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Banner News

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J-Spot sex educator tells all

Erick Ude
Banner Staff Writer

Jay Friedman, renowned sex educator and speaker, told the DMACC Boone students Tuesday that this country has a stigma against sex due to sexual ignorance.

The audience of 60-80 students, faculty and staff was treated to a comical yet informative presentation on various sexual issues and topics. "J-Spot: A Sex Educator Tells All" started off with using an attention grabbing and descriptive story that proved that humans are undeniably a sexual species. Early in the show after a sexual joke brought minor laughter from the audience, Friedman explained, "Sex is fun!" "It’s okay to laugh." The J-Spot talked about how everyone’s sexual journey is life-long, from reading National Geographic as a child looking for the pictures of nude aboriginals to exploring yourself sexually as an adult.

“My belief is that sex is good,” Friedman stated early in his speech and that everyone “demands, desires, and deserves information about sex.” He believes that today’s education system and even political system are teaching us at a young age that sex is bad and can only lead to bad things. Friedman says that this leaves us “ignorant and confused” as we grow up in today’s society and that “people are crippled with sexual ignorance.”

Near the end of the performance, Friedman gave some tips on sex and threw out some sexual facts that pertain to the United States. He talked about how the US has the highest rate of teen pregnancy of any other developed country, and how inner city boys lose their virginity at an average age of 11.8. He claimed that the US has a stigma when it comes to sex, and incidents like Janet Jackson’s breast being exposed at the super bowl causing a national uproar and the censorship of people dressed in form-fitting Greek god costumes at this years summer Olympics demonstrate the Victorian attitude toward sex in the United States.

"J-Spot: A Sex Educator tells All" was sponsored by the Student Activity Council and cost $1,800 to bring to the Boone Campus. Steve Krafcisin, the adviser sponsored by the Student Activity Council, said that he wanted to form a better sexually educated country. Everyone to "debate and discuss" with Friedman, explained, “Sex is good” Friedman was a good subject to bring out.”

Tim Larson
Editor in Chief

Supporters rally outside gubernatorial debate site in Johnston.

Gubernatorial debate held at IPTV studio in Johnston

The last debate in this year’s gubernatorial race was held at the Iowa Public Television studio in Johnston. Republican candidate and United States Representative Jim Nussle squared off against Democratic candidate and Iowa Secretary of State Chet Culver.

Saturday’s debate was sponsored by the Des Moines Register and was moderated by Register editor Carolyn Washburn. The debate began with a predictable easy question. Washburn asked the candidates what they were doing to make Iowa a “Silicon Valley in the Midwest.” Nussle replied by discussing his many leadership qualifications and pointing to his history in the House.

Nussle, who has been in the U.S. House since 1990 and is currently the Chairman of the House Budget Committee, said that he wanted to form a team of experts who would “listen to others and learn from the people.” He went on to say that this team would “form formation of ideas.”

Culver, who was elected as Iowa’s Secretary of State in 1998, said that he wanted to “restore excellence to education.” Culver was a teacher and football coach at Hoover High School in Des Moines before becoming Secretary of State.

While discussing the state of Iowa’s economy Culver said that he “couldn’t be more optimistic.” Culver said that Governor Vilsack will be leaving a strong economy as his legacy. Representative Nussle was not as optimistic, saying that the taxes in Iowa were too high to keep or attract small business.

The subject of the Iowa Lottery’s Touch Play machines was a hot issue. Nussle accused Secretary Culver of having a “secret plan out there to either reinstate Touch Play or for that matter for a secret settlement.” Culver responded in slow distinct speech saying that “there is no Touch Play deal at all.” When asked what evidence he had of Culver’s secret plan Nussle replied only that Culver was receiving support from Touch Play advocates. Bill Krause, owner of Kum and Go and proponent of Touch Play, is a perennial Republican supporter. Krause, who had earlier said he would not support any candidate who opposed Touch Play, has thrown his support to Culver.

Culver has criticized Nussle in television ads, accusing him of cutting benefits to GIs. Nussle refuted this accusation by explaining that he had not supported a cut, but that they had simply not increased benefits as much as was initially anticipated. Culver said that Krause was supporting him in the race because Krause had roomed with his uncle at the University of Iowa.

The 2006 race for governor is the most expensive in Iowa history, costing over $13 million.
Kal Schuller
Banner Staff Writer

On Wednesday, Oct. 18, representatives of ACCESS (Assault Care Center Extending Shelter & Support) visited DMACC.

