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Banner News

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Connection between two institutions remains strong
Students move easily between ISU, DMACC

Aaron Ladage
Bear Facts Staff

Whether the reason is lower tuition costs, bad grades, or an easier transition into a bigger school, an increasing number of DMACC students are involved with Iowa State University in some way.

"DMACC and Iowa State have always had a great working relationship," said Boone Campus Dean Bill Hitesman. "With our campus so close to Ames, it is an obvious choice for students to choose Iowa State as a way to continue their education when they are done here." According to Hitesman, he estimates that about 85% of the almost 1,100 Boone DMACC students are either first-time college students planning to attend ISU upon graduation, former ISU students who are attending DMACC due to poor grades or personal reasons, or students who participate in the Cross-Enrollment Program.

Like many other students at the Boone campus, Matt Kroneman was once an ISU student and plans to return soon. "I chose DMACC because of the distance from my home, as well as the reasonable tuition," said Kroneman. "DMACC is a good place to take some [ISU] transferable classes at a lower cost." Kroneman, who was classified as a senior in Exercise Science at Iowa State, said that DMACC also gives him the chance to have a less hectic schedule by breaking his remaining courses into smaller groups. "After this semester at DMACC, I will only have nine credits left to take at ISU," said Kroneman. "This will give me the chance to take a lighter class load when I return to ISU, so that I can begin job-hunting for after college." While Kroneman is just beginning his classes at DMACC, others have already finished their experience in Boone. Karina Hansen, junior in the Art and Design program at Iowa State, attended DMACC during the fall semester of 1999. "My grades at Iowa State were definitely slipping," said Hansen. "I decided to attend DMACC for a semester in order to improve them before I did too much damage to my GPA, or before they kicked me out, whichever came first."

Hansen, along with many others like her, said that a lack of individual support was a major factor in her below-average grades. "I never gave up hope that I would graduate from Iowa State," said Hansen. "But really lost focus on what I needed to do to improve my grades, and didn't know where to turn to get the help I needed." According to Hansen, DMACC definitely put her back on the right track. Her grades have improved dramatically, and she is confident that she will graduate in very close to four years. "It might take me a little more than the normal four years to graduate, but at least I will actually graduate," joked Hansen.

When asked about her opinion of DMACC, Hansen said that her experience was bittersweet, but mostly good. "When you start college you hope that you will be able to finish at that college) without any interruptions, so obviously I was a little shaken when I switched schools," Hansen said. "But other than that, DMACC was good. I got a lot more of the individual attention that I needed, and the classes were much smaller-plus, all of my credits transferred back to Iowa State."

Just as many of the students who have attended or will attend ISU feel positively towards DMACC, so does the staff. George Silberhorn, an academic counselor for the Boone Campus, says that DMACC provides many services that help ease the transition between the two schools. "DMACC is very careful to make sure that students wondering about transferable classes have that information readily available to them," said Silberhorn. "DMACC is a good place to take some transferable classes at a lower cost."

A DMACC student enters the front doors of the Boone Campus. Cooperation between DMACC and ISU gives students additional opportunities to earn degrees.

Photo by Aaron Ladage

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Photo by Aaron Ladage
Bonnie Campbell receives national community college alumni award

DMACC--Bonnie Campbell, a former Iowa Attorney General and former Des Moines Area Community College (DMACC) student, has been selected to receive the 2001 Outstanding Alumni Award from the American Association of Community Colleges.

The award is given annually to students from community colleges who make outstanding contributions in their careers and to their communities. Campbell was nominated by DMACC President and CEO Dr. Joseph A. Borgen.

Campbell, Director of the Violence Against Women Office in the U.S. Department of Justice, will be honored at a gala reception and dinner on April 6, 2001 at the American Association of Community Colleges Annual Convention in Chicago, Ill. She is the first Iowan to receive this award since its inception in 1982.

"Understanding domestic violence requires a very broad spectrum of our society, overall. One must understand sociology, economics, political science and humanities," said Campbell. "One great thing about DMACC is that kind of education is available to anyone."

"Bonnie Campbell exemplifies what a community college education can do for a person," said Borgen. "She overcame adversity, worked diligently as a DMACC student taking classes at night while maintaining a full-time job during the day, and went on to achieve an overwhelmingly successful career."

Campbell grew up in poverty on her grandparents' farm in the Appalachian region of upstate New York. She raised her three brothers and a sister while her mother worked nights. She was the first member of her family to graduate from high school. Campbell did not start college until she was in her late 20's. Campbell was a student at DMACC from Sept. 1976 through Aug. 1979. Campbell transferred to Drake University, earned a law degree, worked as an attorney and served as chairperson of the Iowa Democratic Party. From 1990 through 1994, Campbell served as Iowa's only female Attorney General. In 1994, she ran for Governor of Iowa on the Democratic ticket.

She then became Director of the Violence against Women Office, where she oversees a $1.6 billion program to provide funding for the states to hire and train police, prosecutors and victim service advocates in the area of domestic violence and sexual abuse.

"Campbell used her opportunities to get an education starting at a community college to be the springboard for her very successful career," said Borgen. "It gives me great pleasure in seeing Bonnie Campbell receive the AACC Outstanding Alumni Award."

DMACC--The Boone DMACC chapter of Phi Theta Kappa is busy preparing to host the 2nd Annual Iowa Regional Convention on the Boone campus Feb. 15-16, 2001. Honors students who are members of Phi Theta Kappa from Iowa's 22 chapters will be invited to attend this convention.

