2-25-1998

Banner News

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Recommended Citation
Fester, Andrea; Harson, Patrice; Eschliman, Bob; Ybarra-Rojas, Ana; Lueth, Moses; Siple, Joe; Powell, Lorraine; and Gorman, Melinda,"Banner News" (1998). Banner News. 131.
http://openspace.dmacc.edu/banner_news/131
Be a team player!
Give blood this Monday

Nursing Students United is sponsoring a blood drive in the L.W. Courter Center Monday, March 2, 1998 from 8am to 2pm. Contact Lorie Larson or Rachael Thomas at 433-5075 for details. Door prizes will be awarded.

Student constructs display in library
Christensen shares her curiosity about Italy with Boone Campus

By Andrea Fester
Bear Facts Staff

The 1997-98 school year is the Year of Italy at DMACC, and an interesting "invitation" to this event is located behind the circulation desk in the campus library. DMACC Boone Campus and Iowa State University student, Susie Christensen, has created a bulletin board display on the country.

The pictures Christensen chose to display in the library are from National Geographic magazine prints from 1976. Combining pictures with facts located on the internet, she added artwork produced on her computer, including the flags and the border.

The border is designed to represent Italian tiles that are everywhere in the country, including terrazzo walls on the outside walls of the area. Not completely satisfied with her efforts, she plans soon to redesign the map of Italy to make it stand out better.

Interest comes from family connections
Christensen's ties to the country are due to an interest in Italian genealogy and her paternal Italian roots. Her grandfather came to America with three brothers and one sister, leaving a sister behind. They arrived on Ellis Island in 1900 and settled in Johnstown, Penn.

"I don't know for sure what happened to my great-aunt. Some say she was an 'esposito,' which is an Italian name given to any child born of an unmarried woman," said Christensen.

Christensen has friends located near the Ionian Sea in Cariati, Italy, and a villa at her disposal anytime she chooses to visit. As she is a malacologist, or a seashell collector, friends scuba diving in the Adriatic and Tyrhennian Seas provide her with seashells for her collection.

Christensen is also able to maintain Italian connections with first-generation Italian friends in Des Moines, who travel home (to Italy) every six months for two-month stretches.

"I am on a sort of 'Harriet the Spy' search for any family I may have living over there."

"I was interested in doing something for DMACC's Italy year," Christensen commented. Christensen approached faculty member Jan LaVille about producing some displays since she has numerous items to share.

She will also be filling the display case in the library in the upcoming weeks with such things as Italian pottery and Capodimonte (porcelain), cooking utensils (antique and new), genealogy artifacts and resources for searching for your roots, personal portraits of her Italian family, and a display of Italian influence in America today.

Christensen is also attempting to schedule a presentation about Italy in one of Dr. Jim Bittner's classes on campus, since his movie class is featuring heavy ties with Italian/American movies.

Christensen's hobby in Italian genealogy has her communicating frequently around Italy via the internet. She is fortunate to have a translator in her computer for both Italian and Spanish languages.

After graduation from DMACC in December of 1999, her plans are to travel to Patrica, Italy, her grandfather's home. As Christensen states, "I am on a sort of 'Harriet the Spy' search for any family I may have living over there."

Each year DMACC celebrates one particular country. Last year it was Mexico, this year it's Italy, next year will be Ireland.

Introduction to education
By Patrice Harson
Bear Facts Staff

"When I was younger, I was in trouble a lot. Then, I had a sixth grade teacher that kind of took me under his wing. Finally, it got to the point where I no longer felt like I had to get into trouble."

-J.J. Hoyle Boone Campus Freshman J.J. Hoyle believes that rewarding children for the good things they do in the classroom increases their self-esteem; however, punishment still has a necessary function in today's educational setting.

Hoyle said, "Not being allowed to go out for recess, or taking away a special privilege has to be done when children misbehave. Otherwise, you are going to have kids who know how to 'play' the teacher and who will disrupt the entire class." Hoyle has observed that when the classroom increases their self-esteem; however, punishment still has a necessary function in today's educational setting.

-DMACC Boone Campus Freshman J.J. Hoyle
Meeting our students’ needs

Education system can do more

By Patrice Harson
Bear Facts Staff

Interim Dean Richard Zbracacki from the Department of Education at Iowa State University assured ISU and DMACC Boone Campus education students last Wednesday that they were entering a “warm profession,” which they will one day look back upon “with a great deal of pride.”