October is domestic violence awareness month. Information on domestic violence and sexual assault was displayed in the Courter Center.

Susan Smith and Alicia Cox, advocates for ACCESS, came to DMACC to raise awareness of domestic violence and to answer student and faculty questions. Smith said, “It is thought that what happens at home needs to stay at home. We want to break that silence.”

Smith continued, “In order to be effective against domestic violence people need to talk about it.”

Silhouettes of real life victims were posted throughout the Courter Center. The middle of the cut-out displayed the victim’s information and tragic story of domestic violence.

Pamphlets were handed out with information about what domestic violence is and what makes one a victim.

According to Cox, “144 Iowans have been killed by domestic violence since 1996, and the numbers are rising every year. There have already been 17 deaths this year, which is an all time high.”

If you are a victim of domestic violence Smith and Cox recommend you first go to a safe house. Then immediately contact ACCESS at 515-432-3606.

ACCESS is based in Ames and covers Story, Boone and Greene counties.

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Give blood
DES MOINES – Please join us for DMACC–Boone Blood Drive on Monday, Nov. 6, 2006 from 10 a.m.-1 p.m. The drive will be held at the Courter Center at 1125 Hancock Drive and is sponsored by the Student Activity Council and the Nursing Program.

The Blood Center of Iowa provides blood and blood products to 49 hospitals in 44 Iowa counties. Eligible donors must be at least 16 years of age, be in general good health and weigh at least 120 pounds.

Scheduling your appointment is a click away! Simply go to:
1. www.bloodcenterofiowa.org
2. click on find a mobile drive
3. search by Organization or Sponsor code: (DMACC)

For more information contact Steve Krafcsin at sjkrafcsin@dmacc.edu.

Students skip out on sleep
Jason Munday
Banner Staff Writer

A lack of sufficient sleep has affected millions of teens and adults for many years. Many people, however, are unaware of the dangers of being deprived of a good night’s rest.

Many people think they can train their bodies to need less than a full eight to nine hours of sleep at night. This statement is false. The human body requires eight to nine hours of sleep to regenerate certain internal parts of the body. The average American adult gets just under seven hours of sleep a night.

Adam Sisson, DMACC alumnus and ISU graduate student, said, “I normally get six to seven hours of sleep a night during the week and only about three to four hours on weekend nights. My body is just used to waking up at a certain time, regardless of what time I get to bed. A big part of it, too, is that I just feel like I’m wasting the day if I sleep in any later than I normally do.”

Many people show symptoms of sleep deprivation such as short-term memory loss, mood swings, slow reaction time and bad coordination and judgment. Without the proper amount of sleep, the body’s immune system begins to weaken. This can cause recurring and prolonged illness.

The effects of sleep deficiency are very similar to those of alcohol. People who drive on only five or six hours of sleep can experience the same effect as having .05 percent blood alcohol content. Other times sleep deprivation can be beneficial. Sleep deprivation has been shown to be helpful in recovery from depression. Certain antidepressants can suppress REM sleep.
Hemp: the fantastic fiber

Julianne Hamil
Banner Staff Writer

Hemp is frequently confused with marijuana due to the similar shape of its leaf. Both plants derived from the same species, Cannabis sativa; however hemp contains virtually no THC, the hallucinogenic chemical found in marijuana, “the cause for making it illegal.” Less than 0.3% of THC is found in hemp, it’s the equivalent of a non-alcoholic beer. If smoked you would get a head ache not a high.

“Industrial hemp is an incredible bio-degradable resource. If hemp (not marijuana) were legal, hemp could revolutionize the paper, food and textile industries,” said Jim Young, hemp revolutionary.

Hemp has a relatively short growing cycle of 100-120 days. It grows much like a weed so it needs no pesticides or herbicides, which are the main pollutants in the water systems today. Experts say that Hemp can survive through drastic temperature and moisture changes, unlike corn or cotton. Nearly fifty percent of the pesticides used in the agriculture industry are used for growing cotton. In 2004 corn growers used 181,000 pounds of pesticides in California alone.

The most commonly seen product from hemp is clothing. Studies show hemp clothing is warmer, softer more absorbent and breathable. Hemp looks like linen, feels like flannel and is significantly longer lasting than clothes made from cotton or synthetics. Because it needs no pesticides or herbicides to thrive, hemp would be safer for our environment and cheaper for farmers to grow.