At this convention, two members of Boone DMACC's PTK chapter will run for regional offices: Steve Stonehocker, for Regional President and Ben Howe, for the Northwest Regional Vice-President.

The Tau Phi Chapter of PTK will host an Admissions Fair at Boone DMACC on Thursday, Feb. 15. Admissions representatives from Iowa and Nebraska will be available from 13 different universities/colleges. They will have information about transfer admissions, scholarships, schedules, etc. Please plan to come and meet with these different universities/colleges.

Campus meetings of Phi Theta Kappa are now scheduled for Tuesday mornings from 7:30-8:00 a.m. Members mark your calendars and plan to attend! We need you!

Phi Theta Kappa prepares for spring convention

DMACC--Auditions for Key for Two by John Chapman and Dave Freeman will be held on Mon. Feb. 5 at 3:00 p.m. in the DMACC Boone Campus Theatre.

Key for Two is a farce revolving around a woman who is canny enough to be kept by two men. The show has parts for four women and three men.

 Scripts will be available for checkout the last week in January in Office 132. Anyone interested in helping with the spring play (set work, lights, publicity, etc.) should stop at auditions also.

Anyone unable to make it to auditions, yet interested in working on the spring production, should see Kay Mueller, Boone Campus Speech Instructor and Drama Director, in Office 132.
Students cope with cancelled classes

Matthew Rinker
Bear Facts

As the new semester begins, many students are faced with the same problems. The classes they hoped to take have been cancelled.

This semester around 60 classes were dropped cancelled from the spring schedule due to various reasons: low enrollment, no teacher, or cost, and so forth, were some of these reasons. According to DMACC Boone Campus Executive Dean William Hitesman, this year’s cancellations are too high. His goal is to cut that number in half for the next school year.

This brings utter Cancellations can bring disappointment to DMACC students. In many cases, students found out at the very last minute that their classes had been cancelled. Hitesman gives a reason for last minute cancellations. as follows. He explained that Extra time is allowed for some classes to stay open and not be cancelled, with the hope that more students will sign up for these classes, thus surging upping the enrollment to 12 students, the minimum for a class to run.

Exceptions to this rule of cancelling a class with an enrollment under 12 students is if the class is a core class or those one needed for graduation by a certain student. Hitesman said, “To my knowledge, I have never cancelled a class that was needed for a student to graduate.”

The only ways Hitesman will touch change a core class is to move it to a different day, which can still create problems because many students have to fit their schedule around other things in their life. One suggestion is students are urged to sit down with an advisor and ask for help. Schedules are impossible difficult to change without their guidance.

Another reason why some of the classes got cancelled is because some students didn’t pay their tuition by the Jan. 2 deadline. If a student fails to pay by Jan. 4, he or she will be dropped from all classes, which makes enrollment drop in already low-enrollment classes.

Following class cancellations, the student is left with finding a new class to fill that vacancy. Patty Rubin, a secretary at the DMACC registration window desk said that on the day before school began, the office staff had over 80 registrations to do. This created long lines and a lot of frustration. The only thing Rubin and the remaining office staff asked for patience since it was such a “crazy time” for everyone.

What can students do to help make next semester easier? Register as early as possible. If students wait until the last minute, the class they wanted to take could already be cancelled. Also, talk to an advisor; they are available to help during rough times.

The final suggestion comes a little from left field, but it could be helpful. Also, learn about DMACC’s has a partnership with Iowa State University, called Cross Enrollment. If a student has 12 or more credits, a high enough GPA, and a signature from an advisor, then they can take a course at ISU. Only 50 students are allowed this opportunity each semester, so keep it in mind for next year semester. Applications for the Cross-Enrollment enrollment are available through at the information desk or front office.

DMACC--More than 300 students graduated following the fall semester from Des Moines Area Community College’s Ankeny, Boone, Carroll, Newton and Urban Campuses.

Those graduating from Boone include Debralee Carroll, Data Entry I and Office Assistant; Sonia Dodd, Arts & Sciences; Douglas Hall, Arts & Sciences; Ryan Jones, Arts & Sciences; Dawn Kruse, Accounting Certificate I; Krishanthi Leelasana, Licensed Practical Nursing; Dana Leininger, Arts & Sciences; Alyssa Lewis, Arts & Sciences; Carla Morgan, Arts & Sciences; Steven Stonebocker, Dietary Manager; Wendy VerHelst, Business Administration; Emily Vinson, Arts & Sciences; and Sarah Wikert, Arts & Sciences.

DMACC president orders temperatures lowered on all campuses

Michele Thamke
Bear Facts Staff

The classrooms, halls and Courtyard Center may be a little chillier than they were in the past, so dress warmly.

Due to the rising costs of fuel, the college expenses for utilities will increase several hundred thousand dollars this year. DMACC’s president, Dr. Joe Borgen, has directed the maintenance department to adjust all classroom temperatures to 70 degrees, as a result.

You are invited to an

Admissions Fair

Sponsored by the Tau Phi Chapter of Phi Theta Kappa

On Friday, February 16, 2001

In the L. Courtier Campus Center

From 9 – 3 p.m.

These admissions departments have agreed to bring information about admissions, transfer options, schedules, etc.

