10-25-1995

Banner News

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This book is available at Open SPACE @ DMACC: http://openspace.dmacc.edu/banner_news/166
Shannon Daniel and Dana Hesser rehearse for the Boone Campus Dinner Theatre.

The cast of Barefoot in the Park will present its first performance tomorrow, October 26 at 3:30 p.m. in the Boone Campus Theatre. This final dress rehearsal of the show, before opening to the dinner theater audience on October 27, is open to all students, faculty, or staff not able to attend the weekend performances. Ticket sales for the two shows ended last Friday with sales going primarily to students, parents, senior citizens, and faculty, according to Kathy Kirkegaard, ticket-sale coordinator for the two shows.

The Communications faculty will act as servers for the dinner theatre and the play is being directed by Kay Mueller, Boone Campus speech and drama instructor. Dinner will be served at 7 p.m. Friday and Saturday with the show at 8 p.m.
Cox voted in as SAB president

By Anna Steele
Bear Facts Staff

The first meeting of the Student Action Board (SAB) was held at 8:50 a.m. on October 13, in advisor, George Silberhorn’s office.

The purpose of this meeting was to elect a president. Joel Cox received a unanimous vote.

As president he plans to get SAB more organized. “Right now SAB is not very organized, but we hope to start scheduled bi-weekly meeting that will be open to entire student body. In order for everyone’s voice to be heard, we encourage anyone to attend the meetings.”

The meeting concluded at 8:56 a.m. after briefly talking about the NCA meeting to be held that following Monday (October 16).

Money for displaced homemakers

By Maggie Stone
Contributing Writer

If you are a single parent, displaced homemaker (divorced, widowed, or your spouse is disabled), or a single pregnant woman, and if you fit the financial and educational guidelines, you may be eligible for assistance with your child care and/or transportation expenses while attending classes at DMACC. Check with Maggie Stone in Room 124, Office hours: Monday-Wednesday 8:00 a.m.-4:30 p.m., to obtain additional information. Phone: 515-432-7201, Ext. 1090 or 1-800-632-2127, Ext. 1090.

The Displaced Homemakers Center was established nine years ago to assist single parents, displaced homemakers, and single pregnant women to prepare for employment to enter or re-enter the workworld. Services include career assessment and counseling, academic, pre-enrollment, financial aid counseling, and the financial assistance toward child care and transportation expenses.

DMACC writing contest worth $500 scholarship

By Jamie Lowe
Bear Facts Staff

Rick Chapman, Communication/Humanities Instructor at the Ankeny Campus, announced the start of DMACC’s yearly creative writing contest. Works may be submitted beginning now until midnight Monday, December 4, 1995.

Guidelines

To be eligible a student must be registered for the Fall ’95 term. Those entering are only allowed one prize. The cash awards include $100 apiece for the best story and the best poem and $50 each for the runner-up in the above named categories.

The best overall writer will receive a $500 scholarship ($250 from the Student Action Board at the Ankeny Campus and $250 from the Ankeny Campus Foundation). The Best Writer Runner-up will receive a $250 scholarship ($125 from Ankeny Campus Student Action Board and $125 from the Boone Campus Foundation).

The manuscripts that win or those that receive honorable mention may be published in EXPRESSIONS. The judging will be done by DMACC personnel. The judges and coordinators reserve the right to decided if prizes will be awarded in all categories. The entries will be judged anonymously and will not be returned.

Manuscript

The contest must submit at least three original manuscripts and may submit up to five. This is done so that the best writers are selected and not the best work.

The works must be poetry, short fiction, or personal essay. The personal essay may only be single, sustained narratives and NOT arguments, analyses, or expositions. For those who are interested in publication: the shorter the work, the more likely the publication.

The manuscripts must be typed (double-spaced) and accompanied by a single cover sheet that includes: the titles of the pieces, the author’s name and social security number, college program, home address and phone number; and a signed statement as follows:

“The following pieces of writing are solely, my own work. I am currently a student at DMACC (if you’re interested in the scholarships, add that you plan to be enrolled fall, 1996). I do not object to the publication of my writing if it is properly acknowledged.”

