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Banner News

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By Tuan Trinh  
Bear Fact Staff

As we have gone over half of our semester, most of us can’t wait for our first break during the Thanksgiving holiday. Probably, we can’t wait to see our family members, who we haven’t seen for a long time, together having a turkey dinner in one special evening. It’s really a wonderful time for all of us, but how many of us are actually thinking of some people who don’t have their own home, kids who don’t have parents, and our foreign friends who must suffer from the civil war in their homeland like Bosnia, Kenya, and Zaire?

Thanksgiving is the holiday when we could look back and appreciate many good things that we had during the year. Today, most of us usually forget the meaning of Thanksgiving. Do we ever look back just for a second and appreciate what we already had, thank our parents for their support, give thanks for the clothes we wear, thanks for the food we eat everyday, thank our friends who shared good and bad experiences with us, thank our teachers who we learned so much from, and much more?

We probably don’t know that we have already taken so many things for granted in our lives. If we were those people living in Bosnia, we would appreciate the peace we have in our country; if we were those children who have never see their parents, brothers and sisters, we would appreciate the family we have, and we would appreciate our small, warm apartment, especially in the winter of Iowa if we were homeless.

Things that we all take for granted can even be the dreams of so many other people who still struggle from the civil war in their homeland, who still open their hands asking for food on a cold day on our streets, and who still dream of having a real family.

Probably, Thanksgiving is a good time for us to sit back and remember those good time we had and together give a big “Thanks” for our lives. We could take only a second to think about those poor people around the world, praying for them to have such a good life as we have, and our lives will be so much happier if we are grateful of what we already have, even it is just a little simple thing.

Thanks to all of you who are such a great friends. Enjoy your Thanksgiving break next week.

Give Thanks....
Things we take for granted can be others’ dreams

Committee cast to conserve Campus Cafe

By Charles Whiteing  
Bear Facts Staff

There is growing concern on the Boone Campus that the Campus Cafe is not bringing in the revenue needed to keep it open. Kris Philips, Executive Dean of Boone Campus DMACC, appointed a committee to address the problems and concerns of the cafe. The committee is chaired by Vicki Lauzon, Boone DMACC financial director.

The committee met on Tuesday, November 5, in the Boone DMACC conference room. Philips, although he did not stay for the duration of the meeting, opened by explaining the different problems and areas of concern to be discussed. These concerns were the rental or charge-back paid by the cafe to operate on the campus; whether or not the menus are appealing to the students and employees; the prices of the supplies, and if the supplies could be purchased cheaper; the days and hours of operation; food prices, leftovers, and if any free meals are given; and if outside vendors would bring in more revenue.

The Campus Cafe pays $111.80 a month in rent or charge-back fees to DMACC’s District Administration. John Tometich, DMACC Controller, explained “charge-back” as follows: The maintenance costs (supplies and repairs) for the whole college are added up. The total cost is then divided by the square footage of the specific area, like the Campus Cafe. This cost then determines the rent for the auxiliary services: bookstores, food services, etc. The money is then budgeted by the District Administration for the college’s maintenance costs.

Ankeny is the only other campus that has a cafe or snack-bar, and their charge-back comes to $683.00 a month. The Ankeny campus cafe has not lost any profit this year.

In Stuckey’s estimation, the reason the cafe is not making enough money is because it is now located in the new part of the building where it doesn’t get the student traffic that is needed. Because very few classes are held in the new wing of the building, students don’t get exposed to the Courter Center. Bringing in outside vendors was another alternative discussed by the Boone campus committee. Outside vendors would be brought in to supplement the food already being served. Terry Jamieson, Boone DMACC athletic director, affirmed that he has the connections available if the committee decides to go that route. Urban Campus had a campus cafe that was run by outside vendors, but last year it was closed down due to lack of earnings.

Jamieson also volunteered to open the cafe as a concession stand during athletic events to bring in more business.

Opening the cafe for longer hours during the day, and also at night for the night students, was also discussed. This has been tried in past years but does not generate enough business to cover the cost of keeping the cafe open, according to RoseMary Stuckey, Boone Campus Cafe manager.

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Continued on page 8
Dean's Comments

Registration officially began Nov. 18. From preregistration results it looks like some of the classes are filling up fast.

