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Banner News

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Civil Engineering Technology hosts open house

Laura Griffin
Banner Staff

The Civil Engineering Technology Materials Lab held an open house on Sept. 30.

Faculty and staff were greeted by Renee White, CET instructor, who showed them around the lab.

Visitors to the CET lab are met at the front door by Kelli Bennett at the reception desk. Also in the building is a computer lab, and two regular classrooms, one with dual monitors, a conference room, a materials laboratory area, two spacious offices and rest rooms.

Vending machines inside the entrance provide snacks for students and faculty who are there during the day.

Tracey Kingsley, a freshman in the program, said, “I am excited because when I graduate from the Civil Engineering Technology program, I will be qualified in five different areas with one degree.”

Kingsley also likes that all the students are in the same classes at the same times, and there is the opportunity for peer tutoring.

Students in the program take courses in surveying, global positioning systems, construction materials and design, highway design, computer aided drafting, mathematics and human relations.

Students have a paid internship in their second year of the program to give them experience. A CET graduate gets paid between $14 to $18 per hour.

Civil engineers survey, inspect and design highways and bridges. They also test soil and structural materials.

The Civil Engineering Technology program is part of the Accelerated Career Education program.

Steve Rittger teaches the math and automated design courses. Rittger teaches in the classroom with the dual monitors. “The programs we use require a lot of screen space for multiple tools and views,” Rittger said, about why dual monitors are used.

Most of the equipment in the lab was donated by the Iowa Department of Transportation.
Computers available in Courter Center

Darin Longman
Banner Staff

Along a tile hallway past the glass display cases, slightly off the path on both sides are carpeted areas with vending machines and couches.

Everyone who has ever been to Des Moines Area Community College Boone Campus is fairly familiar with this visual. The Courter Center has always been a place for students to eat, mingle with other students and study. Now one more perk has been added the ability to surf the Internet. The Courter Center has had some new additions as of late. Three state-of-the-art Compaq computer stations now reside on the far northwestern corner of the Center. The placement makes it convenient for those who need brief computer access and don’t want to trudge down to the library or one of the computer labs.

“[W]e are providing students with additional access,” says Vivian Brandmeyer, dean of students. However, that is not the only benefit of the new system. In the future Brandmeyer hopes to make DMACC a place where anyone can access their laptops from any-where in the building and not encumbered by wires.

“We are working towards a wireless campus,” said Brandmeyer. “We are trying to provide the technology so we aren’t behind the times.”

Students on campus have already expressed their satisfaction with the new computers. “It’s easier because we can check our e-mail here,” said Jo Reed. Randy Williams also had positive comments. “Sometimes the library is too full and it seems easier to come down here.”

Once it’s up and running, the school plans to extend the wireless network from the Courter Center into the Library and computer labs.

Survey

The library asks the students to fill out the surveys located around the building. When completed, please put them in the designated boxes.

Photo contest announced for ‘04

April Walker
Banner Staff

Photography Club will hold a photo contest this spring. This contest is open to Boone DMACC students, staff and Boone High School students. The contest is not limited to club members.

There are two categories: black-and-white, and color. Photos may be taken with a digital or a film camera. Each contestant can submit up to four photos.

A $10 entry fee will go to the prize fund and to pay the judges. The entry fee should be paid to Vicki Lauzon at the financial aid window. The photos need to be matted and submitted to Pete Conis, the photography club advisor. All photos can be picked up after the contest is over.

The deadline for entering the contest is the week before spring break, so now is the time to begin taking those prize winning photos.

Each category will have a first place prize of $75, a second place prize of $50, and a third place prize of $25.

Students and staff who enjoy photography are invited to join the Photography Club.

The Photography Club on the Boone campus currently has students from the photojournalism class and is open to all students and staff.

To get involved contact Pete Conis, the instructor of the Photo Journalism class, in his office, room 130. E-mail him at pconis@dmacc.edu, or call him at 433-6123.

In DMACC News

Brain Injury Awareness Month

October is Brain Injury Awareness Month.

The first annual public program series is being presented by BETA, Brain Education, Training, and Awareness.

Sunday, Oct. 12, from 2-4 p.m. at the United Church of Christ in the Fireside Room, is an opportunity for survivors to meet other survivors.

Tuesday, Oct. 14, from 7-8 p.m. at the Ames Public Library Auditorium, is a presentation of Brain Injury and Cognition by Ken Mills, PhD., Neuropsychologist.

Tuesday, Oct. 21, from 7:30-9 p.m. at the St. Johns by the Campus, is a program entitled This is Your Brain on Drugs. It will be presented by Denise Denton, M.S., Certified Prevention Specialist, YSS.

Tuesday, Oct. 28, from 7-9 p.m. at the Collegiate Methodist Church in the Lounge, is an Overview of Rehabilitation Services, Job Support, and Advocacy Resources. It will be presented by David Sullivan, Rehabilitation Manager, Manager of Supported Employment Program of Story County Community Life.

For more information, call (515) 292-1868, or email helmetsafety@aol.com.