Drews of famous documents were all printed on hemp paper. Founding fathers George Washington and Thomas Jefferson both lobbied to have hemp be the cash crop. Timber could be grown for better uses like carbon sequestering, which purifies the air. Trees are the worlds natural filtration system. With factories pumping thousands of tons of hydrochloric acid into the air each year, this could help slow or stop global warming. An acre of hemp yields four times the pulp as the same amount of timber, making hemp much more cost efficient than timber.

The high fiber content of hemp makes it a natural resource for not only paper and clothing but also for building materials and biodegradable plastics. The Styrofoam holding your hamburger could be replaced by a package made of edible hemp. Yes, edible.

Hemp is a great food and nutrition source for humans. Hemp oil was named by scientists “natures most perfectly balanced oil in the plant kingdom.” Hemp contains the perfect balance of Omega-6 and Omega-3 fatty acids. For people who don’t eat enough seafood hemp could be a new way to get the nutrition you are lacking.

Of America’s 1.7 million drug arrests every year, almost half are related to marijuana, and nearly 90 percent of those are for possession for personal or medical use. Bill Piper, staff writer for the Des Moines Register said, “Resources spent arresting and prosecuting people for marijuana possession are resources not spent dealing with drug cartels and violent crime. Congress should reform federal law to allow states to tax and regulate the control of marijuana through a legal, regulated market, like alcohol is regulated.” Legalizing Marijuana may be unlikely but hemp could save the world.

Farmers could earn more per acre with hemp than they could with corn and they would stop polluting our water systems with chemicals at the same time. The accusations that hemp is a psychoactive chemical producing plant are false. The level of THC, the psychoactive ingredient, in hemp is only .3% compared to over 25% in marijuana.

Hemp could be a safe, effective commodity for the country.

The information in this article is from to the documentary “The Hemp Revolution” directed by Anthony Clarke.

New chief on staff takes over Banner newspaper

Jesse Blackwell
Banner Staff Writer

With only four issues under her belt, rookie Editor in Chief Saige Heyer became retired Editor in Chief Saige Heyer. Heyer has resigned from the banner staff and her position as editor and chief.

“I have a lot on my plate, and I can’t waste my time on a class that credits don’t transfer to ISU,” Heyer said in response to the question of why she left the Banner staff. Tim Larson, Managing Editor, will replace Heyer.

Larson never came in this with the expectation of becoming the editor in chief. “I entered this class just wanting to write stories. Then I became the managing editor, and now this [position as editor and chief]. I think it’ll work out.”

Although this is his first year on the Banner staff Larson has already developed a rapport with the banner staff writers. Larson consistently helps in the development of story ideas and voices his opinion on the content and quality of the paper.

“Tim will be great for editor and chief because he has what it takes to rock this paper,” Julianne Hamil, Banner Staff Writer, said when asked to comment on new Editor in Chief Tim Larson.

Larson makes debut as an editor and editor in chief in this issue. He will bring a new flavor and attitude to the banner paper along with a different point of view. From this day forth the Banner paper will no longer be the same.

Future students discover DMACC

Kal Schuller
Banner Staff Writer

On Friday, Oct. 13, the DMACC Recruiting Administration hosted Discover DMACC Day. The event welcomed interested students and families for tours of the campus.

Programs, Borgen Square Apartments, classrooms, organizations, clubs and extra curricular activities were showcased. Financial aid information, prizes and a free lunch were also provided.

Shelby Hildreth, DMACC adviser who led one of three tour groups, said, “Before this event was started in 2000 we only provided an individual tour for a new student. With a group tour we can provide more activities and a more thorough tour. This year we had our largest turnout we have had with around 45 students and families.”

Eric Fisher and Chris Ure, seniors from Jefferson Scranton, were both satisfied with the tour. Fisher said, “The small class sizes will make an easy transition from high school. The people and staff seem very friendly.”

Ure was impressed with the apartments saying, “They are very roomy and have an affordable price.”

Sam Duryee, a senior at Rockford Senior High, attended the event with her parents. Said Duryee, “I like the fact you can park right on campus and DMACC seems to have a good nursing department. I think DMACC needs to get a softball program.”

Parents Todd and Suzy Duryee said, “We are pushing Sam to come here because it’s a small, affordable school.”

Teresa Rouss, DMACC Clerical Assistant, said, “It’s nice to have the parents come with their kids it allows them to see what we have to offer and how welcoming we are.”

