we had discussed how we would keep in touch while he was gone. We even went as far as to setting up a long distance calling plan that was relatively inexpensive and resigned ourselves to the fact that we wouldn't be able to talk to each other as much as we wanted to. Or so we thought.

Let me fast forward to the present. About a week ago, I received my phone bill for the past month. Before I opened it, I already figured out that it would be slightly higher than usual, but nothing I couldn't handle. In a few brief seconds, I realized that slightly was the understatement of the year. Four hundred eighty-five dollars! This couldn't be right, there had to have been some mistake. I quickly looked over the record of all the calls. Two hours here, three hours there, slowly I began to realize that we had made a huge mistake without knowing it. The calling plan only worked when he would call my number and nowhere else. It dawned on me that he had also called me at other places like at work and my parent's house. Those were the calls that made the difference, $385 worth of difference.

Things had to change, drastically, before I opened the bill and explained to him that there were not to be any more phone calls over three minutes and only twice a week if even that. We could certainly stay in touch through e-mail and writing letters, it wasn't like England was a third world country that didn't have technology. Of course, it wouldn't be as much fun as talking on the phone for three hours a day, but certainly better than living in cardboard boxes. We even went as far as to setting up a time to go into a chat room and communicate. If there isn't any way to stay in touch through the Internet, letter writing isn't expensive, and though it may take a few days to reach its destination, sometimes a letter is the most personal thing you can give, even if you can't write mushy stuff like Hallmark.

Long-distance relationships can be a drag, but if you economize and get creative, it is possible to make it as painless as possible.

Trick or Treat?

Letts wows readers again
Sadie M. Heimbaugh
Bear Facts Staff

With the release of her second novel, Billie Letts has wowed her audience once again. Letts brings four unlikely characters together in The Honk and Holler Opening Soon. Letts has managed to make her readers laugh, cry and feel emotions they never knew they had in less than 300 pages.

She managed to engage her readers with Carrie Caney, the owner of a once popular, now unrecognizable restaurant. Known throughout the town as a Vietnam War veteran who is now a paraplegic who runs a once popular, now unknown restaurant. It is an interesting character with such a complex background. She managed to enrage her readers laugh, cry and feel emotions they never knew they had in less than 300 pages.

In her first novel, Where the Heart Is, Letts restored our faith in the human spirit. With the release of her second novel, Billie Letts has wowed her audience once again. Letts brings four unlikely characters together in The Honk and Holler Opening Soon. Letts has managed to make her readers laugh, cry and feel emotions they never knew they had in less than 300 pages.

The Honk and Holler Opening Soon has one waitress when the novel begins. Molly O is in her 50's, overweight, and plays a motherly role to all the characters in the book. Readers learn how Molly O has been the only mother parentless Caney has ever really experienced. Tears will often form in the readers' eyes when they discover all the sadness Molly O has and is experiencing, but they will jump for joy when they discover the strengths and wisdom she possesses.

Heart melting Bui Knah makes every reader's heart warm with his innocence and naive nature. Speaking little English, Bui drifts into the cafe looking for work. His triumphs are so thrilling for readers they feel as though they are the ones beating the odds. Although Bui is a pure, honest, and truly selfless man he too struggles. The wounds from the war are still fresh in the town's people's eyes, although some struggle with acceptance of Bui, he and Caney form an unlikely friendship. Alone and in an unfamiliar foreign country Bui longs for one thing, his pregnant wife that he hasn't seen for two years.

Letts restored our faith in the good of mankind in her first novel. Where the Heart Is. She has rekindled the human spirit in The Honk and Holler Opening Soon. This author truly has a gift that is recognized by thousands who applaud her creativity and originality. This is one book that will entertain readers of all ages, personalities, and backgrounds for years to come.

Trick-or-Treaters visit the Courter Center from the Good Foundations Daycare on Oct 31, 2000
Gun deaths, let's dissect the numbers

Jeans Lauritsen
Bear Facts Staff

We've all heard of the travesty at Columbine, and we have been told at least one story about two children finding their father's gun and one getting shot accidentally. The press and others have made sure that these images of young innocent children and the troubled, out-of-control teen stay fresh in our minds. But the question to be asked is "How often do events like these really happen?"

The National Center for Health Statistics shows that in 1996, 138 children were killed by guns. This number sounds high at first. This information answered the first question of how often events like these happen. But in order to gain perspective on this number of 138 children, the other ways that children accidentally die need to be taken into account.