All Iowa Academic

Are you a student on campus this fall? Will you be eligible to get your degree sometime between Dec. 1, 2003 and Aug. 31, 2004? Would you like more scholarship opportunities?

If so, and your G.P.A. from the last five years is 3.25 or higher, then you are eligible to apply for the 2004 All-Iowa Academic team. For more information on the All-Iowa Academic team, contact Nancy Woods in her office, room 224, e-mail her at nwoods@dmacc.edu, or call her at 433-5061. All applications are due Nov. 10, 2003.

The top scholar in Iowa will receive a $2,000 scholarship.

Team Scholarship

Grace Community

Grace Community Church is sponsoring a dinner for all DMACC students.

Where: The Livery, 806 7th Street
When: Sunday, October 12
Time: 6:00 p.m.

Rides are available by calling Jerry S. at (515) 432-0639 or Grace Community (515) 433-6133.

A food pantry is available if you need some groceries.
Phi Theta Kappa holds autumn induction ceremony

James Joy
Banner Staff

Candles, white roses, blue and gold balloons and DMACC faculty graced the stage this past Monday as the Tau Phi Chapter of Phi Theta Kappa held its annual induction ceremony for new members.

The elegant ceremony is an annual event to recognize the accomplishments of DMACC students who strive for educational excellence and have established a 3.5 grade point average after completing twelve credit hours.

“Opportunities are almost endless for members who are actively involved,” said Susan Smith, the 2002-2003 Tau Phi Chapter President.

The Tau Phi Chapter welcomed twenty students to their ranks this fall: Amber Arens, Junyoung Chang, Kevin Ewaldsen, Ginger Jones, Melissa Joy, Laura Griffin, Joshua Hall, Kristi Hanson, Logan Hook, Debra Huff, Jill Lynch, Rebecca Miller, Grant Noah, Jason Peterson, Kerri Pohlner, Andrew Reynolds, Amanda Stessman, Megan Thomas, Debra Thornburg and April Walker.

After the ceremonies were completed new inductees and their guests were treated to a reception in the Courter Center courtesy of Simpson College.

Phi Theta Kappa inductees include, from left to right, front row, Junyoung Chang, Kerri Pohlner, April Walker, Kevin Ewdoldsen, Joshua Hall. Back row: Ginger Jones, Logan Hook, Laura Griffin, Debi Huff, Jason Peterson.

Previous and current members mingled afterwards and shared stories while enjoying cake and punch. Gwen Schroder, admissions representative from Simpson College, was on hand to speak to the inductees and answered questions about transfers.

Contact Nancy Woods with any questions about Phi Theta Kappa at nawoods@dmacc.edu.

October declared brain injury awareness month

Lacey Dierks
Banner Staff

Everyone thinks “It could never happen to me.” However, a life can change in so many ways in just a split second.

One of those ways is brain injury. In order to boost awareness and prevention of brain injuries, October has been declared National Brain Injury Awareness Month.

Brain injuries affect between 2,000 and 3,000 Iowans each year, according to the Iowa Central Registry for Brain and Spinal Cord Injuries.

People ages 15 to 24 years old are at highest risk for brain injury, and males are twice as likely as females to sustain a brain injury. The most common causes of brain injury are falls, car accidents, sports injuries, assaults and bicycle accidents.

More questions than answers can be found regarding brain injury. For as many unique people affected by a brain injury each year, there are just as many causes, effects and ways to deal with the injury.

The severity of the injury can range from problems with memory or loss of the senses of taste and smell, to loss of the use of legs, arms and hands, to death.

Steps to prevent brain injury can be taken everyday. It’s as simple as wearing a seat belt, never driving after using alcohol or drugs, and not allowing others who are under the influence to drive, wear a helmet while riding a bicycle or motorcycle.

To prevent injury in the home, use a slip-proof shower mat in the bathtub, and clear stairs and highly-trafficked areas of toys, shoes and other items which could increase chances of falling or tripping.
Brandmeyer moves family to Japan

Laura Griffin
Banner Staff

Moving a family is hard. Moving them to another country, half way around the world, is even harder.

Vivian Brandmeyer, executive dean of the Boone Des Moines Area Community College campus, recently helped move her son, Mike, and his family to Japan.

They moved to Tokyo, to an area called Minami Aoyami. The time difference is 14 hours ahead of Boone. The weather was humid and warm but most places were air-conditioned. The houses are a mix of traditional and western civilization cultures.

The Brandmeyers live in an eighth floor apartment. “The housing in Japan is a premium,” said Brandmeyer. “There are a lot of, as I like to say, technical gadgets, especially in the bathroom.” Brandmeyer explained that the shower isn’t over the tub, like in the U.S. The shower, beside the tub, is used for scrubbing, and the tub, which is very deep, is used for soaking. The faucets swivel so that they are not in the way.

“There are panels located in the kitchen that you can push, and it will automatically fill the tub. You can regulate the water temperature from there also,” Brandmeyer said.

The toilets have heated seats, the water temperature can be regulated and there is also a sprayer that can be used to help clean up.

Omoesando, the area around the apartment, is for sophisticated shoppers and trendsetters.