The next Discover DMACC Day will be held on March 31, 2007.

ICE CREAM THE NEW ADDITION TO THE CAFE

Mary Elizabeth Drahos
Columnist

Students at DMACC may have noticed a new addition to the cafeteria.

To start out the planned expansion of the cafeteria, DMACC officials have brought in a new ice cream machine.

The ice cream, which is soft-serve, comes in many tantalizing flavors such as raspberry chocolate chunk, vanilla, chocolate, almond mocha, strawberry, and mint chocolate chunk. Only two flavors will be available at a time.

Anyone who wants to enjoy these tasty treats needs only to shell out a dollar for either a cone or a dish.

In the future, other food features will be added that possibly may include pizza sold by the slice.

The additions are intended to create a “total campus feel where students will want to stick around on campus instead of just go to class” said Provost Tom Lee.

Don’t think that DMACC is doing this just to pad their bottom line. Lee said, “We’re not doing this to increase profit margin. We’re doing this to serve our students in a better way.”

Students need to give their opinions about what they want to change and in order for the cafeteria expansion to work. The ice cream machine was added because it was suggested that students on campus want to enjoy deserts.

If you have suggestions for the cafeteria expansion or anything else on our campus, contact the front office. You never know, you may get what you want.
Cast ready to fly ‘Upon a Broomstick’

Audiences can choose from five different performances of the DMACC Boone fall production “Once Upon a Broomstick” over the weekend and at the beginning of next week in the Boone Theatre.

The play is a kid-friendly comedy involving a love triangle among a witch, her apprentice and her maid. The maid, Belinda, gets into trouble with the witch when the witch finds out Belinda loves Tobias, the witch’s apprentice. Belinda is played by DMACC Boone student Kelsi Jurik. Jurik said, “It’s a really fun play with interaction for the kids.”

This fall there have been a number of area elementary schools invited to come watch the fall production. The first showing of the play is on Friday, Oct. 27, at 1:30 p.m. with Sacred Heart elementary attending. The performance on Saturday, Oct. 28, at 2 p.m. is open to the public. The last day of performances will be on Halloween, Tuesday, Oct. 31, with Lincoln and Lowell schools coming at 9 and 10:15 a.m. Then Page and Bryant schools will attend the 12:45 p.m. show.

Kristi Miller (left), the caterpillar, talks to Tobias, played by Thad Imerman, in the upcoming production of “Once Upon a Broomstick.”

What’s your most memorable HALLOWEEN story?

Erick Ude
Banner Staff Writer

“I remember in 6th grade I used to ride my bike around with my friends and throw eggs at people I didn’t like. This year I am dressing up as G.I. Jane, but, hopefully, some year I can be Miss America.”

Malory DeRocher
DMACC Boone Student

“Last year me and my friends dressed up as the Ninja Turtles and went door to door on skateboards and roller blades scaring kids. A mom called the cops and they came and picked us up and took me to my parent’s house. When my parents answered the door I said with the cop behind me, “Trick or treat!”

Garrett Hamilton
DMACC Boone Student

“One time me and my buddies were driving back from a Halloween party dressed as inmates, and we had to pull over because someone had to pee. A state trooper walked toward the car with his hand on his gun because we were all wearing orange jumpsuits.”

Luke Schroeder
DMACC Boone Student

“One year at the Ames Haunted Forest, I wiped out on the stairs in the middle of the whole thing. It was so embarrassing!”

Brooke Peterson
DMACC Boone Student

Reporting by Erick Ude
Photos by Eden Hinrichs

Haunted Houses

Beginning this Thursday, many of the haunted houses in Ames will be open again until the end of October. The Haunted Forest, Goreville, and Ames Jaycees Haunted House are some of the most popular venues to be scared this Halloween.

Haunted Forest, $10
Friday, October 27 7 p.m.-12 a.m.
Saturday, October 28 7 p.m.-12 a.m.
Sunday, October 29 7 p.m.-10 p.m.
Monday, October 30 7 p.m.-10 p.m.
Tuesday, October 31 7 p.m.-10 p.m.

Ames Jaycees Haunted House
Thursday, October 26 7 p.m.-10 p.m.
Friday, October 27 7 p.m.-12 a.m.
Saturday, October 28 7 p.m.-12 a.m.
Monday, October 30 7 p.m.-10 p.m.
Tuesday, October 31 7 p.m.-10 p.m.