I thought the drama production was the best one they ever did. It was really funny and well done.

Home athletic season begins Sunday with the Australian nationals.

After the next meeting of the Campus Cafe Committee, I'll be making my decisions from recommendations that were made.

We're into the winter season now. Watch for school delays and cancellations.

President of Mercantile Bank attends meeting

ATM being considered for Boone Campus

International Club to receive $400 from SAB

By Charles Whiting Bear Facts Staff

The results of the ATM survey are in. Theresa Johnson, president of the SAB, tallied up the surveys and presented the information at the Student Action Board meeting held on November 18 at 3:30 p.m. in the Courter Center.

Based on the survey information, 76% of the students surveyed, were in favor of an ATM machine on the Boone campus. 72% said they would use it one to two times a week; 20% would use it 3 to 4 times and 8% would use it daily.

Ben Gunther, president of Mercantile Bank, came to the Boone campus to talk with George Silberhorn, Boone DMACC student counselor and SAB advisor, about Boone campus being an ATM site. Gunther looked the building over and went through the surveys. According to Silberhorn, Gunther's feedback was positive.

The SAT3 unanimously voted on transferring the money from the now extinct Creative Writing Club to the newly formed International Students Club. The International students will be receiving $400.

The week before finals, the SAT3 is considering serving hors d’oeurves and refreshments to the night students. Because the night students do not get exposed to the activities that other students experience, the SAB thought that this might be a way to include them. Dana Hesser, SAT3 member, volunteered to organize this function.

Stacy Strovers, SAT3 member, researched food prices for a catered Thanksgiving meal for the Boone campus. Hy-Vee would charge $3.50 per person. Stacy also talked to representatives of the Golden Corral who said they could do it cheaper. This event is still in its planning stages.

Members present at the meeting were Amie Herrick, SAB secretary; Chris Abbott, SAB member; Terry Jamison, SAB advisor; Charles Whiting, Bear Facts SAT3 delegate; Johnson; Hesser; and Silberhorn. Members not in attendance were Joel Cox and Strovers, both elected members.

Date, time, and location of the next meeting is unknown at this time.

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Nashville Country” performed a week ago Friday in the Courter Center. The group was made up of Marcy Francis, keyboard and Roger Francis, singing, husband and wife who make up the Nashville, Tennessee-based duo. They were joined by Bill Alley, bass, (far right) DMACC leisure studies instructor on the Boone Campus.

Fighting for the “forgotten middle son”

Dave Palmer faces new legislature in ’97

By Charlie Whiteing Bear Facts Staff

Due to the legislature’s lack of understanding of community college affairs, the underfunding becomes very troubling for 2-year colleges. Last year DMACC had to lay-off nine employees, and now DMACC has to depend on adjunct and part-time faculty to a greater extent.

In the words of George Silberhorn, Boone DMACC student advisor, community colleges tend to be the “forgotten middle son” in between K-12 schools and Regents schools such as Iowa State, UNI, and U of I. Because of this “forgotten middle son” status, Palmer’s job becomes very frustrating. Due to the election year, he will have to start over educating the newly elected legislative members.

This year the appropriation request from the state for community colleges is $8.8 million and an added $3.5 million for instructional technology and equipment. This may seem like a large sum of money to most people, but Palmer said that community colleges “have the poorest record for per student funding in public education.” Palmer also relayed that although the Department of Education and ISEA (Iowa State Education Association) will have the request for the money in, it is still only a request.

Even if the state’s community colleges receive the appropriations for instructional technology and equipment, they run into another problem. Palmer explained that when the Icn (Iowa Communications Network) was started, DMACC was a little skeptical. They were not skeptical of the project, but apprehensive of the responsibilities that would be bestowed upon them. In the past it has happened that DMACC and other community colleges had been given the responsibilities of state created projects but ended up running them with little or no state funding.

Palmer asks each of the DMACC campuses to get involved: send their Student Action Board to the state capitol, and contact their local legislators to inform them of the problems and issues that community colleges face. Palmer stated that he “can provide some technical support to this effort but it is ultimately students and staff who determine whether this effort succeeds.”
Fall play, "Play On" a hilarious success

By Mark H Williams
Bear Facts Staff

A light hearted evening was in store for those who attended the fall production of "Play On." The cast performed to the sounds of laughter that filled the auditorium on October 8 & 9.