“The area is very trendy. A lot of boutiques and fashion stores with Italian makers. It is all very expensive,” Brandmeyer said.

The Japanese teenagers are into the grunge look, she said, complete with spiked and colored hair.

“Most dressed in black and white. There weren’t near the colors as you would see in the U.S.”

Most everyone in the area is well dressed; the men wore suits and ties. Everyone has a cell phone. “They were either talking to someone, checking their email, or taking pictures,” Brandmeyer said.

Near the apartment was a park with six baseball diamonds, as well as the professional baseball team’s field. Brandmeyer said that she saw about a hundred schoolgirls, all in uniforms, one day in the park.

The schools provide each child with a Global Positioning Systems, with both a voice to explain directions, as well as a pictorial map.

The subway is very punctual, leaving every three minutes or so. The map looked like “a bowl of spaghetti,” Brandmeyer said. “Pipes line the sidewalks and are decorated. People tie their bikes to them.”

Many of the people spoke English, but there weren’t many Americans. “I missed all the signs from home. Few signs were in English. Places had pictures of food, or the Japanese was spelled out in English,” Brandmeyer said.

Plastic food displays outside restaurants that show what they served to those who don’t speak or read Japanese. The portions of food are smaller than here in the U.S. For example, milk is sold in quarts rather than gallons.

Brandmeyer said, “Food is very expensive, but the fruits and vegetables were extremely good.”

“We did eat at a McDonalds. We sat out on the sidewalk, like in a Paris cafe, with birds flying around us. It tasted exactly the same as it does here at home.”

While in Japan, Brandmeyer witnessed a national holiday, a celebration of respect for the aged. Many businesses were closed as the people celebrated longevity.

Brandmeyer also enjoyed a little sightseeing. Sensoji Temple is the oldest temple in Tokyo. It had a cauldron of burning incense and people would waft the incense over their heads to ward off illness and misfortune, Brandmeyer said. A stone water basin was also located outside the temple where people could rinse their hands and mouth before going inside.

She saw an imperial palace that housed prince number two. She saw a shrine that was dedicated to animals, dogs in particular.

Brandmeyer and her family went to Akihabara, otherwise known as electric town. This is where the area’s people buy their electronic devices.

“We went to buy a microwave and the choice was limited immediately. We bought the only one with an English operating manual. We needed a vacuum too but there was none with an English manual. The sales associate showed us how to change the bag and everything.”

Brandmeyer said that customer service in Japan is excellent.

“I am anxious to go back in six to eight months. It is an interesting place but it was hard to say goodbye to my family.”

Brandmeyer, her daughter-in-law, Stephanie, and grandchildren, Morgan, Lauren and Brock pose in front of a Buddha statue.

The Brandmeyers visited the Sensoji Temple, the oldest temple in Japan.
**MEET THE BANNER STAFF**

**Name:** Laura Griffin  
**Major:** Criminal Justice or Journalism  
**Origin:** Boone  
**Position:** Editor in chief  
**Favorite Food:** Red Lobster’s crab legs  
**Pastimes:** Work at Subway in Boone, play with my dog, Willow; lounge with my cat, Budderscotch.

**Name:** Laura Anderson  
**Major:** Agricultural Journalism  
**Origin:** Northeast Boone County, Mackey  
**Position:** News Editor, Staff Reporter  
**Favorite Food:** Ice cream  
**Pastimes:** Bake, watch classic movies, help dad with farming and cattle.

**Name:** Lacey Dierks  
**Major:** General Education  
**Origin:** Ames  
**Position:** Feature Editor  
**Favorite Food:** Cheese Pizza  
**Pastimes:** Reading and hanging out with friends.

**Name:** Wendy Goering  
**Major:** Journalism  
**Origin:** Woodward  
**Position:** Staff Reporter  
**Favorite Food:** Pasta  
**Pastimes:** Three children—very busy. I love to paint, read Stephen King, and spend time with my kids.

**Name:** Laura Griffin  
**Major:** Criminal Justice or Journalism  
**Origin:** Boone  
**Position:** Editor in chief  
**Favorite Food:** Red Lobster’s crab legs  
**Pastimes:** Work at Subway in Boone, play with my dog, Willow; lounge with my cat, Budderscotch.

**Name:** Jack Simonson  
**Major:** Undecided  
**Origin:** Minnetonka, Minn.  
**Position:** Staff Reporter  
**Favorite Food:** Curry Chicken  
**Pastimes:** Read, be a mom, and bike ride.

**Name:** Ryan Makovsky  
**Major:** Journalism  
**Origin:** Windom, Minn.  
**Position:** Staff Reporter  
**Favorite Food:** Potatoes  
**Pastimes:** Madden 2004.

**Name:** Leah Reeves  
**Major:** Secondary Ed.  
**Origin:** Boone  
**Position:** Staff Reporter  
**Favorite Food:** Anything as long as I don’t cook it  
**Pastimes:** I work at Mr. Money, enjoy going to concerts and hanging out with my puppy, Oscar.

**Name:** Darin Longman  
**Major:** Journalism  
**Origin:** Sac City  
**Position:** Opinion Editor, “I am the glue that holds everything together.”  
**Favorite Food:** Hot Pockets  
**Pastimes:** Play drums, bar hop.