Title each piece at the top of the first page, but the name should be left off because entrant numbers will be given to ensure anonymity.

Please send your work to: DMACC Creative Writing Contest R.W. Chapman, Contest Coordinator Sciences and Humanities Department Bldg. 2 Ankeny Campus 2006 N. Ankeny Blvd.

Ankeny, IA 50021

Call Chapman at 964-6535. If you have questions. If he’s unavailable, he requests that you leave a message on his answering machine.

Second year nursing students learn about crack babies

By Lou Blanchfield
Contributing Writer

On Friday, September 29, ten second-year nursing students accompanied instructor Lou Blanchfield on a field trip to Des Moines. Their agenda included a presentation by Dr. Riswan Shah, a pediatrician at the Family Ecology Center, whose practice is almost exclusively caring for infants and children who are victims of abuse and chemical dependent children; and a tour of the Neonatal Intensive Care Unit (NICU) at Blank Children’s Hospital.

The students agreed that “me experience was enlightening and educational event.” Those attending were Jim Andersen, Shannon Daniel, Rhonda Dittmer, Denise Handland, Julie Hull, Matt Klobbe, Kathy Krafka, Kris Maahs, Sherilyn Ritter, and Jodi Scanlan.

In preparation for the day’s activities, the students researched some of the possible effects of maternal drug use on the fetus. Research indicated that intravenous exposure to cocaine or crack (even second-hand crack smoke) can have devastating effects on the baby. Newborns in this situation exhibit jittery muscle tone, incessant crying and increased irritability; which can lead to seizure activity, respiratory depression and death. They may also exhibit life-long developmental problems, including delayed motor and psychological skills, and hyperactivity with a tendency toward irrational violent behaviors.

Dr. Shah reported that statistics for Iowa show that 1 in every 3 females and 1 in every 5 males are faced with some form of abuse during their lifetimes. These abuses could be physical, emotional, or sexual in nature. During the tour of Blank Children’s Hospital, an NICU nurse explained some of the extensive, year-long training given to their nurses to prepare them to care for compromised infants. The students were able to observe a nursing assessment of an infant born prematurely at 24 weeks gestation (40 weeks is normal). This baby weighed one pound at birth, but on the day of this visit weighed only 14 ounces. The baby would have fit into the palm of an adult’s hand. He was being sustained with oxygen, feeding tubes, and IV fluids.

The students were informed that babies born this early are unable to tolerate much external stimulation, so their environment in the hospital is kept dark and quiet to minimize any over-stimulation that could cause them any additional problems.
By George

Vittles with Vern and Virginia

Chit-Chat offers homestyle food

Want to eat some homestyle food in a hometown atmosphere? Then go west young person and try the Country Chit-Chat Restaurant located in downtown Ogden at 413 W. Walnut Street. It’s on the south side of the old Lincoln Highway across the street from Coast-to-Coast Hardware.

Vern says try the daily specials which tend to be “farmer-type” meat and potato meals. “The roast pork and the beef and noodles are scrumptious. In addition customers will find an abundance of sandwich choices. Unfortunately, weight-conscious selections are limited.

Deserts are good too. Virginia’s favorite is a dish of soft vanilla ice cream topped with a packet of apple butter from the jelly rack found on the table. “It’s heaven!” She adds, “It’s the only place I’ve ever found apple butter in the jelly selections.” The homemade pies are especially tasty with many delectable choices.

Like so many Midwestern cafes, the Country Chit-Chat caters to the breakfast and lunch clientele. Service is friendly and efficient. Seating is very ample as is parking. Prices are reasonable because meals cost less than five dollars.

---CLIP AND SAVE---

WEATHER CANCELLATION INFORMATION

If weather conditions in the early morning hours warrant, Executive Dean Kriss Philips plans to arrive at the decision to cancel classes due to inclement weather no later than 5:30 a.m. As soon as a decision has been made to cancel Boone Campus classes, the announcement will be called into the radio stations listed below as well as recorded on the Boone Campus telephone system.