Chadron State College, Chadron, NE
Coe College, Cedar Rapids, IA
Cornell College, Mt. Vernon, IA
Drake University, Des Moines, IA
Grand View College, Des Moines, IA
Iowa State University, Ames, IA
Iowa Wesleyan College, Mt. Pleasant
Mount Mercy College, Cedar Rapids
Peru State College, Peru, NE
Simpson College, Indianola, IA
University of Dubuque, Dubuque, IA
University of Iowa, Iowa City, IA
University of Northern Iowa, Cedar Falls, IA

Please plan to attend!

If you have any questions you please Contact Nancy Woods at nawoods@dmacce.ee.ia.us
New presidency affects you

Jack Wilson
Bear Facts Staff

Now that the Supreme Court has relieved the American voters from their responsibility of electing our next president, it's time to look forward and prepare. It's time to figure out what we are going to do with a guy who most people don't even want as president. For most of us, the answer is pretty simple. We'll let him do his thing, as most presidents in the past have done, and as long as he doesn't break any major rules, we'll live with the consequences. Just to be sure we're on the same page, the man I'm talking about is George W. Bush.

To students here at DMACC in Boone, the presidency doesn't stand to impact their lives in any major way. Practically speaking, I would guess that virtually none of the student body cares much about issues that don't concern them. On the other hand, the issues that we do face as students in today's commercial dream world are important and can't be overlooked. Some student issues include abortion, scholarships, pregnancy, debt, all things that students face every day, yet it seems only to have a token acknowledgement in any given presidential nominee's campaign rhetoric.

Maybe it's true that our age group isn't known to "rock the vote," but at the same time, it's a paradoxical reflection of the cynicism that is evolving from a trend into a way of life. We claim that our votes don't count, so we don't vote. Our votes really don't count because we don't cast enough of them, so any issues that pertain to us are largely overlooked. The question is, will Bush be any different? Will he look out for the people that need the presidency was even responsible for, or will the Bush administration stick to what was working?

In some ways, it's not clear that the presidency was even responsible for the economic boom of late. In other ways, it's all too easy to not give credit where credit is due. Bush rode a ticket that played up heavily the notion of compassionate conservatism, and with over a hundred executions in Texas during his stay as governor, the future doesn't hold much promise. Where students lie in the sea of compassionate conservatism, which is sure to overcome the disdain they have for lies, is not clear.

Behind the print

Editor-in-chief: Michele Thamke
- Hometown: Radcliffe
- Where you live now: Story City and Iowa Falls
- Age: 31
- Year and status at DMACC: full-time sophomore
- Major: Secondary Education, history and English majors
- Where and how many hours you work: "I work weekends at a salon in Iowa Falls and "part-time" as a work-study at DMACC."
- Best quote you got last semester: "What living to 100 years has been like."
- Email: mthamke@yahoo.com

Dr. Jane Martino
Contributing Writer

As we approach the Chinese New Year it is time to make plans for how to live this next year. Many of us have already set New Year's goals. How are they going? If you are like many Americans they are already becoming hazy dreams. This is a good time to review, reformulate and begin again. Here are some suggestions for reaching your goals.

First, write your goal behaviorally. That means write it using action words that allow you and others to easily see if you are successful. A good example would be to study psychology twenty minutes every day. A less successful alternative would be that I would study psychology more. The more specifically you state the goal, the better your chances of success.

Second, place your goal where everyone in the household can see it. The refrigerator is a good place. On the inside of the door you usually use to enter or leave the house is another good place. If your goal is easy to measure, then your friends and family can help you monitor your performance. You become accountable.

Third, on a daily basis chart your progress. Did you study your twenty minutes? Good then bold it on your chart. If you did not complete the action steps, then also mark your behavior. Gradually you will see patterns emerging. Maybe Tuesdays are difficult study days. You may need to sneak into the library between classes to meet your goal instead of meeting friends.

Finally reward your success. When you meet your daily goal, verbally reinforce yourself. "Yes I did it."

Also choose small rewards to keep you going. These need not be expensive. If you study for five days then get to watch a video. Of course that would mean no study without a video. Maybe after you meet your goal, you allow yourself to take a pop break. Choose a mini pampering that is only associated with meeting your reward.

I'd love to hear from you. E-mail me your goals and planned rewards. I'll check in with you through the semester and see how you're doing.

Please feel free to reach me at jmartino@dmacc.cc.ia.us.
Pelzer Prize

Michele Thamke
Bear Facts Staff

"But... it was the afternoon, before Friday... she made me stick me arms in a bucket that had... the mixture... ammonia and Clorox. That's it. That's what it did." Words written by Dave Pelzer in A Man Called Dave describing the discovery of his mother's brutality by his teachers in elementary school. This led to Pelzer's escape, but not his freedom.

Pelzer's trilogy, A Child Called "It", The Lost Boy, and A Man Called Dave excels in humanizing victims of child abuse. Readers may desire to distance themselves from Pelzer's written horrors; however, one million readers internationally follow and cheer on as Pelzer strives for freedom.

According to Jack Canfield, coauthor of Chicken Soup for the Soul, Dave Pelzer's works are, "Riveting. Neither I nor my staff could put it down! Pelzer's unyielding determination inspires us all. He is a living example that all of us have the capability to better ourselves no matter what the odds. One's life is forever changed after living through the eyes of A Child Called "It".

A Man Called Dave spans two decades of Pelzer's adulthood. According to him, "I lived through an extraordinary experience. Yet I was fortunate enough to learn from it and walk away a better person."

"Deep End of the Ocean" Movie drowns in book's shadow

Sadie M. Heimbaugh
Bear Facts Staff


Almost immediately into the book, the readers find themselves sobbing over Beth's youngest child's sudden disappearance at her high school reunion.