**Name:** Josh Hutt  
**Major:** Liberal Arts  
**Origin:** Woodward  
**Position:** Sports Editor  
**Favorite Food:** Pizza  
**Pastimes:** Work at HyVee bakery in West Des Moines, watch the Vikings and the Hawkeyes.

**Name:** James Joy  
**Major:** Journalism  
**Origin:** Jefferson  
**Position:** Photographer, reporter  
**Favorite Food:** Chicken  
**Pastimes:** Homework, softball, homework.

**Name:** Sarah Sinnott  
**Major:** Undecided  
**Origin:** Melrose  
**Position:** Layout and Design  
**Favorite Food:** Hops, rice, and barley malt  
**Pastimes:** Jam to chill tunes.

**Name:** Holly Losh  
**Major:** Journalism  
**Origin:** Denison  
**Position:** Entertainment Editor, Staff Reporter  
**Favorite Food:** Cheesecake  
**Pastimes:** You can find me doing four things when I’m not in school: reading a book, watching a movie, playing a video game, or I’ll be at the bar.

**Name:** Pam Snow  
**Major:** Photojournalism  
**Origin:** Boone  
**Position:** Advertising Manager and Horoscopes  
**Favorite Food:** Subway  
**Pastimes:** I work at Subway here in Boone. When I am not working, I am with friends or watching NASCAR.

**Name:** Ryan Makovsky  
**Major:** Journalism  
**Origin:** Windom, Minn.  
**Position:** Staff Reporter  
**Favorite Food:** Potatoes  
**Pastimes:** Madden 2004.

**Name:** Leah Reeves  
**Major:** Secondary Ed.  
**Origin:** Boone  
**Position:** Staff Reporter  
**Favorite Food:** Anything as long as I don’t cook it  
**Pastimes:** I work at Mr. Money, enjoy going to concerts and hanging out with my puppy, Oscar.

**Name:** Jan LaVille  
**Major:** B.S. Secondary Ed. and M.A. in English  
**Origin:** Coon Rapids  
**Position:** Advisor  
**Favorite Food:** Avocados  
**Pastimes:** I move from my office on Boone Campus to my computer or dining room table at home. What free time?
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Members of the DMACC choir include: Front row (l-r) Jessica Peel and Laura Griffin. Row 2: Kristy Johnson, Amanda pus, welcomed a new instructor, Sandra Linn.

Choir offered again in Boone

Wendy Goering
Banner Staff

The plans for the choir this semester include a program in December. Some of the featured arrangements will be from the musical “Joseph and the Amazing Technicolor Dreamcoat.”

A soprano for the choir, Jessica Peel, said, “I really like the arrangement of music.”

The choir, as a whole, appears happy to be working with Hoifeldt. His schedule also includes many private lessons with students from the Boone campus.

Sandra Linn

J.R.R. analyzed

Holly Losh
Banner Staff

The ring in “The Lord of the Rings,” represents sin, and the thought that man thinks he knows what is best. But, once in possession of the ring, “It eats us away and we become gollums.”

In a speech on Sunday, Sept. 28, Joseph Pearce told of the correlations of religion to Tolkien’s life and literary work. J.R.R. Tolkien’s life and book, “The Lord of the Rings” dealt a lot with Christianity.

When “The Lord of the Rings,” was voted the #1 book of the century in a poll in England critics were displeased. Some critics said, “This result sent shivers down the spine whenever literati got together.”

In response to this Pearce told the audience that there were numerous polls taken afterward and the result was always the same, “The Lord of the Rings,” was #1.

Pearce said, “Only a small minority [critics] had read it.” Without reading this book, critics have no idea what underlying currents the book contains said Pearce.

Pearce began to tell the audience exactly what the book is about. Middle Earth is present day Earth a very long time ago, and is before the, “preincarnation of the birth of Christ, not prechristian.”

There is no religion present in the book because “if Tolkien had introduced a religion it had to be pagan,” said Pearce. Of course, Tolkien would not want to do this because of his strong Christian beliefs.

However, Tolkien has Christianity placed in the book in subtle forms, said Pearce.

Pearce asked the audience if they knew the date and significance of the date the ring was thrown into the fires of Modor.

When no one answered, he began to explain that the ring was cast into the fire on March 25, and that is the day of the Feast of Annunciation. This feast is when god becomes a man in Mary’s womb.

Pearce’s observations and philosophies have been formed from interviews with Tolkien’s family, and letters Tolkien had written to C.S. Lewis and others.

Nursing department hires new instructor

Laura Anderson
Banner Staff

The nursing department at Des Moines Area Community College Boone campus welcomed a new instructor, Sandra Linn. Linn may be new to the Boone campus, but not to DMACC. She taught at DMACC Carroll campus for two years before coming here this fall.

Linn has been teaching for 20 years now in Utah, Illinois and Iowa.

Linn says she became interested in nursing because she wanted to help people. Her older sister is a nurse and also a teacher. She followed in her footsteps.