KWBG-AM (1590) Boone
KCIM-AM (1380) Carroll
KKRL-FM (93.7) Carroll
KDLS-AM (1310) Perry/Jefferson
KDSL-FM (101.7) Perry/Jefferson
KLSN-FM (98.9) Jefferson
KEZT-FM (104) Ames

The announcement on the telephone system can be accessed by dialing 432-7203 directly or be contacting the Boone Campus through the toll free number 1-800-362-1127.

If the weather conditions during the school day warrant an early dismissal, Philips will make the decision, notify staff and notify the radio station as soon as possible. The decision to cancel evening classes will most generally be made by 4:30 p.m.

---CLIP AND SAVE---

Staff Editorial

As you’re sitting in class, or in the Court reading Bear Facts, right now, just take a look around the room. You may see some of your friends, teammates, peers, and some others you may know. But what about that person in the corner you never really noticed, or didn’t want to talk to because of their dress or looks.

As I sit and observe the campus, we have our own little cliques or groups that we feel comfortable in—just like any other campus and life in general. But it’s a problem with our nation and our society. Why do we look upon others because they wear different clothes, or have a different body shape?

I know that it’s a problem everywhere and this editorial may not help, but would it actually hurt people to say “hi” to someone they don’t think that their friends would accept? It is a form of prejudice that few people think about.

The American Heritage Dictionary defines prejudice as “an adverse judgment or opinion formed beforehand or without knowledge or examination.” Some person you haven’t approached yet, may be the best friend you will ever have.

For the Bear Facts Staff

By Tony Stewart

Ask Audrey

Dear Audrey,

Do you think O.J. is really guilty?

Signed, TL

Audrey Says:

O.J., O.J., O.J. I am in O.J. overload, but since you asked, here it is. It doesn’t really matter what I think about O.J. Simpson’s guilt or innocence, because a jury of his peers has acquired him. I do have a bit of advice for Simpson’s girlfriend Paula Barbieri: Watch your back, your front, but most of all your neck.

Across Iowa, many high schools and junior highs are going to be installing dress codes. What does that mean to you, a DMACC student? Not much really, but it may mean something to your little brothers or sisters, or dare I say it, your children.

In August of this year, the Des Moines city council voted to ban gang related clothing. But it’s a problem with our nation and our society. Why do we look upon others because they wear different clothes, or you can’t wear a T-shirt, or you can’t wear a pair of jeans, or have a different body shape?

I believe that there are some inappropriate clothes out there for children or high schoolers to wear but not any of these. Anything depicting an illegal substance, or anything showing offensive language, ya, may be deemed unsuitable.

What’s next? Calvin Klein clothes, or you can’t wear a Cleveland Indians hat because it may offend the Native-American population? America needs to pay more attention to what goes in our heads than what’s on it.

What doesn’t? It’s everywhere. But should it be banned? A Budweiser shirt with a couple frogs on it doesn’t mean that that person is an alcoholic or even drinks. And when was the last time a drive by shooting was over someone wearing a San Diego Chargers jacket in a Houston Oilers neighborhood?

So, what do you do? Look for something safe and secure? There are few totally secure careers. Your success and career happiness will greatly depend on how well you respond to each new problem as it occurs.

Mistakes are unexpected events that cause you to proceed toward a positive solution. Capitalize on “mistakes.” React with the intelligence, resourcefulness, and ability to be a survivor. Don’t hide from mistakes, don’t fear them. Deal with them.

Vern, along with a DMACC student, Audrey, has asked me to write a column, for the rest of your life? What college major will you do after you graduate? For the rest of your life? What career of choice; study the college major you really want, choose to follow your heart, your inspiration or someone’s permission. Act on your best instincts. Be cautious, to be reasonable, but don’t fear them. Deal with them.

Each new problem as it occurs. Don’t hide from mistakes. The worst that could happen is that your parents will disown you, kick you out of the house, cut off financial support; or that your parents will disown your career pursuit is that everyone will recognize the mature adult you, a DMACC student? Not much really, but it may mean something to your little brothers or sisters, or dare I say it, your children.