The show is centered around a group of actors as they prepare for opening night of the premiere of a new play. Prat falls and blunders abound. There was even a bit of romance in amongst the high-jinx.

The cast assembles on stage during one of their many rehearsals, hoping to get through the play for the first time. With less than a week to go before opening night, the cast is either drunk or valiantly trying to cover up for the drunk cast.

The ensemble cast was up to the challenges that "Play On" presented them. Among the many fine performances, Greg Hager as Phillipy Montague, was probably one of the funniest, being greeted with laughter every time he entered. Brooke McKnight was irresistible as Violet/Diana. First time actor Joe Siple as Billy/Stephen appeared so at ease, as if he'd played the character before.

The actors seemed to be enjoying themselves as they presented the show. For those in the audience who had worked on shows, many of the lines and jokes hit home. For even those who hadn't worked on a stage before, you could understand many of the jokes.

Over all, an enjoyable evening was had by all who attended the performances. Using the movie grading system "Play On" receive a C+. "Play On" -- by Richard Abbott, Director, Set Design, Costumes by Kay Mueller, Programs and Program Cover Design by Karen Wagner and Ron Erickson, Sound Effects by Jim Loos and Jim Bittner, Lighting by Mark Williams, Publicity by Don Ivis, Cast: Kathleen Brice, Dana Hess, Derrick Gorse, Angie Doddsena, Tina Smith, Tim Rose, Joe Siple, Brooke McKnight, Amos Angkasa, and Greg Hager.

Bear Facts

Giving thanks this Thanksgiving

By Mark H. Williams
Bear Facts Staff

Thanksgiving is a time for most Americans to give thanks for the past year. Many of the events of the past year have been good and many have been bad, however, we need to learn from the lessons that they have all taught us.

We should be thankful to live in a country where we can all agree to disagree. Difference of opinions is part of what makes America great. I may not agree with you and you may not agree with me, but we can still express ourselves, as long as we do not deny others that chance, or incite hatred or violence against others.

Some people would have that right taken away from them, making it a crime for any person to think or be different in any way, shape, or form. We, as a free society, can not allow that to happen. While all people have the right to express themselves, they do not have the right to negate any one else’s rights. Some people may have good intentions in their beliefs, but these beliefs have been twisted in the past by some into powerful tools for hatred and oppression.

We can be thankful for the diversity of our country. The many ethnic backgrounds have brought a marvelous cultural rainbow to our land. Sometimes the cultures do not see eye to eye, but each is still a part of this great country. We should be thankful that we are not one of the many warring countries, fighting over our ethnic heritage.

The many religions of the world are found in the USA, each one giving its own ray of light to this world. To protect our freedom we should never deny anyone the right to express their beliefs. But, also not allow anyone to force theirs on anyone else. Our government was founded with the belief in separation of church and state, and that is the way it should be.

The United States has one of the best education systems in the world. Here at DMACC most classes transfer to other state schools. DMACC classes are less expensive for students, are more personal attention oriented, and the instructors are more encouraging towards students. This attention toward students may be that extra something that makes the difference for many of us.

Why then do some people feel the need to cut funding for education, which would then hinder the opportunity for higher education for many? Could it be that they feel threatened by an educated public? Maybe. The old adage, "knowledge is a powerful tool," says a lot about what education can do.

Be grateful for the way the world is, with its ups and downs. What we should do from time to time is just "stop and smell the roses," even in the middle of a snow drift, which may not be all that far away!
Do moms, wives ever stop giving?

By Laura Mortan
Contributing Writer
English 117, Section B1

I wonder why we, as women, are putting ourselves in the back seat when it comes to giving and receiving from ourselves. It seems we do for everyone else, and save ourselves for last. We put our family’s needs and wants on the top of our list.

Do we as mothers and wives ever stop giving? From generation to generation it seems to change. I feel we receive more knowledge from experiences than we do by any other means. This is the way we were taught, and this is the way we teach our children.

Have we forgotten what giving is all about? It would be sad to think that all women would give up the act of giving just because they feel they give too much! Yes, we need to give to ourselves, but giving to others is what can make us a better person. Is there a happy medium? Would we feel fulfilled if we did it any other way?