Linn said she liked Boone very much because there are more students and bigger classes than at Carroll. At Carroll, only 21 students were admitted to the nursing program; at Boone, 40 students are admitted.

“This is more of a college atmosphere. . because of the cafeteria,” said Linn. At Carroll campus, students have to leave campus to eat, whereas at Boone, there is a cafeteria. Kids tend to stay around more on her new campus than at Carroll.

The faculty has also openly welcomed Linn to Boone, she said. Everyone has been willing to help in any way. She says everyone has been good about answering any questions she may have.

Linn is pleased with the nursing department, and the only thing she would wish to do different is to have a lab separate from the classroom, but she still thinks it’s a great facility.

Linn is married and has a four-year-old daughter. She lives on an acreage just outside of Lehigh, which is southeast of Fort Dodge. Along with teaching here at Boone, she is also a traveling nurse during the summer months. She works at the Boone Hospital as a PRN as well.
Upcoming area concerts

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<td>Appleseed Cast</td>
<td>M-Shop 7:30 p.m.</td>
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<td>The John Wilkes Kissing Booth Lesser Known Saint Bi-Fi Studio 7:30 p.m.</td>
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October 9 - Nada Surf and Ozma
Nada Surf may always be best known for their song “Popular” that graced the MTV airwaves in the early 90’s. Contrary to popular belief they are still around and better than ever! It is true that I personally am in love with this band. I’ll fess up to it right away. They are everything that a rock band should be. They have a killer live show. Their songs are beautiful and rocking at the same time. Did I mention that their new CD “Let Go” is doing well on the college charts? Ozma is also playing this show. They opened for Weezer on one of their tours. I think they kind of sound like Weezer with a keyboard. They have a good live show. Both of these bands are worth seeing! Make sure you are at the Maintenance Shop (M-Shop) located in the ISU Memorial Union. Tickets are $12 and it is an all ages venue.

October 10 - Bixby Lane
Bixby Lane is a modern rock band from Kansas City. They will be playing at Java Joe’s located at 214 4th in the Court Ave. district, Des Moines. This is an all ages venue and the show is free!

October 12 - Appleseed Cast
Appleseed Cast is what some people want to see aailing letter in the mail. Finance: Good | Romance: Poor | Lucky Numbers: 2,12,15

October 17 - The Duke Robillard Band
If you are in the mood for blues this is the show for you! The Duke has won the title of “best blues guitarist” in 2000, 2001, and 2003. He is bringing his whole band with him for this one. Get to the M-Shop located in the ISU Memorial Union to check them out. This show is all ages.

October 18 - The Groovie Ghoulies, and Shiloh Church
This show will be spook-tastic! The Groovie Gholies are here just in time for Halloween. Their music is pop punk and from what I here there show is great. Shiloh Church is a band with a mission. Their mission is to make the audience say, “Did he really just say that?” With songs like “Love Incision” and stage antics such as spitting “blood” into a rotating picture of George Bush they are not your ordinary band. This show is at the M-Shop and all ages.

October 19 - CJC Jazz Band
They will be swinging at Java Joe’s located at 214 4th in Des Moines.

October 20 - The Handom Family, Why Make Clocks
The Handom Family is a husband and wife duo from the UK. Their music is dark alt-country with a hint of folk. Why Make Clocks is from the Ames area. They are an alt-country band that is worth a listen. The show is at the Vaudeville Mews 212 4th in Des Moines.

Horoscopes by Pam

Aquarius (Jan. 20-Feb. 18) You want to take a little trip and there is no need to go very far, just someplace you’ve wanted to go before, yet never been. Finance: Good | Romance: Good | Lucky Numbers:2,12,15

Pisces (February 19 - March20) For your best day possible, try shedding off the qualities that make you different and unique. Finance: Fair | Romance: Fair | Lucky Numbers: 3,17,21

Aries (March 21-April 19) Spending too long making decisions won’t benefit you. It could cause you some unnecessary grief. Finance: Fair | Romance: Good | Lucky Numbers: 7,19,20

Taurus (April 20-May 20) You tend to over analyze your options. The simple solution to this problem is to make decisions more quickly, especially on unimportant matters. Finance: Good | Romance: Poor | Lucky Numbers: 5,11,16

Gemini (May 21-June 20) You need to concentrate on things that matter, meaning studying more and being aware of what’s going on around you. Finance: Fair | Romance: Fair | Lucky Numbers: 6,10,23

Cancer (June 21-July 22) Watch for misunderstandings between friends. They should work themselves out but it may take time. Finance: Good | Romance: Good | Lucky Numbers: 1,13,16

Leo (July 23-Aug. 22) Make sure to take time to study for that big test coming up. You don’t want to see a failing letter in the mail. Finance: Good | Romance: Poor | Lucky Numbers: 4,20,22

Virgo (Aug. 23-Sept. 22) You may have been worrying too much about everything lately. Make a little time for you, all will be fine. Finance: Good | Romance: Good | Lucky Numbers: 7,19,20

Scorpio (Oct. 23-Nov. 21) Now is the time to figure out your financial picture before the major shopping starts. You may have to save more. Finance: Good | Romance: Good | Lucky Numbers: 6,14