As the book continues, it becomes more heart wrenching as it appears apparent that little Ben may be lost forever.

Mitchard does an astounding job of making each reader go through Beth's heartache and near self-destruction. But when the book takes an interesting twist near the end, it appears all hope may not be lost for Beth and her family.

Recently, this book was made into a film by the same name. It doesn't hold a candle to the book because the author holds the readers in suspense until the very end, and in the movie, the book ending is revealed halfway through the film.

Hanks wins Golden Globe for "Castaway"

Sadie M. Heimbaugh
Bear Facts Staff

Tom Hanks' newest film Castaway made a big hit at the box offices coming in at #1 and holding on for several weeks.

Sunday evening, Hanks received a Golden Globe Award for his performance.

Hanks plays a Fed Ex "big wig" who "lives and dies by time." Long-time girlfriend, played by Helen Hunt, remarkably understands when he rushes off on Christmas night, of course not before their exchange of gifts. What better gift to give a man-of-the-clock than her grandfather's pocket watch.

During his flight something goes terribly wrong, and the plane goes down. Barely escaping death, Hanks floats to a deserted island.

Throughout the weeks some disturbing items float onto his shore, but there are also some very helpful items as well. He even makes an unlikely friend.

Approximately 45 minutes of the film are solely on Hanks, and for moviewgoers with short attention spans, this may be a difficult part to get through. However, the director did a great job of creating as true-to-life circumstances as possible, which makes this an easy film to put yourself into.

The ending has no great, astounding shock to it, but it is definitely a movie that anyone can enjoy.

Viewers will walk away from this film feeling very grateful for radio, television and most of all, human contact.
Second attempt to build student residences moving forward

Boone DMACC fall housing

Becky Perkovich
Contributing Writer

"Dorms are a kind of dying concept," said Stephen Emerson, a principle figure from Brown Healey Stone & Sauer, who is working on the DMACC housing project. "Students are expecting more. They want facilities that they can call their own place."

This is the second attempt to bring housing to the Boone DMACC campus. This time using Brown Healey Stone & Sauer, a different architectural firm out of Cedar Rapids, the project is running smoothly. They won the bid on Nov. 20, 2000 to plan and design a modern and efficient form of student housing.

The new design, pictured above, sits on 3.75 acres just to the east of DMACC. This apartment style living will hold 192 students in four major complexes with a large courtyard. Each unit will have four bedrooms and two bathrooms. Rent runs $325 per month.

Ankeny is the other DMACC campus that offers student housing. It runs differently from what has been planned in Boone. They have one L-shaped building holding 50 units, approximately 200 people. Each has two furnished bedrooms and bathrooms. Rent runs $325 per month.

Dorms are a kind of dying concept.
plans four complexes

including utilities except: phone, cable, or Internet. The option is available to pay more rent to have a private room. A semester lease is required and roommates are usually decided by a questionnaire about common interests.

When asked her view on community college student housing, Melody Record, site manager for T. Quam Resources, "It works very well, especially as a launching point for out of area students."

According to Jeff Kooistra, city administrator, "It's good for the students and for the community. A lack of economic housing is a problem here in Boone and the plans look very nice."

The plans have to be approved by both the city planning and zoning commission and the Boone city council. They must meet all standardized regulations for electrical and plumbing. How many parking spaces and where to put the smoke detectors are all things that have to be planned out and approved before a building permit can be issued. This should all be completed by March 19, 2001.

Once the plans are final and a permit is issued, the building can begin.

"I plan on using local contractors," expressed Stephen Emerson "They are usually more competitively priced because they don't have traveling expenses. Keeping the budget low on this project will keep the rent low for students and that's the ultimate goal."

If you are interested in signing up for more information on student housing when it becomes available log on to www.dmacc.cc.ia.us or stop by Student Services.
College president releases names of fall scholars

DMACC—Des Moines Area Community College President Dr. Joseph A. Borgen recently released the names of students eligible for the fall semester President’s List. To be eligible, a student must have earned a 4.0 grade point average.