When our children are toddlers, we teach them to share their toys with others. Why then, when they are adults, do they feel the need to hoard all they have? If society expects us to give, why then, are we expected to give any less than we did when we were children?

I feel that we are constantly teaching our children to give. At Christmas time, we try to instill the importance of giving and not receiving. Is there a better way to show them how to give, than by giving ourselves? Children learn by the way their parents act. Usually it is the mother that does the teaching. We buy the gifts for everyone, bake the Christmas cookies, and spread ourselves thin. Is this what is expected of us? Would it be wrong to show our children that we as mothers need to give to ourselves too?

Society expects a woman to give 100 percent. At one time you were expected to stay at home, cook the meals, scrub the toilet, can the tomatoes and wipe everyone’s noses. Society was comfortable with this way of living. If you tried to do any different, you were looked down upon.

Now in the nineties, you work full time, belong to the PTA, sing in the Sunday choir, and still tend to the needs of your family. It seems to have changed in the past thirty to forty years. Women wanted the moon, and society gave it to us.

We can choose to belong to this rat race, or create a new one of our own, but all in all, it still has the same outcome.

Now, what do we do with it? We can choose to belong to this rat race, or create a new one of our own, but all in all, it still has the same outcome. Women are still expected to be the givers of the family! It seems we give to our families all day long and for that last half hour before bed, we curl up with a good book, sip on a hot cup of cocoa, and relax. It is like preparing cheese cake for the family. You spend lots of time making sure it looks nice and tastes wonderful. Everyone then gets to have a slice, but before it is devoured, you get to taste it for yourself. You finally get a chance to see how your hard work has paid off.

Many years have gone by. I wonder if things have changed much. I still wake up in the morning and rush to the shower before anyone else wakes up. This gives me a little time by myself, before the day of giving begins.

First, I begin by waking up the family. Why can’t our children look up in wonderment, think, “Oh! My goodness! Today is a special day!” And then, I begin by making a breakfast, so big that it stays with them all morning long. This helps my children study harder in school. It also satisfies my husband, so he doesn’t feel hunger pains before the lunch break.

While the feast is being cooked, the children put on the clothes that I put out for them the night before. My husband finished his shower and puts on the clothes I pressed for him earlier. This is when I sip on a cup of coffee, giving a little time to myself.

Now it is time for everyone to sit and eat their breakfast. I make the children’s plates while my husband makes his. By the time it is my turn, there is not much left. The toast is burnt and the eggs, cold. As my loved ones finish their “breakfast of champions,” I tell them it’s time to go. They head out the door. I make sure their coats are zipped as I hand them their school bags. My husband gets a kiss goodbye as he rushes out the door. I give a big sigh as I shut the door, realizing that I am the only one left in the house.

Then, I finish my morning work before I head out the door myself. It is now time to go to my full-time job, where I give to others besides my family.

This cycle never ends, day after day.

This cycle never ends, day after day. Yet, I find happiness in it somehow. I give to others, and they give back to me in return. It could be a hug, the words “I love you,” or just a simple “Thank you.” Somehow these little things make me realize why I do what I do.

God gave us the ability to give. Do we use this special gift or just throw it away? Society wants us to give until we cannot give anymore. Then we are expected to give again.

Through the years, the giving has moved in different directions. We now have a job to balance on top of it all. As the years go by, it may change again, but who is to say that we did not want it anyway? Is it society that has made us givers or was it ourselves?

Remembering...

By Tuan Trinh
Bear Fact Staff

Staff writer recalls a strong, caring teacher/student relationship from his years in Viet Nam schools.

Living in the United States for almost four years, probably things in my life have already changed so much such as schools, friends, teachers, neighbors, holidays, and so on. Every year when Thanksgiving is just around the corner, it always reminds me of the date November 20th which is Teacher’s Day back in my country, Vietnam.

Teacher’s Day became one of the national holidays in Vietnam a long time ago. This is the day for student to show our appreciation to our teachers for what we have been taught. Beside our parents, teachers play one of the most important roles in students’ lives; they are those who have such an impact on students and educate students to be the best citizens in society.