Sagittarius (Nov. 22-Dec. 21) Work may be a pain right now. After this week there should be some major changes. Finance: Good | Romance: Good | Lucky Numbers: 8,15,17

Capricorn (Dec. 22-Jan. 19) Try not to get annoyed with the people around you. Just excuse yourself and come back latter. Finance: Good | Romance: Poor | Lucky Numbers: 9,12,20
Fall season preview

Laura Anderson
Banner Staff

**NBC**

"The Lyon's Den" - Rob Lowe, Kyle Chandler

This unconventional legal drama is set against the backdrop of Washington, D.C. business, politics, and the justice system. John Turner (Lowe) reluctantly accepts a position of managing partner in the law firm Lyon, LaCrosse, and Levine. The law firm is made up of diverse characters whose motives and alliances are rich with contradiction and secrets.

Sunday 7 p.m.

"Las Vegas" - James Caan, Josh Duhamel, Molly Sims

This fast-paced sexy drama follows a Las Vegas surveillance team charged with maintaining the security for the Montecito Resort & Casino. Caan stars as Big Ed Deline, head of surveillance, Duhamel plays his protégé, Danny McCoy, an ex-U.S. Marine.

Monday 8 p.m.

"Whoopi" - Whoopi Goldberg, Omid Djalili

This smart and sassy comedy stars Whoopi as Mavis Rae, a former one-hit wonder diva who runs her own hotel in Manhattan. Djalili is Nasim, her handyman.

Tuesday 7 p.m.

"Happy Family" - John Larroquette, Christine Baranski, Laila Robins and Baranski star as Peter and Annie Brennan, would-be empty nesters whose twenty-something children, Annie and her boyfriend, Danny Price, and Christopher Moynihan.

This provocative comedy romp is based on the British hit of the same name. Coupling takes a hip and frisky look at the ever-evolving relationships between six singles who are either involved, formerly involved — or looking to become intimately involved with each other.

Thursday 8:30 p.m.

"Miss Match" - Alicia Silverstone, Ryan O'Neal

Silverstone stars as Kate Fox, a sharp divorce attorney in her father's law firm. Kate also has a knack for matchmaking, which she considers a hobby until a bride credits her and her talent spreads. Much to the dismay of her father, Sid (O'Neal), Kate is juggling the conflicting worlds of divorce and true love.

Friday 7 p.m.

**ABC**

"10-8" - Danny Nucci, Ernie Hudson

Nucci stars as Rico Amonte, who was brought from the streets of New York to Los Angeles by his older brother, an LAPD detective. Now as a deputy trainee, Amonte must learn the ropes with Senior Deputy John Henry Barnes, played by Ernie Hudson. This is an edgy, humorous take on the L.A. Sheriff department's rookies and their trainers.

Sunday 7 p.m.

"Hope and Faith" - Kelly Ripa, Faith Ford

Ripa plays Faith, a recently canned soap star, who flees the spotlight to find refuge with her sister, Hope, played by Ford. But Hope is not prepared for the challenges of having her sister, much less a celebrity move in with her and her family.

Friday 8 p.m.

"I'm With Her" - Teri Polo, David Sutcliffe

This new comedy tells the story of an average guy who meets and begins dating a not-so-average woman — a movie star.

Bobby and Liz are engaged, and the meeting of the parents is not as expected. Bobby (Scott) works in the Boston pub that his father owns and operates. Liz (Lawson) was raised since infancy by her two dads, Philip (Hickey) and Simon (Sieber).

Tuesday 7:30 p.m.

"It's All Relative" - Reid Scott, Maggie Lawson

Karen Sisco - Carla Gugino, Robert Forster and Bill Duke

Gugino stars as Karen Sisco, a smart, tenacious United States marshal on Miami's Gold Coast. She grew up in law enforcement and her father, Marshall (Forster), had hoped she'd take a different route career-wise. But it seems the feisty young woman is destined to follow in her father's law enforcement footsteps.

Wednesday 7:30 p.m.

"The Handler" - Joe Pantoliano

Stars Pantoliano as Joe Renato, an FBI agent who trains and handles agents who go undercover to solve crimes at all levels of Los Angeles' diverse society. They all walk a fine line between fighting crimes and committing them.

Saturday 9 p.m.

"The Lyon's Den" - on NBC

The cast of “Coupling,” a new show on NBC
The first single “Eat You Alive” shows that L.B.’s signature songs and lyrics are still there although Borland is not. In the song Durst vents about things that could be on the mind of any hormone-crazed high school or college-aged young man.

On the other hand, feminists would most likely consider Durst a pig.

The next tune on the record, “Gimme the Mic” might have well have been titled “Break Stuff, Part II.” It still does what it set out to do, which is rock. It has some cool record sampling, as Lethal scribbles microphone fiend, and Durst unleashes the F-bomb nearly a million times.

The ballad-styled “Build a Bridge,” is one of the stand-out tracks on the record, with its acoustic beginning and ghostly violins during the verses.

“Red Light Green Light” rounds out the album with the token hip hop cameo, first started in “Significant Other” by Method Man, and then repeated with Xzibit on “Chocolate Starfish and the Hot Dog Flavored Water.”

