

Des Moines Area Community College

## Open SPACE @ DMACC

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The Bear Essentials

College Publications

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6-10-2020

## The Bear Essentials, Edition 12

DMACC Student Life

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# The Bear Essentials

NEWSLETTER FROM DMACC STUDENT LIFE

CONTINUING THE CONVERSATION  
BE INFORMED. STAY INFORMED.

## How to Be an Ally:

[HTTPS://WWW.DMACC.EDU/ENGAGE/PAGES/ALLIES.ASPX](https://www.dmacc.edu/engage/pages/allies.aspx)

### DMACC LIBRARY RESOURCES AT YOUR FINGERTIPS:

The DMACC Library has several movies, documentaries and e-books to help continue the conversation regarding racial injustice in America. We will provide information each week and how you can access the resources. For DMACC Library material you will be prompted for your DMACC network username and password.



Called "powerful" "infuriating" and "electrifying," director Ava DuVernay's 13th examines how the 13th Amendment and our country's history of racial inequality drives mass incarceration in the U.S.

[Watch Here](#)

(VIA NETFLIX YOUTUBE CHANNEL STREAMS IN FULL)

Adapted from civil rights defense lawyer Bryan Stevenson's bestselling book, Just Mercy is a film about Bryan Stevenson's work to found the Equal Justice Initiative, a non-profit law office in Alabama, and his work to defend a young black man, Walter McMillian who was sentenced to death for the murder of a white woman that he didn't commit

[FREE TO RENT IN THE MONTH OF JUNE ON YOUTUBE, ITUNES, AMAZON PRIME VIDEO AND GOOGLE PLAY](#)



Based on Angie Thomas's bestselling and critically acclaimed novel, The Hate U Give tells the story of Starr Carter who navigates her worlds of the neighborhood where she resides and the mostly white school she attends. After witnessing the fatal shooting of her friend by a police officer, she finds her voice to stand up to power and violence.

[Watch Here](#)

VIRTUAL INTRAMURALS		campus RECREATION dmacc.edu/campusrecreation	
 <b>DESIGN THE NEXT IM SHIRT</b> Registration Deadline: July 31 @ 5:00pm Shirt will be voted on: August 3 - 7	 <b>PLANK CHALLENGE</b> Registration Deadline: August 15 @ 12:00pm Season: April 27 - August 17 (Weekly Winners)		
 <b>MONDAY MATINEE</b> No Registration Needed Monday's at 3:00pm using Netflix Party URL is posted at 2:45pm	 <b>BALLOON VOLLEYBALL</b> Registration Deadline: June 28 @ 5:00pm Season: July 6 - July 27		
 <b>LAUNDRY BASKET BASKETBALL</b> Registration Deadline: June 28 @ 5:00pm Season: July 6 - July 27	 <b>SHOE CROQUET</b> Registration Deadline: June 28 @ 5:00pm Season: July 6 - July 27		
 <b>SPATULA GOLF</b> Registration Deadline: June 28 @ 5:00pm Season: July 6 - July 27	 <b>SPICE RACK BOWLING</b> Registration Deadline: June 28 @ 5:00pm Season: July 6 - July 27		
 <b>VIRTUAL 5K RACE</b> Registration Deadline: June 7 @ 5:00pm Season: June 15 - June 21	 <b>VIRTUAL 10K RACE</b> Registration Deadline: June 14 @ 5:00pm Season: June 22 - June 28		
 <b>VIRTUAL HALF MARATHON</b> Registration Deadline: June 28 @ 5:00pm Season: July 6 - July 12	 <b>VIRTUAL 25 MILE BIKE RACE</b> Registration Deadline: July 5 @ 5:00pm Season: July 13 - July 19		
 <b>NBA 2K20 ON PS4 AND XBOX ONE</b> Registration Deadline: June 28 @ 12:00pm Season: July 6 - July 27	 <b>MARIO KART 8 DELUXE ON NINTENDO SWITCH</b> Registration Deadline: June 28 @ 12:00pm Season: July 6 - July 27		
 <b>SUPER SMASH BROS</b> Registration Deadline: June 28 @ 12:00pm Season: July 6 - July 27	 <b>NHL 20 ON PS4 AND XBOX ONE</b> Registration Deadline: June 28 @ 12:00pm Season: July 6 - July 27		
 <b>VIRTUAL FREE THROW CHALLENGE</b> Registration Deadline: June 28 @ 5:00pm Season: July 7 - July 28	 <b>VIRTUAL H.O.R.S.E. CHALLENGE</b> Registration Deadline: June 28 @ 5:00pm Season: July 6 - July 27		
 <b>VIRTUAL GOLF CHALLENGE</b> Registration Deadline: June 28 @ 5:00pm Season: July 8 - July 29	 <b>VIRTUAL FRISBEE GOLF CHALLENGE</b> Registration Deadline: June 28 @ 5:00pm Season: July - July 30		

Register at [www.imleagues.com](http://www.imleagues.com) with your DMACC email address.   



FOLLOW US FOR FUN AND INTERACTIVE POSTS ALONG WITH SUMMER EVENTS!



**STUDENTS: registration for fall 2020 classes is underway! Also, be sure to check out the schedule of classes for fall at [www.dmacc.edu/schedule](http://www.dmacc.edu/schedule)**

**If you have questions, please don't hesitate to reach out to your program advisor, navigator or program chair. They are here to help! You can also reach the DMACC Registration Office by emailing [registration@dmacc.edu](mailto:registration@dmacc.edu)**