On that day we don’t have school, but we usually come to our school to celebrate this special day with our teachers. In the morning we have a big ceremony on campus; usually the ceremony lasts about two hours. During the ceremony several students represent and stand in front of the whole school singing one of the most famous songs for teenagers in Vietnam called “Bui Phan.” The content of this song is about how happy we are to have such wonderful teachers and how grateful we are for what our teachers have done for us.

Also, several teachers sing some songs for their students to show their appreciation for having us as good students. We give our teachers flowers and many other gifts. I remember that some teachers left with more than 40 presents in their bags.

After the ceremony, we usually have a party at home with our teachers until late at night, and sometimes we picnic for the whole day. This day bring teachers and students closer. It helps us to care and respect each other more, and it gives us an unforgettable memory.

I really miss my school in Vietnam. Although my school is not as good as here in America (in a sense of modernization), at least we have found discipline, care, and respect from students for teachers and from teachers for students. And also we have found a strong bond among us.
Boone Campus instructor tells how he quit

“Great American Smokeout” encourages all to help smokers “kick” the habit on Thursday

By Melinda Gorman
Bear Facts Staff

DMACC Boone Campus’ own Larry Hughes, physical education instructor, quit smoking over ten years ago tomorrow. He thanks the American Cancer Society’s “Great American Smokeout” for helping him on his way.

The American Cancer Society encourages smokers to give up smoking for a day. The idea is to prove to smokers that they can give it up, and if for one day, forever.

The idea for the “smokeout” came from Monticello, Minnesota. The local newspaper encouraged people to give up smoking for at least one day. The local businesses sold lollipops instead of cigarettes. From there the “no smoking” day went state-wide, nation-wide, and international.

Hughes said, “The (former) librarian and Ginny Silberhorn (Boone Campus AAC Coordinator) volunteered to sponsor me for the day.” The job of a sponsor is to encourage the smoker and make sure he doesn’t succumb to the urge to smoke. They gave him little gifts of candy or gum and encouraging words throughout the day.

After one day Hughes realized he had done it. Hughes felt if he could get through one day why not try for three? He decided not to tell anyone. After three days he decided to try a week, then two weeks, and then a month.

Hughes said, “After one year, I finally had the courage to throw away my stash of cigarettes.” It was at this time he committed himself by telling others that he had quit. Before the “smoke out” he had tried several times to quit but had not been able to.

Hughes said, “When I finally committed, I threw my cigarettes away. I’ve never wanted another one since.”

Smoking students and faculty were asked if they would or could stop smoking for the day. Nancy Sullivan, Boone Campus student, replied, “I don’t think so.”

Julia Maljadi, another Boone Campus student, said, “Yes, I’ve been trying to quit, but it hasn’t been working.”

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Dr. James Bittner, Boone Campus English and humanities instructor said, “No. If I’m going to quit, I’ll just quit. I’ll take a lot of mental preparation. I have a supply of nicotine patches I’m not using.”

Mark Whitcher, computer literacy instructor, said, “Probably not. Always willing. I don’t think about it anymore.”

If they had to do it over, 81% of current smokers would not start smoking. Smoking is the most preventable cause of death in our society. Tobacco is responsible for almost one out of five deaths in the US and smoking accounts for 30% of all cancer deaths.

Blood pressure drops to normal
Pulse rate drops to normal
Body temperature of hands and feet increase to normal

Within 8 hours
Co level in blood drops to normal
Oxygen level in blood increases to normal

Within 24 hours
Chance of heart attack decreases

Within 48 hours
Nerve endings start regrowing
Ability of smell and taste starts to improve

Within 72 hours
Bronchial tubes relax, making breathing easier
Lung capacity increases

Within 2 weeks -3 months
Circulation improves
Walking becomes easier
Lung function increases up to 30 percent

Within 1 to 9 months
Coughing, sinus congestion, fatigue, and shortness of breath decrease
Cilia regrow in lungs, increasing ability to handle mucus, clean the lungs, reduce infection
Body’s overall energy level increases

Within 5 years
Lung cancer death rates of an average smoker (one pack a day) decreases from 137 per 100,000 to 72 per 100,000 people. After 10 years, the rate drops to 12 per 100,000 or almost the rate of nonsmokers.