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What’s next? Calvin Klein clothes, or you can’t wear a Cleveland Indians hat because it may offend the Native-American population? America needs to pay more attention to what goes in our heads than what’s on it.
Campus Cafe and custodial staff serve DMACC-Boone’s primary needs

Gary Johnson

For the past year and seven months, Gary, has been the Building and Grounds Supervisor. The diversity of his job makes it enjoyable. While, trash on the grounds is an annoying aspect of his job. He has yet to find any bizarre or unusual things that were forgotten by any of the students.

Together with his spouse, Diane, they have a daughter, Lori. They also have a grandson named Jimmy. Some of his hobbies and spare time interests include hunting and fishing. Computers are also a pastime. Spending time with his grandson is a pleasure. The knowledge that he has gained over the years enables him to do a wide variety of tasks. This aspect is what he feels makes him unique.

The tobacco free environment here at the Boone campus is something Gary enjoys keeping his assigned area clean. He most dislikes people who don’t read the signs and obey the rules. Overall, Harold has found the entire campus interesting. He has yet to find anything that was unusual or strange that one of the students left behind. He recalls one of his most embarrassing moments to be going into the nurse’s lab room in the dark for the first time and finding a mannequin seated in one of the chairs.

Days of Thunder and Forrest Gump were his favorite movies. He also enjoys Chinese food and the Mandarin restaurant. The colors red and blue are included in his list of favorites. He enjoys the fall season. Demi Moore is his favorite actress, while Tom Hanks is number one for favorite actor.

During his spare time he likes to go to the stock car races. Fishing and camping are enjoyable pastimes. A good sense of humor is one aspect that he feels makes him unique. However, he would change his gray hair back to his regular color.

If he were granted three wishes of his choice they would be for health, happiness, and good fortune. Australia would be his destination if he were able to go anywhere in the world for the day. He would like to experience the culture as well as see what it is really like there.

Bud Schwartz

Custodian

Did not return questionnaire

Gary Johnson

Harold Hagaman

During his four months of employment here on the Boone campus, as night custodian, Harold has found that he enjoys keeping his assigned area clean. He most dislikes people who don’t read the signs and obey the rules. Overall, Harold has found the entire campus interesting. He has yet to find anything that was unusual or strange that one of the students left behind. He recalls one of his most embarrassing moments to be going into the nurse’s lab room in the dark for the first time and finding a mannequin seated in one of the chairs.

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Bud Schwartz

Custodian

Did not return questionnaire

Arnie Egeland

Payday is the best part of this custodian’s job. Even though he has only been employed for six months, Arnie, has learned to dislike the bees and wasps that he often comes into contact with. The common’s kitchen is his favorite part of the campus. He feels that it helps him to keep up his image.

His spouse, Sharon, is 29 and holding. His son Dan, 23, was recently married to Patsy. Dale, 20, is eligible for someone smart and good looking.

He describes what makes him unique as being his ability to be a jack of all trades. Changing one thing about himself would be to have a full head of hair with more brains under it. In his opinion, looks are only skin deep, but ugly and stupid go clear to the bone.

Trail riding, horse shows, rodeos, and auctions are some of the things that Arnie does in his spare time. Sirloin steak is his favorite food. His favorite actor and actress are O.J. Simpson and Mariska Clark.

If he were to be granted any three wishes of his choice his first would be for good health and longevity for his family. Secondly, he would wish for fifty of the best horses ever born. Finally, for his third wish, he would ask for a cattle ranch with an auction barn. He would like to be an auctioneer there.

Arnie would like to go to Nebraska if he were to be given the opportunity to go anywhere in the world for the day. He has three children there.

Arnie discovered something unusual on campus that the computer just wouldn’t accept. It was a fake fingerprint. Even though he admits to being shy he is not too easily embarrassed.

Joy Bartley

At the present, Joy’s hometown is Boone, Iowa. For six years she has been a part of the lunch staff here on the campus. Most of their customers make her job enjoyable. The grouchy and snotty customers are what she least likes about her job.