President’s List

Those recognized from the Boone Campus include Liaquat Ali, Mgt. Information Systems, Cedar Falls; Michael Belden, Arts & Sciences, Boone; Binnie Birney, Arts & Sciences, Grimes; Kristin Michaela Malloy-Roger, Art, Boone; Matthew Brewster, Arts & Sciences, Ames; Reanna Brooks, Arts & Sciences, Woodward; Hilary Caffrey, Accounting Paraprofessional, Woodward; Grace O’Hara, Arts, Boone; Jolene Conrad, Accounting & Bookkeeping, Zearing; Bret Crim, Arts & Sciences, Stratford; Marcie Crim, Arts & Sciences, Boone; Michelle Davis, Arts & Sciences, Boone; Dick Dudley, Civil Engineering Technology, Redfield; Robin Duhn, Arts & Sciences, Ames; John Ferrari, Computer Programming; Pilot Mound; Nicolas Fontanini, Arts & Sciences, Boone; Frank Fuller, Arts & Sciences, Ames; Yuhai Gao, Arts & Sciences, Boone; Deborah Haines, Arts & Sciences, Ames; Jerri Hall, Medical Laboratory Tech., Boone; Joshua Hall, Arts & Sciences, Boone; Corey Hayes, Civil Engineering Technology, Dayton; Theodore Herrick, Arts & Sciences, Grand Junction; Karen Hodges, Arts & Sciences, Ames; Chee Hoi, Arts & Sciences, Ames; Hugo Juarez, Arts & Sciences, Perry; Tracey Kander, Arts & Sciences, Boone; Dawn Krause, Accounting & Bookkeeping, Boone; Hye-Yeon Lee, Arts & Sciences, Ames; Michelle Legault, Arts & Sciences, Urbandale; Heather Mankin, Arts & Sciences, Ogden; Carla Morgan, Arts & Sciences, Stratford; Kerry Newbanks, Civil Engineering Technology, Ames; Grace O’Hara, Arts & Sciences, Ames; Kristen Runyan, Nursing, Boone; Heather Schwechkel, Arts & Sciences, Boone; Michael Sheres, Arts & Sciences, Nevada; Elamri Sherick, Arts & Sciences, Ames; Joshua Smith, Arts, Mgt Information Systems, Boone; Stacey Snively, Nursing Practical, Nevada; Jerome Stewart, Arts & Sciences, Des Moines; Jaryd Sunstrom, Arts & Sciences, Boone; Annette Thompson, Civil Engineering Technology, Ames; Fuming Wang, Mgt Information Systems, Ames; Heather Wargo, Arts & Sciences, Boone; Marcie Webb, Arts & Sciences, Boone; Breanna Wendro, Arts & Sciences, Boone; Kari Danner, Arts & Sciences, Boone; Elizabeth Darby, Arts & Sciences, Boone; Jamie Davis, Arts & Sciences, Boone; Huxley; Sarah Dean, Accounting Specialist, Boone; Marie Dostal, Arts & Sciences, Ames; Tom Doolittle, Civil Engineering Tech., Ames; Jodi Daigh, Arts & Sciences, Boone; Elizabeth Danilson, Arts & Sciences, Boone; Carrie Danner, Arts & Sciences, Boone; Harry Danto, Arts & Sciences, Boone; Scott Dukk; Arts & Sciences, Boone; Miguel Esparza, Arts & Sciences, Ames; Jody Evans, Arts & Sciences, Ames; Karen Fawcett, Accounting Specialist, Ames; Jennifer Foley, Accounting Specialist, Ames; Staci Hartman, Nursing Practical, Ames; Kari Freck, Arts & Sciences, Curlew; Jenny Fry, Nursing Associate Degree, Nevada; Rosie Fuentes, Administrative Assistant, Boone; Jason Garvey, Arts & Sciences, Boone; Tammy Gibb, Nursing Practical, Ames; Sarah Gibson, Arts & Sciences, Ames; Cynthia Grundstad, Arts & Sciences, Boone; Stacy Hagen, Administrative Assistant, Ames; Nathan Hall, Arts & Sciences, Boone; Rachel Hinko, Nursing Practical, Ames; Claver Hategemakana, Mgt. Information Systems, Ames; Merrick Havens, Mgt. Information Systems, Ames; Traci Heimer, Biotechnology, Ames; Melissa Heuton, Nursing Practical, Ames; Regina Hilton, Arts & Sciences, Ames; Darren Hindman, Arts & Sciences, Ames; Benjamin Howe, Arts & Sciences, Boone; Amir Ibrahim, Arts & Sciences, Ames; Evie Tiffany, Arts & Sciences, Ames; Elizabeth Jacobson, Arts & Sciences, Boone; Billie Johns, Arts & Sciences, Boone; Kelly Johns, Arts & Sciences, Ames; Kelsey Kain, Arts & Sciences, Boone; King, Arts & Sciences, Kiron; Aaron Kleinwolterink, Arts & Sciences, Ames; Anthony Knute, Arts & Sciences, Boone; Amanda Lamoureux, Arts & Sciences, Boone; William Larkin, Accounting Specialist, Ames; Rosanette Lind, Medical Transcriptionist, Fort Dodge; Lorrie Lockrem, Mgt. Information Systems, Nevada; Alan Manyn, Arts & Sciences, Ames; David Masters, Arts & Sciences, Ames; Robert Marten, Arts & Sciences, Boone; Michelle McCall, Business Administration, Nevada; Andrea McKern, Arts & Sciences, Ames; Jill Meiners, Assoc. Degree Nursing, Carroll; Joshua Meyer, Arts & Sciences, Ames; Elizabeth Miller, Arts & Sciences, Des Moines; Kim Miller, Administrative Assistant, Boone; Chad Newton, Civil Engineering Tech., Grand Junction; Tiffany Norem, Business Administration, Ames; Katherine Odell, Arts & Sciences, Boone; Michael O’Malley, Arts & Sciences, Nevada; David Parsons, Arts & Sciences, Boone; Kip Pedersen, Arts & Sciences, Ames; Susan Prouty, Arts & Sciences, Boone; Daniel Ramthun, Accounting Information, Nevada; Roxanna Ralston, Arts & Sciences, Boone; Suzanne Roberts, Arts & Sciences, Richmond; Arts, Sciences, Boone; Abby Rinehart, Arts & Sciences, Boone; Kimberly Rinker, Arts & Sciences, Ogden; Carrie Salz, Arts & Sciences, Story City; Jill Savig, Business Information, Ames; Lindsay Saunders, Arts & Sciences, Boone; Rachel Schokloph, Arts & Sciences, Ames; Mitzi Schoening, Arts & Sciences, Stratford; Tessa Schroeder, Child Development, Nevada; Beth Shultz, Administrative Assistant, Pilot Mound; Erin Silverthorn, Arts & Sciences, Iowa Falls; Cody Simonsen, Civil Engineering Tech.. Aurelia; Angela Sires, Arts & Sciences, Ames; Stefanie Smutter, Arts & Sciences, Doon; Kimberly Stone, Arts & Sciences, Boone; Steven Stonehocker, Dietary Manager Specialist, Boone; Marie Stover, Arts & Sciences, Boone; James Swett, Civil Engineering Tech., Ames; Naoko Takeamura, Arts & Sciences, Ames; Michele Thamke, Arts & Sciences, Story City; Amy Thompson, Accounting Information, Boone; Rachel Thompson, Arts & Sciences, Boone; Evie Tiffany, Arts & Sciences, Ames; Jennifer Tjernagel, Arts & Sciences, Roland; Justin Vetter, Arts & Sciences, Ames; Leidi Villalobos, Computer Programming, Perry; Emma Vincent, Arts & Sciences, Nevada; Karen Vincent, Nursing Associate Degree, Nevada; Emily Vinson, Arts & Sciences, Boone; Rhonda Walrold, Accounting Information, Boone; Emily Walters, Arts & Sciences, Boone; Debra Westerberg, Nursing Practical, Ames; Sarah Wicket, Arts & Sciences, Boone; Brandi Wilkes, Arts & Sciences, Boone; Holly Winters, Arts & Sciences, Boone; Bret Wiseup, Arts & Sciences, Ames; Michaela Xie, Arts & Sciences, Boone; Jennifer Yo-B, Arts & Sciences, Story City; Jocdane Woodley, Bus. Information Systems, Boone; Amy Young, Arts & Sciences, Stratford.
Editor’s Encounters