Within 10 years
Precancerous cells are replaced. Other cancers, including mouth, larynx, esophagus, bladder, kidney, and pancreas decrease. There are 30 chemicals in tobacco that cause cancer.

All benefits are lost when you smoke just one cigarette a day.
Fascination with Mars still alive

By Lorraine Powell
Bear Facts Staff

Have you ever asked yourself whether there could be life anywhere else other than on this earth? And if there was life elsewhere, would it be the same as life as we know it?

Professor Lee McNair, DMACC Instructor of Sociology and Anthropology, has asked these questions and he has come up with some rather interesting facts...

McNair has a B.A. and M.A. in anthropology and sociology from the University of Missouri at Columbia. He does not have time to pursue these questions now as seriously as he would like to because he is working on his doctoral thesis at I.S.U. But, in his spare time and in the past years, he has devoted time to this study.

It all began when he read Richard Hoagland’s book entitled “The Monuments of Mars.” This book investigates photos taken by the NASA Viking Orbiter that was sent to Mars in 1976. This Viking Orbiter was sent there to sample the soil and to orbit the planet and take pictures of its surface. When these pictures were sent back to earth and reviewed, a very interesting object turned up on one of the frames. It looked like a human face. When NASA was asked about the so-called face, they said that it was merely a trick of light and shadow. However, even after being rephotographed from a different angle, it still came out the same. NASA, however, continued to say it was nothing but a natural formation of the planet.

McNair described the appearance of the “face.” He said that the “face” is 1 mile wide and 1 & 1/2 miles long. It has a pattern. It has a chin, a mouth, a nose, two eyes, and a certain shape of hair or helmet. It has a very distinct pattern to it as opposed to rocks on earth that have some resemblance to a human feature because erosion happened to give them a certain shape.

McNair stated that the most similar thing to it on earth is the sphinx in Egypt. The sphinx, however, is seated, and is half man and half lion. It is looking towards the horizon. The “face on Mars” is looking straight out into space. McNair said that based on his personal intuition, this object is “so much in the shape of a human face, that it seems unlikely that it is a coincidence. Therefore, it may be a sculpture left by a past civilization.”

McNair reported that some other authors, including Hoagland, have made interpretations that not only is the “face” some kind of religious object or signal to intelligent life elsewhere, but that other objects near it, are possible remains of a city that existed on Mars sometime in the distant past. However, no planetary scientists are willing to say that the “face” is more than a rock with a coincidental shape.

It is known today, that Mars, at one time in the past, had more atmosphere and liquid water on its surface. However, it is felt that as the planet tilted on its axis, the angle of the planet to the sun shifted, causing a disastrous change in climate. It got colder and drier.

Today, there still is not conclusive proof that Mars, at one time, supported life. But evidently there is enough conjecture about the possibility of microscopic life to motivate NASA to begin an extensive search for evidence of life by the launching of thirteen Earth-to-Mars spacecrafts over the next ten years.

This series of interplanetary voyages spaced 26 months apart, is supposed to culminate in the year 2005 with the return of Martian rock and soil samples. The Mars Global Surveyor has already blasted off and is to reach Mars in September, 1997. It will spend six months getting into orbit, then, two years mapping the surface from a distance of 234 miles. Russia just recently launched a 6-ton spaceship called Mars 96 which did not get into orbit but fell back into the ocean near Australia.

The goals of these missions to Mars are to search for signs of hidden water and microscopic life, to get a better understanding of what sent Mars into a deep freeze millions of years ago, and to study whether the geology and resources of this planet could support human life.

So, if there has been anybody up there, we may know about it over the next ten years. Until then, it is both exciting and challenging for each one of us to think about and try to answer the question “Are we really the only intelligent life in our Universe?”
Boone considers three new sports

By Jason Pugh
Bear Facts Staff

An approval from administrators and a sanction from the national office is what DMACC needs in order to have three new sports added to DMACC Boone Campus for next year.

The three new sports are men’s and women’s tennis, men’s and women’s soccer, cross country or golf. Athletic Director, Terry Jamieson, along with other administrators have not made the final decision of choosing cross country or golf, but tennis and soccer have already been decided as two of the new sports.