Joy is married with three adult children and five grandchildren. The Loyd Courter Center is her favorite part of the campus. She feels that it adds some class to the Boone Campus.

Joy Bartley

Rosemary Stuckey

Talking with the students makes Rosemary’s job as part of the lunch staff enjoyable. She has been employed on the Boone campus for five years. The new Loyd Courter Center is her favorite part of the campus.

During her free time she enjoys cooking and reading. Fall is her favorite time of the year.

Her spouse, Denny, is a Line Foreman for IES. Todd, one of their two sons, lives in Tulsa, Oklahoma with his wife, Jodie. Their other son, Scott, is a student at Iowa State University.

Having been to Hawaii twice in the past, Rosemary would go there if she were given an opportunity to go anywhere in the world for the day. However, she suggests that you take two weeks instead of one day.

Aaron Hemstreet

Custodian

Did not return questionnaire

Jody Newbold

Photo not available

Jody’s hometown is Boone. She has been employed here at the campus for five years as part of the lunch staff. She enjoys being around the students.

Bill, her husband works for Pacific Railroad. Together they have four children and four grandchildren. In her spare time she enjoys finishing antique furniture.

Her favorite part of the campus is the Loyd Courter Center because it has all the windows.

John Hilsabeck

John is one of the custodians here on the campus. He has been employed here for six months.

Blue is John’s favorite color. As for animals, he favors dogs. He also likes the fall season.
How "evil" is Halloween?

By Jamie Lowe
Bear Facts Staff

Halloween is a holiday that is celebrated by many people. Most see it as a holiday of costumes, trick-or-treat, ghosts, goblins, and pumpkins, but few realize that is has a religious connotation behind it. Today in many schools there is a controversy as to whether or not the holiday should even be celebrated.

According to the book, Anniversaries and Holidays, Halloween is a Christian fall harvest festival that was established in the seventh century. It is also the celebration of the pagan New Year holiday. The two have been combined in different ways to celebrate what we call Halloween.

The people would build a bonfire on October 31 to keep the ghosts out of town. In Christian beliefs, children would parade through town on All Soul's Day Eve (October 31) and would offer to fast in exchange for money or an offering.

It has been assumed that the trick portion of the holiday comes from that fact that people would play practical jokes and would blame them on ghosts and fairies. According to the Anniversaries and Holidays book, in early America this practice was very common and by the World War I and WW II era some of the events became downright rowdy. This tradition is still carried on today by teenagers across the country.

In a Des Moines Register article, by Kevin Thompson, he sees Halloween as a holiday that is corrupting our ability to become a "truly pluralistic and democratic" world. Symbols such as witches, vampires, devils, skeletons, and ghosts don't only point directly to death, violence, and evil, but they also are detestable to God. He feels that all religious celebrations should either be allowed or banned in our schools in order to obtain the "truly pluralistic and democratic" world.

The pumpkin carving ritual dates back to the Irish people who carved rutabagas, turnips and pumpkins as stated in the Celebrations book. There is an old Irish story about a man named Jack who tricked the Devil. Upon his death he was not allowed into Heaven or Hell. While wandering the earth to find an eternal resting place he was eating a turnip and the Devil threw him a hot coal straight for the fires of Hell. Jack then put the coal in the turnip and has since traveled the Earth with his "Jack-o'-lanterns."

According to the Celebrations book, goblins and fairies are believed to really be kings and heroes with a touch of divinity. It has been said that when Christian bells toll and the ghosts are sprinkled with holy water they shrink to become these creatures of the night.

According to the same Des Moines Register article Thompson states, "What few people seem to know is that Halloween is as much a religious holiday as Christmas and Easter. The only difference is that the people who celebrate its true meaning do so in an underground fashion."

Rezoomers: Good way to get acquainted

By Maggie Stone
Contributing Writer

If you've been out of school for a few years and are resuming your education, you may want to check out the REZOOMERS CLUB. The club is a good way to get to know others, share information, and get better acquainted with the college system. Meetings are held twice monthly, generally the first Wednesday and the third Tuesday between 11:30 a.m. and 1:00 p.m. in the conference room just east of the Lloyd Courter Center, Room C-111. Students are encouraged to come and go as their class schedule permits. Programs of interest are held periodically. On October 11, Jimmy Silverthorn from the Academic Achievement Center, shared techniques on how to take the anxiety out of test taking. Other programs of interest will be presented throughout the year.

