

Des Moines Area Community College

## Open SPACE @ DMACC

---

Life in the Times of Coronavirus: stories from  
students, staff, & faculty

Coronavirus (COVID-19)

---

4-2-2020

### Life in the Times of Coronavirus

Casie Hunt

Follow this and additional works at: <https://openspace.dmacc.edu/coronaviruslife>

---

Casie Hunt

2 April 2020

My Life During COVID-19

Dear Future College Students,

I hope you never have to live through a pandemic such as COVID-19 it has changed my way of life in so many ways and has taught me I am not as strong as I thought I was. I did not worry at first because I am a stay at home mother and college student so I barely ever left my house anyways unless it was to go shopping for things we needed. I'm not going to lie at first I was not worried I was like okay do what I normally do stay home care for my five year old, send my sixteen year old off to school, do my school work, cook meals, clean the house, and go shopping for the essentials when the kids go to bed and my husband is home from work (my break time). Soon enough that all changed it seemed like over night all the toilet paper was off the shelves in every store. The Governor started closing more stores and a lot of the twenty-four-hour stores started to close at 8:30 p.m. which caused a little panic in me. See shopping for me at night was a stress relief because there wasn't that many people in the store, I got some me time and now that was gone. I have social anxiety and depression I don't do good in places with a lot of people and now I am forced to go to the store when everyone else is there or starve my family which is not an option and I know some of you are thinking will send your husband that is not an option either because he is considered an essential worker and doesn't get off work until 7 p.m. and home about 7:30 p.m. he does not have the time to get to the store before they close. Now I am stuck at home with my children (only a problem sometimes) trying to get my school work done and keep my grades at A's and do everything I normally do without losing my mind and let me tell you what there are days I lock myself in my bedroom and have a mental breakdown because of something my teen says to me or the attitude he has because he can't go run and is stuck home and sometimes I just have a mental breakdown now because I feel overwhelmed because I know I have to go to the store and I know I don't want to take my five-year-old out in this. And everyday multiple times she ask me can we do this or that yet is the Corona Virus gone yet???? And I have to tell her not yet baby which breaks my heart because this is the time of her life that she should be out having fun, going to the zoo's and other places that are fun for small children.

With the breakdowns I have had I've learned that I am not as strong as I thought I was but I am not giving up I am going a little less strong some days but I will keep a brave face for my children and pray that this all comes to an end soon enough and that my children and grandchildren never have to live through this kind of thing again.

Casie Hunt  
DMACC Student