Zbracacki will be retiring June 30 and said that one of the nicest things about his job right now is to go out and see “the kids” just before they embark on their roles as student teachers. “I wish them well and then send them away,” said Zbracacki.

Zbracacki said that our country’s educational system, “although doing the best we can with the resources that are available,” needs to do more in dealing with our complex, technological society.

“We have so many responsibilities as teachers that we can’t address the tasks that need to be addressed,” said Zbracacki. To meet this challenge effectively, Zbracacki agrees with President Clinton’s plan to reduce classroom size in the sense of giving additional funding that would allow hiring more teachers. However, Zbracacki also stressed that this long-range goal would emphasize our nation’s already over-crowded schools and said the need to build more schools must be examined. According to Zbracacki, Clinton’s plan would also mean changing the way we prepare our teachers.

One way ISU is changing the way it prepares its student teachers is through Project Opportunity, a pilot program that utilizes cohort preparation where, for three years, students take their classes together and work with one school district for field experience. The primary benefit of this program is to constantly introduce students to the profession through teachers already in the system.

Project Opportunity is a learning team, and, like any community that forms, they support each other. If one student is having trouble, there’s another student in the group that can help out and strengthen that student.

At present, ISU can only offer this program to 25-35 new students each year. ISU would like to change that. However, to expand Project Opportunity into ISU’s whole program, additional support through funding from our State is required.

After forty-four years in various positions related to the teaching profession, Zbracacki formed very close relationships with “his kids” and said, “Good teachers, today, continue to help students grow...help students understand themselves, help students understand the world and help them move into the world comfortably and usefully...becoming contributing human beings and understanding what their roles are in society.”

Want to get away from it all?

Study abroad in Cambridge, UK

By Bob Eschliman
Bear Facts Staff

DMACC Students will have the opportunity to spend a semester abroad in Cambridge starting next fall as part of the ICCIA (Iowa Community College International Association) consortium program.

The students take DMACC or comparable community college classes which will transfer back upon their return. Students spend ten weeks in Cambridge, living with host families, and two weeks in London, staying at a student hotel.

According to DMACC estimates, the cost of the whole program, including DMACC tuition, housing, airfare, two meals daily, and program fees (including insurance) is around $6000, but a more reasonable estimate would probably be around $8000.

Students will need spending money of their own to help with the enjoyment of all the sites of Cambridge and London, which is not covered in the program cost. It is suggested that the additional money be available in traveler’s checks, or via ATM machines (take more than one card, as the machines in the United Kingdom tend to eat cards).

Financial aid is available to help students with these expenses. AIFS (the American Institute for Foreign Study) is in charge of the program arrangements. For more information, please contact Jan LaVille in Room 212, or at 433-5091.

Iowa State University Interim Dean Richard Zbracacki’s original profession was English teacher in various secondary schools in Minnesota. Zbracacki then came “down to Iowa,” primarily to teach freshman composition at Iowa State University.

Zbracacki earned a bachelor’s degree in English from what is now the University of St. Thomas in St. Paul, a master’s in English from Northwestern University in Evanston, Ill., then went on to earn his doctorate in secondary education/English from the University of Nebraska.

After teaching one year at Southeast High School in Lincoln, Neb., it was back to ISU where Zbracacki headed the English education program.

While at ISU, Zbracacki has also served as chair for ISU’s curriculum and instruction department.

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Kelly Howard
Stylist

February 25, 1998
Larry Hughes is the physical education instructor at DMACC Boone campus. He has been here for the last 30 years. At 29 he came to DMACC from East Grand in Junction where he was coaching boys' basketball and teaching math. "I probably just saw a job opening in the paper. They were going to start a men's basketball program and I applied for the job," Hughes said. With that he got the job and has been here since, with a brief 7 year interlude when he tried his luck at the insurance business.

Hughes believes that early retirement is a positive change in his life and is looking forward to the opportunity "to work full time with my wife in her business," he said. In his eyes it's more of a career change than retirement: "The early retirement package at DMACC is very good," Hughes said. Eventually he and his wife will retire, but for now, they are looking forward to working together.