Jamieson spoke about the new sports: “Having these sports would increase enrollment, which would be great for the school. All the sports that will be added are low-budget sports. Along with these sports, I would like to see club sports also be added. Badminton would be a great idea for a club sport. The badminton players would compete against other schools such as Iowa State.”

Jamieson also added that he thinks DMACC would be the only community college with a cross country program if it is added.

Dean Kriss Philips talked about the addition of these sports: “We have researched both the plus and the minus sides of adding these sports. As long as they are approved, I think they will be a great addition to our school.”

There seem to be several good reasons to add these new sports: 1) it may cause an increase in enrollment, 2) since they are low budget sports it wouldn’t cost DMACC much money, 3) bringing more new students to DMACC may “hurry-up” the process of building dorms, and 4) DMACC would be distinctive in being the only community college with a cross country program.

These sports would be added to baseball, softball, and men’s and women’s basketball, already available to students on campus.

Bernie Saggau:
“You can do anything if the desire is there”

By Moses Lueth
Bear Facts Staff

Two weeks ago Bernie Saggau Director of the Iowa High School Athletic Association spoke to Boone Campus students and faculty about how to attain goals.

Saggau spoke of ways to achieve one’s goals in life. The theme of his speech was that with right skills and knowledge you can reach a goal. Along with that never give up in the path to that goal. There will be obstacles great and small that will entangle you, but you must remain persistent.

According to Saggau, problems cause progress. If you are never tested by adversity, you will be unable to overcome future problems. A good attitude is essential to overcoming problems the lead you astray from your goal. Saggau suggests that you adjust your sails to the changing winds.”

Saggau also stressed never to hate anyone and to treat all with equal respect as human beings. Adapting to new things is not always comfortable, but it will help you keep with the changing times.

“The only limitations you have are self imposed,” said Saggau. You can do anything if the desire is there. Don’t let others deter you from your path, “Sometimes our best friends are dreambusters.” They are only trying to protect you from failure. Saggau advised people to “Go out and make it happen,” and not be afraid of failure.

Saggau said to intelligently and aggressively pursue what you want in life and use your imagination. With a good attitude, skills, knowledge, and persistence, you will reach that goal.

Men’s head basketball coach resigns

By Jason Pugh
Bear Facts Staff

Last Saturday Marv Bouillon resigned as the men’s Head Basketball Coach. Kriss Philips, Boone Campus Executive Dean, commented on his resignation: “Coach Bouillon is a very busy man. He is a professor at Iowa State University in accounting which takes a lot of his time. Last Saturday Coach Bouillon talked to Terry Jamieson about somebody taking over the coaching job. From my understanding he would like to stay on to help coach.”

This now makes Terry Jamieson not only the Boone Campus Athletic Director, but also men’s and women’s basketball coach.

Both the men’s and women’s basketball teams open tonight at Kirkwood Community College. The women start play at 6:00 pm and the men follow up starting at 8:00 pm.

All the games on the Boone Campus are free and open to the public.

Graduate returns to speak

BOONE—Angela Cherryholmes, ISU journalism student, recently spoke to JNAD 120 (Introduction to Mass Communication) about her role in public relations with the Iowa State University sports department.

Cherryholmes, former editor of Bear Facts, studied journalism while a Boone Campus student, writing many stories for the school newspaper and also two articles for the recent issue of Advantage, DMACC’s publication that is mailed out to area high school students.

She said adjusting to her new role in public relations has been a challenge. “For someone trained as a journalist, you have to sometimes rethink your lead for a story when you work in public relations.”

After having recently designed the cross-country brochure for the ISU team, she found herself having to think as a PR person when she prepared the stories for distribution to the national media. For example, if an ISU runner doesn’t come out on top, she is still an ISU runner, and public relations works to promote the school.

Cherryholmes puts in long hours not only attending all home events for all the sports at ISU, but working over 20 hours in the office giving out statistics to such places as ESPN, when someone calls her office in the Olson Building.

“With someone like Troy Davis at your school, the phone is always ringing!”

