

Des Moines Area Community College

Open SPACE @ DMACC

The Bear Essentials

College Publications

9-8-2020

The Bear Essentials, Edition 19

DMACC Student Life

Follow this and additional works at: <https://openspace.dmacc.edu/beaessentials>

THE BEAR ESSENTIALS

DMACC STUDENT LIFE WEEKLY NEWSLETTER

DMACC ANNUAL 5K IS GOING VIRTUAL!

Students: You can get a free registration! Email studentinvolvement@dmacc.edu to get the code! Virtual race is Oct. 3-7 and all proceeds support **DMACC Foundation** scholarships



Hosted by the DMACC Alumni Association

CAMPUS RECREATION INTRAMURAL SCHEDULE

Sports Leagues & Challenges

LEAGUE	REGISTRATION STARTS	DEADLINE	PLAY STARTS
Plank Challenge	Ongoing	Ongoing	Ongoing
Fantasy Football League	Underway	Sunday, September 6	Thursday, September 10
Virtual H-O-R-S-E Challenge	Sunday, September 27	Wednesday, September 30	Thursday, October 1
Quarantine Sports	Sunday, September 27	Monday, October 5	Friday, October 30
Virtual Free Throw Challenge	Sunday, September 27	Thursday, October 8	Tuesday, October 9
Virtual Golf Tournament	Sunday, October 4	Thursday, October 8	Tuesday, October 9
Virtual 5K	Sunday, September 20	Thursday, September 24	Friday, September 25

eSports Leagues & Tournaments

LEAGUE	REGISTRATION STARTS	DEADLINE	PLAY STARTS
eSports NHLZ1 League	Sunday, September 20	Monday, September 28	Friday, October 30
eSports MaddenZ1 League	Sunday, September 20	Monday, September 28	Friday, October 30
eSports FIFAZ1 League	Sunday, September 20	Monday, September 28	Friday, October 30
eSports NBA 2KZ1 League	Sunday, September 20	Monday, September 28	Friday, October 30
eSports Rocket League	Sunday, October 18	Monday, October 26	Friday, November 27
eSports Mario Kart 8 Deluxe League	Sunday, October 18	Monday, October 26	Friday, November 27
eSports Super Smash Bros League	Sunday, October 18	Monday, October 26	Friday, November 27
eSports The ShowZ1 League	Sunday, October 18	Monday, October 26	Friday, November 27
eSports Call of Duty (MW) League	Sunday, October 18	Monday, October 26	Friday, November 27
eSports Fortnite League	Sunday, October 18	Monday, October 26	Friday, November 27

Special Events & Tournaments

LEAGUE	REGISTRATION STARTS	DEADLINE	PLAY STARTS
Moonlight Graham Show Spotlight	Ongoing	Ongoing	Ongoing
Monday Movie Matinee	Ongoing	Ongoing	Ongoing
Sports Trivia	Sunday, November 8	Wednesday, November 11	Thursday, November 12
NCAA Bowl Pick'em	Friday, December 18	Saturday, December 19	Monday, January 11



CAMPUS REC NETFLIX PARTY: THE LAST DANCE

Join **DMACC Campus Recreation** every Monday at 4pm for Monday Matinees! Currently they are showing "The Last Dance"

Next showing (episode 6) is Monday, September 14 at 4pm.

Follow them on social media for the netflix party link



ANNOUNCING: Auditions for our first productions of the 2020-2021 season!

ANKENY THEATRE

Auditions will take place 9/14 & 9/15 from 6:30pm-8:30pm via a virtual meeting.

To request a 10 min. time email theatre@dmacc.edu with your name and availability during the auditions times. You will receive a reply with an audition time, side, and link to a virtual audition form.

Everyone is encouraged to audition regardless of experience!

For more information visit www.dmacc.edu/theatre/ankeny

UPCOMING EVENTS

Register for event info and event links at www.dmacc.edu/students and click on the "Student Life Events" tab on the bottom left hand side

Follow us



NETFLIX PARTY: DUE DATE MON. SEPT. 7 AT 8PM

Email studentinvolvement@dmacc.edu to learn how to install Netflix Party (it's free with a Netflix account)



AMERICAN IDOL WINNER MADDIE POPPE THUR., SEPT. 10 AT 7:00PM

Maddie Poppe, an Iowa Native took the country by storm during her appearance on American Idol season 16. Maddie ultimately won that season of American Idol and has since released several singles like "Going, Going, Gone," "Made You Miss," and most recently, "Nothing Good Comes Out of California." Join us as Maddie performs covers and originals and shares some of her experiences with us.



BEAT THE BLAME GAME MON., SEPT. 14 AT 7PM

Victim blaming. The greatest barrier to holding rapists accountable, and giving survivors the critical support they need. Whether it's slut shaming, or the almost recreational hostility that follows victims when they report, Beat the Blame Game is the powerful reality check that provides your campus with the tools they need to challenge the haters.



NETFLIX PARTY: WHEN WE FIRST MET MON. SEPT. 7 AT 8PM

Email studentinvolvement@dmacc.edu to learn how to install Netflix Party (it's free with a Netflix account)