At DMACC, IPERS is an early retirement package, when staff or faculty turn 59 or older. This enables them to retire if they want to. "Making it easier for you to make the transition from working to not working," was how Hughes defined it. This package is in the best interest of both employer and employee.

Hughes career has seen some major changes at the Boone campus. "The obvious change would be technology, but that's only been in the last 10 years," he said.

The next would be the enrollment increase. "When I first came here, there were 400 students," said Hughes. He'll also miss the friendships he has made with instructors and staff. "Virtually all your friends are right here where you're working," said Hughes.

Yet an optimistic Mr. Hughes said he'll move on to the next phase of his life. He will not miss the strict schedule. "It will be nice being on my own schedule," he said. Early retirement is a positive change for him.

According to Hughes his family has been most influential in his life. He is the father of five children and the proud grandfather of seven (with another on the way). Hughes said the hard part of the decision to retire was to decide if he was financially ready to make the transition. With the complete support of his wife, they made the decision and told their children, "They're all in favor of it and can't wait until it happens. They all want us to come visit more often now," Hughes said.

Although Hughes said he's not close enough to retirement to worry about it but he can't wait for the working relationship that he will have with his wife going full time into her business, "Right now I'm 3/4 time here (DMACC), so I already am 1/4 time working with her. I'm looking forward to not having to divide my attentions," Hughes concluded.

Hughes makes career change
By Ana Ybarra-Rojas

Larry Hughes

Larry Hughes

photo by Ana Ybarra-Rojas

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Boone Campus names fall semester scholars

Students enrolled for six or more credit hours in a given semester are eligible for the President's or Dean's List, according to Carol Wennd, DMACC Registrar's office.

President's List (4.0)