The Centers for Disease Control and Prevention state that in 1997, 659 children, ages 0-14, died from accidental suffocation and 666 children of the same ages died of unintentional residential fire and flames. You may not have a gun in your home, but you are almost five times as likely to have a child die from suffocation or a fire in your home than for a child to be accidentally killed by a gun.

The National Center for Health provided these numbers for 1997 also; 3015 children died in car accidents and 966 died by drowning. Fatal gun accidents accounted for 3% of all accidental deaths for children 15 years of age or younger. Though publicity of these more tragic deaths has increased, this figure has dropped since 1975 and is now at the lowest point ever. There may be many explanations for this sharp decline, but it is greatly due to education. There is correlation between lack of general education and the occurrence of violent crime. More that 12 million kids, ages pre-kindergarten through sixth grade have participated in the National Rifle Association's Eddie-Eagle program.

Some say that a possible solution to gun violence is to take away a citizen's right to own or carry one. However, guns discourage crimes from being committed. If thieves know that you have a gun in your home and that your neighbor doesn't, whose house do you think they will be more likely to enter? Why would the thief take the risk of being shot when assured less danger of death in the neighbor's home?

Now, with that in mind, what if there were no guns? No guns behind the counter of the Kwiky-Mart in Los Angeles, no guns in the homes of Americans, no threat of death by trying to violate someone else. Would crime skyrocket or would it virtually disappear? Canada has no right to bear arms law; they also have no protection from police without warrants. Police in Canada aren't required to say what it is they are looking for when searching a person or building. In 1978-1988 burglary in Canada rose 25%, which was higher than in United States during that time period. In residential burglaries, half of break-ins occurred when the owner was home. In the U.S. this figure is only 10%.

It would seem clear to most, after evaluating these numbers, that personal gun ownership is a valuable right to have. There are costs to every right that we have. Right of free speech, for example, comes at the cost of not being able to ban pornography on the Internet. Sure, it would be convenient to not have to watch your kids' every move while they are at the computer. However, if the government took away the right for others to publish pornography, next you may not be able to say how you really feel about President Clinton without fearing arrest. I urge you to not take our freedoms for granted because if you can lose one, you can lose them all.

Causes of Accidental Death - 1996-1997 - Children Ages 0-14

<table>
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<th>Cause</th>
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<tbody>
<tr>
<td>Drowning</td>
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<tr>
<td>Suffocation</td>
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<td>House Fire</td>
<td>3%</td>
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<tr>
<td>Car Accident</td>
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USS Cole incident Intelligence diminishing?

Matt Rinker
Bear Facts Staff

Anyone who has been following the news lately has probably heard that the USS Cole, a United States Navy destroyer, was the target for a recent attack. A bomb exploded, which killed 17 soldiers and wounded 38 soldiers.

The question at hand is what could the United States have done to prevent the worst terrorist attack since 1967? Well, here are some suggestions.

One of the things a lot of people don't know is that Yemen has been harboring terrorists for years. One of the worst of all, Osama bin Laden has either lived there or has very close ties to people there. So close, in fact, that his brother heads the Islamic Army of Yemen.

Then what made the United States decide it was safe to go there? Ten days before the ship reached its harbor the United States and Yemen made an agreement saying there would be no threat to the United States if they went there. My question is, how can the presidents of two nations decide where it is safe and not safe? Did something change in those ten days where the United States would have to be on guard? In addition, reports also state that the soldiers on board were on the second highest alert, basically insinuating something could go wrong.

If the agreement was made that it was safe, what reason does the military have to be that defensive? In my opinion, the United States knew it was in complete danger when the ship approached the shore of Yemen. It is the stomping grounds of bin Laden, America's arch nemesis. Another thing to point out is that bin Laden said many times that the United States was his prime target.

Knowing these things, what could the United States have done differently? After knowing all these facts, the military could have used an alternative route. Another reason the United States went that way was to save time. I guess they didn't care enough about their soldiers to take the longer, safer route.

There were other options the United States could have chosen to make this trip more successful. Instead the United States, trusted Yemen, but it's obvious that they shouldn't have.
The other side of the Courter  Photos and text by Aaron Forrester

What is your favorite new television show?

"Now that the World Series is over, I like Dark Angel. I like the futuristic setting."
Cory Miller  
Part-time student

"My favorite new show is Ed. I'd like to learn to practice law in a bowling alley."
Darren Hindman  
Non-traditional student

"Dark Angel is the show to watch. That girl has a great backside."
Victor Hu  
Part-time student

"My favorite new TV show is Ed. I like the "goaty" main character and the way he acts."
Tiffany Bender  
Freshman