

Des Moines Area Community College

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Life in the Times of Coronavirus: stories from
students, staff, & faculty

Coronavirus (COVID-19)

5-7-2020

Life in the Times of Coronavirus

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The covid-19 pandemic has made me more open into the change it has on my family's employment, my education, figuring more things about me, and getting to spend more time with my family. When I heard about CoVID-19 I just thought that It was just another virus that people just get and can be easily cured. I never thought it would be the big talk in the world today. It has affected how we live, how we think, and how we go about our day. My family usually watches the news all the time but I'm not a fan of watching the news. I started watching the CNN because of virus. A lot of the things on the new that were repeated were "there are a lot of cases" "Many people are dead" ""stay home for safety, "Wear gloves and mask for precautions". After I heard all that I knew this was something to take seriously.

The president and the people that work with him and the government are trying to help people with unemployment that has lost their job. The downside of that is that meat companies, and the people that deliver mail and packages are having to work longer than they should. People are quitting left to right because they are scared. Which isn't fair to the people that had work vacations because they must be at work to fill the emptiness of work employees. My mom been working a lot and she had a week vacation coming up and they cancelled it. That's not fair to her because people are calling off work. Which brings more stress on her because she is tired, and my dad is not working temporarily because he is sick. When I come home, I also help my mom clean and cook so she could have some time to herself. I just started a job at Home depot a month ago and there is a lot of people calling in as well. We must do double work for the associates that do not come to work. My parents both work 5:00 am-3:00 pm five days a week. It has been tough for us and our co-workers that must come to work to pay off their bills.

Unfortunately, my dad had recently gotten sick during this quarantine and he has a weak immune system. So, we will be behind on bills these upcoming months because my dad cannot go to work for a couple of weeks. We also have been limiting ourselves from going outside. It is also hard to do that because I am the type of person that cannot stay inside the house. Of course, many people are the same way, some people are the type that can't stay inside the house for long.

On the other hand, I thought it was going to be better for everyone to take online classes because we could have more time to ourselves. What I didn't realize is that it had affected a lot of people. It brings frustration on the teachers because they must make assignments and tests for us to complete. Also, the students who don't do well with class homework online. It is an adjustment for teachers and students because some people aren't capable to work with technology or don't have internet at home. For example, Biology is hard for me online and my teacher is just cramming a lot of homework. At first, I thought online schooling would be nice because I get to do my homework whenever I want to. Now it hard to understand some homework assignments because it's not being taught in class verbally and face to face. I know it had affected my learning this semester because I don't have a set routine. I usually do my homework at night or whenever I feel like doing it because I procrastinate a lot. Now that I am working it sometimes hard to balance work and homework. Finally, I am trying to reach out for help with my classmates, getting together and figuring out how to work on homework together. Meeting with classmates, has also benefited me by raising my grades higher. Also helped me with verbally communicating with another person. Literally, Everyday I go to work, watch Netflix, and stay on my phone a lot. Which that creates more bad habits such as staying up late, sleeping in, watching tv and excessively staying up on my phone.

The one thing I really enjoyed during this quarantine is that I get to work on myself by seeing what I need to improve. I needed to work on how I eat, because before I wasn't eating the healthiest. Back at the dorms I rarely cooked and ate McDonalds, or frozen pizza every day. Which made me gain more than the freshmen 15. Being at home had change my eating habits because I am encouraged more to cook and eat African food. Also, my parents are big on eating vegetables. Usually when your around someone for a while you tend to pick up their habits. I am looking forward into going to the gym as well, when this COVID virus is over. Another thing it gives me time to do is let me catch up on my favorite shows such as, Outer banks and all American. It gives me free time to myself, letting me enjoy my own company. Which makes me happy.

What also makes me happy is that I get to spend more time with my family. Being with my family is always an enjoyment because we watch movies together. We also just vibe with music and we like to cook traditional things. Usually we rotate with who's making breakfast in the morning. It is also good because than you don't always have to cook for yourself. My favorite thing we do is pray and have bible worships every Saturday. Each person takes a turn and share a verse in the bible to read to us and explain why you chose that verse. Then we pick out Christian songs to pick out, my family's favorite song is "Reckless love" by Cory Asbury. We love this song because it gives us reassurance that God is right beside us in any circumstances. Although we all work, we make time for each other. It also helps me realize that God has a plan for each and one of us. We all need to take precautions and to listen to the news for heads up. This will be a challenge for some people but with God's help anything is possible, you just must have faith in yourself.

In conclusion, the covid-19 pandemic has made me more open into the change it has on my family's employment, my education, figuring more things about me, and getting to spend more time with my family. It's made me realize that we shouldn't worry as much as we are. Keeping up on the latest updates about the Coronavirus is a great way for you to feel secure.