Dean's List (3.5+)
Kusumawati (Kari) Gerom, Ames, Liberal Arts; Rotimi Adeniyi-Williams, Boone, Liberal Arts; Bonnie J. Ahrens, Boone, Liberal Arts; Ethan P. Anderson, Angola, Liberal Arts; Jordon M. Anderson, Boone, Liberal Arts; Nikki R. Amerson, Ogden, Liberal Arts; Curtis J. Bailey, Boone, Ac. Technical; Susan P. Baunshover, Story City, Nursing Practitioner; Bonnie E. Berk, Piloi Mound, Accounting Paraprofessional; Tonya A. Bennett, Boone, Liberal Arts; Benjamin G. Bravard, Boone, Business Administration; Judy A. Brower, Boone, Liberal Arts; Marvin M. Brown, Ames, Business Administration; Jane A. Burrack, Shenb, Liberal Arts; Angela Campbell-Loverett, Madrid, Liberal Arts; Tammy C. Clark, Ames, Liberal Arts; Micah W. Craven, Boone, Liberal Arts; Monica J. Cunfer, Boone, Liberal Arts; John B. Curtis, Boone, Office Technology; Albert D. Curtis, Ames, Liberal Arts; Nikla R. Darabe, Ames, Liberal Arts; Diane R. Drakensen, Boone, Liberal Arts; Philip L. Dunkin, Mason City, Engineering Prep.; A. Gorman, Boone, Journalism Prep.; Chad E. Gourley, Mason City, Engineering Prep.; Nicole S. Hall, Huxley, Liberal Arts; Barbara L. Hansen, Ames, Nursing Practical; Lisa A. Hanson, Gilbert, Liberal Arts; Vougy S. Hortamu, Ames, Mgnt. Information Systems; Rusty J. Hicks, Boone, Liberal Arts; Jerry J. Hidde, Ames, Liberal Arts; Christopher M. Hovey, Ames, Liberal Arts; Melissa C. Hue, Boone, Business Administration; Scott L. Hunter, Nevada, Office Technology; Vicki L. Innerman, Boone, Liberal Arts; Christopher M. Jacobsen, Boone, Liberal Arts; Andree Jauharian, Ames, Liberal Arts; Leticia Jaramillo, Ames, Liberal Arts; Jennifer A. Jeanneret, Boone, Liberal Arts; George A. Kistel, Boone, Business Administration; Scott D. Kovach, Boone, Liberal Arts; Shali M. Kowale, Ogden, Liberal Arts; Jayne L. Krangel, Ames, Liberal Arts; Tammy J. Langel, Carroll, Accounting and Bookkeeping; Michael Larew, Boone, Liberal Arts; Ko-Ki Lee, Ames, Liberal Arts; Rhonda E. Lewis, Boone, Liberal Arts; Na Lin, Ames, Liberal Arts; Heather M. Lindahl, Boone, Liberal Arts; Nancy K. Lippman, Boone, Liberal Arts; Roger L. MacRae, Churdan, Leisure Studies - Recreation; Judson A. Malcom, Boone, Liberal Arts; Darcey V. McMain, Madrid, Liberal Arts; Linda J. Michel, Boone, Liberal Arts; Heath J. Moeller, Boone, Nursing Prep.; Candace N. Morkin, Boone, Liberal Arts; Dreas N. Nautos, Ames, Liberal Arts; Kevin L. Nelson, Janica, Liberal Arts; Kimberly R. Netetics-Hancock, Ames, Liberal Arts; Megan C. Nyman, Ames, Business Administration; Mary Ann Patterson, Boone, Liberal Arts; Chandra L. Payne, Boone, Liberal Arts; Jerrie M. Pegg, Ogden, Liberal Arts; Valerie K. Peterson, Ames, Liberal Arts; Joyce J. Peterson, Ames, Liberal Arts; Marnie J. Plath, Boone, Liberal Arts; Lorraine F. Powell, Nevada, Liberal Arts; Andrew R. Reutter, Ames, Liberal Arts; John R. Romsberg, Ames, Boone, Liberal Arts; Anita J. Rhodes, Boone, Liberal Arts; Brandon D. Rockow, Williams, Liberal Arts; Nichole L. Roffman, Newton, Liberal Arts; Deborah A. Rooder, Boone, Liberal Arts; JoAnn C. Seeman, Woodward, Liberal Arts; Mary K. Semke, Jefferson, Medicine Prep.; Susan A. Sherrill, Shenb, Liberal Arts; Student Insurance; Kelley L. Sharrow, Ames, Liberal Arts; Tanya E. Smorek, Story City, Office Technology; Nicole Sted, Ames, Office Technology; Kristin L. Stoner, Boone, Liberal Arts; Suzanna K. Stork, Ithaca, Nursing Associate Degree; Timothy L. Thompson, Boone, Associate General Studies; Tyler J. Ward, Boone, Liberal Arts; Michelle M. Whyte, Boone, Liberal Arts; John C. Wilson, Colo. Liberal Arts; Anna B. Zieman, Ames, Liberal Arts.

Beaver Facts
February 25, 1998
Vol. XXVI.—Issue #10
The Beaver Facts is a student publication published bi-weekly at Des Moines Area Community College.

Letter Policy
Leters should be no longer than 200 words, signed and brought to the Beaver Facts Room 210 and slipped under the door, e-mailed to tfelvin@dmacc.com or mailed in care of the college. The Beaver Facts reserves the right to edit as necessary for fit, profanity, copyright, grammatical or spelling errors and clarity.

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Edical Policy
The Beaver Facts welcomes all letters in an attempt to provide a forum for the many diverse views of the students, faculty and staff associated with the college. The opinions expressed in the Beaver Facts are not necessarily the views or endorsements of Des Moines Area Community College or the Beaver Facts publication.

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Features
February 25, 1998

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End of Story
Carrie Miller (standing) assists students at Futures Alternative High School in Boone. Miller, from Ames, graduates from DMACC's Boone Campus this summer with an associate of arts degree. Her major interest of study is secondary education and, although accepted to Iowa State University, is currently undecided which four-year university she will attend. Miller is also a graduate of the American Institute of Business in Des Moines.

"I want to be the one who understands... maybe just a little... what some students are feeling and what they are going through. I want to be the person who listens."

-DMACC Boone Campus Sophomore Carrie Miller

Education has advanced so much, that DMACC Boone Campus student Carrie Miller believes there are better teaching techniques overall, and the majority of instructors realize that just lecturing is not the best way to teach.

"Teachers need to be more open and more understanding," said Miller. "We need to realize that kids have a lot of stuff going on in their lives today—they're not just going home and thinking about math or science or English. We need to help the kids, especially the teenagers, understand that what they are thinking and feeling isn't abnormal. Teachers need to be involved."