Bear Facts

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The Bear Facts welcomes all letters in an attempt to provide a forum for the many diverse viewpoints of the campus. The views expressed in the Bear Facts are not necessarily the views or endorsements of Des Moines Area Community College or the Bear Facts editorial board.

Letter Policy
Letters should be no longer than 200 words, signed and brought to the Bear Facts, Room #210 and slipped under the door or mailed in care of the college. The Bear Facts reserves the right to edit as necessary for liberal content, clarity, shouting, grammatical or spelling errors and clarity.

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OCTOBER 28TH
FREE COFFEE AND DONUTS
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Along with leading national journalists...

**Six DMACC-Boone students attend SPJ national convention**

By Bear Facts Staff Writers

Discussing news stories from O.J. Simpson to local school-board issues, journalists from all over America met in St. Paul, Minnesota for the Society of Professional Journalists' '95 Convention on October 11-15. Over half of the Bear Facts staff from Boone Campus traveled to St. Paul, to meet with world-renown journalists and attend workshops covering subjects from how to cover disasters in your community to ethics for journalists gathering information on the Internet.

Those attending the convention included Jan LaVille, Bear Facts advisor; Angela Cherryholmes, Bear Facts Editor-in-Chief, and the following staff members: Audrey Burgs, Tony Stensland, Julie Cronin, Tony Stewart, and Jamie Lowe. Students had this to say about the trip:

**T. Stensland:** My highlight for the trip was hearing Michael Gartner speak. With his ideas on adding what he called, "tomatoes" to a newspaper, I began to gain an understanding of what is important in journalism. Mr. Gartner's definition of "tomatoes" is the information that people are interested in reading: items such as school lunch menus, bowling scores, election results. These are stories that are read and ones that often end up on refrigerator doors and discussed over coffee.

Michael Gartner of the Ames Daily Tribune impresses many students with his humor, practical advice, and outlook for the future.

The convention gave me a new respect for the importance of journalism and the professionalism that is needed in the field. I learned that doing the job well, reporting the facts and keeping the readers interested, is both difficult and rewarding. The role of the journalist is to inform, the convention taught me, and that is a very necessary role.

**A. Burgs:** I am interested in editorial writing. I most enjoyed a session during the SPJ convention that showcased award winning editorials. One of the winners was Greg Shandley from radio station KUNI at the University of Northern Iowa. Shandley won his award for the production of radio commentary done by volunteers from his community.

The winner who made the greatest impression on me was Tim Redmond of the San Francisco Bay Guardian. He was fiery and passionate. Redmond won his award for a series of editorials that have brought attention to shady dealings between the National Park Service and real estate developers in his area. I left his session feeling inspired and with a better understanding of what a good editorial should convey.

Hearing Michael Gartner speak on the final evening tied everything I'd learned over the weekend together. He admonished the assembled journalists to remember that their job is to report the news and give the facts. I'll remember that.

**J. Cronin:** The highlight to my weekend at the SPJ convention was meeting Michael Gartner. He was the best, the cream of the crop to broadcast. The most captivating portion of this session was delivered by a news director from an Oklahoma City station. She discussed the bombing and how it hit her station, dealing with the tragedy both professionally and emotionally.

**J. Lowe:** I enjoyed the opportunity to hear so many opinions on the many vast subjects discussed. It was interesting to think about how much of the information that was shared at the convention could really apply to any career or area of life. There were opportunities to hear a speaker in every area from the very technologically advanced fields, such as the vast information that can be obtained from the Internet to the common and practical uses of research. There was something there for everyone to learn from.

Interesting to learn that the problems we have in central Iowa are indicative of those experienced throughout the United States.

The thing that fascinated me the most was the realization that many of the problems that face our small campus and our small communities are the same thing that people face over the United States. Many of the students and journalists that attended much larger schools reside in much larger communities, but they seem to have the same problems as we do.