Robin Duhn’s perspectives on being a pregnant student

Michele Thamke
Bear Facts Staff

Weekly, the desks get smaller. Daily, your backpack gets heavier. Forgetfulness runs rampant in all areas of your life. Fluid intake has to be monitored to lessen the amount of bathroom breaks during class. These issues are Robin Duhn’s reality.

This 25-year-old has two due dates set by ultrasounds, seven weeks into spring semester. Robin is taking 12 credit hours consisting of four classes this semester. She has discussed with her instructors her leave of absence after the baby is born Robin calculates that she will be able to attend classes up until I go into labor, and then I’m planning on taking two weeks off. I’ll go in as needed after the baby, for tests and films. Chemistry lab is hard to make up.” As for Travis, “He’s goo-goo. He’s touching my belly all the time, talking to our baby. I’m no longer his girlfriend, but housing his child. Robin said with a bright smile.

Robin has lots of changes to anticipate in the next month’s time. I wish her and her family the best!

Student Pregnancy

There are many things to know and even more things to worry about. I found newborn articles on the website babycenter.com vast and scary. Everything from “How to trim those tiny nails,” to “Demystifying the mother instinct.”

Babycenter.com also has a great section in family life concerning dads. So many times, dads are not seen very much in the picture, but are vital to moms and babies well being. Their article, Ten ways to become a better dad, has great advice for dads of any age child, varying from “Be more active” to “Be a partner, not a helper” to “Get more practice.”

Seven fears of fathers-to-be

Jerrold Lee Shapiro, a licensed clinical psychologist and professor of counseling psychology outlines the seven fears faced by fathers-to-be: Security fears, performance fears, parent fears, mortality fears, fear for your spouse’s or child’s health, relationship fears, and fears of ‘women’s medicine.’

Weathering the high costs of heating your home

Federal Trade Commission—Recent news reports about rising oil prices may have you shivering, even though fall just arrived. Whether you heat your home with oil, natural gas, or electricity, the Federal Trade Commission has some tips to help you save money and stay warm this winter.

Conduct an energy audit to help detect waste and gauge the efficiency of your current heating system. Your utility company may offer free or low-cost energy audits, or you can conduct your own. The U.S. Department of Energy (DOE) offers instructions at www.energysaver.gov. The home “walk-through” may help you spot needed maintenance or problems that, if fixed, could save you money. For example: 1. Check your attic, attic stairway, attached garage, walkway, and balconies. 2. Make sure your home is insulated to DOE—recommended levels for your area. When inspecting and buying home insulation products, look for the R-value. The higher the R-value, the greater the insulation power.

2. Wrap your hot water heater in an insulation jacket.
3. Schedule an annual tune-up of your heat pump, furnace or boiler. Your utility company or contractor can help you select the most cost-effective approach.
4. Hire a professional to seal and insulate leaky ducts, and to ensure that the airflow distribution system serving your heating equipment is operating at peak efficiency.
5. Clean or replace filters on forced-air furnaces. This gives you three business days to cancel a contract if you sign it in your home or at a neighbor’s residence.
6. Install a programmable thermostat that will automatically lower nighttime temperatures.
7. Check caulking and weather-stripping, and repair where necessary.
8. Have your furnace and hot water heater inspected in the winter if there’s a crawl space under your home.
9. Close the doors to rooms that you don’t use.
10. Prune shrubs that may block airflow to your heating pump.
11. Install ceiling fans. The air circulation promotes heating efficiency in the winter.

When buying a new furnace, boiler, heat pump, water heater, or other home appliance, consider a high-efficiency model. While energy efficiency appliances may cost more, they may save you money in the long run. To compare models, check the black and yellow EnergyGuide labels required by the FTC on most major appliances. The labels provide useful information about products’ energy use or efficiency and estimated annual operating costs.

Shop around for the best prices on oil and gas, if you live in an area that lets you choose your natural gas provider.