Miller is especially interested in teaching in an alternative school where students work on different subjects individually. Miller said that most students are in alternatives school because they weren't getting along in the typical classroom setting. "Basically, as a teacher, I would be there to help and listen," said Miller. "I wouldn't lecture."

"The atmosphere is relaxing and the students know that it's their choice," continued Miller. "If they want to succeed, they can, and the teachers will help them. If they choose not to, they're not going to get detention or get punished for it. There's no maybe or if—they know what they need to do to graduate—and they get it done."

Miller said that discussion of current social issues is essential to all students. "In the 90's," said Miller, "you have to talk to kids about sex, drugs and AIDS, even though a lot of parents don't want you do. But you must—otherwise the result is a crisis that keeps repeating."

Miller said that discussion of current social issues is essential to all students. "In the 90's," said Miller, "you have to talk to kids about sex, drugs and AIDS, even though a lot of parents don't want you do. But you must—otherwise the result is a crisis that keeps repeating."

Teacher burnout is also one of Miller's concerns. "You can only handle other people's problems so long," said Miller. "Also, education changes all the time, and you have to keep changing with that. Some elementary students know more about computers than I do! It's not the type of job that you can show up to and, after a couple of years, you're good at it and that's it, nothing changes... teaching changes."

Miller also believes we need to get rid of the labels. "We're all Americans," continued Miller. "It doesn't matter where we're from, we all need to be working together to make this country better, especially education-wise. In Iowa, we used to be ranked number one in education. Now, all the scores are dropping because too much emphasis is placed on being politically correct."

Denie Anderson (above) observes kindergarten students from Sacred Heart Grade School in Boone. Anderson, from Boone, plans to transfer to either Grand View College or Iowa State University and major in elementary education.

"We only know what we grow up with. Today, there are many books available on our classroom shelves that feature children from other cultures. Perhaps, someday, children won't even notice that this book has a black person in it or that book has an Indian in it... and that would be good."

-DMACC Boone Campus Freshman Denie Anderson

DMACC Boone Campus student Denie Anderson doesn't want America's children to lose sight of their heritage; however, she does hope that when teachers focus on a certain country in class, that knowledge will be ongoing and truly incorporated into the children's lives. Anderson said, "Often, while learning about a certain country in a social studies class, (the material) is only remembered for that unit or chapter, then forgotten when the students begin a new chapter. We need to change that."

At this time, Anderson is particularly interested in teaching early elementary education, either Kindergarten, first or second. In selecting education, Anderson's major influence was her sixth grade teacher, Jean Prestemon. "She always motivated me to do more," said Anderson, "and now I want to do that for others." During her observation, Anderson was very impressed with the incorporation of hands-on activities that are designed to help children get involved in their lessons.

Anderson said, "The teacher I am observing at Sacred Heart incorporates many activities before the lesson so students are familiar with what they are about to study. This prepares students for the upcoming lesson, keeps their interest and helps the children retain what is being taught. This is especially good since young kids can get off track very easily."

EDUCATION continued from page 1

there is no discipline in the home, then the rules of discipline are not followed in the school. "These children," said Hoyle, "don't learn as well as the other kids."

Hoyle knows what he's saying—...he found a bit of adversity himself while growing up. "When I was younger, I was in trouble a lot. Then, I had a sixth grade teacher that kind of took me under his wing. He knew that I always was a rough kid, but he made it harder for me to get into trouble. He kept an eye on me, and, finally, it got to the point where I no longer felt like I had to get into trouble."

Hoyle said that the programs offered today, like D.A.R.E., Rock and Prevention and TACT, are helping children understand what alcohol and other drugs do to them and are a welcome addition to our current educational system.

Hoyle enjoys working with younger kids because "they can get so much joy out of little things. Just doing the littlest things for them makes them happy."

There is a high demand for male teachers in the elementary area, and Hoyle said that many of the children who are raised by a single parent are, the majority of the time, raised by the mother. "So, many times," explained Hoyle, "there is no male figure in their life. Hopefully, by males entering the elementary teaching field, that will change."
to education

"Most young children are eager to take on responsibility, are more outgoing, and are more spontaneous."

