

Des Moines Area Community College

## Open SPACE @ DMACC

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The Bear Essentials

College Publications

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5-28-2020

## The Bear Essentials, Edition 10

DMACC Student Life

Follow this and additional works at: <https://openspace.dmacc.edu/beaessentials>

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# "BEAR" ESSENTIALS

DMACC STUDENT LIFE NEWSLETTER



*"A little progress each day adds up to big results."*

Good luck **DMACC Bears** during Summer term! Don't forget to check out DMACC resources to help you this summer! Visit our **Student Services** to find out how to stay connected, get help, and reach out to departments and staff.

## **New Way to Return DMACC Library Items**

A partnership among Iowa libraries now makes it possible for DMACC students living far from campus to return DMACC materials to any one of 37 participating library locations across Iowa. This service will continue through the end of the summer. Visit **here** for more information and find a **map** of locations.



**FOLLOW US FOR VIRTUAL EVENTS, CONTESTS AND PRIZES!**



# LET'S GET OUT!

## 8 Best Hikes to Experience in Iowa (while still social distancing!)

- 1. LEDGES STATE PARK: PEA'S CREEK CANYON**
- 2. FORT DEFIANCE STATE PARK: EAST AND RIDGE TRAIL**
- 3. PILOT KNOB STATE PARK: PILOT KNOB TRAIL**
- 4. MAQUOKETA CAVES: DANCEHALL CAVE**
- 5. BEEDS LAKE STATE PARK: TWO-MILE TRAIL**
- 6. VIKING LAKE STATE PARK: THE BUR OAK NATURE TRAIL**
- 7. MCINTOSH WOODS STATE PARK: ONE MILE NATURE TRAIL**
- 8. YELLOW RIVER STATE FOREST: MULTIPLE TRAILS FOR HIKING ENTHUSIASTS**

## DMACC CAMPUS RECREATION



Visit [imleagues.com](http://imleagues.com) to sign up or contact Andy Nelson  
arnelson@dmacc.edu



### Virtual Gaming Leagues



### Quarantine Sports