In addition to her work, Cherryholmes carries 16 hours of college credit.
The survey, which was created by Theresa Blood Drive. All eligible donors can competed in the contest. In addition to Whiteing, Hughes, and Williams (bottom photo, John Doran, Larry Hughes and Mary Jane Green. Hesser, who came in second. Faculty serving as judges were Lee McNair, Pat Thieben, away with the traveling trophy in 1st place was the journalism "team" made up of Sharon left to right) was the basketball/drama team of Brian Caldwell, Brandon Rockow, and Dana.

Final Exam Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Exam Time</th>
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<tbody>
<tr>
<td>Dec 12</td>
<td>8:05 a.m. - 9:30 a.m.</td>
<td>8:00 a.m. - 10:15 a.m.</td>
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<td>11:15 a.m. - 12:40 p.m.</td>
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<td>2:25 p.m. - 3:50 p.m.</td>
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<tr>
<td>Dec 13</td>
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<td>10:10 a.m. - 11:05 a.m.</td>
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<td>12:20 p.m. - 1:15 p.m.</td>
<td>1:00 p.m. - 5:45 p.m.</td>
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<td>Dec 16</td>
<td>6:55 a.m. - 7:50 a.m.</td>
<td>7:00 a.m. - 9:15 a.m.</td>
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<td>11:15 a.m. - 12:10 p.m.</td>
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<td>1:25 p.m. - 2:20 p.m.</td>
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<td>3:35 p.m. - 4:30 p.m.</td>
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<td>Dec 17</td>
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<td>Dec 18</td>
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<td>12:50 p.m. - 2:15 p.m.</td>
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Evening/Saturday final exam schedule - Fall 1996

Evening classes will have their finals at the day and time of the final regular class meeting.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Dec 16</td>
<td>Last Monday night classes (Final Exam)</td>
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<tr>
<td></td>
<td>Last Tuesday night classes (Final Exam)</td>
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<td>Last Wednesday night classes (Final Exam)</td>
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<td>Last Tuesday/Wednesday night classes (Final Exam)</td>
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<td>Last Saturday class (Final Exam)</td>
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NSU asking for blood donors in December

Blood Center of Central Iowa--

Sometimes, in the midst of our hectic lives, we forget to make time for things that really matter--like sharing the gift of life by donating blood. It takes less than one hour to give someone else another chance at life.

Join the Blood Center of Central Iowa and members of Nursing Students United in their caring commitment to hospital patients of central Iowa by becoming a volunteer donor at the upcoming DMACC blood drive. All eligible donors can donate on Monday, December 9, between the hours of 8:00 a.m. and 2:00 p.m. in the (Courter) Student Center.

To be eligible, donors must be 17 years of age or older, weigh at least 110 pounds, be in good health, and, have eaten a good meal prior to donating. To make an appointment, call Connie Booth at 412-7203, ext. 1070.

Since seven out of ten people will need blood at some point in their life, patients depend on dedicated donors to give regularly. Take an hour out of your busy schedule to donate blood and make the difference of a lifetime.

Melinda's Musings

According to a news article, the Gorman family income is below poverty level. Yet they have a car. They have a three-bedroom house to live in. They have carpeted floors in their house. The children have toys and games to play with, books to read, and clothes to wear. Mrs. Gorman washes nine to twelve loads of laundry a week with her washing machine and dries it in her electric dryer.

Granted some of the toys, games, and books are used. Some of the clothes are hand me downs many times over. Some of the clothes Mrs. Gorman and her children wear were hand made by Mrs. Gorman.

Before thinking "how sad," take a trip to Tijuana, Mexico where the Gorman family might be considered quite rich--where houses have tin roofs and pallets are used for building. Rubber tires are used at the base of houses like foundations or filled and used for stairs. Houses may not necessarily have wood floors, they may be dirt. Where outside toilets are more common or perhaps toilets that flush but the plumbing leads out to the road or a yard.

It's been said of people who have little, they have different priorities. Things don't mean as much to them. Is it true? Or is America such a materialistic society that whoever "gets the most wins." Wins what? Why status of course! Like the nobles of mid-evil society we borrow to increase our households and appear of great status.

The point is that the poor of America is rich when compared to other parts of the world. Thanksgiving is a season where Americans take an inventory of their many blessing. Too much of what we take for granted or consider rights would be a privilege to others, such as warm houses, inside plumbing, or shelves full of food at the grocery store. America truly is a blessed and prosperous country.