--DMACC Boone Campus Freshman Kelly Gross

Kelly Gross, originally from Churdan and now living in Boone, said she particularly enjoys watching "the little kids become leaders in their classroom." However, Gross also believes that, in some schools, there isn't enough discipline, and verbal warnings are not enough.

Gross's major interest of study is early elementary education and, possibly, special education. Gross is considering transferring to either the University of Northern Iowa or Buena Vista University.

"Your language brings you closer to your culture."

--DMACC Boone Campus Freshman Tiffany Condon

Tiffany Condon enjoys seeing our educational system introduce students to various foreign languages at an early age. After living in Germany with her family for a number of years, Condon could speak the language fluently. However, after moving back to the United States and as the years passed, Condon lost her ability to speak the language and regrets it.

"An early age is a good time to learn a foreign language," said Condon, "Young kids are able to pick it up easier. I really like teaching the younger students because everything, even math, is new and exciting to them. The older kids usually want to be somewhere else. But the little ones want to be there...they are eager to learn."

Condon plans to earn her associate of arts degree while at the DMACC Boone Campus, then hopes to transfer to a four-year university, possibly ISU, and major in early developmental education.

After living in Washington and Alabama, Condon concluded that teachers should be allowed more control over their classrooms. "In Washington the students were very polite." Condon said that because of our loss of boundaries, even some kindergarten students talk to adults as if they are equals. "There isn't much discipline to do to enforce discipline during students' later years, unless those students were taught discipline at an early age," said Condon.

"I enjoy working with and helping out the kids. I've had some really good teachers who opened me up to new experiences, and I think it would be so cool to do that for others."

--DMACC Boone Campus Sophomore Greg Moyle

Following a year and a half at DMACC's Ankeny Campus, Moyle is spending his first semester on the Boone Campus and will possibly transfer to ISU next fall. For now, Moyle's major interest of study is education. Although he's not sure which level of education he would like to teach, Moyle has a strong interest in science and history and is observing in Slater. Moyle, who believes that computer experience is good for our children, said he is "concerned that students are spending more time playing games on the computer and not enough time doing their school work." Moyle believes that our school system needs more buildings with more classrooms along with more focus on the students' individual needs.

"Teachers can answer more questions and give more individualized attention in a smaller classroom."

--Boone High School Senior Julie Barkmeier

"The students around here are not exposed to a lot of different ethnic groups, and multi-culturalism is now being introduced into our classrooms more than when I was growing up."

--DMACC Boone Campus Sophomore Shana Spence

"The use of computers spurs some interest that just wasn't found on paper yesterday, and children are learning at a faster rate."

--DMACC Boone Campus Sophomore Marnie Anderson

All students have the right to learn

Dr. Jane Martino, psychology instructor, said there are 20 students enrolled in the Introduction to Education course on the DMACC Boone Campus. According to Martino, teachers need more education and supervised experience in presenting material in a variety of ways.

Martino said, "We have many students who can not learn effectively by the traditionally used methods (lecture, workbooks). We also need to help teachers effectively teach special needs students. Many teachers do not know how to teach students who have behavioral or attention challenges. Others are frustrated when students do not read well. All students have the right to learn. Teachers must accept that challenge."

Story and photos by Patrice Harson, Bear Facts Staff
How should the new Gulf crisis be resolved?

Dr. Bittner
"Clinton ought to cooperate and collaborate with the U.N. He should not try to solve the problem alone. If the U.N. decides to ask the U.S. for help, then Clinton sending troops would be justified."

Coty Hohanshelt
"I don't think sending troops would be the proper solution. Violence is not the key. They must try to resolve the situation in a diplomatic manner."

Jason Rearick
"I believe President Clinton is trying to deflect the heat from the scandal by making the Gulf Crisis more of a problem than it is, and the media are hyping it up."

Mike Chow
"The U.N. should have access to all facilities thought to contain chemical or nuclear capabilities. If not, Cohen should go ahead and present his case to Congress and ask for a declaration of war before troops are sent to the area."

Time’s Up!

By Moses Lueth
Bear Facts Staff

The art of procrastination requires one to be confident to work in less time and still work effectively. Unfortunately, this can not be so. Because no matter how one looks at procrastination, it is always harmful in some way or form.