On this cd, Durst teams with the one and only Snoop Dogg, but it is apparent that Durst’s mic skills are sorely lacking when put in the same track as one of the all-time lyrical greats such as the Snoop D-O-double-G.

Without a shadow of a doubt, the best two songs on the record are “Creamer (All Radio Is Dead)” and “Behind Blue Eyes.” Creamer starts out with an enchanting guitar and bass line that is almost reminiscent of the old Castlevania games for Nintendo. DJ Lethal then breaks in with some turntable magic, scratching up the words, “All radio is dead.”

“Behind Blue Eyes” can only be described as what is exactly going on behind those eyes, in the mind of Durst. It truly is the best display of what he can do lyrically, whereas he sometimes crumbles when it comes to writing lyrics.

Durst has brought it to the table for those who still live in the realm of rap-core, but for those who have been skeptical since “Chocolate Starfish,” the results will certainly vary.

Darin Longman
Banner Staff

Whether you love him or you hate him, Fred Durst is back. Limp Bizkit has returned in a big way, well, most of the band anyway.

On Limp Bizkit’s follow-up to Chocolate Starfish and the Hot Dog Flavored Water, titled “Results May Vary,” Wes Borland is noticeably missing from the lineup.

Borland was the guitarist for the band’s previous three records, and to many, the heart and soul of the group.

Many critics have claimed that is could spell the end of the band. Fortunately the Bizkit crew had other ideas and recruited former Snot guitarist Mike Smith.

Fans might notice that the second and third albums seem to be parallel in the way they were created, evoking some of the same sorts of songs between the two.

Limp Bizkit has unapologetically kept the formula true to one extent with astounding, get-in-the-pit, rap, rock track and the deeply emotional songs, with the addition of one straight-up, rap tune, guest starring one famous rapper and then the highly popular radio-friendly, surefire hit.

The new record keeps with the tradition, but the way it is done is different from the last record. The formula kept entirely the same, but with the help of Smith, the band has grown in leaps and bounds.
People say the crazy things sometimes. I think the person responsible for saying "Life is what you make of it" should probably be curb stomped.

It’s not that I don’t appreciate that person’s optimistic nugget of wisdom, because I do. The idea that we shape our own destiny seems like a good one. It is one viewpoint, but on the other hand we are a product of our environment. The sad part of all of this is that our environment is the world.

If you take a look at the big picture we are plagued by an environment where there is crime, pollution, murder, terrorism, racism, sexism, ageism, and corrupt political systems scattered all over the earth, but you probably don’t have to look past our own soil to find that out.

The world and quite frankly when you think about it, life in general is a depressing thing. With disease, famine, war, and all kinds of terrible things going on, it’s not any wonder why I would rather take a nap after class instead of fighting a whole bunch of causes that will probably never see a positive conclusion, at least not in my lifetime.

Trust me I don’t need the extra sleep but if I am not sleeping or lost in my own micro sphere of everyday activities I find that reality of things on a global scale is nothing less than tragic.

It is these types of things that nobody ever really thinks to closely about when they are marching through their daily routine. I notice though. Although it only pops into my mind every once and awhile, I still manage to notice.

I have mastered apathy quite well and there are others like me that would just rather put worldly affairs out of their minds. I personally don’t read the newspaper (quite ironic that I write for a campus paper) I care very little for current events and I try never to feel any sympathy for those that are suffering across the globe. Why do I do this? I cannot answer that question for certain. Perhaps being detached is the only way I can grasp it all. I am not a visionary; I am not a martyr for any cause. I am certainly not a monster who wishes any terrible deeds upon any-

I know that if we marched all the greatest self-help gurus down to my room to have an intervention for all my negativity it would be slightly over a nanosecond before I showed them all the door.

between friends, roommates, and parents to keep from being strained. Heck, I am even being informed that I have dishes to do at this very moment. I have regrettably informed them that I am being to solve the dilemma of world peace. In the process I have also strained the relationship with the roommates. It seems my own problems with those that I live with, and sanitary dishes have to come first so world peace will have to wait.

I know that to say that I don’t care at all about these things is probably more of a defense mechanism for me. I would rather live more carefree, then to constantly be worrying about things so I throw tact out the window and put the apathy pedal to the metal. Someone dies of AIDS, glad it wasn’t someone I knew. Children starving in the third world you say? I’m eating so it isn’t my problem. What!? People living in poverty? Hey I’m a poor college kid so I don’t care, grab me a Pepsi and let’s play Playstation.

Sometimes it just takes one person though to say the right thing to make you realize how wrong you can be.

After sharing my bleak worldviews and how I really felt about the state of things I became entangled in the mother of all arguments with a girl I knew. I totally thought from talking to her that she could be nothing more than a bleeding heart. Someone who says the tactful thing to look much like a humanitarian, but really would never do anything to try to better anything for anyone on a global scale. I told her about my indifference to all those things, although I did not mention why.