**A. Cherryholmes:** I had so many different highlights from the SPJ convention it is difficult to pin-point it down to one. The most important to me was Michael Gartner's speech, but close second would be the broadcasting session, dealing with live segments.

This interested me because I am considering the field of broadcasting. The most captivating portion of this session was delivered by a news director from an Oklahoma City station. She discussed the bombing and how it hit her station, dealing with the tragedy both professionally and emotionally.

Sam Donnellson, ABC News reporter and SPJ president Reggie Stewart converse with members following the Simpson roast.
Men on the road

By Aaron Wright
Bear Facts Staff

Nicole Feeney, a sophomore at DMACC-Boone keeps herself very busy, participating in the women's basketball and softball teams.

Has several role models

Nicole went to Boone High School where she was coached by Mr. Ettinger for basketball and Mr. Dighton for softball.

She has received numerous awards while in high school, not only for athletics but also academics. Nicole received awards for being on The National Honor Society, All-Mid Iowa Basketball, state cheerleader, first team Mr. Dighton for softball, Mr. Etringer for basketball and awards while in high school, not for being on The National Honor School where she was coached by all-conference for softball and the 1994-1995 season were, 10

“Always give 100%, and never be a quitter.”

Advice Nicole would give to young athletes or kids growing up today is, “Always give 100% and never be a quitter.”

With the men's basketball team coming into focus for the 1995-96 season, the DMACC Bears traveled to Grand View College on Thursday evening for a scrimmage. The Bears lost both games to the Des Moines-based NAIA school by a very close margins.

"Right now we are just practicing for the season. We are able to put in different line ups to see how they look. There's a couple of things we could brush up on,” said Coach Russ Jones.

On Sunday, the men were back on the road again taking a four-hour trip down to Central Missouri State University in Warrensburg. In the JUCO jumble, DMACC won one game, but fell in two by three points or less.

"This is a learning experience. It gave me a team a feel of the competition that is out there,” said Jones.

Teams in Warrensburg included Kamper Military, Penn Valley, Western Iowa, Creighton, and others. DMACC opens at home on November 11th in the Boone Campus Gym.

Boone Campus Gym.

In addition to her basketball career at DMACC, Nicole has many mentors. She looks to her father, Mr. Dighton, her high school coach, and a high school teacher Mr. Wells. "They all taught me to be the best and never quit.”

Nicole comes from a big family from whom she gets a lot of support. Her mother and father Ed and Marilyn and her three brothers Jim, Larry and Joe, her three sisters Lori, Lisa and Jenny all play an important role in her life.

The Washington Bullets, with Mark Price, may even be strong enough to dethrone the Magic. Pat Riley era, who took his team to the NBA Finals, but are deemed uncoachable. It is to be hoped that all around nice guy, number one pick Ed O’Bannan doesn’t follow. The 76’ers with Clarence Weatherspoon, and stud-child Jerry Stackhouse will finish sixth. While the Boston Celtics, have a whole lot of rebuilding to do. General Manager, M.L. Carr wanted a real coach after firing Chris Ford, so he hired himself. No excuse for not winning now.

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NBA Preview
Magic over the Spurs

By Tony Stewart
Bear Facts Staff

In less than two weeks the squawks on the floors, the sweat sound of it going in, the ecstatic, sweaty heart pounding, feeling is back. No, not an outrageous after-hour's party, but the start of the NBA season, of course. Last year's season was tremendous. The Houston Rocket's came out of nowhere to capture their second straight title. The Orlando Magic showed a glimpse of the future, the Boston Celtics unfortunately could not revile their past. The “Airmen” himself, Michael Jordan, unraveled after a not so gracious attempt at baseball.

This is a learning experience. It gave me a team a feel of the competition that is out there,” said Jones.

Last year I picked the Magic, and the Suns to battle for it all in the finals. One of them let me down, but aside from that, I had pretty decent predictions. Here are my predictions for the 1995-96 season.