Goreville, $5
Friday, October 27 7 p.m.-12 a.m.
Saturday, October 28 7 p.m.-12 a.m.
Bears overpower Trojans

Andrew Penner
Banner Sports Writer

On Monday, Oct. 9, the ninth ranked Bears volleyball team took on the NIACC Trojans. The Bears beat the Trojans in three games 30-15, 30-18, 30-15.

The Bears were led by sophomores Ashley Bayer and Liz Schreck with 21 and 12 kills respectively. The Bears had 49 kills overall.

The Bears started out with the Trojans matching point for point. Bayer had five consecutive kills in the first game. Courtney Casper served up an ace in game one. The Bears were too overpowering as they took the first game by 15 points.

Game two started with a kill from Casper, followed by back to back kills and three consecutive aces from Bayer. The Bears rolled over the Trojans in the second game after the final point was scored by none other than killing machine, Bayer.

The Bears had a slow start to game three as three consecutive kills from Kelley Stitz weren’t enough to keep the Bears ahead. That all changed when Bayer came into power, having four straight kills followed by three aces.

The game finally ended with a shared block from Jodi Jurik and Lourdes Marina Pessona.

Women’s basketball team rated sixth in preseason polls

Both the women’s and men’s basketball teams are ranked in the National Junior College Athletic Association’s preseason polls.

The women’s team is ranked sixth with conference rivals Kirkwood at No. 1 and Iowa Lakes ranked 15th.

The men’s team barely made the top 20 coming in at 19th. Conference rival Kirkwood is ranked ninth.

The men open their home season the day before Halloween with a scrimmage against Iowa Western. The women play at home Nov. 11 against Minneapolis JC.

SUDOKU

To play Sudoku, enter the digits 1-9 in each cell of the 9x9 grid until every region (3x3 grid), row, and column contains only one appearance of each digit.