Different types of people procrastinate. There is no set category. The common truth among all of them is that most can’t help doing it because they will not change their thinking. It might even be fact that the writer of this story is a master procrastinator or maybe it is a requirement for journalism.

According to an article written by Karen Peterson of the Gannett News Service, there are six types of procrastinators.

- **Perfectionists**- reluctant to start or finish tasks
- **Dreamers**- vague, unrealistic, romantic
- **Worriers**- easily become overwhelmed, avoid risks
- **Crisis Makers**- love waiting until last minute, low boredom threshold
- **Defiers**- two types-aggressive argumentative and passive aggressive
- **Overdoers**- make extra work, don’t focus, candidates for burnout

Some tend to procrastinate in all aspects of life. "Too many distractions, so I put things off until the last minute," said Nathan McKern DMACC student from Ames.

Other students expressed reasons why they procrastinate. "There are better things to do than homework like hanging probably will always procrastinate," said Tiffany Condon of Boone.

Procrastination can be overcome, but it requires that a person change their attitude. Realizing that there is a problem is a vital step. Then changing gradually is the best way. It takes a long time to break habits, thus no immediate overhaul for a procrastinator.

Being able to procrastinate is not an admirable trait, because in the real world, there are deadlines, and if one cannot be punctual, there will be some firing going on.

"I probably do it (procrastinate) because I can get the work done in a short time. I get most of the work done. But I still have not got my Iowa license."

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It's not your father's gym!
DMACC sports facilities undergo several changes

By Joe Siple
Bear Facts Staff

The Boone campus gymnasium will take on a new look during the next year, as it undergoes a "face lift."

Recently, bleachers were removed from the upstairs part of the gym in order to improve the appearance of the entire facility. Some other improvements upstairs include new mirrors installed and a number of new weights put in. However, these are just the start of the changes the gym will undergo.

Larry Schroeder will be heading up the plans for improvements of the Boone campus gym. The first of these is a banner for each team in the conference, which will hang from the rafters. Schroeder will paint the new design on the gym floor. This will consist of several new designs from basketballs to a NJCAA logo.

The walls will also see some decoration. A DMACC emblem will be placed on one wall, possibly with synthetic letters. Schroeder will paint murals on another wall -- one will show the DMACC mascot, which resembles the Montana Grizzly and will replace the bear currently in place.

Lastly, the baby blue color, which is covering the gym now, will be painted over with white.

As the number of Boone campus students continues to grow and the school continues to add computers and other academic tools, its sports facilities are not far behind.

Back Row (l-r): Matt Parmenter(24), Sophomore, Des Moines; Jonathan Hodges(32), Freshman, Beloit, WI; Nick Greiner(50), Freshman, Boone; Matt Flynn(30), Freshman, Boone; Nathan Stoll(52), Sophomore, Denison; Brandon Rockow(44), Sophomore, Williams; Jeremy Summerlin(42), Freshman, Storm Lake; Chris Braun(40), Sophomore, Van Buren, AR; Chad Behn(20), Sophomore, Boone. Front Row (l-r): Chris Buckner(14), Freshman, Littleton, CO; Brian Caldwell(34), Sophomore, Boone; Coaches (not pictured): Terry Jamieson, Larry Schroeder, and Jamie Stowe.

Both teams put games in the win column

By Joe Siple
Bear Facts Staff

A great weight was lifted from the shoulders of the DMACC men’s and women’s basketball team over the past few weeks. Both teams brought in a victory; the men over Waldorf, the women beat Luther’s junior varsity squad. The wins both broke losing streaks.

Last Monday the women lost a hard fought battle with the visitors from Waldorf. It was a game that the Bears were in until the end, before the opposing team pulled away. "It wasn't until the last three or four minutes that the game got away from us," said Coach Carlson. "We played well, but we just couldn't get over the peak.”

Women win against Luther JV

However, the Bears bounced back to get a victory against Luther’s junior varsity on Saturday. Freshman Rhonda Schmidt was the leading scorer and the consistent play of Jeana Crouch was equally impressive. Also, Carlson credits Amber Walker as being a big difference in the Bears’ improvement. "Amber keeps getting better every game. If she isn't scoring, she is doing other things to help the team," said Carlson.

DMACC women overcame a 17 point half-time deficit to record their second victory of the season.