In the Atlantic Division, Shaquille O’Neal, Anfernee “Penny” Hardaway and the rest of the Magic got a little taste of the competition that is out there. While the Boston Celtics, have a whole lot of rebuilding to do. General Manager, M.L. Carr wanted a real coach after firing Chris Ford, so he hired himself. No excuse for not winning now.

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With the "Human Highlight Film" Dominique Wilkins and the "X" man, Xavier McDaniel gone to Greece, it will be hard to reach the playoffs this year.

In the Central Division, the Indiana Pacers up-tempo offense will shut down the Michael and Scottie Traveling Chicago Show, and challenge for the title. Reggie Miller and Rick Smits proved they are big time stars last year and will try to prove it again.

In Chicago, Jordan and Pippen, welcome "The Worm" Dennis Rodman to the Windy City, but like last year, Coach Phil Jackson will miss Horace Grant's scoring, defense, leadership, and come up short.

The Charlotte Hornets will be stung again by underachieving and desperation. A powerful, young, team, with Alonzo Mourning, Larry Johnson, and Scott Burrell, welcome back Kendall Gill, who, if they can coincide, may reach deeper into the playoffs.

The Milwaukee Bucks, with "Big Dog" Glenn Robinson, one of the most underrated players today, Vin Baker, and Michigan State scoring sensation Shawn Respert may surprise everybody.

The Cleveland Cavaliers, the team most likely to have shed a tear when Jordan came back, is getting old, and new Coach Mike Fratello may have decided to leave NBC a year too late. The Detroit Pistons, with Grant Hill, the drafting of Theo Ratliff, and the addition of Otis Thorpe may be a championship caliber team once more. The Atlanta Hawks should just think of a lottery pick and wait for a few more years. With Steve Smith and Spud Webb, the highlight film will be exciting, but the season will be a bore. The expansion Toronto Raptors, with point great Isaiah Thomas as General Manager, drafting Arizona's Damon Stoudemire at the point, will win more than three or four teams but will take their knocks before they are respected.

The World Champion Houston Rockets hail from the Midwest and don't want to relinquish that title. NBA Most Valuable Player and Defensive Player of the Year, Hakeem "The Dream" Olajuwon, Robert Horry, and Clyde "The Glide" Drexler have the talent and heart to repeat.

Brian Hill's San Antonio Spurs, waved good-bye to four time rebound champ and All-League headache in Rodman, but have the leagues most versatile center in David Robinson, but Houston proved how to stop "The Admiral." Let him shoot and make his teammates step up. If Sean Elliot, Avery Johnson, and Terry Cummings do, be prepared for a party in San Antonio next June.

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The up and coming Dallas Mavericks, with an awesome nucleus of Jason Kidd, Jimmy Jackson, and Jamal Mashburn may upset the big boys. The Lone Star State is loaded with potential champs.

Karls "The Mailman" Malone and John Stathom are two of the greatest players ever but their championship hopes may have faded last year. The Utah Jazz may never have a title shot again but can still manage 45 wins.

The Denver Nuggets with Dikembe Mutombo, draft day steal Antonio McDyess, and a healthy LaPhonso Ellis are a force to be reckoned with in a couple of years. In Minnesota, the Timberwolves drafted high school sensation Kevin Garnett and have a bright future. Isiah Rider, and Christian Laettner, may rival the Nets for whining, but Tom Gugliotta and new T-Wolf Terry Porter may change that around. After seven years in the NBA, the T-Wolves look like a team most likely to have shed a tear when Jordan came back, is getting old, and new Coach Mike Fratello may have decided to leave NBC a year too late. The Detroit Pistons, with Grant Hill, the drafting of Theo Ratliff, and the addition of Otis Thorpe may be a championship caliber team once more. The Atlanta Hawks should just think of a lottery pick and wait for a few more years. With Steve Smith and Spud Webb, the highlight film will be exciting, but the season will be a bore. The expansion Toronto Raptors, with point great Isaiah Thomas as General Manager, drafting Arizona's Damon Stoudemire at the point, will win more than three or four teams but will take their knocks before they are respected.

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