Ask your utility or oil company about a budget—billing plan to protect against sudden or unexpected price increases. Your provider takes the amount of energy you use during one year and divides it into equal monthly payments. At the end of the season, you pay any outstanding balance or your prior referral; ask the contractor for customer references; and check out potential contractors with the Better Business Bureau, state and local consumer protection offices and your state consumer protection agency. The FTC’s Cooling-Off Rule gives you three business days to cancel a contract if you sign it in your home or at a location other than the contractor’s permanent place of business.

For More Information

Call the FTC toll-free, 1-877-FTC-HELP (1-877-382-4357) or visit www.ftc.gov, to get the free publications, Heating and Cooling Your Home and How To Buy an Energy-Efficient Home Appliance.

DOE’s Energy Efficiency and Renewable Energy Network is a clearhouse of energy-efficiency information. Find it online at www.eren.doe.gov; call toll-free, 1-800-DOE-EREC (1-800-363-3732), (TDD: 1-800-273-2957); or write to U.S. Department of Energy, EERE, PO Box 3048, Merrifield, VA 22116.

The FTC works for the consumer to prevent fraudulent, deceptive and unfair business practices in the marketplace and to provide information to help consumers spot and avoid them. To file a complaint, or to get free information on any of 150 consumer topics, call toll-free, 1-877-FTC-HELP (1-877-382-4357), or use the complaint form at www.ftc.gov. The FTC enters internet, telemarketing and other fraud—related complaints into Consumer Sentinel, a secure, online database available to hundreds of civil and criminal law enforcement agencies worldwide.
DMACC Men keep rollin’

Scott Anderson
Bear Facts Staff

The DMACC men opened the conference against NIACC and opened in style by taking a 22-point lead into halftime. NIACC played better in the second half but it was not enough as the won the game 87-61. The game marked the return of Darnell Star who came back from an arm injury to lead the Bears in scoring along with Shelton Colwell at 19 points each. Jamal Jackson added 13 points and Rich Borgos had 12 points for the Bears. Colwell also had 10 rebounds for the Bears. The Bears then took on Clinton and won 90-66. Borgos led the Bears with 21 points. Other high scorers were Colwell with 18 points, Star with 17, Jackson with 14 points each, and Kevin Alberts with 11 points. Colwell had 17 rebounds for the Bears.

The Bears then took on Junior College power Indian Hills. Indian Hills sent the Bears to the first loss of the year 84-65. "Indian Hills is one of the premiere junior colleges in the country," said Coach Orv Salmon. "I think our kids were intimidated early. The team got settled in, but they weren’t able to make a run.”

The Bears ended 2000 with 82-79 victory over North Central. The Bears opened the year 2001 with a conference road game at Ellsworth. Ellsworth led by four at halftime, but the Bears responded with a great second half to win 73-64. Shelton Colwell led the Bears with 28 points and 12 rebounds. Other high scorers were Brian Berkey with 13 points, Jackson with 12 points and Borgos with 11 points and nine rebounds.

The Bears returned home to take on Iowa Central and after a close first half the Bears led by four. The Bears again showed that they are a good second half team and pulled away for a 95-79 win. Jackson had a huge game for the Bears with 33 points. Other high scorers were Colwell and Mike Williams with 18 points each, Borgos added 14 points, and Colwell had a team high 11 rebounds.

The Bears then took on Iowa Lakes and after a physical first half the Bears led by 11. The Bears faced a tough challenge and in the second half Iowa Lakes closed to within three at 63-60. The Bears then went on a 17-3 run to take an 80-63 lead, and Iowa Lakes could get no closer as the Bears won 91-69. Colwell and Berkey each had 20 points to lead the Bears. Other high scorers were Borgos with 19 points and Adam Daley with 11 points. Colwell had 12 rebounds to lead the Bears.

The Bears then took on Waldorf, and after a great first half the Bears led 48-17. Waldorf played well in the second half, but were too far behind as DMACC won 78-57. Colwell had a monster game with 28 points and 23 rebounds. Borgos added 13 points for the Bears. The Bears are 17-1 overall and lead the conference with perfect 6-0 record. The Bears are ranked third in the nation and face seventh rated Kirkwood before going on a long road stretch. "I didn’t make the schedule up,” said Salmon. "We will go and play our game and match the other teams intensity on the road.”

The Bears game is about pushing the ball up the floor and speeding up the game, and what I have seen is the teams are trying to make the game a physical half-court game. The Bears though have shown that they are a good second half team and that ranking with their play as the Bears jumped out to 1-2 lead to start the game. Waldorf gradually took the lead and built it up to 10 when the Bears went on an 8-0 run to cut the lead to two. The two teams battled evenly to the end of the game, and the Bears only down by three despite being plagued with foul trouble. The second half started out with neither team taking advantage. The Bears finally was able to take advantage and pull away for 75-54 victory. The Bears were led in scoring by Busch with 13, and other high scorers were Gourley and Alyssa Ketelson with 10 points each.

Markuson led the Bears with 11 rebounds. The Bears then took on Marshalltown and the early part of the game was back and forth. The first half was a game of runs and Marshalltown was able to make a run to end the half with a 41-26 lead. The Bears made a run to start the second half, but eventually Marshalltown was able to take control and won 86-60. The Bears were led in scoring by Obrecht with 22 points, and Kain with 16. "The kids are staying focused, and playing hard,” said DMACC coach Bob Terrones. "We are starting to get healthy now.