Difficulty: Moderate

Answers:

```
5 7 3 4 3 2 2 2 2
3 2 4 9 9 9 9 9 9
9 9 9 9 9 9 9 9 9
9 9 9 9 9 9 9 9 9
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Photo: Eric Ver Helst

Liz Schreck blocks an attempted kill in the Oct. 11 loss to Marshalltown.
Schreck was second on the team in kills with 10, and also contributed two blocks.

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Underachievers unite

Mary Elizabeth Drahos
Columnist

My name is Mary Elizabeth, and I’m an underachiever. Recently, I came across an article that blasted underachievers and everything they stand for. I, as an underachiever, became a little peeved at this, and then realized I really didn’t care (a TRUE characteristic of underachievers). Things were mentioned in the column that weren’t exactly ringing true with REAL underachievers. Drunkenness is NOT a characteristic of underachievers; drunkenness is a characteristic of alcoholics. Laziness and pre-mediated obliviousness (meaning choosing to not really know what is going on) are the prime characteristics of underachievers. Not all of us worry about making bail, either. I have never been arrested (nor plan to be). That is a characteristic of juvenile delinquents. Not underachievers. Most of us are too lazy to commit any crimes.

Also, there was a mention of “adoring spectators.” Where are my adoring spectators? Where is my spotlight? I walk down the hallway by myself. Yes, I said WALK. Not stumble. Normally I walk through the hallway by myself. Yes, I said WALK. Not stumble. Also, not drunk. Just lazy.

Another thing. I think that in college you need to do your homework, but it is also a time to have fun. You have the rest of your life to live as a grown-up and be serious. Right now, while you are young (and before a career and family start becoming a priority), go party. I have fun, but I don’t get Fs in classes. In fact, I don’t know anyone who TRIES to get an F.

Oh yeah, the point that we are spending our parents’ hard earned money? Excuse me, but I have paid for ALL of my college. Every cent. I have been going to college since 1999. I owe the government thousands upon thousands of dollars. Not my parents. They haven’t paid for my college, my car, my apartment, or my bills. I have worked my butt off to pay for those, so back off from me being lazy!

One last point that I agree with when underachievers get older, “they are still with society, cleaning houses, wrapping hamburgers and mowing the grass of the hard-working students” (Boone Banner, Sept. 27, page 7). So…where is the proof of that? Where is the hard facts or scientific studies that support this claim?

Somewhere along the line, underachievers grow out of this stage and become more serious about their life. But for right now, we are young. We will celebrate our life with partying, so get off our backs! Don’t lash out at us just because you weren’t invited to our party! Listen nerdlinger! We will grow up and move on with our lives, but why won’t you?

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Mary Elizabeth’s Tips

Dining etiquette

- Make sure you shower if you smell like you have slept in pig excrement for the past few days.
- When coming in, if the hostess says she will be right with you, don’t get irate and demand to be seated right away.
- It is NOT the store’s fault if they don’t have the kind of beverages you are craving. So don’t take it out on them.
- If you are still not sure you know what you want when the server comes around, say you need a few minutes to decide. Don’t make them stand there and wait until you finally make up your mind.
- Don’t give the server a dirty look if they seem to be too friendly with you or your date. Odds are they are just doing their job.
- Understand that your food is not going to be ready in just a matter of minutes. It does take time to cook.
- When the server comes over to refill a glass at your table, and you say you don’t need a refill, don’t change your mind as soon as she returns with the other refilled drinks. Try to tell them what you need while they are at your table asking if you need anything.
- The price of the food is always listed on the menu, so don’t act surprised when the bill is a lot more than what you thought. Don’t refuse to pay for it, either.
- When you are leaving, and you hear “have a good night”, don’t throw the person an icy look or just ignore them. Acknowledge that they are trying to make you feel welcome until the very end.

Movie Guy Reviews ‘The Departed’

Moses Powell Eckstein
Banner Staff Writer

Martin Scorsese (“The Aviator” and “Gangs of New York”) directs “The Departed,” a dramatic thriller about criminals and cops. The setting is modern Boston, Criminal mastermind Frank Costello (Jack Nicholson) recruits the young Colin Sullivan (Matt Damon) into his Irish crime syndicate. Years later Colin Sullivan (Matt Damon) infiltrates the state police and climbs to a high position. Billy Costigan (Leonardo DiCaprio) attempts to enter the same police force, but they reject him due to security problems. However, Captain Oliver Queenan (Martin Sheen) sees something special in Costigan and sets him up as a mole in Costello’s syndicate. Costigan marches to the beat of Costello’s madness while Sullivan falls for the lovely Madolyn (Vera Farmiga). The story really heats up when each mole must discover the hidden identity of the other in a race for survival.

“The Departed” contains several explicit scenes of violence and countless expletives. It is best to leave the children at home for this one and bring an adult friend instead. Fans of Scorsese’s “Goodfellas” won’t be disappointed with “The Departed.” Nicholson is despicable to the point that he’s facetious, and DiCaprio is fantastic as the livewire Costigan. “The Departed” is rated R for strong brutal violence, pervasive language, some strong sexual content and drug material. It runs for about two and a half hours and is playing in theaters everywhere.

Horror Scopes

Scorpio (Oct. 23-Oct. 22) - At the end of the road don’t blink, just see; those little green men are waiting for you, not me.
Sagittarius (Nov. 23-Dec. 21) - Through the misty moonlight your path begins to fade. Pay attention to the road, or the ditch is how you’ll pay.
Capricorn (Dec. 22-Jan. 19) - At the haunted house stay close to those you know, or you will get caught up with the ones who want you to lose your clothes.
Aquarius (Jan. 20-Feb. 18) - You bought your costume at the mall, the same one as Melinda Lou; watch your man at the party, or she’ll end up with him, too.
Pisces (Feb.19-March 20) - You’ll be chased by a stranger; what shall you do? When he gets really close, stop and stick your foot out; that’ll do.
Aries (March 21-April 19) - Keep your costume on! The only true side effects of sex are STD’s and babies! These statistics increase with people in costumes.
Taurus (April 20-May 20) - Don’t linger in the basement; the black widow is at your feet; one wrong step, and she will have you beat.
Gemini (May 21-June 21) - Oh fingers and toes, fingers and toes; if you want to keep them stay away from the chainsaw guy.
Cancer (June 22-July 22) - Pay attention to your feet; there’s a well nearby; slipping and falling will leave you calling for more than just a ride.
Leo (July 23-Aug. 22) - Head home early tonight! Once the fog begins to form, all hell will break loose. Don’t get caught in the corn.
Virgo (Aug 23-Sep. 22) - Remember if you run they can see and hear you, if you hide they have to try and seek you!
Libra (Sept. 23-Oct. 22) - The sound and smell of your breath will alarm the ghouls, so quit smoking those cigarettes and stay hidden from the fools.

Happy Halloween from the Banner Staff!