Men beat Waldorf at home

The DMACC men also got a taste of a win recently. They beat Waldorf at home in a game where they shot very well from the field. "The fact that we shot so well made up for all our mistakes," said Coach Terry Jamieson. Chad Behn led all scorers netting 26 and Brian Caldwell was right behind with 23.

The next game for DMACC was against Clinton in which Jamieson says the team had a let down. The Bears lost one that was within reach for virtually the entire game, said the coach.
TRUTH OR CONSEQUENCES

Can we separate the good guys from the bad?

By Lorraine Powell, Bear Facts Staff

With war looming on the horizon it would do us good to ask ourselves the following question: In war are there both good guys and bad guys? In other words, because one wears a white hat and one a black hat, does that make one good and one bad?

In my value system, war is always bad. It causes much harm and destruction to innocent people. If we were really informed as to what goes on behind the scenes of nation fighting nation, would we still be as willing to fight for our country's best interest?

Whatever the reasons for the war in the Persian Gulf, one thing is for sure. That war is not just about oil and not just about Saddam. Unless we are the privileged few in the inner circle, we may never know what power games are at play and what money interests are being protected or thwarted.

It's just too bad that the battle could not be fought by the top men of each country rather than by its citizens. How many men have gone to war wanting to kill innocent people? Not many, I would think. Nevertheless, the game of war is an expensive one which takes away many men's consciences and their will to make their own moral choices. The game is known as "killing for the sake of your country."

War evidently is inevitable. If there will always be war, then let it be for just causes and let the outcomes bring about just consequences.

By Melinda Gorman, Bear Facts Staff

To the editor --

Do the people of the U.S. want another war? I'm not just talking about a regular war, like Operation Desert Storm, where we protected Kuwait from Iraq.

Iraq won't be the only ones we'll fight; the Russians will back them up. The U.S. military is to carry out its mission, and the American people have to be ready as well," said President Clinton.

We can't ignore this situation. We're talking about a mad man who likes big toys that go boom. One toy could wipe out Iowa. This man is crazy and smart; he knows how to play the game. There's no compromising with him.

I hope that the U.N. and the Americans will back up the President's decision. However, if our unit is activated, I'll be ready. I'm not scared of dying. As a United States Army National Guardsman and a DMACC student, I support the president one hundred percent. If we go to war, may the Lord give our troops wisdom and knowledge.

Cory Williams, DMACC student

Heather's Hints For Happiness

By Heather Swanson

Pisces (February 19 - March 20)

You are half way through this semester finally, but remember the second half is just as important as the first. Relax, but don't lose sight of your goals.

Aries (March 21 - April 19)

You are a winner this week, but it may only be luck. Happiness is in the palm of your hand, grab onto it.

Taurus (April 20 - May 20)

Stop feeding people that live of bull, especially at home. If you allow your horns to shine through once in awhile, you'll be amazed at how relieved you and those around you will be.

Gemini (May 21 - June 21)

A big test has had you stressed these past couple of days, but don't let up. In the end it will not only help your grade point, it will boost your self-esteem.

Cancer (June 22 - July 22)

Only you can help decide your future. Stop being so insecure -- before others can believe in you, you must believe in yourself.

Leo (July 23 - August 22)

Don't be so outspoken, we both know your bark is bigger than your bite. Really listen to what you are hearing all around you -- it's being said because they care about you.

Virgo (August 23 - September 22)

Be patient! If you take your time, you will see positive results. Only fools rush in and you are too intelligent for that.

Libra (September 23 - October 23)

School is usually pretty easy for you to handle, yet you seem to be getting bored with it these days. You have to challenge yourself.

Scorpio (October 24 - November 22)

Stress is the last thing you need in your life right now. Writing is a good way of relieving some of yours. Use it to your advantage and you will benefit in more ways than one.

Sagittarius (November 23 - December 22)

Keep your priorities in order during these trying times. Studying must be at the top of your list. A good education will prove to be your key to a successful future.

Capricorn (December 23 - January 19)

Focus all your attention on your mid-terms these next couple of weeks. A mind is a terrible thing to waste and your ideas are wasted sharing with others.

Aquarius (January 20 - February 18)

Hard work does pay off in the end. The good marks you can achieve would be worth putting forth the extra effort.