

Des Moines Area Community College

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The Bear Essentials

College Publications

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The Bear Essentials, Special Edition

DMACC Student Life

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AUGUST '20

THE "BEAR" ESSENTIALS

SPECIAL EDITION: VIRTUALLY DIVE INTO DMACC DEPARTMENTS

DMACC Student Activities

DMACC Student Activities is partnering with all the Community Colleges in Iowa to bring a variety of fun and education virtual entertainment this fall semester. We'll be hosting comedians, mentalists, musicians, speakers and more! We'll also be doing some DMACC giveaways on social media, painting parties, etc..

Find us on Instagram and Twitter (@DMACCSACAnkeny) and Facebook (SACAnkeny)

Visit our website: www.dmacc.edu/ankeny/studentactivities or email us at: studentinvolvement@dmacc.edu for more information and to register for events! You can also find a list of clubs on our website and other ways to get involved!



DMACC STUDENT LIFE

DMACC Campus Recreation

DMACC Campus Recreation will have a number of exciting virtual programs this fall. Compete against DMACC students as well as students from across the state in virtual intramurals, including gaming tournaments, virtual 5ks and more!

Campus Recreation will be partnering with the Moonlight Graham Show to bring stories and interviews with athletes from various sports. Make sure you tune in!

You can follow DMACC Campus Recreation on social media, visit www.dmacc.edu/campusrecreation or email Andy Nelson at arnelson@dmacc.edu for more information and a schedule of events.





Academic Achievement Centers

Academic support/tutoring for students is now available remotely in two ways. Looking for a way to connect with tutors? DMACC has that covered!

DMACC Online Tutoring (DOT) Work with faculty through an online platform called Collaborate. <https://www.dmacc.edu/urban/aac/Pages/welcome.aspx>

DMACC Tutoring through Email (DTE) Work with faculty to answer questions through email. <https://www.dmacc.edu/academicachievement/Pages/welcome.aspx>

Check out these links for good tip and strategies for studying. <https://www.dmacc.edu/academicachievement/Pages/aacreading.aspx>

Check this link which has good recommendations for adjusting your study habits while studying remotely. <https://www.dmacc.edu/coronavirus/Pages/study-habits.aspx>

Disability Services

Do you need accommodations in your classes? DMACC has that covered. Click on this link and apply for services.

<https://www.dmacc.edu/disabilities/Pages/accommodation.aspx>

Career Center

Welcome, DMACC Students! I am so excited to begin another school year at DMACC doing what I love - helping you find what you love to do! The DMACC Career Center can help you with...

- *Career exploration and assessments*
- *Resume' writing and interview practice*
- *Job and internship searches*
- *Networking with employers*

Learn more about our services or make an appointment at: <https://www.dmacc.edu/careercenter/Pages/welcome.aspx>

***PRO TIP!** Look for the College Central and Focus 2 Career Buttons on the left side of your myDMACC dashboard. You will find job and internship postings on College Central and free career assessments to help you explore majors and careers on Focus 2 Career.

Wishing you a successful year,

Sara Clayton, DMACC Career Center Coordinator





Meditate:
Santosha

Campus Health

Find out about our different resources
at: <https://www.dmacc.edu/campushealth/Pages/welcome.aspx>

Also visit our Virtual Zen Den for meditation, relaxing music with
scenery, short yoga breaks and online activities at:
<https://www.dmacc.edu/campushealth/Pages/zen-den.aspx>



Counseling Services

DMACC counselors assist with academic, career and
personal issues. We are available to work with students
remotely during this pandemic.

Please locate a Counselor on the following web page:
<https://www.dmacc.edu/counseling/Pages/counselingstaff.aspx>



Counseling



DMACC Advising
Ask. Learn. Succeed.

DMACC Advising

Have questions? Look no further. Your academic advisor
is available to help you with any academic or DMACC related
issues you may have. Advisors are available on all the DMACC
campuses. To find out the right advisor for your campus and
programs go to:

<https://www.dmacc.edu/advising/Pages/welcome.aspx>

Then click on [Locate your advisor](#)

Ankeny Campus Library

Services

- **Curbside Pickup:** Select the books you'd like to borrow and schedule a contact free pickup
- **Live Research Help:** Work with a librarian on library chat or schedule and appointment to meet online with a librarian at: <https://dmacc.libcal.com/appointments/>
- **Mobile hotspot:** No connection, no problem! Borrow a mobile internet hotspot at: <https://dmacc.libwizard.com/f/hotspotrequest>

Resource Highlights

- Use the **Library Catalog** to find books, ebooks, articles, videos and more
- Choose from over **60 research databases** to support your learning and success
- Borrow popular ebooks, audiobooks and magazines on **Bridges database**
- Stream independent, classic, foreign films, documentaries and shorts from around the world on the **Kanopy database**

Phone: 515-964-6317

Email: ankenylibrary@dmacc.edu

Live chat: www.dmacc.edu/library



Campus Chronicle

The Campus Chronicle will meet virtually M/W/F from 11:15 am to 12:10 pm, although you do not have to attend to contribute! We're looking for students to help write news stories, opinion columns, reviews, podcasts and more!

Email Andy Lanager at ajlanager@dmacc.edu for more information



www.dmacc.edu/ankenylibrary/studentactivities