After speaking about various things she confided in me one thing that she came as a shock to me. When she was completely financially stable she had hoped to adopt a child that was from a background of poverty. She was completely committed to the idea of helping to give one child a chance at a life that is could never have if it weren’t for her selflessness. She was dead set on the idea that she could change one child’s life. Even if it meant a drastic change in her own.

This wouldn’t have far reaching ramifications around the globe. It wouldn’t change the status quo. It would however bring happiness to one soul who might not have ever had a chance. It was during this time I was shocked; there was no gimmick to this nothing but the will to make a difference on a micro scale. If everyone had a heart of gold like this, big changes could probably occur.

I realized that people like me were probably the obstacle to progress. I felt foolish and selfish, and I was also very moved. For me to crawl out from my cynical blanket of bitterness is a milestone in itself. I was touched, she wasn’t afraid to care about things she couldn’t control. She was willing to give the world a shot. She could see the good in it and was willing to try to change the bad even if her efforts might not get her anywhere. I admired that greatly and it helped change the way that I look at things.

Suddenly I realized that the urge I previously felt to curb stomp the guy who originally said "Life is what you make of it" was fading. He was actually right. It wasn’t optimistic drivel. It was merely the truth. My use of apathy to deal was wrong. Apathy is something that should have died when grunge music took the big dip nap.

In life it’s the people with the hearts of gold that make it worthwhile. Life’s worth isn’t in our ability to control or solve the bad things that happen in the world. It is about embracing the good things we find along life’s journey. Life is about the smell of the trees after it rains. It is also about your first kiss with your first love, it’s about a cloudless starry summer night, it’s about relationships we build with people around us, and yes even Popeye cartoons (although they don’t rank as high as the previous).

Life is about the little things and knowing that without all of the bad there can be no good. Life can actually be a wonderful thing if you don’t let those terrible things get you down.
Apocalypse Now?

By Josh Hutt
Banner Staff

I have a feeling that the apocalypse is just around the corner. There are four teams left in playoffs of America's favorite past time. The Boston Red Sox will face their arch rivals the New York Yankees, while the Chicago Cubs face the Florida Marlins. The Yankees have won 26 World Series, while the last time the Red Sox won a World Series was in 1918. The Marlins won the World Series in 1997 and the Cubs won it in 1908. There is a chance that the Red Sox will face the Cubs in the World Series.

I never thought this moment would happen. Through the years I would often joke, "You know first sign of the Apocalypse is when the Cubs play against the Red Sox in the World Series." Now there is two playoff series that will determine the fate of the world.

The history of the Cubs and Red Sox is very interesting. Over the years the Cubs have been the loveable losers. Fans would go to Wrigley Field to drink beer and watch baseball. They never had high expectations. It seems like whenever there was a glimmer of hope, Cub fans seemed to pop up left and right. But they are the Cubs. Something always happened that stopped the momentum dead in its tracks.

The Red Sox are simply cursed. When Boston traded Babe Ruth in 1919 to the Yankees, it has been downhill for a team that had won five out of seven World Series before the Ruth trade. You would think players like Ted Williams, Carlton Fisk and Carl Yastrzemski the Sox would have won at least one championship since that 1918 season. But thanks to players like Bill Buckner and Bucky Dent, fate has been cruel to the Red Sox. The only excuse Red Sox fans have is what has been called the "Curse of The Bambino". It is not certain that either team will make it. They both have a series to go through in order to do what would seemed to be the impossible. If they both lose the world will go on and we will "wait till next season" to see if the Cubs or Red Sox can make it back to the promise land.

This all may sound strange but the last time the Red Sox won the World Series, it was against the Chicago Cub. If the Cubs and Red Sox make it to the World Series, I guarantee the highest ratings in World Series history. But don't be surprised if game seven, bottom of the 9th inning with the bases loaded, when the Four Horseman fly across the Green Monster at Fenway Park.

Bears Remaining Schedule

| Oct. 8-  | at Iowa Western |
| Oct. 10- | at Iowa Central |
| Oct. 11- | at NIACC |
| Oct. 12- | at Iowa Lakes |
| Oct. 17- | at Iowa Central Tourney |
| Oct. 18- | at Iowa Central Tourney |
| Oct. 20- | at Southeastern |
| Oct. 22- | Kirkwood |
| Oct. 31- | Regionals @ Ft. Dodge |
| Nov. 1-  | Regionals @ Ft. Dodge |
| Nov. 4-  | Regional Finals |

Iowa Western, the Bears took their frustrations out on Marshalltown, two weeks ago, sweeping the Tigers in a three-game set, which the Bears out-scored them 91-59.

Then the next weekend, the Johnson County Tournament started off with wins against Longew (30-22, 30-26, 30-21) and North Platte (30-12, 19-30, 20-27, 34-32).

During the next round, the Bears finished off Southwestern in five games but was swept by Johnson County in a three-game set (26-30, 26-30, 24-30).

The following Monday the women lost to Kirkwood in five games.

The Bears came back last Wednesday to sweep Clinton in three games, out scoring the Cougars 90-27.

The Bears are 6-1 in conference play and 23-10 overall.

The Bears flex their defensive muscle with a wall of arms.

Photo By James Joy