DMACC Men ranked 2nd in division II

Men’s Basketball Poll

January 23, 2001

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My trip to the valley of the sun

Scott Anderson
Bear Facts Staff

Welcome back fellow students and faculty members. I hope everyone had a safe and happy holiday. Mine was unbelievable as I only got one present, but the present was a trip to Phoenix, Arizona to see the Iowa State Cyclones play in the Insight.com bowl game against the Pittsburgh Panthers.

My mom and I got a flight out of Des Moines the day before the game. After a short delay we took off about at 12:30. The flight was about 2 hours, and the view as we descended into Phoenix was awesome. It seems that just about every house in town had a swimming pool in their backyard. As we made our final decent into Phoenix we flew over America West Arena which is the home of the Phoenix Suns, and Bank One Ballpark which is the home of the Arizona Diamondbacks and for one night the home of the Insight.com bowl game. When we landed we boarded a bus which took us to the South Pointe Mountain Resort.

When we got our room and unpacked we got ready to go to the pregame rally to be held later that night. We took the bus, which for the next two days would shuttle us from the hotel to downtown Phoenix. We got off the bus and went to the pep rally, and at the rally they gave out free Iowa State Bowl Game card decks. After talking to a couple of people that we knew, we went inside where people were standing waiting for the team to get there. Before the team showed up a few people had talked already. The master of ceremonies was Iowa State broadcaster Pete Taylor, and other that spoke were Governor Vilsack, ISU AD Bruce Van De Velde and Interim ISU President Dr. Richard Seagreave. After performances by the band and cheer squads the team arrived. Coach McCarney spoke and so did quarterback Sage Rosenfels. The rally ended shortly after that, and we made our way to Bank One Ballpark.

We went to see the first ever college basketball game played outdoors as the Tennessee women took on the Arizona State women at Bank One with the roof open. The games proceeds went to benefit breast cancer research. The game was okay, but it was hard to get into it because it got very cold. The players when on the bench were wearing gloves as the temperature got down to a chilly 40 degrees. We left the game early as Tennessee had control of the game. We relaxed the rest of the night.

We got up around 10 the next morning and got ready to go to the game. We had to get around that early because the last bus was leaving the hotel at 1:00. We went on one of the last buses and got to the ball- park around 1:00. We then had time to kill, as the doors didn't open till 3:00. I bought a program and read that while my mom walked around scooping out the area. The doors then opened and we went in and found are seats which are the first level in the endzone area.

The place went crazy as fans stormed the field. The attendance was above 41,000 and although they said there were only 20,000 Cyclone fans I saw about 35,000 dressed in red and gold. We stayed for the trophy presentation and then just stopped and thought about the event I had just experienced. It was amazing and is something I will never forget.

Tonight
January 24, 2001

Show Your School Spirit!

DMACC

VS

Kirkwood

Women's Game 6 p.m.
Men's Game 8 p.m.

ALL DMACC STUDENTS ADMITTED FREE WITH LIBRARY CARD

DMACC inequalities exposed

Michele Thamke
Bear Facts Staff

Body checking. Skin slapping skin. All this happened within the first five minutes of the DMACC women's game at home against Iowa Central two weeks ago. This continued during the game. I had not been to a women's basketball game since high school. When Iowa women played six-on-six ball, today women's basketball is very aggressive and different than anything I'd ever seen.

While I understand the players were the wait to concentrate, don't understand the fans reacting like they were there for a majority of the game. During the game, no one even cares if you have a good time, and the players were played great job! In the DMACC crowd, I saw very few of the men's basketball or baseball teams cheering on the women. However, I also saw very few of the volleyball players at the game as well. Later, DMACC freshman, Arriel Bivens said, "During the game, I noticed that the crowd isn't as lively as the men's games."

Bivens, from St. Louis, MO, has been playing five-on-five basketball since fourth grade. When I said that I used to only see women teams playing six-on-six, Bivens said, "I've always played five-on-five. I can't imagine six-on-six! People try to describe it and I just can't imagine it!"

When I asked her about the fans she said, "This isn't six-on-six, it's five-on-five, and it's not boring! So come out and see us play!"

Jo Mitchell, DMACC freshman, was very enthusiastic during the game. When I asked her about the crowd difference, Mitchell said, "I'm very pleased to have people come out to our games and not just sitting at home, waiting to come for the men's game."

Pertaining to record differences between the men and women's teams, Mitchell said, "I feel like the people shouldn't look at our record, but look at how hard the team continues with our competitors. We've played some very aggressive teams. I also want to say thanks to all our supporters, and keep coming!"

After the game and showering, the women's team came back to the gym and joined the now "awake" and larger group of fans. During the men's game, players and fans were smiling and enjoying themselves. What creates the vast difference? It was like two completely different groups of fans. I am glad the men's team record is good. I simply wish the women's team would get the support they deserve.
The other side of the Courter  Photos and text by Kristie Beaman

How do you like our new president?

"I am very happy and satisfied with our new president."  
Kerry Newbanks

"I agree with his tax cuts program, but am concerned that he will spend too much money trying to resolve the U.S. defense crisis!"
Chad Newton

"Bush will do a great job as president. Once the country gets over the Supreme Court decision, we will back him as he leads our great country."
Ryan Mou

"I feel Bush will be very good for our country. He'll give us back morals that were lost for our youth. He's not always been in politics, so he knows how the working man feels and will give a perspective in Washington to reflect all of us."
Lisa Sauits

Whistle Stop Cafe

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